

Individual Top Times

Times since: 01-May-24

Times until: 30-Apr-25

Number of Top Times: All

Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
Women 12 - 12 -12 50 Free							
1	28.50 L	F	Shalea Hamilton	12	BEST NMA	31/01/2025	Infinity Gala 2025
2	28.67 L	P	Shiloh Cruywagen	12	KZNS	05/04/2025	SA Schools Swimming Championship
3	29.07 L	F	Riley Haupt	12	CA EKU	25/04/2025	SA National Junior Age Grou-WCA
4	29.26 L	F	Isabella Goncalves	12	SOUL EKU	20/03/2025	SA Level 3 Champs 2025-NT
5	29.91 L	F	Victoria Meyburgh	12	CA EKU	25/04/2025	SA National Junior Age Grou-WCA
6	29.98 L	F	Gia Heldsinger	12	SSISA CPT	20/03/2025	SA Level 3 Regional Age Group
7	30.12 L	F	Barcelona Xaba	12	SASE JHB	25/04/2025	SA National Junior Age Grou-WCA
8	30.20 L	F	Mia Jansen van Rensburg	12	XCEL CPT	25/04/2025	SA National Junior Age Grou-WCA
9	30.22 L	F	Sophia Gullan	12	WCS	05/04/2025	SA Schools Swimming Championship
10	30.59 L	P	Milani Butau	12	BEST NMA	20/03/2025	SA Level 3 Regional Age Group
12 -	30.60 L	F	Emma Van Deventer	12	WSTV ETH	25/04/2025	SA National Junior Age Grou-WCA
12	30.68 L	F	Mienke Kok	12	CPPS NMA	08/02/2025	Nelson Mandela Bay Schools Trials & 1st
13*	30.80 L	P	Jessica Jansen van Vuuren	12	SEAL UMD	25/04/2025	SA National Junior Age Grou-WCA
13*	30.80 L	F	Alize Engelbrecht	12	CSA EZD	12 - 12	MP AGE GROUP 2 (12 - 12
15*	30.86 L S	F	Elizabeth Roth	12	PEAS NMA	17/01/2025	6th A League Gala 2025
15*	30.86 L	P	Annabel Meyer	12	BULS MAN	25/04/2025	SA National Junior Age Grou-WCA
17	30.93 L	F	Chisi Magubbwi	12	RSA	04/12/2024	XX AA Zone IV LC Championships 4-7
18	30.98 L	F	Lumka Zamisa	12	HREF BP	20/03/2025	SA Level 3 Champs 2025-NT
19	31.03 L	F	Sisanda Palframan	12	KZNS	05/04/2025	SA Schools Swimming Championship
20	31.06 L	F	Arya De Sousa	12	TRAZ TSH	22/02/2025	EGA Lets Sprint Incorp Gauteng Schools
21	31.07 L S	F	Mackenzie Raffle	12	CA EKU	05/12/2024	EGA Summer Championships
22*	31.19 L	P	Sarah-Kate Odendaal	12	PAC TSH	25/04/2025	SA National Junior Age Grou-WCA
22*	31.19 L	F	Samantha Wilson	12	ECSA	05/04/2025	SA Schools Swimming Championship
24	31.21 L	F	Megan Palmer	12	AFIN JHB	20/03/2025	SA Level 3 Champs 2025-NT
25	31.22 L	P	Laila Christie	12	ECSA	05/04/2025	SA Schools Swimming Championship
26	31.25 L	P	Katherine Harrop-Allin	12	CSC TSH	25/04/2025	SA National Junior Age Grou-WCA
27	31.29 L	F	Kara De Wit	12	RFA TSH	07/12/2024	NWS Championships 2024
28	31.31 L S	P	Aqeelah Williams	12	UWCA CPT	05/12/2024	Western Cape LC-A Championship 2024
29	31.34 L	P	Nadelija Pillay	12	KZNS	05/04/2025	SA Schools Swimming Championship
30	31.39 L	F	Evie du Plessis	12	BLOT MAN	04/12/2024	Free State Champs 2024
31*	31.48 L S	F	Kayla Gerber	12	STAQ CED	05/12/2024	Western Cape LC-A Championship 2024
31*	31.48 L	F	Jadine Grobler	12	LPS	05/04/2025	SA Schools Swimming Championship
33	31.51 L	P	Ruvarashe Chibharo	12	TYGE CPT	25/04/2025	SA National Junior Age Grou-WCA
34	31.58 L S	F	Grace Julies	12	XCEL CPT	05/12/2024	Western Cape LC-A Championship 2024
35	31.65 L	F	Noa Sebastiao	12	TUKS TSH	20/03/2025	SA Level 3 Champs 2025-NT
36	31.66 L	P	Mikayla Oliver	12	PAC TSH	25/04/2025	SA National Junior Age Grou-WCA
37	31.70 L	P	Nicoline Du Preez	12	NWS	05/04/2025	SA Schools Swimming Championship
38	31.77 L	F	Carinke Wessels	12	BLOT MAN	12 - 12	Otters Prestige Gala 2024
39	31.80 L	P	Lize De Wet	12	LPS	05/04/2025	SA Schools Swimming Championship
40	31.81 L	F	Johané Burger	12	ROA EDD	31/01/2025	Infinity Gala 2025
41	31.82 L	F	Wilhelmina Erasmus	12	ELRAS WBD	29/12 - 12	Limpopo Champs 2024
42	31.83 L	F	Sarah Schofield	12	SEALE ETH	26/03/2025	SA Level 3 Regional Age Group
43	31.84 L	F	Zoe Thompson	12	MDOL JHB	10/01/2025	2024 Grand Prix Invitation Swimming
44	31.85 L	F	Mignon Swart	12	CSA EZD	31/01/2025	AG 5 MP SA SCHOOLS TRIALS 31 JAN
45	31.87 L	F	Jasmine Woodburn	12	MDOL JHB	29/12 - 12	CGA Championships 2024
46*	31.92 L S	P	Georgia Sabbagha	12	PAQU CED	05/12/2024	Western Cape LC-A Championship 2024
46*	31.92 L	P	Amelie Billson	12	CASC CPT	25/04/2025	SA National Junior Age Grou-WCA
46*	31.92 L	F	Unathi Vuyeqaba	12	TUKS TSH	22/02/2025	EGA Lets Sprint Incorp Gauteng Schools
49	31.95 L	P	Jovanah McGluwa	12	CASC CPT	20/03/2025	SA Level 3 Regional Age Group
50	31.99 L	F	Olivia Kruger	12	PLAY CED	08/02/2025	Winelands SL Final
51	32.03 L S	F	Olivia Meyburgh	12	CA EKU	05/12/2024	EGA Summer Championships
52	32.05 L	F	Lia van Heerden	12	BS LLD	04/12/2024	Free State Champs 2024
53	32.07 L	F	Chloe Rautenbach	12	UNIU EZD	20/03/2025	SA Level 3 Champs 2025-NT
54	32.12 - 12 L	F	Amber Spence	12	ELEC TSH	20/03/2025	SA Level 3 Champs 2025-NT
55	32.17 L	P	Liane Van Zyl	12	NCS	05/04/2025	SA Schools Swimming Championship
56	32.20 L	F	Kara Pretorius	12	SSISA CPT	20/03/2025	SA Level 3 Regional Age Group
57	32.22 L	F	Ella Kalp	12	AZON ETH	14/06/2024	AQZ Winter Warmer 2024
58*	32.25 L S	F	Hannah Van Heerden	12	AACTA CPT	21/09/2024	CTA INVITATIONAL LC MEET

Individual Top Times

Times since: 01-May-24

Times until: 30-Apr-25

Number of Top Times: All

Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
58*	32.25 L	F	Nina Oosthuizen	12	NSAD EZD	29/12 - 12	Mpumalanga Championships 2024
60	32.27 L S	P	Alexis Visser	12	MAKO EKU	05/12/2024	EGA Summer Championships
61	32.29 L	P	Laila van Antwerpen	12	PAC TSH	25/04/2025	SA National Junior Age Grou-WCA
62	32.30 L	F	Inge Du Plessis	12	LPS	05/04/2025	SA Schools Swimming Championship
63	32.34 L	F	Mikaela Lotz	12	PAC TSH	22/02/2025	EGA Lets Sprint Incorp Gauteng Schools
64	32.45 L	P	Saffiya Emjedi	12	SAAW CPT	20/03/2025	SA Level 3 Regional Age Group
65	32.46 L	P	Ella Leonard	12	BLUO UGD	31/03/2025	SA Level 2 Champs 2025-KZN
66	32.48 L	P	Uma Pearson-Adams	12	SAAW CPT	20/03/2025	SA Level 3 Regional Age Group
67	32.49 L	F	Jua Jonker	12	POTC KKD	07/12/2024	NWS Championships 2024
68	32.51 L	F	Paige Schutze-Langston	12	MDOL JHB	29/12 - 12	CGA Championships 2024
69	32.55 L	P	Carinke Wessels	12	FSS	05/04/2025	SA Schools Swimming Championship
70	32.59 L	P	Anna Horn	12	XCEL CPT	25/04/2025	SA National Junior Age Grou-WCA
71	32.61 L	F	Nabeeha Raja	12	SPS BUF	22/02/2025	Eastern Cape School Provincial Trials
72	32.63 L	F	Mali Louw	12	WELL CED	08/02/2025	Winelands SL Final
73	32.64 L	F	Charlotte Hofinger	12	ASAC CPT	20/03/2025	SA Level 3 Regional Age Group
74	32.65 L	F	Nina Pieterse	12	DESA NMA	31/01/2025	Infinity Gala 2025
75	32.68 L	P	Christie Snyders	12	VALS FDD	04/12/2024	Free State Champs 2024
76	32.80 L	F	Nokutenda Tembo	12	KNYA EDD	30/12 - 12	Eden LC Champs 2024
77	32.81 L S	P	Zara Jantjies	12	MANT CPT	05/12/2024	Western Cape LC-A Championship 2024
78	32.83 L	P	Phillipa Williams	12	SOUL EKU	20/03/2025	SA Level 3 Champs 2025-NT
79*	32.84 L	F	Abigail Paice	12	SOUL EKU	27/03/2025	SA Level 2 Champs 2025 EGA
79*	32.84 L	F	Madison Harris	12	SOUL EKU	27/03/2025	SA Level 2 Champs 2025-EGA
81	32.94 L	F	Milah Allen	12	PER JHB	27/03/2025	SA Level 2 Champs 2025-EGA
82	32.96 L	F	Mikaela Van Heerden	12	TUKS TSH	27/03/2025	SA Level 2 Champs 2025-EGA
83*	33.00 L	P	Kate Cheshire	12	MDOL JHB	20/03/2025	SA Level 3 Champs 2025-NT
83*	33.00 L	F	Abby Mostert	12	AWIN TSH	18/10/2024	NTS Level 3+ October Age Group 2024
85	33.05 L	F	Liane' Pienaar	12	TUKS TSH	21/02/2025	NTS Age Group Feb Tuks
86	33.06 L	P	Jenna Nieuwoudt	12	SWAR WCD	20/03/2025	SA Level 3 Regional Age Group
87	33.12 - 12 L	P	Kayla Kleynhans	12	ROA EDD	20/03/2025	SA Level 3 Regional Age Group
88	33.15 L	F	Tatum Van Zijl	12	OHAN ILD	25/01/2025	uShaka Champs 2025
89	33.18 L	P	Alessia Barthus	12	WCS	05/04/2025	SA Schools Swimming Championship
90	33.23 L	P	Brooklyn Terwin	12	USC BUF	20/03/2025	SA Level 3 Regional Age Group
91	33.25 L	F	Sienna Barenblatt	12	STAQ CED	28/03/2025	SA Level 2 Regional Age Group Champs
92	33.28 L	F	Sophia Castleden	12	STAQ CED	09/12 - 12	Winelands SL4
93	33.29 L S	F	Anja Boshoff	12	TYGE CPT	02/12 - 12	CTA A & B CHAMPS 2024
94	33.30 L	P	Shelby Schoeman	12	CA EKU	20/03/2025	SA Level 3 Champs 2025-NT
95	33.32 L	F	Mia Vorster	12	WELA LLD	04/12/2024	Free State Champs 2024
96*	33.34 L	F	Milla Christensen	12	WELL CED	08/02/2025	WCA-B Champs - 2025
96*	33.34 L	P	Senzelwe Mwandla	12	PSCP UMD	26/03/2025	SA Level 3 Regional Age Group
98	33.36 L	F	Xia Jacobs	12	WSTV ETH	26/03/2025	SA Level 3 Regional Age Group
99*	33.37 L S	P	Emilie Conradie	12	SAAW CPT	05/12/2024	Western Cape LC-A Championship 2024
99*	33.37 L	F	Kathryn Nolan	12	MDOL JHB	15/02/2025	CGA Summer Gala #6 Level 2+ 15 Feb
101	33.38 L	F	Morgan Kaschula	12	SPS BUF	03/02/2025	Buffalo City Primary School Trials 2025
102	33.42 L	P	Olwenelo Ngema	12	FRA KCD	26/03/2025	SA Level 3 Regional Age Group
103*	33.45 L	F	Leah Du Plessis	12	PEAS NMA	31/01/2025	Infinity Gala 2025
103*	33.45 L	P	Oyama Tutu	12	FSS	05/04/2025	SA Schools Swimming Championship
105*	33.46 L S	F	Chloe-Leigh Jurgens	12	MANT CPT	02/12 - 12	CTA A & B CHAMPS 2024
105*	33.46 L	P	Zekhethelo Radebe	12	PSCP UMD	26/03/2025	SA Level 3 Regional Age Group
107*	33.55 L	F	Gabrielle Brooks	12	INFA NMA	13/12/2024	NMBA Championships 2024
107*	33.55 L	P	Taylor-Rose Botes	12	CA EKU	20/03/2025	SA Level 3 Champs 2025-NT
109*	33.57 L	P	Lara Greyling	12	TNDER FDD	20/03/2025	SA Level 3 Champs 2025-NT
109*	33.57 L	F	Emily Wilson	12	OHAN ILD	08/03/2025	Invitational Meet 2025
12 -	33.60 L	F	Ineke Van Maarleveld	12	LPTBO CCD	01/02/2025	Limpopo School Champs & Limpopo AG
12 -	33.61 L	P	Riley Sanders	12	HPS TSH	20/03/2025	SA Level 3 Champs 2025-NT
12 -	33.62 L	F	Ava Grebe	12	CUHE QBD	08/02/2025	Winelands SL Final
12 -*	33.64 L	P	Caitlin Barnes	12	SAAW CPT	20/03/2025	SA Level 3 Regional Age Group
12 -*	33.64 L	P	Zethembiso Mbambo	12	PSCP UMD	31/03/2025	SA Level 2 Champs 2025-KZN
12 -	33.66 L	F	Wilhandi Meyer	12	BULS MAN	28/03/2025	SA Level 2 Regional Age Group Champs
12 -*	33.70 L	F	Micah Gomes	12	TUKS TSH	13/09/2024	NTS September Age Group 2024

Individual Top Times

Times since: 01-May-24
Number of Top Times: All

Times until: 30-Apr-25
Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
12 -*	33.70 L	F	Sloan Warner	12	INFA NMA	28/03/2025	SA Level 2 Regional Age Group Champs
12 -	33.71 L	P	Rirhandzu Chauke	12	DORE JHB	20/03/2025	SA Level 3 Champs 2025-NT
120*	33.72 L	F	Kaitlyn Haynes-Smart	12	VINE CPT	01/02/2025	CTA BRIAN BUTTON Qualifying Meet
120*	33.72 L	P	Kirsten Cupido	12	CYBE CPT	20/03/2025	SA Level 3 Regional Age Group
122	33.75 L	P	Rorisang Monareng	12	FSS	05/04/2025	SA Schools Swimming Championship
123	33.80 L	P	Gia Newkirk	12	TYGE CPT	20/03/2025	SA Level 3 Regional Age Group
124	33.83 L	F	Ilê Ferreira	12	VRC TSH	27/03/2025	SA Level 2 Champs 2025-EGA
125	33.84 L	P	Mattae Morel	12	CA ECU	20/03/2025	SA Level 3 Champs 2025-NT
126	33.88 L S	P	Jamie Els	12	AQDO CPT	05/12/2024	Western Cape LC-A Championship 2024
127	33.90 L	P	Emily Hengst	12	CASC CPT	20/03/2025	SA Level 3 Regional Age Group
128	33.92 L	F	Marizelle Vermaak	12	GHS BP	28/02/2025	NW School Championships 2025
129	33.93 L	F	Elizabeth Kamara	12	NSFED	27/03/2025	SA Level 2 Champs 2025 EGA
130	33.95 L	P	Isabella Vreenegoor	12	CRSC JHB	20/03/2025	SA Level 3 Champs 2025-NT
131	33.96 L	F	Mia Van de Vyver	12	QSAW CED	08/02/2025	WCA-B Champs - 2025
132	33.97 L	P	Ayvah Jacob	12	RACE JHB	20/03/2025	SA Level 3 Champs 2025-NT
133	33.99 L	P	Jaimey Shaw	12	MDOL JHB	29/12 - 12	CGA Championships 2024
134*	34.03 L	P	Alex Theron	12	CASC CPT	20/03/2025	SA Level 3 Regional Age Group
134*	34.03 L	F	Taylynn Boshoff	12	USC BUF	28/03/2025	SA Level 2 Regional Age Group Champs
136*	34.04 L S	P	Chenique Kooi	12	TUKS TSH	05/12/2024	EGA Summer Championships
136*	34.04 L	P	Lara Van Veelen	12	LPS	05/04/2025	SA Schools Swimming Championship
136*	34.04 L	P	Lily Hoar	12	KLOO ETH	26/03/2025	SA Level 3 Regional Age Group
139	34.07 L	F	Jessica Arenz	12	MANT CPT	25/01/2025	CTA Qualifying Meet 6 - (L2 & above)
140	34.08 L	F	Zingce Mfabe	12	CPRIM BUF	03/02/2025	Buffalo City Primary School Trials 2025
141	34.10 L	P	Alexis Kalapac	12	SLAQ CPT	20/03/2025	SA Level 3 Regional Age Group
142	34.13 L	P	Jada Hendricks	12	TYGE CPT	20/03/2025	SA Level 3 Regional Age Group
143	34.17 L	P	Emily Koegelenberg	12	XCEL CPT	14/02/2025	Western Cape Elite Gala 2025
144*	34.19 L	P	Zaarah Meyer	12	HTSA CPT	28/03/2025	SA Level 2 Regional Age Group Champs
144*	34.19 L	P	Rebecca Osler	12	VINE CPT	28/03/2025	SA Level 2 Regional Age Group Champs
146	34.22 L	F	Lauren Kleinhans	12	AA JHB	27/03/2025	SA Level 2 Champs 2025-EGA
147	34.23 L	P	Inge Shaw	12	LALE CED	20/03/2025	SA Level 3 Regional Age Group
148	34.26 L	P	Rebecca Joubert	12	ECSA	05/04/2025	SA Schools Swimming Championship
149	34.28 L S	F	Zara Lockitch	12	CYBE CPT	02/12 - 12	CTA A & B CHAMPS 2024
150	34.37 L S	F	Charlotte Jones	12	SLAQ CPT	21/09/2024	CTA INVITATIONAL LC MEET
151*	34.38 L	P	Khalalelo Rathhogo	12	ESP ECU	20/03/2025	SA Level 3 Champs 2025-NT
151*	34.38 L	F	Grizelda Janse van Rensburg	12	NWUC KKD	28/03/2025	SA Level 2 Regional Age Group Champs
151*	34.38 L	P	Sophie Kretzmann	12	HPPS BUF	03/02/2025	Buffalo City Primary School Trials 2025
154*	34.42 L	P	Tayla Scheepers	12	RFA TSH	20/03/2025	SA Level 3 Champs 2025-NT
154*	34.42 L	P	Danica Marrier D'Unienville	12	KLOO ETH	26/03/2025	SA Level 3 Regional Age Group
156	34.44 L	F	Bonaventure Makore	12	ASAC CPT	08/02/2025	WCA-B Champs - 2025
157	34.45 L	F	Mila Hinteregger	12	CA ECU	01/02/2025	EGA Last Chance Gala
158	34.48 L	P	Hlumisa Mfabe	12	USC BUF	20/03/2025	SA Level 3 Regional Age Group
159*	34.50 L	F	Lara Rosenstrauch	12	HTSA CPT	01/02/2025	CTA BRIAN BUTTON Qualifying Meet
159*	34.50 L S	P	Paiton Van Der Merwe	12	CA ECU	05/12/2024	EGA Summer Championships
161	34.52 L	F	Areli Muyaka	12	HARB BPD	28/03/2025	SA Level 2 Regional Age Group Champs
162*	34.56 L S	P	Neanè Van Zyl	12	GREY CPT	05/12/2024	Western Cape LC-A Championship 2024
162*	34.56 L	P	Olivia Nel	12	CLA WCD	20/03/2025	SA Level 3 Regional Age Group
164	34.58 L	P	Danika Steyn	12	KSC EZZ	20/03/2025	SA Level 3 Champs 2025-NT
165	34.64 L	P	Isabella Haldane	12	FISH EDD	20/03/2025	SA Level 3 Regional Age Group
166*	34.65 L	F	Annabella Venter	12	VRC TSH	12 - 12	NTS Level 1+2 October Age Group 2024
166*	34.65 L	P	Annabella Mitchell-Innes	12	PSCP UMD	31/03/2025	SA Level 2 Champs 2025-KZN
168*	34.67 L	F	Ella Voysey	12	VINE CPT	25/01/2025	CTA Qualifying Meet 6 - (L2 & above)
168*	34.67 L	P	Alexia Smith	12	WATR JHB	20/03/2025	SA Level 3 Champs 2025-NT
170	34.68 L	P	Madison Sanan	12	PER JHB	20/03/2025	SA Level 3 Champs 2025-NT
171	34.73 L	P	Lara Ainslie	12	LINR JHB	29/12 - 12	CGA Championships 2024
172	34.78 L	P	Suhanna White	12	AQUA BUF	20/03/2025	SA Level 3 Champs 2025-NT
173	34.81 L	F	Oyama Tuta	12	PELIC MAN	04/12/2024	Free State Champs 2024
174	34.82 L	F	Mienke Pretorius	12	KALA	28/03/2025	SA Level 2 Regional Age Group Champs
175	34.83 L	P	Zia Habib	12	MDOL JHB	20/03/2025	SA Level 3 Champs 2025-NT
176	34.84 L	F	Cayleigh Machill	12	BARA ECU	26/10/2024	Summer 3 Delville

Individual Top Times

Times since: 01-May-24
Number of Top Times: All

Times until: 30-Apr-25
Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
177	34.98 L	F	Mikayla Jordaan	12	CASC CPT	05/10/2024	CTA Qualifying Meet 5 - (L2 & above)
178	35.00 L	F	Mercy Theu	12	CRSC JHB	27/03/2025	SA Level 2 Champs 2025 EGA
179	35.02 L	F	Briah Boshoff	12	ASAC CPT	08/02/2025	WCA-B Champs - 2025
180	35.03 L	P	Ella Adams	12	TYGE CPT	20/03/2025	SA Level 3 Regional Age Group
181	35.04 L	F	Katelyn Naidoo	12	CA ECU	27/03/2025	SA Level 2 Champs 2025 EGA
182	35.06 L	P	Summer Moonsamy	12	BEAV ETH	31/03/2025	SA Level 2 Champs 2025-KZN
183*	35.07 L	P	Mia Smit	12	KSC EZD	29/12 - 12	Mpumalanga Championships 2024
183*	35.07 L S	F	Vanessa Jurado	12	VINE CPT	21/09/2024	CTA INVITATIONAL LC MEET
183*	35.07 L	F	Lua Store	12	EVO CPT	22/02/2025	Swartland Invitational Gala 2025
186	35.12 - 12 L	P	Leane Nel	12	EXP TSH	20/03/2025	SA Level 3 Champs 2025-NT
187	35.13 L	F	Sophia Hutchison	12	GHSK	06/12/2024	NCASA CHAMPS 2024
188	35.15 L	P	Alyssa Coetzer	12	AZON ETH	26/03/2025	SA Level 3 Regional Age Group
189	35.17 L	F	Mawande Makumbe	12	TUKS TSH	12 - 12	NTS Level 1+2 October Age Group 2024
190	35.18 L	P	Nandile Shabalala	12	AQUA UTD	31/03/2025	SA Level 2 Champs 2025-KZN
191	35.19 L	P	Leila Parker	12	SSISA CPT	20/03/2025	SA Level 3 Regional Age Group
192	35.23 L	F	Rorisang Monareng	12	BLNE MAN	28/03/2025	SA Level 2 Regional Age Group Champs
193	35.27 L	F	Kiarah Beukes	12	AWIN TSH	27/03/2025	SA Level 2 Champs 2025-EGA
194	35.28 L	P	Elah-Mae Budram	12	PSCP UMD	26/03/2025	SA Level 3 Regional Age Group
195	35.31 L	F	Miané Logan	12	TUKS TSH	27/03/2025	SA Level 2 Champs 2025 EGA
196	35.33 L	F	Emihle Mnunu	12	FRA KCD	01/02/2025	KCDA Age Group 4 2024
197	35.34 L	P	Kayla-Anne Walker	12	CYBE CPT	20/03/2025	SA Level 3 Regional Age Group
198	35.36 L	F	Amahle Mdlalose	12	CSC TSH	13/09/2024	NTS September Age Group 2024
199*	35.40 L	F	Imme Wolfaardt	12	LALE CED	09/12 - 12	Winelands SL4
199*	35.40 L	F	Taylor Ten Napel	12	BEAV ETH	25/01/2025	uShaka Champs 2025
201*	35.43 L	F	Linda Van Niekerk	12	VHD ZLD	07/12/2024	Stingrays Champs 2024
201*	35.43 L	F	Annabella Husselmann	12	NSFED	27/03/2025	SA Level 2 Champs 2025 EGA
203	35.46 L	F	Zoe Kruger	12	LALE CED	08/02/2025	WCA-B Champs - 2025
204	35.47 L	P	Ella Stegmann	12	HPPS BUF	03/02/2025	Buffalo City Primary School Trials 2025
205	35.53 L	P	Amelia-Rose Schutlzler	12	CPRIM BUF	03/02/2025	Buffalo City Primary School Trials 2025
206	35.60 L	P	Micaela Fourie	12	NSAD EZD	29/12 - 12	Mpumalanga Championships 2024
207	35.61 L	P	Scarlett Garassino	12	SASE JHB	29/12 - 12	CGA Championships 2024
208	35.62 L	F	Karla Wolmarans	12	UPSK ZMD	28/03/2025	SA Level 2 Regional Age Group Champs
209	35.69 L	P	Emma Ristow	12	CPRIM BUF	03/02/2025	Buffalo City Primary School Trials 2025
210	35.70 L	F	Machayda Titus	12	MARL CPT	28/03/2025	SA Level 2 Regional Age Group Champs
212	35.75 L	F	Yvette Louw	12	TYGE CPT	08/02/2025	WCA-B Champs - 2025
212	35.80 L	F	Lily Sykes	12	TUKS TSH	27/03/2025	SA Level 2 Champs 2025 EGA
213	35.81 L	F	Zarah Matthee	12	KHAY CPT	28/03/2025	SA Level 2 Regional Age Group Champs
214*	35.84 L	F	Chanel Smit	12	ELEC TSH	13/09/2024	NTS September Age Group 2024
214*	35.84 L	F	Emma Grobler	12	LAD UTD	01/02/2025	Uthukela District Age Group Gala
216	35.85 L	F	Helene de Bruyn	12	BULS MAN	28/03/2025	SA Level 2 Regional Age Group Champs
217	35.88 L	P	Sienna Goedhals	12	SPS BUF	03/02/2025	Buffalo City Primary School Trials 2025
218	35.92 L	F	Mia Marais	12	TRAZ TSH	27/03/2025	SA Level 2 Champs 2025-EGA
219	35.97 L	F	Qhanyiya Sizani	12	WWOL TSH	27/03/2025	SA Level 2 Champs 2025 EGA
220	35.98 L	F	Hester Janse van Rensburg	12	NWUC KKD	23/12 - 12	NWS Age Group 3 + 4 2024
221	36.02 L	P	Caitlin McDowell	12	ESP ECU	20/03/2025	SA Level 3 Champs 2025-NT
222	36.06 L	F	Zoe Lambropoulos	12	TRAZ TSH	27/03/2025	SA Level 2 Champs 2025 EGA
223	36.12 - 12 L	P	Charné De Bruin	12	TUKS TSH	20/03/2025	SA Level 3 Champs 2025-NT
224	36.13 L	P	Sophie Kretzmann	12	USC BUF	20/03/2025	SA Level 3 Regional Age Group
225	36.16 L	P	Ziane Drenth	12	AWIN TSH	20/03/2025	SA Level 3 Champs 2025-NT
226*	36.23 L	F	Michaela Hirst	12	MCS BP	28/02/2025	NW School Championships 2025
226*	36.23 L	F	Clara Duvenage	12	CA ECU	27/03/2025	SA Level 2 Champs 2025-EGA
228	36.25 L	F	Paballo Nkosi	12	FAC ECU	12/10/2024	EGA Summer 2
229	36.28 L	P	Mabet Jacobs	12	AGAQ OBD	28/03/2025	SA Level 2 Regional Age Group Champs
230*	36.32 L	F	Carlie van der Veen	12	VRC TSH	12 - 12	NTS Level 1+2 October Age Group 2024
230*	36.32 L	P	Alexis Lombard	12	GPS EDD	03/02/2025	Buffalo City Primary School Trials 2025
232*	36.37 L	P	Kenna Lilley	12	TYGE CPT	28/03/2025	SA Level 2 Regional Age Group Champs
232*	36.37 L	F	Sydney Howes	12	HREF BPD	28/03/2025	SA Level 2 Regional Age Group Champs
234*	36.39 L	F	Marni Snyman	12	ELRAS WBD	29/12 - 12	Limpopo Champs 2024
234*	36.39 L	F	Katie Van den Heever	12	UNIU EZD	12 - 12	MP AGE GROUP 2 (12 - 12)

Individual Top Times

Times since: 01-May-24
Number of Top Times: All

Times until: 30-Apr-25
Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
236*	36.40 L	F	Lienke Van Wyk	12	UPS NMA	18/02/2025	Inter Primary 2025
236*	36.40 L	F	Jemma Lloyd	12	VINE CPT	08/02/2025	WCA-B Champs - 2025
238	36.41 L	F	Eryn Botwood	12	CA EKU	01/02/2025	EGA Last Chance Gala
239	36.42 L S	P	Paige Jansen van Vuuren	12	SEAL UMD	02/07/2024	Prestige Tournament 2024
240	36.46 L	F	Roxanne Coetzee	12	HREF BPD	28/03/2025	SA Level 2 Regional Age Group Champs
241	36.47 L	P	Jade Sansom	12	CPRIM BUF	03/02/2025	Buffalo City Primary School Trials 2025
242	36.49 L S	F	Luniko Manise	12	WALM CPT	02/12 - 12	CTA A & B CHAMPS 2024
243	36.52 L	F	Anastacia Coelho	12	CA EKU	01/02/2025	EGA Last Chance Gala
244	36.53 L	F	Racquelle Saporta	12	INFA NMA	03/08/2024	2nd A League Gala 2024
245*	36.54 L	F	Janli Bester	12	LSBOS WB	02/12 - 12	Limpopo LS - Top 8 skole 2024
245*	36.54 L	F	Dwala Magagula	12	TRAZ TSH	27/03/2025	SA Level 2 Champs 2025-EGA
247	36.58 L	F	Elizabeth Vd Berg	12	TUKS TSH	12 - 12	NTS Level 1+2 October Age Group 2024
248	36.62 L	F	Abijah Smith	12	NSFED	27/03/2025	SA Level 2 Champs 2025 EGA
249	36.66 L	F	Holli Tait	12	KLOO ETH	14/06/2024	AQZ Winter Warmer 2024
250	36.68 L	F	Ming-Xi Tsai	12	AA JHB	27/03/2025	SA Level 2 Champs 2025-EGA
251	36.69 L	F	Lisasa Faltein	12	PEAS NMA	13/12/2024	NMBA Championships 2024
252	36.70 L	F	Lathitha Dewavrin	12	PEAS NMA	14/09/2024	3rd A League Gala 2024
253	36.72 L	F	Sophia Boustred	12	STAQ CED	08/02/2025	WCA-B Champs - 2025
254	36.76 L	F	Milla Da Silva	12	CA EKU	27/03/2025	SA Level 2 Champs 2025 EGA
255*	36.79 L	F	Esme Bowes	12	CPSC TSH	13/09/2024	NTS September Age Group 2024
255*	36.79 L	F	Chloe Timperley	12	TRAZ TSH	27/03/2025	SA Level 2 Champs 2025-EGA
257*	36.80 L	F	Gia Collen	12	CPSC TSH	12 - 12	NTS Level 1+2 October Age Group 2024
257*	36.80 L S	F	Mia Witbooi	12	RETR CPT	02/12 - 12	CTA A & B CHAMPS 2024
259	36.81 L	F	Juno Bouwer	12	TYGE CPT	08/02/2025	WCA-B Champs - 2025
260	36.82 L	F	Liané Stoltz	12	UNIU EZD	01/03/2025	SSA LEVEL 1 REGIONAL CHAMPS
261	36.88 L	F	Wilmie Fourie	12	UPSK ZMD	28/03/2025	SA Level 2 Regional Age Group Champs
262	36.89 L S	P	Jisthi Maharaj	12	ACSA ETH	02/07/2024	Prestige Tournament 2024
263	36.94 L	P	Morgan Graham	12	CPRIM BUF	03/02/2025	Buffalo City Primary School Trials 2025
264	36.97 L	F	Ella Myburgh	12	INFA NMA	14/09/2024	3rd A League Gala 2024
265	37.00 L	F	Kayleigh Brophy	12	AAS JHB	27/03/2025	SA Level 2 Champs 2025 EGA
266	37.01 L	F	Destheonique Julius	12	KALA	26/10/2024	KALAHARI CLASSIC
267	37.05 L S	F	Keira Lin	12	CYBE CPT	02/12 - 12	CTA A & B CHAMPS 2024
268	37.07 L	P	Elizabeth Willemse	12	VHD ZLD	31/03/2025	SA Level 2 Champs 2025-KZN
269	37.13 L	P	Tamika Abbey	12	PER JHB	29/12 - 12	CGA Championships 2024
270	37.15 L	F	Kristen Bell	12	LSKP WB	01/02/2025	Limpopo School Champs & Limpopo AG
271	37.21 L	P	Mikayla Coleman	12	TCA EKU	20/03/2025	SA Level 3 Champs 2025-NT
272*	37.24 L	F	Elsa Massawe	12	CA EKU	12/10/2024	EGA Summer 2
272*	37.24 L S	F	Mila Barkhuysen	12	GREY CPT	02/12 - 12	CTA A & B CHAMPS 2024
274	37.35 L	F	Tahlia Roelofsz	12	VHD ZLD	25/01/2025	uShaka Champs 2025
275	37.37 L	F	Madison Wissekerke	12	FRA KCD	07/12/2024	Stingrays Champs 2024
276	37.40 L S	F	Micah Louw	12	MANT CPT	02/12 - 12	CTA A & B CHAMPS 2024
277	37.41 L	P	Rachel Konigkramer	12	PSCP UMD	31/03/2025	SA Level 2 Champs 2025-KZN
278	37.42 L	F	Kenzy Barnard	12	FISH EDD	22/02/2025	EDEN 5th A-League Gala 2025
279	37.45 L	F	Amoussou Viwassi	12	LINR JHB	15/02/2025	CGA Summer Gala #6 Level 2+ 15 Feb
280	37.50 L	F	Amogelang Kutu	12	ECPS MPD	01/02/2025	Limpopo School Champs & Limpopo AG
281	37.51 L	F	Dominique Birkenstock	12	UPS NMA	18/02/2025	Inter Primary 2025
282	x37.57 L	F	Isabella Kent	12	SCHO CP	08/02/2025	WCA-B Champs - 2025
283	37.68 L	P	Kgalalelo Makoloi	12	AZON ETH	31/03/2025	SA Level 2 Champs 2025-KZN
284	37.69 L	P	Cayla Fourie	12	CSA EZD	29/12 - 12	Mpumalanga Championships 2024
285	37.72 L	P	Maya Owen	12	SPS BUF	03/02/2025	Buffalo City Primary School Trials 2025
286	37.73 L	F	Karli Karstens	12	FISH EDD	30/12 - 12	Eden LC Champs 2024
287	37.74 L	F	Mia Cyster	12	EVO CPT	22/02/2025	Swartland Invitational Gala 2025
288	37.77 L	F	Liné Schoeman	12	FISH EDD	22/02/2025	EDEN 5th A-League Gala 2025
289	37.87 L	F	Leah Wentzel	12	MARL CPT	01/02/2025	CTA BRIAN BUTTON Qualifying Meet
290	37.89 L	P	Annika Schuch	12	RBOT BPD	07/12/2024	NWS Championships 2024
291	37.90 L	F	Liane Muller	12	INFA NMA	22/02/2025	Eastern Cape School Provincial Trials
292	37.91 L S	P	Hope Churchman	12	SEALE ETH	02/07/2024	Prestige Tournament 2024
293*	37.93 L	F	Zoe Andrews	12	CA EKU	01/02/2025	EGA Last Chance Gala
293*	37.93 L	F	Mienke Grobler	12	BULS MAN	28/03/2025	SA Level 2 Regional Age Group Champs

Individual Top Times

Times since: 01-May-24

Times until: 30-Apr-25

Number of Top Times: All

Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
293*	37.93 L	F	Mijone Beyers	12	CA EKU	27/03/2025	SA Level 2 Champs 2025 EGA
296	37.94 L	P	Isabellea Dhassiah	12	RETR CPT	28/03/2025	SA Level 2 Regional Age Group Champs
297	37.97 L	P	Caroline Angius	12	STAR BPD	07/12/2024	NWS Championships 2024
298*	37.99 L	P	Lea Kotzé	12	NWUC KKD	07/12/2024	NWS Championships 2024
298*	37.99 L	F	Alexianne Metzger	12	SWIFT EKU	27/03/2025	SA Level 2 Champs 2025 EGA
300*	38.02 L	P	Ava van der Mescht	12	DESA NMA	20/03/2025	SA Level 3 Regional Age Group
300*	38.02 L	P	Jenna Leppan	12	AZON ETH	31/03/2025	SA Level 2 Champs 2025-KZN
302	38.07 L	F	Elmane' de Wet	12	BULS MAN	12 - 12	Otters Prestige Gala 2024
303	38.10 L	F	Larike Pretorius	12	KTS	15/02/2025	AGE GROUP 6 KATHU 2025
304	38.12 - 12 L	F	Leandi Swarts	12	PSA ZLD	26/10/2024	Froggies Aquatics Championships 2024
305	38.13 L	F	Hiranya Moodley	12	USH KCD	25/01/2025	uShaka Champs 2025
306	38.14 L	F	Gabriella Bengell	12	BLNE MAN	14/02/2025	Neptune Last Chance Gala
307*	38.15 L	F	Mackenzie Dekker	12	RSA	04/10/2024	Curro AquaElite Gala
307*	38.15 L	F	Leandi Liebenberg	12	LSTZN CCD	01/02/2025	Limpopo School Champs & Limpopo AG
309	38.17 L	F	Zanli Le Roux	12	AGAQ QBD	09/12 - 12	Swartland Prestige Gala 2024
310	38.21 L	F	Menieke Rowe-Rowe	12	BULS MAN	28/03/2025	SA Level 2 Regional Age Group Champs
312	38.24 L S	P	Dikgang Mokgele	12	MAKO EKU	05/12/2024	EGA Summer Championships
312	38.26 L	F	Ziyada Tekle	12	USC BUF	22/12 - 12	BCA Long Course Championships 2024
313	38.36 L	F	Leno Mongwaketse	12	PRSC	27/03/2025	SA Level 2 Champs 2025 EGA
314	38.38 L	P	Leah-Bella Budram	12	PSCP UMD	31/03/2025	SA Level 2 Champs 2025-KZN
315	38.39 L	F	Thatohatsi Masomba	12	THOK EKU	22/02/2025	EGA Lets Sprint Incorp Gauteng Schools
316*	38.44 L	F	Noluthando Nkosi	12	NSAD EZD	14/02/2025	MP AGE GROUP 6 GALA 14-15
316*	38.44 L	F	Taeya Roper	12	HPS TSH	27/03/2025	SA Level 2 Champs 2025 EGA
318	38.51 L	F	Zené Gouws	12	TASC MPD	29/12 - 12	Limpopo Champs 2024
319*	38.53 L	F	Jana Booysen	12	CUHE QBD	08/02/2025	WCA-B Champs - 2025
319*	38.53 L	F	Anathi Qamba	12	FAC EKU	26/10/2024	Summer 3 Delville
321	38.58 L	F	Sade Kenny	12	SRAY BUF	22/12 - 12	BCA Long Course Championships 2024
322	38.59 L	F	Mia Benade	12	UPSK ZMD	01/03/2025	NC PROVINCIAL LEVEL 0 & 1
323	38.65 L	F	Lume Fourie	12	TINC TSH	12 - 12	NTS Level 1+2 October Age Group 2024
324	38.66 L	P	Malin Swart	12	GPS EDD	03/02/2025	Buffalo City Primary School Trials 2025
325	38.72 L	F	Talia Grantham	12	PSCP UMD	01/03/2025	Provincial Level 1 Age Group
326	38.77 L	F	Lethabo Nyandeni	12	TUKS TSH	27/03/2025	SA Level 2 Champs 2025 EGA
327	38.78 L	F	Marjoné Maclachlan	12	STGR XRD	06/12/2024	NCASA CHAMPS 2024
328*	38.81 L	P	Amogelang Mamabolo	12	HARB BPD	07/12/2024	NWS Championships 2024
328*	38.81 L	P	Zahraa Essack	12	ATLA JHB	20/03/2025	SA Level 3 Champs 2025-NT
330*	38.90 L	F	Izeldi Van Niekerk	12	DOLFI MPD	09/12 - 12	Limpopo Age Group 5
330*	38.90 L	F	Le-May Van Zyl	12	ELRAS WBD	27/03/2025	SA Level 2 Champs 2025-EGA
332	38.91 L	F	Caitlyn Hauser	12	SASE JHB	15/02/2025	CGA Summer Gala #6 Level 2+ 15 Feb
333	39.02 L	P	Emma Venter	12	PSCP UMD	31/03/2025	SA Level 2 Champs 2025-KZN
334*	39.06 L	F	Izabella Botha	12	BLMA CPT	22/02/2025	Swartland Invitational Gala 2025
334*	39.06 L	P	Vibha Fakir	12	HPPS BUF	03/02/2025	Buffalo City Primary School Trials 2025
336	39.27 L	F	Tsakile Mahumane	12	NSAD! EZ	27/03/2025	SA Level 2 Champs 2025 EGA
337	39.32 L	F	Alexei Slabbert	12	ASAC CPT	08/02/2025	WCA-B Champs - 2025
338	39.33 L	F	Madeleine de Villiers	12	EXP TSH	12 - 12	NTS Level 1+2 October Age Group 2024
339	39.38 L	P	Sienna Syrett	12	QUES JHB	29/12 - 12	CGA Championships 2024
340	39.40 L S	F	Zara Field	12	SAAW CPT	02/12 - 12	CTA A & B CHAMPS 2024
341	39.42 L	F	Mieke Smit	12	UNI EZD	01/03/2025	SSA LEVEL 1 REGIONAL CHAMPS
342	39.45 L	F	Skyla De Lange	12	HPPS BUF	22/02/2025	Eastern Cape School Provincial Trials
343	39.47 L	F	Alexia Dippenaar	12	BS LLD	15/12 - 12	Valsrivier Gala 2024
344	39.49 L	P	Retshepile Phalafala	12	MDOL JHB	20/03/2025	SA Level 3 Champs 2025-NT
345	39.63 L	F	Dominic De Jager	12	USH KCD	01/03/2025	Provincial Level 1 Age Group
346	39.64 L	F	Tshiamo Mlangeni	12	UNI EZD	31/01/2025	AG 5 MP SA SCHOOLS TRIALS 31 JAN
347	39.70 L	F	Shayla Quin	12	SS MPD	09/12 - 12	Limpopo Age Group 5
348	40.00 L	F	Rebecca Lawlor	12	TPS BPD	22/02/2025	Eastern Cape School Provincial Trials
349	40.01 L	F	Daniella Gatang'i	12	CPPS NMA	08/02/2025	Nelson Mandela Bay Schools Trials & 1st
350	40.14 L	F	Anika Bester	12	STGR XRD	06/12/2024	NCASA CHAMPS 2024
351*	40.18 L	F	Zizipho Ginindza	12	WWOL TSH	13/09/2024	NTS September Age Group 2024
351*	40.18 L	F	Maya Sissing	12	TUKS TSH	12 - 12	NTS Level 1+2 October Age Group 2024
353	40.28 L	F	Alexa Steenkamp	12	CPSC! TS	27/03/2025	SA Level 2 Champs 2025 EGA

Individual Top Times

Times since: 01-May-24

Times until: 30-Apr-25

Number of Top Times: All

Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
354	40.37 L S	F	Ashleigh Petersen	12	INFA NMA	17/01/2025	6th A League Gala 2025
355	40.45 L	F	Emily Botha	12	ASAC CPT	01/02/2025	CTA BRIAN BUTTON Qualifying Meet
356	40.53 L	P	Lea Nel	12	OGIM BUF	03/02/2025	Buffalo City Primary School Trials 2025
357	40.56 L	F	Kyla De Beer	12	SS MPD	09/12 - 12	Limpopo Age Group 5
358	40.57 L	P	Alexis Krouse	12	HPPS BUF	03/02/2025	Buffalo City Primary School Trials 2025
359	40.65 L	F	Madysen le Roux	12	LSM EZD	28/02/2025	NW School Championships 2025
360	40.66 L	F	Manisha Warne	12	NSFED	27/03/2025	SA Level 2 Champs 2025 EGA
361*	40.73 L	F	Tionie Groenewald	12	CLA WCD	22/02/2025	Swartland Invitational Gala 2025
361*	40.73 L	F	Marion Münch	12	RUSTL BP	28/02/2025	NW School Championships 2025
363	40.76 L	F	Amy Moodley	12	HHPS NMA	08/02/2025	Nelson Mandela Bay Schools Trials & 1st
364	40.83 L	P	Alexis Visagie	12	BEST NMA	28/03/2025	SA Level 2 Regional Age Group Champs
365	40.86 L	F	Lungile Ndaba	PR	VASA ECU	22/02/2025	EGA Lets Sprint Incorp Gauteng Schools
366	40.95 L S	P	Reaoboka Moloi	12	MAKO ECU	05/12/2024	EGA Summer Championships
367	40.97 L	F	Unarine Mulaudzi	12	PGAC ECU	01/02/2025	EGA Last Chance Gala
368	41.02 L	F	Nyandano Madaba	12	FAC ECU	01/02/2025	EGA Last Chance Gala
369	41.03 L	F	Mila Pile	12	FISH EDD	02/12 - 12	EDEN 2nd A-League Gala 2024 Schools
370	41.05 L	F	Olivia Gooding	12	MDOL JHB	15/02/2025	CGA Summer Gala #6 Level 2+ 15 Feb
371*	41.08 L S	P	Tenele Taole	12	SWIFT ECU	05/12/2024	EGA Summer Championships
371*	41.08 L S	P	Kyleigh Shelton	12	ESTR ECU	05/12/2024	EGA Summer Championships
373	41.09 L	P	Cara van Wyk	12	BARR CPT	28/03/2025	SA Level 2 Regional Age Group Champs
374	41.12 L	F	Charlotte Gosling	12	LSJM SKD	02/12 - 12	Limpopo LS - Top 8 skole 2024
375	41.19 L	P	Skyler Engelbrecht	12	CAMPB BUF	03/02/2025	Buffalo City Primary School Trials 2025
376	41.25 L	F	Mia Ciampi	12	TUKS TSH	12 - 12	NTS Level 1+2 October Age Group 2024
377	41.26 L	F	Oarona Komote	12	WWOL TSH	13/09/2024	NTS September Age Group 2024
378	41.41 L	F	Taylor Kotzee	12	GAA CPT	17/10/2024	43rd Freda Barnard Invitational Gala
379	41.52 L	F	Nicolene Filo	12	EXP TSH	12 - 12	NTS Level 1+2 October Age Group 2024
380	41.53 L	F	Dané Schoeman	12	FISH EDD	30/12 - 12	Eden LC Champs 2024
381	41.69 L	F	Nika Smit	12	BS LLD	01/02/2025	Heidedal & Sentraal Galal
382	41.85 L	F	Janelle Coertze	12	VRC TSH	12 - 12	NTS Level 1+2 October Age Group 2024
383	41.91 L	F	Masego Monakedi	12	FISH EDD	30/12 - 12	Eden LC Champs 2024
384	41.95 L	F	Charlie De Wet	12	MANT CPT	22/02/2025	Swartland Invitational Gala 2025
385	42.23 L	F	Zoe De Monk	12	HHPS NMA	22/02/2025	Eastern Cape School Provincial Trials
386	42.30 L	P	Mia-Marie van Zyl	12	HREF BPD	07/12/2024	NWS Championships 2024
387	42.37 L	F	Basse Molai	12	BULS MAN	25/10/2024	Neptunes Gala
388	42.45 L	F	Hanaan Hendricks	12	TYGE CPT	09/12 - 12	Winelands SL4
389	42.47 L	F	Milan Booysen	12	BLOT MAN	14/02/2025	Neptune Last Chance Gala
390	42.58 L	F	Madison Neethling	12	CPPS NMA	22/02/2025	Eastern Cape School Provincial Trials
391	42.59 L	F	Lily Lucas	12	KHAY CPT	17/10/2024	43rd Freda Barnard Invitational Gala
392	42.60 L	F	Khanyisa Mqeke	12	WELA LLD	01/03/2025	Provincial Level 1 Age Group
393	42.69 L	F	Catharina Coetzer	12	QUIC CPT	22/02/2025	Swartland Invitational Gala 2025
394	42.74 L	F	Lanah Munro	12	TPS BPD	22/02/2025	Eastern Cape School Provincial Trials
395	42.80 L	F	Emma Canham	12	PELIC MAN	01/03/2025	Provincial Level 1 Age Group
396	42.86 L	F	Salma Lee	12	MANT CPT	22/02/2025	Swartland Invitational Gala 2025
397	43.31 L S	F	Lana Coetzee	12	QUIC CPT	02/12 - 12	CTA A & B CHAMPS 2024
398	43.62 L	F	Madison Thiaridt	12	EVO CPT	22/02/2025	Swartland Invitational Gala 2025
399*	43.66 L	F	Elizabeth Gouws	12	KNYA EDD	02/12 - 12	EDEN 2nd A-League Gala 2024 Schools
399*	43.66 L	F	Cayla van Zyl	12	AWIN TSH	12 - 12	NTS Level 1+2 October Age Group 2024
401	43.74 L	F	Mila Schutte	12	BARR CPT	22/02/2025	Swartland Invitational Gala 2025
402	43.83 L	P	Penelope Mullineux	12	AASC EZD	29/12 - 12	Mpumalanga Championships 2024
403	43.90 L	F	Emily Sayers	12	MANT CPT	22/02/2025	Swartland Invitational Gala 2025
404	43.97 L	F	Mokgabo Monnana	12	LEBII BP	28/02/2025	NW School Championships 2025
405	44.22 L S	F	Zaida Hendricks	12	WALM CPT	02/12 - 12	CTA A & B CHAMPS 2024
406	44.35 L	F	Larissa Shaetonhodi	12	NSFED	27/03/2025	SA Level 2 Champs 2025 EGA
407	44.44 L	F	Nsika Thomo	12	STA NGD	01/03/2025	SSA LEVEL 1 REGIONAL CHAMPS
408	44.48 L	F	Heidi Jarvis	12	PAHS NMA	22/02/2025	Eastern Cape School Provincial Trials
409	44.78 L	P	Anine Prinsloo	12	HKLIP BUF	03/02/2025	Buffalo City Primary School Trials 2025
410	44.94 L	P	Paige Powell	12	CPRIM BUF	03/02/2025	Buffalo City Primary School Trials 2025
412	45.21 L	F	Meagan Lee	12	HHPS NMA	22/02/2025	Eastern Cape School Provincial Trials
412	45.26 L	F	Miyanke Landmann	12	BETH FDD	01/03/2025	Provincial Level 1 Age Group

Individual Top Times

Times since: 01-May-24

Times until: 30-Apr-25

Number of Top Times: All

Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
413	45.42 L	F	Hani Salie	12	LALÉ CED	09/12 - 12	Winelands SL4
414	45.57 L	F	Kate Riddell	12	CUHE OBD	22/02/2025	Swartland Invitational Gala 2025
415	45.81 L	F	Isabel Erasmus	12	CPPS NMA	08/02/2025	Nelson Mandela Bay Schools Trials & 1st
416	45.88 L	F	Mosa Seboko	12	WSS LLD	01/03/2025	Provincial Level 1 Age Group
417	45.99 L	F	Khumo Goeieman	12	KALA	01/03/2025	NC PROVINCIAL LEVEL 0 & 1
418	x46.20 L	F	Emily Louw	12	UWCA CPT	08/02/2025	WCA-B Champs - 2025
419	46.38 L	F	Mieke Stoltz	12	WRP EZD	01/03/2025	SSA LEVEL 1 REGIONAL CHAMPS
420	46.58 L	F	Ikageng Moloko	12	TUKS TSH	12 - 12	NTS Level 1+2 October Age Group 2024
421	46.65 L	P	Khanya Ramone	12	MATL KKD	07/12/2024	NWS Championships 2024
422	46.73 L	F	Joni Mabaso	12	CBC FBD	15/02/2025	AGE GROUP 6 KBY 2025
423	46.87 L	F	Relebohile Maduna	12	PELIC MAN	01/03/2025	Provincial Level 1 Age Group
424	46.91 L	F	Emily Muller	12	BLS KK	28/02/2025	NW School Championships 2025
425	47.56 L	F	Tiana Govender	12	SUMW NMA	08/02/2025	Nelson Mandela Bay Schools Trials & 1st
426	47.93 L	F	Karli Owsley	12	PAHS NMA	22/02/2025	Eastern Cape School Provincial Trials
427	48.03 L	F	Annemi Loots	12	SWAR WCD	09/12 - 12	Swartland Prestige Gala 2024
428	48.24 L	F	Katia Cerone	12	HAAG UTD	01/03/2025	Provincial Level 1 Age Group
429	48.55 L	F	Elri de Wet	12	STGR XRD	08/02/2025	NCASA SPRINTS 2025
430	48.60 L	F	Marloune' Pienaar	12	BLNE MAN	15/06/2024	PEA Winter Gala 2024
431	48.89 L	F	Katlego Mapaila	12	BHK NGD	31/01/2025	AG 5 MP SA SCHOOLS TRIALS 31 JAN
432	49.25 L	P	Anoeck Stapelberg	12	HKLIP BUF	03/02/2025	Buffalo City Primary School Trials 2025
433	49.47 L	F	Noorjhan Samie	12	MANT CPT	09/12 - 12	Swartland Prestige Gala 2024
434	49.89 L	F	Mosa Lepholletse	12	ISSA NM	28/02/2025	NW School Championships 2025
435	49.90 L	F	Kago Senoamadi	12	CASC CPT	22/02/2025	Swartland Invitational Gala 2025
436	50.06 L	F	Lukhona Nsele	12	FRA KCD	01/03/2025	Provincial Level 1 Age Group
437	50.22 L	F	Hadassah Daniels	12	RETR CPT	22/02/2025	Swartland Invitational Gala 2025
438	50.58 L	F	Nokubonga Buda	12	ESP EKU	01/02/2025	EGA Last Chance Gala
439	51.06 L	F	Lisa De Vos	12	NAE EZD	12 - 12	MP AGE GROUP 2 (12 - 12
440	51.33 L	F	Hyla-Louise Pennells	12	TUKS TSH	12 - 12	NTS Level 1+2 October Age Group 2024
441	51.39 L	F	Leanolaona Molosi	12	UPSK ZMD	01/03/2025	NC PROVINCIAL LEVEL 0 & 1
442	51.47 L	P	Amandre Oelofse	12	HKLIP BUF	03/02/2025	Buffalo City Primary School Trials 2025
443	51.88 L	F	Thembaletu Zulu	12	FRA KCD	26/10/2024	Froggies Aquatics Championships 2024
444	52.92 L	F	Okuhle Zungu	12	USH KCD	01/03/2025	Provincial Level 1 Age Group
445	52.98 L	F	Rone Putter	12	ACAA CCD	12/10/2024	Limpopo Age Group 4
446	53.21 L	F	Elethu Maqabangqa	12	KHAY CPT	22/02/2025	Swartland Invitational Gala 2025
447	53.49 L	F	Anathi Mbandlakazi	12	VIPS NMA	22/02/2025	Eastern Cape School Provincial Trials
448	55.35 L	F	Qhawekazi Ngoza	12	TPS BPD	08/02/2025	BCSA High School Trials 2025
449	55.77 L	F	Abenathi Mzimela	12	USH KCD	01/03/2025	Provincial Level 1 Age Group
450	56.02 L	F	Kate Scott	12	UHS NMA	22/02/2025	Eastern Cape School Provincial Trials
451	57.65 L	F	Fezeka Mpunga	12	STA NGD	01/03/2025	SSA LEVEL 1 REGIONAL CHAMPS
452	59.74 L	F	Gabriella Venter	12	BASS VB	09/12 - 12	Limpopo Age Group 5
453	1:04.05 L	F	Isabel Charles	12	WWP NMA	08/02/2025	Nelson Mandela Bay Schools Trials & 1st
454	1:04.41 L	F	Neoentle Naledi Boroko	12	BHK NGD	31/01/2025	AG 5 MP SA SCHOOLS TRIALS 31 JAN
455	1:05.59 L	F	Shanda Kweyama	12	TPS BPD	08/02/2025	BCSA High School Trials 2025
456	1:08.60 L	F	Simiso Booï	12	TPS BPD	08/02/2025	BCSA High School Trials 2025
457	1:10.61 L	F	Lipata Mohale	12	MNTP NMA	08/02/2025	Nelson Mandela Bay Schools Trials & 1st
458	1:12.24 L	F	Luzuko Kesiamang	12	CBC FBD	15/02/2025	AGE GROUP 6 KBY 2025
459	1:13.76 L	F	Gizelle Tyers	12	KSSS JTD	01/03/2025	NC PROVINCIAL LEVEL 0 & 1
460	1:21.29 L	F	Venice Beukes	12	KTS	15/12 - 12	AGE GROUP 2 KATHU 2024
461	1:36.91 L	F	Siphosethu Kunju	12	TPS BPD	08/02/2025	BCSA High School Trials 2025
Women 12 - 12 -12 100 Free							
1	1:01.38 L	P	Shalea Hamilton	12	BEST NMA	28/02/2025	2025 Grand Prix 2 Invitational Meet
2	1:02.31 L	F	Shiloh Cruywagen	12	KZNS	05/04/2025	SA Schools Swimming Championship
3	1:03.29 L	F	Victoria Meyburgh	12	CA EKU	25/04/2025	SA National Junior Age Grou-WCA
4	1:03.58 L	F	Riley Haupt	12	CA EKU	25/04/2025	SA National Junior Age Grou-WCA
5	1:05.34 L	F	Aqeelah Williams	12	UWCA CPT	25/04/2025	SA National Junior Age Grou-WCA
6	1:06.25 L	F	Mia Jansen van Rensburg	12	XCEL CPT	25/04/2025	SA National Junior Age Grou-WCA
7	1:06.46 L	P	Mackenzie Raffle	12	CA EKU	05/12/2024	EGA Summer Championships
8	1:06.70 L	F	Emma Van Deventer	12	WSTV ETH	25/04/2025	SA National Junior Age Grou-WCA
9	1:06.80 L	F	Kara De Wit	12	RFA TSH	07/12/2024	NWS Championships 2024

Individual Top Times

Times since: 01-May-24

Times until: 30-Apr-25

Number of Top Times: All

Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
10	1:07.06 L	P	Sophia Gullan	12	VINE CPT	20/03/2025	SA Level 3 Regional Age Group	
12 -	1:07.27 L	F	Evie du Plessis	12	BLOT MAN	04/12/2024	Free State Champs 2024	
12	1:07.34 L	F	Mienke Kok	12	INFA NMA	25/04/2025	SA National Junior Age Grou-WCA	
13	1:07.51 L	P	Arya De Sousa	12	GAUS	05/04/2025	SA Schools Swimming Championship	
14	1:07.72 L	F	Chisi Magubbwi	12	TUKS TSH	22/02/2025	Zasu 4th League Gala 24-25	
15	1:07.81 L	F	Oyama Baqwa	12	SGUL ETH	13/12/2024	NMBA Championships 2024	
16	1:07.85 L	P	Jessica Jansen van Vuuren	12	SEAL UMD	25/04/2025	SA National Junior Age Grou-WCA	
17	1:07.86 L	F	Alexis Visser	12	MAKO EKU	20/03/2025	SA Level 3 Champs 2025-NT	
18	1:07.95 L	P	Amelie Billson	12	CASC CPT	25/04/2025	SA National Junior Age Grou-WCA	
19	1:08.12 - 12 L	P	Liane Van Zyl	12	UPSK ZMD	20/03/2025	SA Level 3 Regional Age Group	
20	1:08.21 L	F	Noa Sebastiao	12	TUKS TSH	20/03/2025	SA Level 3 Champs 2025-NT	
21	1:08.40 L	P	Katherine Harrop-Allin	12	CSC TSH	25/04/2025	SA National Junior Age Grou-WCA	
22	1:08.57 L	F	Laila Christie	12	USC BUF	20/03/2025	SA Level 3 Regional Age Group	
23	1:08.60 L	P	Johané Burger	12	ROA EDD	25/04/2025	SA National Junior Age Grou-WCA	
24	1:08.65 L	F	Gia Heldsinger	12	SSISA CPT	20/03/2025	SA Level 3 Regional Age Group	
25	1:08.86 L	P	Mikaela Lotz	12	PAC TSH	25/04/2025	SA National Junior Age Grou-WCA	
26	1:08.87 L	F	Barcelona Xaba	12	SASE JHB	29/12 - 12	CGA Championships 2024	
27	1:08.95 L	F	Samantha Wilson	12	INFA NMA	20/03/2025	SA Level 3 Regional Age Group	
28	1:09.07 L	F	Charlotte Hofinger	12	ASAC CPT	20/03/2025	SA Level 3 Regional Age Group	
29*	1:09.18 L	F	Annabel Meyer	12	BULS MAN	01/02/2025	Heidedal & Sentraal Galal	
29*	1:09.18 L	F	Jasmine Woodburn	12	MDOL JHB	20/03/2025	SA Level 3 Champs 2025-NT	
31	1:09.19 L	P	Ruvarashe Chibharo	12	TYGE CPT	14/02/2025	Western Cape Elite Gala 2025	
32	1:09.21 L	P	Saffiya Emjedi	12	SAAW CPT	20/03/2025	SA Level 3 Regional Age Group	
33	1:09.27 L	P	Lumka Zamisa	12	HREF BP	20/03/2025	SA Level 3 Champs 2025-NT	
34	1:09.28 L	F	Olivia Meyburgh	12	CA EKU	20/03/2025	SA Level 3 Champs 2025-NT	
35	1:09.48 L	F	Elizabeth Roth	12	PEAS NMA	13/12/2024	NMBA Championships 2024	
36	1:09.58 L	F	Jovanah McGluwa	12	CASC CPT	20/03/2025	SA Level 3 Regional Age Group	
37	1:09.68 L	P	Zara Lockitch	12	CYBE CPT	05/12/2024	Western Cape LC-A Championship 2024	
38	1:10.04 L	P	Georgia Sabbagha	12	PAQU CED	05/12/2024	Western Cape LC-A Championship 2024	
39*	1:10.12 L	F	Alize Engelbrecht	12	CSA EZD	01/12 - 12	MP AGE GROUP 3 1-2 NOV 2024	
39*	1:10.12 L	P	Milani Butau	12	BEST NMA	20/03/2025	SA Level 3 Regional Age Group	
41	1:10.45 L	P	Isabella Goncalves	12	SOUL EKU	20/03/2025	SA Level 3 Champs 2025-NT	
42	1:10.49 L	P	Wilhelmina Erasmus	12	LPS	05/04/2025	SA Schools Swimming Championship	
43	1:10.60 L	P	Ava Grebe	12	CUHE OBD	20/03/2025	SA Level 3 Regional Age Group	
44	1:10.62 L	P	Ineke Van Maarleveld	12	ACAA CCD	20/03/2025	SA Level 3 Champs 2025-NT	
45	1:10.66 L	P	Mikayla Oliver	12	PAC TSH	25/04/2025	SA National Junior Age Grou-WCA	
46	1:10.68 L	F	Amber Spence	12	ELEC TSH	20/03/2025	SA Level 3 Champs 2025-NT	
47*	1:10.76 L	P	Chloe Rautenbach	12	UNIU EZD	29/12 - 12	Mpumalanga Championships 2024	
47*	1:10.76 L	F	Nadelija Pillay	12	VHD ZLD	26/03/2025	SA Level 3 Regional Age Group	
49	1:10.83 L	P	Grace Julies	12	XCEL CPT	25/04/2025	SA National Junior Age Grou-WCA	
50	1:10.84 L	P	Nina Pieterse	12	DESA NMA	25/04/2025	SA National Junior Age Grou-WCA	
51	1:12 - 12 .00 L	P	Olivia Kruger	12	PLAY CED	20/03/2025	SA Level 3 Regional Age Group	
52	1:12 - 12 .05 L	P	Nina Oosthuizen	12	MPS NGD	05/04/2025	SA Schools Swimming Championship	
53*	1:12 - 12 .09 L	P	Kate Cheshire	12	MDOL JHB	20/03/2025	SA Level 3 Champs 2025-NT	
53*	1:12 - 12 .09 L	P	Jadine Grobler	12	TKS WBD	20/03/2025	SA Level 3 Champs 2025-NT	
55	1:12 - 12 .13 L	F	Sisanda Palframan	12	SEAL UMD	26/03/2025	SA Level 3 Regional Age Group	
56	1:12 - 12 .23 L	F	Carinke Wessels	12	BLOT MAN	12 - 12	Otters Prestige Gala 2024	
57	1:12 - 12 .24 L	F	Christie Snyders	12	VALS FDD	04/12/2024	Free State Champs 2024	
58	1:12 - 12 .40 L	P	Caitlin Barnes	12	SAAW CPT	20/03/2025	SA Level 3 Regional Age Group	
59	1:12 - 12 .55 L	F	Jua Jonker	12	POTC KKD	07/12/2024	NWS Championships 2024	
60	1:12 - 12 .76 L	P	Brooklyn Terwin	12	USC BUF	20/03/2025	SA Level 3 Regional Age Group	
61	1:12 - 12 .88 L	F	Zara Jantjies	12	MANT CPT	22/02/2025	Swartland Invitational Gala 2025	
62	1:12 - 12 .97 L	P	Emily Koegelenberg	12	XCEL CPT	20/03/2025	SA Level 3 Regional Age Group	
63	1:12 - 12 .99 L	P	Jamie Els	12	AQDO CPT	20/03/2025	SA Level 3 Regional Age Group	
64*	1:12.03 L	P	Anna Horn	12	XCEL CPT	14/02/2025	Western Cape Elite Gala 2025	
64*	1:12.03 L	P	Kirsten Cupido	12	CYBE CPT	20/03/2025	SA Level 3 Regional Age Group	
66	1:12.19 L	P	Lara Greyling	12	TNDER FDD	04/12/2024	Free State Champs 2024	
67	1:12.25 L	F	Inge Du Plessis	12	LSTZN CCD	01/02/2025	Limpopo School Champs & Limpopo AG	
68	1:12.36 L	F	Taylor-Rose Botes	12	CA EKU	20/03/2025	SA Level 3 Champs 2025-NT	

Individual Top Times

Times since: 01-May-24
Number of Top Times: All

Times until: 30-Apr-25
Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
69	1:12.37 L	P	Phillipa Williams	12	SOUL EKU	20/03/2025	SA Level 3 Champs 2025-NT	
70	1:12.38 L	P	Paige Schutze-Langston	12	MDOL JHB	20/03/2025	SA Level 3 Champs 2025-NT	
71*	1:12.41 L	F	Mignon Swart	12	CSA EZD	29/12 - 12	Mpumalanga Championships 2024	
71*	1:12.41 L	P	Nokutenda Tembo	12	KNYA EDD	20/03/2025	SA Level 3 Regional Age Group	
73	1:12.46 L	F	Liane' Pienaar	12	TUKS TSH	21/02/2025	NTS Age Group Feb Tuks	
74	1:12.62 L S	F	Hannah Van Heerden	12	AACTA CPT	21/09/2024	CTA INVITATIONAL LC MEET	
75	1:12.65 L	P	Kaitlyn Haynes-Smart	12	VINE CPT	20/03/2025	SA Level 3 Regional Age Group	
76	1:12.74 L	P	Kayla Gerber	12	STAQ CED	20/03/2025	SA Level 3 Regional Age Group	
77	1:12.86 L	F	Sarah Schofield	12	SEALE ETH	26/03/2025	SA Level 3 Regional Age Group	
78	1:12.93 L	F	Zoe Thompson	12	MDOL JHB	10/01/2025	2024 Grand Prix Invitation Swimming	
79	1:12.95 L	P	Sarah-Kate Odendaal	12	PAC TSH	25/04/2025	SA National Junior Age Grou-WCA	
80	1:13.03 L	P	Kayla Kleynhans	12	ROA EDD	20/03/2025	SA Level 3 Regional Age Group	
81	1:13.12 L	P	Uma Pearson-Adams	12	SAAW CPT	20/03/2025	SA Level 3 Regional Age Group	
82	1:13.18 L	F	Senzelwe Mwandla	12	PSCP UMD	26/03/2025	SA Level 3 Regional Age Group	
83	1:13.27 L	P	Nicoline Du Preez	12	NWUC KKD	20/03/2025	SA Level 3 Champs 2025-NT	
84	1:13.29 L	F	Mia Vorster	12	WELA LLD	04/12/2024	Free State Champs 2024	
85	1:13.30 L	P	Milla Christensen	12	WELL CED	20/03/2025	SA Level 3 Regional Age Group	
86	1:13.32 L	F	Emma Cullis	12	VINE CPT	05/12/2024	Western Cape LC-A Championship 2024	
87	1:13.33 L	F	Ella Kalp	12	AZON ETH	14/06/2024	AQZ Winter Warmer 2024	
88	1:13.34 L	F	Lia van Heerden	12	FSS	05/04/2025	SA Schools Swimming Championship	
89	1:13.38 L	P	Abby Mostert	12	AWIN TSH	20/03/2025	SA Level 3 Champs 2025-NT	
90	1:13.42 L	P	Mikayla Jordaan	12	CASC CPT	20/03/2025	SA Level 3 Regional Age Group	
91	1:13.44 L	P	Kathryn Nolan	12	MDOL JHB	20/03/2025	SA Level 3 Champs 2025-NT	
92*	1:13.59 L	P	Danika Steyn	12	KSC EZD	20/03/2025	SA Level 3 Champs 2025-NT	
92*	1:13.59 L	P	Mali Louw	12	WELL CED	20/03/2025	SA Level 3 Regional Age Group	
94	1:13.66 L	F	Olwenelo Ngema	12	FRA KCD	26/03/2025	SA Level 3 Regional Age Group	
95	1:13.79 L	P	Abigail Paice	12	SOUL EKU	27/03/2025	SA Level 2 Champs 2025 EGA	
96	1:13.81 L	F	Ella Leonard	12	BLUO UGD	31/03/2025	SA Level 2 Champs 2025-KZN	
97	1:13.82 L	P	Megan Palmer	12	AFIN JHB	20/03/2025	SA Level 3 Champs 2025-NT	
98	1:14.04 L	F	Alexis De Witt	12	TUKS TSH	13/09/2024	NTS September Age Group 2024	
99	1:14.06 L	P	Jenna Nieuwoudt	12	SWAR WCD	20/03/2025	SA Level 3 Regional Age Group	
100	1:14.09 L	P	Olivia Nel	12	CLA WCD	20/03/2025	SA Level 3 Regional Age Group	
101	1:14.12 - 12 L	P	Alex Theron	12	CASC CPT	20/03/2025	SA Level 3 Regional Age Group	
102	1:14.15 L	F	Tatum Van Zijl	12	OHAN LLD	25/01/2025	uShaka Champs 2025	
103	1:14.24 L	P	Unathi Vuyeqaba	12	TUKS TSH	27/03/2025	SA Level 2 Champs 2025-EGA	
104	1:14.29 L	F	Taylor Ten Napel	12	BEAV ETH	25/01/2025	uShaka Champs 2025	
105*	1:14.39 L	P	Ayvah Jacob	12	RACE JHB	29/12 - 12	CGA Championships 2024	
105*	1:14.39 L	P	Isabella Vreenegoor	12	CRSC JHB	20/03/2025	SA Level 3 Champs 2025-NT	
107	1:14.42 L	F	Gabrielle Brooks	12	INFA NMA	13/12/2024	NMBA Championships 2024	
108*	1:14.45 L	P	Riley Sanders	12	HPS TSH	20/03/2025	SA Level 3 Champs 2025-NT	
108*	1:14.45 L	F	Danica Marrier D'Unienville	12	KLOO ETH	26/03/2025	SA Level 3 Regional Age Group	
12 -	1:14.51 L	F	Marizelle Vermaak	12	HREF BPD	28/03/2025	SA Level 2 Regional Age Group Champs	
12 -	1:14.63 L	P	Mattae Morel	12	CA EKU	20/03/2025	SA Level 3 Champs 2025-NT	
12 -	1:14.65 L	P	Danica Marrier D'Unienville	12	KZNS	05/04/2025	SA Schools Swimming Championship	
12 -	1:14.73 L	F	Bonaventure Makore	12	ASAC CPT	08/02/2025	WCA-B Champs - 2025	
12 -	1:14.76 L	P	Shelby Schoeman	12	CA EKU	20/03/2025	SA Level 3 Champs 2025-NT	
12 -	1:14.78 L	F	Kara Pretorius	12	SSISA CPT	02/12 - 12	CTA A & B CHAMPS 2024	
12 -	1:14.91 L	F	Mawande Makumbe	12	TUKS TSH	13/09/2024	NTS September Age Group 2024	
12 -	1:15.00 L	P	Inge Shaw	12	LALE CED	20/03/2025	SA Level 3 Regional Age Group	
12 -	1:15.28 L	F	Karla Degenaar	12	TUKS TSH	13/09/2024	NTS September Age Group 2024	
12 -	1:15.44 L	P	Emily Hengst	12	CASC CPT	20/03/2025	SA Level 3 Regional Age Group	
120	1:15.45 L	F	Jada Hendricks	12	TYGE CPT	25/01/2025	CTA Qualifying Meet 6 - (L2 & above)	
121*	1:15.47 L	P	Mikaela Van Heerden	12	TUKS TSH	27/03/2025	SA Level 2 Champs 2025 EGA	
121*	1:15.47 L	P	Chloe-Leigh Jurgens	12	MANT CPT	20/03/2025	SA Level 3 Regional Age Group	
123	1:15.52 L	P	Rirhandzu Chauke	12	DORE JHB	20/03/2025	SA Level 3 Champs 2025-NT	
124	1:15.53 L	P	Ella Adams	12	TYGE CPT	20/03/2025	SA Level 3 Regional Age Group	
125*	1:15.57 L	P	Gia Newkirk	12	TYGE CPT	20/03/2025	SA Level 3 Regional Age Group	
125*	1:15.57 L	P	Rebecca Joubert	12	ECSA	05/04/2025	SA Schools Swimming Championship	
127	1:15.61 L	P	Paiton Van Der Merwe	12	CA EKU	05/12/2024	EGA Summer Championships	

Individual Top Times

Times since: 01-May-24			Times until: 30-Apr-25		
Number of Top Times: All			Show Long Course Only		
	Time	P/F/S	Name	Age/Yr	
128	1:15.68 L	P	Alessia Barthus	12	MANT CPT 20/03/2025 SA Level 3 Regional Age Group
129	1:15.70 L	P	Mia Van de Vyver	12	QSAW CED 20/03/2025 SA Level 3 Regional Age Group
130	1:15.92 L	F	Laila van Antwerpen	12	PAC TSH 13/09/2024 NTS September Age Group 2024
131	1:15.93 L	P	Lily Hoar	12	KLOO ETH 26/03/2025 SA Level 3 Regional Age Group
132	1:16.05 L	F	Jessica Arenz	12	MANT CPT 25/01/2025 CTA Qualifying Meet 6 - (L2 & above)
133	1:16.06 L	F	Anke Carstens	12	TUKS TSH 18/10/2024 NTS Level 3+ October Age Group 2024
134	1:16.12 - 12 L	P	Annabella Venter	12	VRC TSH 29/12 - 12 CGA Championships 2024
135	1:16.15 L	P	Madison Harris	12	SOUL EKU 27/03/2025 SA Level 2 Champs 2025 EGA
136	1:16.22 L	F	Nabeeha Raja	12	SPS BUF 03/02/2025 Buffalo City Primary School Trials 2025
137	1:16.25 L	P	Milah Allen	12	PER JHB 27/03/2025 SA Level 2 Champs 2025-EGA
138	1:16.30 L	P	Cayleigh Machill	12	BARA EKU 20/03/2025 SA Level 3 Champs 2025-NT
139	1:16.33 L	F	Sienna Barenblatt	12	STAQ CED 28/03/2025 SA Level 2 Regional Age Group Champs
140	1:16.44 L	F	Mienke Pretorius	12	KALA 28/03/2025 SA Level 2 Regional Age Group Champs
141	1:16.45 L	P	Zia Habib	12	MDOL JHB 20/03/2025 SA Level 3 Champs 2025-NT
142	1:16.52 L	P	Mila Hinteregger	12	CA EKU 20/03/2025 SA Level 3 Champs 2025-NT
143*	1:16.56 L	F	Leah Du Plessis	12	PEAS NMA 31/01/2025 Infinity Gala 2025
143*	1:16.56 L	F	Lauren Kleinhans	12	AA JHB 27/03/2025 SA Level 2 Champs 2025 EGA
145	1:16.63 L	F	Mia Prinsloo	12	SUMW NMA 08/02/2025 Nelson Mandela Bay Schools Trials & 1st
146	1:16.72 L	P	Isabella Haldane	12	FISH EDD 20/03/2025 SA Level 3 Regional Age Group
147	1:16.75 L	P	Sophia Castleden	12	STAQ CED 20/03/2025 SA Level 3 Regional Age Group
148	1:16.79 L	P	Zekhethelo Radebe	12	PSCP UMD 26/03/2025 SA Level 3 Regional Age Group
149	1:16.82 L	P	Xia Jacobs	12	WSTV ETH 02/07/2024 Prestige Tournament 2024
150	1:16.86 L	P	Elah-Mae Budram	12	PSCP UMD 26/03/2025 SA Level 3 Regional Age Group
151	1:16.97 L	P	Yvette Louw	12	TYGE CPT 20/03/2025 SA Level 3 Regional Age Group
152	1:17.09 L	F	Jazmin Anthony	12	PAQU CED 08/02/2025 WCA-B Champs - 2025
153	1:17.14 L	F	Grizelda Janse van Rensburg	12	NWUC KKD 28/03/2025 SA Level 2 Regional Age Group Champs
154	1:17.16 L	F	Oyama Tuta	12	PELIC MAN 28/03/2025 SA Level 2 Regional Age Group Champs
155	1:17.18 L	P	Alexis Kalapac	12	SLAQ CPT 20/03/2025 SA Level 3 Regional Age Group
156	1:17.19 L	F	Esme Bowes	12	CPSC! TS 27/03/2025 SA Level 2 Champs 2025 EGA
157	1:17.32 L	F	Sophia Hutchison	12	GHSK 06/12/2024 NCASA CHAMPS 2024
158	1:17.37 L	F	Lize De Wet	12	LSPHA MP 01/02/2025 Limpopo School Champs & Limpopo AG
159	1:17.52 L	F	Ilê Ferreira	12	VRC TSH 27/03/2025 SA Level 2 Champs 2025 EGA
160	1:17.65 L	F	Arelî Muyaka	12	HARB BPD 07/12/2024 NWS Championships 2024
161	1:17.76 L	P	Zethembiso Mbambo	12	PSCP UMD 31/03/2025 SA Level 2 Champs 2025-KZN
162	1:17.79 L	F	Emihle Mnunu	12	FRA KCD 01/02/2025 KCDA Age Group 4 2024
163	1:17.82 L	P	Kayla-Anne Walker	12	CYBE CPT 20/03/2025 SA Level 3 Regional Age Group
164	1:18.12 L	P	Ella Voysey	12	VINE CPT 20/03/2025 SA Level 3 Regional Age Group
165	1:18.15 L	P	Oyama Tutu	12	FSS 05/04/2025 SA Schools Swimming Championship
166	1:18.16 L	F	Morgan Kaschula	12	SPS BUF 03/02/2025 Buffalo City Primary School Trials 2025
167	1:18.34 L	S	Scarlett Garassino	12	SASE JHB 27/03/2025 SA Level 2 Champs 2025 EGA
168	1:18.38 L	F	Annabella Mitchell-Innes	12	PSCP UMD 08/03/2025 Invitational Meet 2025
169	1:18.48 L	P	Leane Nel	12	EXP TSH 20/03/2025 SA Level 3 Champs 2025-NT
170	1:18.49 L	F	Imme Wolfaardt	12	LALE CED 08/02/2025 WCA-B Champs - 2025
171	1:18.50 L	F	Tayla Scheepers	12	RFA TSH 13/09/2024 NTS September Age Group 2024
172	1:18.54 L	P	Suhanna White	12	AQUA BUF 20/03/2025 SA Level 3 Champs 2025-NT
173	1:18.56 L	P	Amelia-Rose Schutlzler	12	USC BUF 20/03/2025 SA Level 3 Regional Age Group
174	1:18.58 L	F	Sloan Warner	12	INFA NMA 28/03/2025 SA Level 2 Regional Age Group Champs
175*	1:18.65 L	F	Zingce Mfabe	12	CPRIM BUF 03/02/2025 Buffalo City Primary School Trials 2025
175*	1:18.65 L	P	Leila Parker	12	SSISA CPT 20/03/2025 SA Level 3 Regional Age Group
177	1:18.77 L	F	Racquelle Saporta	12	INFA NMA 31/01/2025 Infinity Gala 2025
178	1:18.81 L	P	Alyssa Coetzer	12	AZON ETH 26/03/2025 SA Level 3 Regional Age Group
179	1:18.82 L	F	Mienke Gerber	12	FISH EDD 08/02/2025 WCA-B Champs - 2025
180	1:19.03 L	F	Briah Boshoff	12	ASAC CPT 08/02/2025 WCA-B Champs - 2025
181	1:19.12 L	F	Sophia Boustred	12	STAQ CED 08/02/2025 WCA-B Champs - 2025
182	1:19.33 L	P	Sophie Kretzmann	12	USC BUF 20/03/2025 SA Level 3 Regional Age Group
183	1:19.36 L	F	Carlie van der Veen	12	VRC TSH 13/09/2024 NTS September Age Group 2024
184	1:19.59 L	S	Miané Logan	12	TUKS TSH 27/03/2025 SA Level 2 Champs 2025 EGA
185	1:19.65 L	F	Zoe Kruger	12	LALE CED 08/02/2025 WCA-B Champs - 2025
186	1:19.80 L	F	Mila Barkhuysen	12	GREY CPT 08/02/2025 WCA-B Champs - 2025

Individual Top Times

Times since: 01-May-24
Number of Top Times: All

Times until: 30-Apr-25
Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
187	1:19.91 L	F	Summer Moonsamy	12	BEAV ETH	31/03/2025	SA Level 2 Champs 2025-KZN	
188*	1:20.00 L S	F	Charlotte Jones	12	SLAQ CPT	21/09/2024	CTA INVITATIONAL LC MEET	
188*	1:20.00 L	F	Wilhandi Meyer	12	BULS MAN	28/03/2025	SA Level 2 Regional Age Group Champs	
190	1:20.01 L	F	Ziane Drenth	12	AWIN TSH	12 - 12	NTS Level 1+2 October Age Group 2024	
191*	1:20.07 L	P	Khalalelo Rathhogo	12	ESP ECU	20/03/2025	SA Level 3 Champs 2025-NT	
191*	1:20.07 L	F	Lara Rosenstrauch	12	HTSA CPT	28/03/2025	SA Level 2 Regional Age Group Champs	
193	1:20.08 L	F	Paballo Nkosi	12	FAC ECU	12/10/2024	EGA Summer 2	
194	1:20.12 - 12 L	P	Micaela Fourie	12	NSAD EZD	29/12 - 12	Mpumalanga Championships 2024	
195	1:20.17 L	P	Alexia Smith	12	WATR JHB	29/12 - 12	CGA Championships 2024	
196	1:20.24 L	F	Jemma Lloyd	12	VINE CPT	08/02/2025	WCA-B Champs - 2025	
197	1:20.30 L	P	Elizabeth Kamara	12	NSFED	27/03/2025	SA Level 2 Champs 2025 EGA	
198	1:20.38 L	F	Emma Ristow	12	CPRIM BUF	03/02/2025	Buffalo City Primary School Trials 2025	
199	1:20.47 L	F	Zaarah Meyer	12	HTSA CPT	28/03/2025	SA Level 2 Regional Age Group Champs	
200	1:20.49 L	F	Lara Van Veelen	12	LSDWK MPD	01/02/2025	Limpopo School Champs & Limpopo AG	
201	1:20.52 L	F	Elizabeth Vd Berg	12	TUKS TSH	12 - 12	NTS Level 1+2 October Age Group 2024	
202	1:20.61 L	P	Caitlin McDowell	12	ESP ECU	20/03/2025	SA Level 3 Champs 2025-NT	
203	1:20.74 L	F	Anye Brink	12	QSAW CED	28/03/2025	SA Level 2 Regional Age Group Champs	
204	1:20.77 L	P	Madison Sanan	12	PER JHB	20/03/2025	SA Level 3 Champs 2025-NT	
205	1:20.84 L	P	Jaimey Shaw	12	MDOL JHB	29/12 - 12	CGA Championships 2024	
206	1:20.87 L	F	Helene de Bruyn	12	BULS MAN	28/03/2025	SA Level 2 Regional Age Group Champs	
207	1:20.88 L	F	Mabet Jacobs	12	AGAQ QBD	28/03/2025	SA Level 2 Regional Age Group Champs	
208	1:20.91 L S	F	Juno Bouwer	12	TYGE CPT	25/01/2025	CTA Qualifying Meet 6 - (L2 & above)	
209	1:21.10 L	P	Amoussou Viwassi	12	LINR JHB	27/03/2025	SA Level 2 Champs 2025 EGA	
210	1:21.19 L	F	Taylynn Boshoff	12	USC BUF	28/03/2025	SA Level 2 Regional Age Group Champs	
212	1:21.28 L	P	Lily Sykes	12	TUKS TSH	27/03/2025	SA Level 2 Champs 2025 EGA	
212	1:21.30 L	P	Ava van der Mescht	12	DESA NMA	20/03/2025	SA Level 3 Regional Age Group	
213	1:21.33 L S	F	Emily Van t Slot	12	BLMA CPT	25/01/2025	CTA Qualifying Meet 6 - (L2 & above)	
214*	1:21.57 L	P	Anastacia Coelho	12	CA ECU	05/12/2024	EGA Summer Championships	
214*	1:21.57 L	P	Rorisang Monareng	12	FSS	05/04/2025	SA Schools Swimming Championship	
216	1:21.66 L	F	Destheonique Julius	12	KALA	26/10/2024	KALAHARI CLASSIC	
217	1:21.72 L	F	Kenna Lilley	12	TYGE CPT	22/02/2025	Swartland Invitational Gala 2025	
218	1:22.05 L	P	Chloe Timperley	12	TRAZ TSH	27/03/2025	SA Level 2 Champs 2025-EGA	
219	1:22.12 - 12 L	F	Lua Store	12	EVO CPT	01/02/2025	CTA BRIAN BUTTON Qualifying Meet	
220	1:22.15 L	P	Mercy Theu	12	CRSC JHB	29/12 - 12	CGA Championships 2024	
221	1:22.17 L	P	Madison Wissekerke	12	FRA KCD	31/03/2025	SA Level 2 Champs 2025-KZN	
222*	1:22.19 L	F	Marni Snyman	12	ELRAS WBD	29/12 - 12	Limpopo Champs 2024	
222*	1:22.19 L	P	Mikayla Coleman	12	TCA ECU	05/12/2024	EGA Summer Championships	
224	1:22.24 L	P	Nosipho Khumalo	12	BASA	27/03/2025	SA Level 2 Champs 2025 EGA	
225	1:22.25 L	P	Ming-Xi Tsai	12	AA JHB	27/03/2025	SA Level 2 Champs 2025-EGA	
226	1:22.32 L	P	Jenna Leppan	12	AZON ETH	31/03/2025	SA Level 2 Champs 2025-KZN	
227	1:22.33 L	F	Rorisang Monareng	12	BLNE MAN	28/03/2025	SA Level 2 Regional Age Group Champs	
228*	1:22.34 L	P	Annabel Van Reenen	12	ACSA ETH	02/07/2024	Prestige Tournament 2024	
228*	1:22.34 L	P	Annabella Husselmann	12	NSFED	27/03/2025	SA Level 2 Champs 2025 EGA	
230	1:22.42 L	F	Zarah Matthee	12	KHAY CPT	28/03/2025	SA Level 2 Regional Age Group Champs	
231*	1:22.52 L	F	Neanè Van Zyl	12	GREY CPT	02/12 - 12	CTA A & B CHAMPS 2024	
231*	1:22.52 L	P	Amahle Mdlalose	12	CSC TSH	27/03/2025	SA Level 2 Champs 2025-EGA	
233	1:22.63 L	P	Leno Mongwaketse	12	PRSC	27/03/2025	SA Level 2 Champs 2025 EGA	
234	1:22.65 L	F	Alexia Dippenaar	12	BS LLD	28/03/2025	SA Level 2 Regional Age Group Champs	
235	1:22.73 L	F	Machayda Titus	12	MARL CPT	28/03/2025	SA Level 2 Regional Age Group Champs	
236	1:22.78 L	P	Kayleigh Brophy	12	AAS JHB	29/12 - 12	CGA Championships 2024	
237	1:22.80 L	P	Sienna Syrett	12	QUES JHB	27/03/2025	SA Level 2 Champs 2025-EGA	
238	1:22.94 L	F	Emilie Conradie	12	SAAW CPT	02/12 - 12	CTA A & B CHAMPS 2024	
239	1:22.97 L	P	Tamika Abbey	12	PER JHB	29/12 - 12	CGA Championships 2024	
240	1:23.04 L	P	Roxanne Coetzee	12	HREF BPD	28/03/2025	SA Level 2 Regional Age Group Champs	
241	1:23.05 L	F	Zanli Le Roux	12	AGAQ QBD	09/12 - 12	Swartland Prestige Gala 2024	
242	1:23.15 L	F	Kristen Bell	12	LSKP WB	01/02/2025	Limpopo School Champs & Limpopo AG	
243	1:23.17 L	F	Zoe Lambropoulos	12	TRAZ TSH	13/09/2024	NTS September Age Group 2024	
244	1:23.21 L	P	Clara Duvenage	12	CA ECU	27/03/2025	SA Level 2 Champs 2025 EGA	
245	1:23.33 L	P	Mackenzie Dekker	12	KLOO ETH	31/03/2025	SA Level 2 Champs 2025-KZN	

Individual Top Times

Times since: 01-May-24
Number of Top Times: All

Times until: 30-Apr-25
Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
246	1:23.34 L	F	Liné Schoeman	12	FISH EDD	28/03/2025	SA Level 2 Regional Age Group Champs
247	1:23.38 L	P	Qhanyiya Sizani	12	WWOL TSH	27/03/2025	SA Level 2 Champs 2025 EGA
248	1:23.40 L	F	Leah Wentzel	12	MARL CPT	25/01/2025	CTA Qualifying Meet 6 - (L2 & above)
249	1:23.41 L	P	Mijone Beyers	12	CA ECU	27/03/2025	SA Level 2 Champs 2025 EGA
250	1:23.42 L	P	Caroline Angius	12	STAR BPD	07/12/2024	NWS Championships 2024
251	1:23.69 L	P	Noluthando Nkosi	12	NSAD EZD	29/12 - 12	Mpumalanga Championships 2024
252	1:23.71 L	P	Taeya Roper	12	HPS TSH	27/03/2025	SA Level 2 Champs 2025-EGA
253	1:23.73 L	F	Emma Grobler	12	KZNA ETH	01/03/2025	Provincial Level 1 Age Group
254	1:23.84 L	F	Holli Tait	12	KLOO ETH	14/06/2024	AQZ Winter Warmer 2024
255	1:23.92 L	F	Lathitha Dewavrin	12	PEAS NMA	14/09/2024	3rd A League Gala 2024
256	1:23.99 L	F	Karli Karstens	12	FISH EDD	30/12 - 12	Eden LC Champs 2024
257	1:24.06 L	P	Nandile Shabalala	12	AQUA UTD	31/03/2025	SA Level 2 Champs 2025-KZN
258	1:24.16 L	F	Liane Muller	12	INFA NMA	31/01/2025	Infinity Gala 2025
259	1:24.24 L	F	Wilmie Fourie	12	UPSK ZMD	08/02/2025	NCASA SPRINTS 2025
260*	1:24.36 L	F	Mia Witbooi	12	RETR CPT	28/03/2025	SA Level 2 Regional Age Group Champs
260*	1:24.36 L	P	Karla Wolmarans	12	UPSK ZMD	28/03/2025	SA Level 2 Regional Age Group Champs
262	1:24.49 L	F	Lerina Thomas	12	SWAR WCD	28/03/2025	SA Level 2 Regional Age Group Champs
263	1:24.58 L	P	Lienke Van Wyk	12	BULS MAN	04/12/2024	Free State Champs 2024
264	1:24.59 L S	F	Abi Fourie	12	VINE CPT	25/01/2025	CTA Qualifying Meet 6 - (L2 & above)
265	1:24.61 L	F	Amore Breytenbach	12	QSAW CED	22/02/2025	Swartland Invitational Gala 2025
266	1:24.62 L	F	Sienna Goedhals	12	SPS BUF	03/02/2025	Buffalo City Primary School Trials 2025
267	1:24.72 L	P	Sydney Howes	12	HREF BPD	07/12/2024	NWS Championships 2024
268	1:24.93 L	P	Abijah Smith	12	NSFED	27/03/2025	SA Level 2 Champs 2025 EGA
269	1:24.97 L	F	Jade Sansom	12	CPRIM BUF	03/02/2025	Buffalo City Primary School Trials 2025
270	x1:24.99 L	F	Isabella Kent	12	SCHO CP	08/02/2025	WCA-B Champs - 2025
271	1:25.05 L	F	Chamé De Bruin	12	TUKS TSH	13/09/2024	NTS September Age Group 2024
272	1:25.19 L	P	Annika Schuch	12	RBOT BPD	07/12/2024	NWS Championships 2024
273*	1:25.30 L	P	Hope Churchman	12	SEALE ETH	02/07/2024	Prestige Tournament 2024
273*	1:25.30 L	F	Summer Fang	12	PEAS NMA	13/07/2024	1st A League Gala 2024
275	1:25.35 L	F	Ella Myburgh	12	INFA NMA	31/01/2025	Infinity Gala 2025
276	1:25.49 L	F	Lea Kotzé	12	LSM EZD	28/02/2025	NW School Championships 2025
277	1:25.57 L	P	Alexianne Metzger	12	SWIFT ECU	27/03/2025	SA Level 2 Champs 2025 EGA
278	1:25.81 L	F	Dominic De Jager	12	USH KCD	01/03/2025	Provincial Level 1 Age Group
279	1:25.93 L	F	Elmane' de Wet	12	BULS MAN	25/10/2024	Neptunes Gala
280	1:26.00 L	F	Mia Cyster	12	EVO CPT	09/12 - 12	Swartland Prestige Gala 2024
281	1:26.07 L	F	Zené Gouws	12	TASC MPD	29/12 - 12	Limpopo Champs 2024
282	1:26.14 L	P	Cayla Fourie	12	CSA EZD	29/12 - 12	Mpumalanga Championships 2024
283	1:26.17 L	F	Lisasa Faltein	12	PEAS NMA	13/12/2024	NMBA Championships 2024
284	1:26.24 L	F	Hiranya Moodley	12	USH KCD	25/01/2025	uShaka Champs 2025
285	1:26.25 L	P	Milla Da Silva	12	CA ECU	27/03/2025	SA Level 2 Champs 2025-EGA
286	1:26.33 L	F	Mila Pile	12	FISH EDD	30/12 - 12	Eden LC Champs 2024
287	1:26.38 L	P	Zahraa Essack	12	ATLA JHB	20/03/2025	SA Level 3 Champs 2025-NT
288	1:26.43 L	P	Anathi Qamba	12	FAC ECU	05/12/2024	EGA Summer Championships
289	1:26.47 L	P	Gabriella Bengell	12	BLNE MAN	28/03/2025	SA Level 2 Regional Age Group Champs
290	1:26.48 L	F	Madeleine de Villiers	12	EXP TSH	13/09/2024	NTS September Age Group 2024
291	1:26.52 L	F	Chanel Smit	12	ELEC TSH	12 - 12	NTS Level 1+2 October Age Group 2024
292	1:26.65 L	P	Mienke Grobler	12	BULS MAN	28/03/2025	SA Level 2 Regional Age Group Champs
293	1:26.67 L	F	Elsa Massawe	12	CA ECU	01/02/2025	EGA Last Chance Gala
294	1:26.76 L	F	Anika Bester	12	STGR XRD	06/12/2024	NCASA CHAMPS 2024
295	1:26.79 L	P	Retshepile Phalafala	12	MDOL JHB	20/03/2025	SA Level 3 Champs 2025-NT
296	1:27.15 L	P	Lethabo Nyandeni	12	TUKS TSH	27/03/2025	SA Level 2 Champs 2025-EGA
297	1:27.20 L	F	Alexis Visagie	12	BEST NMA	22/02/2025	Eastern Cape School Provincial Trials
298	1:27.22 L	P	Dwala Magagula	12	TRAZ TSH	27/03/2025	SA Level 2 Champs 2025-EGA
299	1:27.51 L	F	Nina Koen	12	FISH EDD	17/10/2024	43rd Freda Barnard Invitational Gala
300	1:27.53 L	F	Larique Pretorius	12	KTS	15/02/2025	AGE GROUP 6 KATHU 2025
301*	1:27.85 L	F	Le-May Van Zyl	12	ELRAS WBD	12/10/2024	Limpopo Age Group 4
301*	1:27.85 L	F	Zoe Andrews	12	CA ECU	01/02/2025	EGA Last Chance Gala
301*	1:27.85 L	F	Talia Grantham	12	PSCP UMD	01/03/2025	Provincial Level 1 Age Group
304	1:27.97 L	F	Kgalalelo Makoloi	12	AZON ETH	25/01/2025	uShaka Champs 2025

Individual Top Times

Times since: 01-May-24
Number of Top Times: All

Times until: 30-Apr-25
Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
305	1:27.98 L	F	Elizabeth Willemse	12	VHD ZLD	07/12/2024	Stingrays Champs 2024	
306	1:28.02 L	P	Manisha Warne	12	NSFED	27/03/2025	SA Level 2 Champs 2025 EGA	
307	1:28.26 L	F	Nellamari Fourie	12	AGAQ QBD	28/03/2025	SA Level 2 Regional Age Group Champs	
308	1:28.29 L	F	Kenzy Barnard	12	FISH EDD	17/10/2024	43rd Freda Barnard Invitational Gala	
309	1:28.36 L	P	Cayla Cunningham	12	TRAZ TSH	27/03/2025	SA Level 2 Champs 2025-EGA	
310*	1:28.57 L	P	Rachel Konigkramer	12	PSCP UMD	31/03/2025	SA Level 2 Champs 2025-KZN	
310*	1:28.57 L	F	Isabellea Dhassiah	12	RETR CPT	28/03/2025	SA Level 2 Regional Age Group Champs	
312	1:28.62 L	F	Sade Kenny	12	SRAY BUF	01/02/2025	BCA Feb Age Group Gala 2025	
313	1:28.78 L	F	Leandi Liebenberg	12	SS MPD	29/12 - 12	Limpopo Champs 2024	
314	1:28.86 L	P	Amogelang Mamabolo	12	HARB BPD	07/12/2024	NWS Championships 2024	
315	1:28.92 L	F	Micah Louw	12	MANT CPT	08/02/2025	WCA-B Champs - 2025	
316	1:28.94 L	F	Zizipho Ginindza	12	WWOL TSH	13/09/2024	NTS September Age Group 2024	
317	1:28.95 L	F	Cara van Wyk	12	BARR CPT	28/03/2025	SA Level 2 Regional Age Group Champs	
318	1:29.02 L	F	Zara Field	12	SAAW CPT	02/12 - 12	CTA A & B CHAMPS 2024	
319	1:29.12 L	P	Leah-Bella Budram	12	PSCP UMD	02/07/2024	Prestige Tournament 2024	
320	1:29.14 L	P	Maya Sissing	12	TUKS TSH	27/03/2025	SA Level 2 Champs 2025 EGA	
321	1:29.23 L	P	Tenele Taole	12	SWIFT ECU	05/12/2024	EGA Summer Championships	
322	1:29.38 L	F	Mieke Smit	12	UNI EZD	31/01/2025	AG 5 MP SA SCHOOLS TRIALS 31 JAN	
323	1:29.50 L	F	Lonela Mpikeleli	12	PAC TSH	13/09/2024	NTS September Age Group 2024	
324	1:29.73 L	P	Tsakile Mahumane	12	NSAD EZD	29/12 - 12	Mpumalanga Championships 2024	
325	1:29.90 L	P	Emma Venter	12	PSCP UMD	31/03/2025	SA Level 2 Champs 2025-KZN	
326	1:29.95 L	F	Katie Van den Heever	12	UNIU EZD	01/12 - 12	MP AGE GROUP 3 1-2 NOV 2024	
327	1:30.00 L	F	Jana Booysen	12	CUHE QBD	08/02/2025	WCA-B Champs - 2025	
328	1:30.16 L	F	Imke Swanepoel	12	FISH EDD	02/12 - 12	EDEN 2nd A-League Gala 2024 Schools	
329	1:30.49 L	F	Dikgang Mokgele	12	MAKO ECU	01/02/2025	EGA Last Chance Gala	
330	1:30.57 L	F	Alexei Slabbert	12	ASAC CPT	08/02/2025	WCA-B Champs - 2025	
331	1:30.78 L	P	Alexa Steenkamp	12	CPSC! TS	27/03/2025	SA Level 2 Champs 2025 EGA	
332	1:30.91 L	F	Malin Swart	12	GPS EDD	03/02/2025	Buffalo City Primary School Trials 2025	
333	1:31.35 L	P	Katelyn Naidoo	12	CA ECU	27/03/2025	SA Level 2 Champs 2025-EGA	
334	1:31.84 L	F	Luniko Manise	12	WALM CPT	02/12 - 12	CTA A & B CHAMPS 2024	
335	1:32.25 L	F	Vibha Fakir	12	HPPS BUF	03/02/2025	Buffalo City Primary School Trials 2025	
336	1:32.27 L	F	Aaminah Spruit	12	WEST CPT	09/12 - 12	Swartland Prestige Gala 2024	
337	1:32.30 L	F	Mia Benade	12	UPSK ZMD	01/03/2025	NC PROVINCIAL LEVEL 0 & 1	
338	1:32.88 L	F	Ziyada Tekle	12	USC BUF	13/12/2024	NMBA Championships 2024	
339	1:32.90 L	F	Amogelang Kutu	12	SS MPD	29/12 - 12	Limpopo Champs 2024	
340	1:32.94 L	F	Nicole Jonas	12	PLAY CED	17/10/2024	43rd Freda Barnard Invitational Gala	
341	1:33.14 L	F	Liané Stoltz	12	UNIU EZD	01/03/2025	SSA LEVEL 1 REGIONAL CHAMPS	
342	1:33.26 L S	F	Ashleigh Petersen	12	INFA NMA	17/01/2025	6th A League Gala 2025	
343	1:33.32 L	F	Lume Fourie	12	TINC TSH	12 - 12	NTS Level 1+2 October Age Group 2024	
344	1:33.36 L	F	Lungile Ndaba	PR	VASA ECU	22/02/2025	EGA Lets Sprint Incorp Gauteng Schools	
345	1:33.44 L	F	Tahlia Roelofsz	12	VHD ZLD	07/12/2024	Stingrays Champs 2024	
346	1:33.52 L	F	Unarine Mulaudzi	12	PGAC ECU	01/02/2025	EGA Last Chance Gala	
347	1:33.53 L	F	Shayla Quin	12	SS MPD	09/12 - 12	Limpopo Age Group 5	
348	1:33.59 L	F	Keira Lin	12	CYBE CPT	02/12 - 12	CTA A & B CHAMPS 2024	
349	1:33.72 L	F	Thatohatsi Masomba	12	THOK ECU	22/02/2025	EGA Lets Sprint Incorp Gauteng Schools	
350	1:33.77 L	F	Tumisho Mojapelo	12	WWOL TSH	13/09/2024	NTS September Age Group 2024	
351	1:33.80 L	F	Almmz Plaatjies	12	WEST CPT	09/12 - 12	Swartland Prestige Gala 2024	
352	1:34.36 L	F	Kyla De Beer	12	SS MPD	29/12 - 12	Limpopo Champs 2024	
353	1:34.60 L	F	Taylor Kotzee	12	GAA CPT	22/02/2025	Swartland Invitational Gala 2025	
354	1:34.83 L	P	Mia Ciampi	12	TUKS TSH	27/03/2025	SA Level 2 Champs 2025-EGA	
355	1:34.99 L	P	Dominique Birkenstock	12	JAQ ECU	05/12/2024	EGA Summer Championships	
356*	1:35.00 L	F	Skyler Engelbrecht	12	CAMB P BUF	03/02/2025	Buffalo City Primary School Trials 2025	
356*	1:35.00 L	F	Michaela Hirst	12	MCS BP	28/02/2025	NW School Championships 2025	
358	1:35.10 L	P	Nyandano Madaba	12	FAC ECU	05/12/2024	EGA Summer Championships	
359	1:35.83 L	F	Menieke Rowe-Rowe	12	UPS NMA	18/02/2025	Inter Primary 2025	
360	1:35.88 L	F	Reaoboka Moloi	12	MAKO ECU	12/10/2024	EGA Summer 2	
361	1:35.91 L	P	Leandi Swarts	12	PSA ZLD	31/03/2025	SA Level 2 Champs 2025-KZN	
362	1:36.05 L	F	Tshiamo Mlangeni	12	UNI EZD	14/02/2025	MP AGE GROUP 6 GALA 14-15	
363	1:36.42 L	F	Eryn Botwood	12	CA ECU	01/02/2025	EGA Last Chance Gala	

Individual Top Times

Times since: 01-May-24
Number of Top Times: All

Times until: 30-Apr-25
Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
364	1:36.48 L	F	Izabella Botha	12	BLMA CPT	22/02/2025	Swartland Invitational Gala 2025
365	1:36.74 L	F	Shyla Lutchman	12	VINE CPT	02/12 - 12	CTA A & B CHAMPS 2024
366	1:37.08 L	F	Nika Smit	12	BS LLD	02/12 - 12	Heidedal
367	1:37.16 L	F	Marion Münch	12	RUSTL BP	28/02/2025	NW School Championships 2025
368	1:37.79 L	F	Catharina Coetzer	12	QUIC CPT	22/02/2025	Swartland Invitational Gala 2025
369	1:38.89 L	F	Salma Lee	12	MANT CPT	22/02/2025	Swartland Invitational Gala 2025
370	1:39.27 L	P	Mia-Marie van Zyl	12	HREF BPD	07/12/2024	NWS Championships 2024
371	1:40.20 L	F	Masego Monakedi	12	FISH EDD	30/12 - 12	Eden LC Champs 2024
372	1:40.39 L	F	Mosa Seboko	12	WSS LLD	15/12 - 12	Valsrivier Gala 2024
373	1:40.98 L	F	Zaida Hendricks	12	WALM CPT	02/12 - 12	CTA A & B CHAMPS 2024
374	1:41.17 L	F	Charlie De Wet	12	MANT CPT	22/02/2025	Swartland Invitational Gala 2025
375	1:41.48 L	F	Hanaan Hendricks	12	TYGE CPT	09/12 - 12	Winelands SL4
376	1:41.61 L	F	Khanyisa Mqeke	12	WELA LLD	01/03/2025	Provincial Level 1 Age Group
377	1:41.66 L	F	Emily Sayers	12	MANT CPT	22/02/2025	Swartland Invitational Gala 2025
378	1:41.75 L	F	Basse Molai	12	BULS MAN	19/10/2024	Pelicans Gala 2
379	1:42.05 L	F	Lily Lucas	12	KHAY CPT	17/10/2024	43rd Freda Barnard Invitational Gala
380	1:42.14 L	F	Madyson le Roux	12	POTC KKD	09/12 - 12	NWS Age Group 1 & 2 2024
381	1:42.22 L	F	Emma Canham	12	PELIC MAN	01/03/2025	Provincial Level 1 Age Group
382	1:42.37 L	F	Madison Neethling	12	CPPS NMA	22/02/2025	Eastern Cape School Provincial Trials
383	1:42.71 L	F	Isabel Erasmus	12	CPPS NMA	08/02/2025	Nelson Mandela Bay Schools Trials & 1st
384	1:43.08 L	F	Milan Booysen	12	BLOT MAN	04/12/2024	Free State Champs 2024
385	1:43.12 L	F	Kyleigh Shelton	12	ESTR ECU	12/10/2024	EGA Summer 2
386	1:43.78 L	F	Cayla van Zyl	12	AWIN TSH	12 - 12	NTS Level 1+2 October Age Group 2024
387	1:44.01 L	F	Penelope Mullineux	12	AASC EZD	14/02/2025	MP AGE GROUP 6 GALA 14-15
388	1:44.10 L	P	Larissa Shaetonhodi	12	NSFED	27/03/2025	SA Level 2 Champs 2025 EGA
389	1:44.12 L	F	Annemi Loots	12	SWAR WCD	09/12 - 12	Swartland Prestige Gala 2024
390	1:44.21 L	F	Elizabeth Gouws	12	KNYA EDD	02/12 - 12	EDEN 2nd A-League Gala 2024 Schools
391	1:44.29 L	P	Khanya Ramone	12	MATL KKD	07/12/2024	NWS Championships 2024
392	1:44.68 L	F	Meagan Lee	12	HHPS NMA	08/02/2025	Nelson Mandela Bay Schools Trials & 1st
393	1:45.30 L	F	Tionie Groenewald	12	TGA WCD	09/12 - 12	Swartland Prestige Gala 2024
394	1:45.77 L	F	Mpilehle Diadla	12	NSAD EZD	01/03/2025	SSA LEVEL 1 REGIONAL CHAMPS
395	1:46.06 L	F	Noorjhan Samie	12	MANT CPT	22/02/2025	Swartland Invitational Gala 2025
396	1:46.51 L	F	Elri de Wet	12	STGR XRD	08/02/2025	NCASA SPRINTS 2025
397	1:47.33 L	F	Lisa De Vos	12	NAE EZD	12 - 12	MP AGE GROUP 2 (12 - 12
398	1:47.85 L	F	Katia Cerone	12	HAAG UTD	01/03/2025	Provincial Level 1 Age Group
399	1:48.66 L	F	Mila Schutte	12	BARR CPT	09/12 - 12	Swartland Prestige Gala 2024
400	1:49.42 L	F	Oarona Komote	12	WWOL TSH	13/09/2024	NTS September Age Group 2024
401	1:49.60 L	F	Relebohile Maduna	12	PELIC MAN	04/12/2024	Free State Champs 2024
402	1:50.08 L	F	Stacy McGurk	12	TYGE CPT	22/02/2025	Swartland Invitational Gala 2025
403	1:50.31 L	F	Khumo Goeieman	12	KALA	08/02/2025	NCASA SPRINTS 2025
404	1:50.37 L	F	Mokgabo Monnana	12	LEBII BP	28/02/2025	NW School Championships 2025
405	1:51.90 L	F	Emily Muller	12	BLS KK	28/02/2025	NW School Championships 2025
406	1:52.44 L	F	Nalin Pillay	12	WEST CPT	09/12 - 12	Swartland Prestige Gala 2024
407	1:52.80 L	F	Miyanke Landmann	12	BETH FDD	01/03/2025	Provincial Level 1 Age Group
408	1:54.63 L S	F	Lilya Godwin	12	CYBE CPT	21/09/2024	CTA INVITATIONAL LC MEET
409	1:55.80 L	F	Heidi Jarvis	12	PAHS NMA	08/02/2025	Nelson Mandela Bay Schools Trials & 1st
410	1:56.61 L	F	Lanah Munro	12	TPS BPD	08/02/2025	BCSA High School Trials 2025
412	2:01.18 L	F	Okuhle Zungu	12	USH KCD	01/03/2025	Provincial Level 1 Age Group
412	2:01.72 L	F	Madison Jacobs	12	XCEL CPT	09/12 - 12	Swartland Prestige Gala 2024
413	2:01.75 L	F	Anke Nel	12	QUIC CPT	09/12 - 12	Swartland Prestige Gala 2024
414	2:04.12 - 12 L	P	Mosa Lepholletse	12	MAHD NMD	07/12/2024	NWS Championships 2024
415	2:04.20 L	F	Hyla-Louise Pennells	12	TUKS TSH	12 - 12	NTS Level 1+2 October Age Group 2024
416	2:04.35 L	F	Leanolaona Molosi	12	UPSK ZMD	01/03/2025	NC PROVINCIAL LEVEL 0 & 1
417	2:04.47 L	F	Thembaletu Zulu	12	FRA KCD	26/10/2024	Froggies Aquatics Championships 2024
418	2:06.68 L	F	Lukhona Nsele	12	FRA KCD	26/10/2024	Froggies Aquatics Championships 2024
419	2:09.32 L	F	Elethu Maqabangqa	12	KHAY CPT	17/10/2024	43rd Freda Barnard Invitational Gala
420	2:13.50 L	F	Isabel Charles	12	WWP NMA	08/02/2025	Nelson Mandela Bay Schools Trials & 1st
421	2:15.07 L	F	Abenathi Mzimela	12	USH KCD	01/03/2025	Provincial Level 1 Age Group
422	2:21.90 L	F	Nokubonga Buda	12	ESP ECU	12/10/2024	EGA Summer 2

Individual Top Times

Times since: 01-May-24 **Times until: 30-Apr-25**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
Women 12 - 12 -12 200 Free							
1	2:16.07 L	F	Shalea Hamilton	12	BEST NMA	31/01/2025	Infinity Gala 2025
2	2:16.73 L	F	Shiloh Cruywagen	12	SEAL UMD	25/04/2025	SA National Junior Age Grou-WCA
3	2:18.71 L	F	Evie du Plessis	12	BLOT MAN	25/04/2025	SA National Junior Age Grou-WCA
4	2:18.92 L	F	Victoria Meyburgh	12	CA ECU	25/04/2025	SA National Junior Age Grou-WCA
5	2:20.37 L	F	Riley Haupt	12	CA ECU	25/04/2025	SA National Junior Age Grou-WCA
6	2:22.41 L	P	Ava Bosch	12	DRGN JHB	25/04/2025	SA National Junior Age Grou-WCA
7	2:22.46 L	P	Mackenzie Raffle	12	CA ECU	25/04/2025	SA National Junior Age Grou-WCA
8	2:23.50 L	P	Aqeelah Williams	12	UWCA CPT	05/12/2024	Western Cape LC-A Championship 2024
9	2:24.66 L	P	Oyama Baqwa	12	SGUL ETH	25/04/2025	SA National Junior Age Grou-WCA
10	2:25.02 L	F	Mikaela Lotz	12	PAC TSH	25/04/2025	SA National Junior Age Grou-WCA
12 -	2:26.50 L	F	Mia Jansen van Rensburg	12	WCS	05/04/2025	SA Schools Swimming Championship
12	2:27.16 L	P	Mienke Kok	12	INFA NMA	25/04/2025	SA National Junior Age Grou-WCA
13	2:27.23 L	P	Jessica Jansen van Vuuren	12	SEAL UMD	25/04/2025	SA National Junior Age Grou-WCA
14	2:27.44 L	F	Noa Sebastiao	12	TUKS TSH	20/03/2025	SA Level 3 Champs 2025-NT
15	2:27.90 L	P	Amelie Billson	12	CASC CPT	25/04/2025	SA National Junior Age Grou-WCA
16	2:27.99 L	P	Zara Lockitch	12	CYBE CPT	25/04/2025	SA National Junior Age Grou-WCA
17	2:30.01 L	P	Katherine Harrop-Allin	12	CSC TSH	25/04/2025	SA National Junior Age Grou-WCA
18	2:30.12 - 12 L	F	Jamie Els	12	AQDO CPT	20/03/2025	SA Level 3 Regional Age Group
19	2:30.16 L	F	Charlotte Hofinger	12	ASAC CPT	20/03/2025	SA Level 3 Regional Age Group
20	2:30.31 L	P	Johané Burger	12	ROA EDD	25/04/2025	SA National Junior Age Grou-WCA
21	2:30.72 L	P	Nina Pieterse	12	DESA NMA	25/04/2025	SA National Junior Age Grou-WCA
22	2:30.80 L	P	Ruvarashe Chibharo	12	TYGE CPT	25/04/2025	SA National Junior Age Grou-WCA
23	2:30.84 L	F	Emma Van Deventer	12	KZNS	05/04/2025	SA Schools Swimming Championship
24	2:31.76 L	F	Arya De Sousa	12	TRAZ TSH	22/02/2025	EGA Lets Sprint Incorp Gauteng Schools
25	2:31.95 L	P	Sophia Gullan	12	VINE CPT	20/03/2025	SA Level 3 Regional Age Group
26	2:32.01 L	F	Alexis Visser	12	MAKO ECU	22/02/2025	EGA Lets Sprint Incorp Gauteng Schools
27	2:32.08 L	F	Laila Christie	12	USC BUF	20/03/2025	SA Level 3 Regional Age Group
28	2:32.33 L	F	Chisi Magubbwi	12	RSA	04/12/2024	XX AA Zone IV LC Championships 4-7
29	2:32.51 L	F	Georgia Sabbagha	12	PAQU CED	08/02/2025	Winelands SL Final
30	2:33.39 L	P	Kara De Wit	12	RFA TSH	25/04/2025	SA National Junior Age Grou-WCA
31	2:33.66 L	P	Grace Julies	12	XCEL CPT	25/04/2025	SA National Junior Age Grou-WCA
32	2:33.79 L	P	Anna Horn	12	XCEL CPT	14/02/2025	Western Cape Elite Gala 2025
33	2:33.84 L	F	Elizabeth Roth	12	PEAS NMA	31/01/2025	Infinity Gala 2025
34	2:33.88 L	F	Gia Heldsinger	12	SSISA CPT	20/03/2025	SA Level 3 Regional Age Group
35	2:33.91 L	F	Liane Van Zyl	12	UPSK ZMD	20/03/2025	SA Level 3 Regional Age Group
36	2:34.05 L	P	Ava Grebe	12	CUHE OBD	20/03/2025	SA Level 3 Regional Age Group
37	2:34.47 L	F	Wilhelmina Erasmus	12	ELRAS WBD	29/12 - 12	Limpopo Champs 2024
38	2:34.92 L	P	Mignon Swart	12	MPS NGD	05/04/2025	SA Schools Swimming Championship
39	2:35.13 L	P	Ineke Van Maarleveld	12	ACAQ CCD	20/03/2025	SA Level 3 Champs 2025-NT
40	2:35.50 L	P	Emily Koegelenberg	12	XCEL CPT	20/03/2025	SA Level 3 Regional Age Group
41	2:35.54 L	P	Brooklyn Terwin	12	USC BUF	20/03/2025	SA Level 3 Regional Age Group
42	2:35.58 L	F	Milani Butau	12	BEST NMA	20/03/2025	SA Level 3 Regional Age Group
43	2:36.08 L	F	Kate Cheshire	12	MDOL JHB	20/03/2025	SA Level 3 Champs 2025-NT
44	2:36.51 L	F	Carinke Wessels	12	BLOT MAN	04/12/2024	Free State Champs 2024
45	2:36.93 L	P	Jasmine Woodburn	12	MDOL JHB	20/03/2025	SA Level 3 Champs 2025-NT
46	2:37.30 L	P	Jovanah McGluwa	12	CASC CPT	20/03/2025	SA Level 3 Regional Age Group
47	2:37.43 L	P	Saffiya Emjedi	12	SAAW CPT	20/03/2025	SA Level 3 Regional Age Group
48	2:37.88 L	F	Nina Oosthuizen	12	NSAD EZD	12 - 12	MP AGE GROUP 2 (12 - 12
49	2:37.92 L	P	Samantha Wilson	12	INFA NMA	20/03/2025	SA Level 3 Regional Age Group
50	2:38.18 L	P	Kathryn Nolan	12	MDOL JHB	20/03/2025	SA Level 3 Champs 2025-NT
51	2:38.46 L	P	Caitlin Barnes	12	SAAW CPT	20/03/2025	SA Level 3 Regional Age Group
52	2:38.56 L	P	Megan Jacobs	12	WSTV ETH	02/07/2024	Prestige Tournament 2024
53	2:38.63 L	P	Taylor Ten Napel	12	BEAV ETH	25/04/2025	SA National Junior Age Grou-WCA
54	2:39.05 L	P	Olivia Kruger	12	PLAY CED	20/03/2025	SA Level 3 Regional Age Group
55	2:39.07 L	P	Zara Jantjies	12	MANT CPT	05/12/2024	Western Cape LC-A Championship 2024
56	2:39.21 L	P	Emma Cullis	12	VINE CPT	25/04/2025	SA National Junior Age Grou-WCA
57	2:39.22 L	P	Mikayla Jordaan	12	CASC CPT	20/03/2025	SA Level 3 Regional Age Group
58	2:39.30 L	P	Paiton Van Der Merwe	12	CA ECU	20/03/2025	SA Level 3 Champs 2025-NT

Individual Top Times

Times since: 01-May-24
Number of Top Times: All

Times until: 30-Apr-25
Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
59	2:39.35 L	P	Chloe Rautenbach	12	UNIU EZD	20/03/2025	SA Level 3 Champs 2025-NT	
60	2:39.42 L	F	Olivia Meyburgh	12	CA EKU	18/01/2025	EGA Summer 5	
61	2:39.90 L	F	Olwenelo Ngema	12	FRA KCD	26/03/2025	SA Level 3 Regional Age Group	
62	2:39.95 L	F	Inge Du Plessis	12	LSTZN CCD	01/02/2025	Limpopo School Champs & Limpopo AG	
63	2:40.17 L	P	Lara Greyling	12	TNDER FDD	04/12/2024	Free State Champs 2024	
64	2:40.23 L	P	Barcelona Xaba	12	SASE JHB	25/04/2025	SA National Junior Age Grou-WCA	
65	2:40.40 L	P	Jua Jonker	12	POTC KKD	07/12/2024	NWS Championships 2024	
66	2:40.54 L	F	Jadine Grobler	12	LSKP WB	01/02/2025	Limpopo School Champs & Limpopo AG	
67	2:40.70 L	F	Alize Engelbrecht	12	CSA EZD	01/12 - 12	MP AGE GROUP 3 1-2 NOV 2024	
68	2:40.79 L	F	Nicoline Du Preez	12	LSM EZD	28/02/2025	NW School Championships 2025	
69	2:41.63 L	P	Amber Spence	12	ELEC TSH	20/03/2025	SA Level 3 Champs 2025-NT	
70	2:42.19 L	P	Phillipa Williams	12	SOUL EKU	20/03/2025	SA Level 3 Champs 2025-NT	
71	2:42.25 L	P	Nokutenda Tembo	12	KNYA EDD	20/03/2025	SA Level 3 Regional Age Group	
72	2:42.35 L	F	Sisanda Palframan	12	SEAL UMD	26/03/2025	SA Level 3 Regional Age Group	
73	2:42.51 L	P	Alex Theron	12	CASC CPT	20/03/2025	SA Level 3 Regional Age Group	
74	2:42.56 L	P	Kirsten Cupido	12	CYBE CPT	20/03/2025	SA Level 3 Regional Age Group	
75	2:42.95 L	P	Olivia Nel	12	CLA WCD	20/03/2025	SA Level 3 Regional Age Group	
76	2:43.00 L	P	Isabella Vreenegoor	12	CRSC JHB	20/03/2025	SA Level 3 Champs 2025-NT	
77	2:43.08 L	F	Nadelija Pillay	12	VHD ZLD	26/03/2025	SA Level 3 Regional Age Group	
78	2:43.12 L	F	Karlia Degenaar	12	TUKS TSH	18/10/2024	NTS Level 3+ October Age Group 2024	
79	2:43.39 L	P	Jada Hendricks	12	TYGE CPT	20/03/2025	SA Level 3 Regional Age Group	
80	2:43.41 L	P	Jazmin Anthony	12	PAQU CED	20/03/2025	SA Level 3 Regional Age Group	
81	2:43.43 L	P	Christie Snyders	12	VALS FDD	04/12/2024	Free State Champs 2024	
82	2:43.50 L	P	Danica Marrier D'Unienville	12	KLOO ETH	26/03/2025	SA Level 3 Regional Age Group	
83	2:43.65 L	P	Ella Adams	12	TYGE CPT	05/12/2024	Western Cape LC-A Championship 2024	
84	2:43.77 L	F	Lumka Zamisa	12	HREF BPD	07/12/2024	NWS Championships 2024	
85	2:43.98 L	P	Kayla Kleynhans	12	ROA EDD	20/03/2025	SA Level 3 Regional Age Group	
86	2:44.13 L	P	Ayvah Jacob	12	RACE JHB	20/03/2025	SA Level 3 Champs 2025-NT	
87	2:44.32 L	P	Mia Vorster	12	WELA LLD	20/03/2025	SA Level 3 Champs 2025-NT	
88	2:44.54 L	F	Kaitlyn Haynes-Smart	12	VINE CPT	08/02/2025	WCA-B Champs - 2025	
89	2:44.55 L	F	Sienna Barenblatt	12	STAQ CED	28/03/2025	SA Level 2 Regional Age Group Champs	
90	2:44.56 L	P	Emily Hengst	12	CASC CPT	20/03/2025	SA Level 3 Regional Age Group	
91	2:44.84 L	P	Jemma Lloyd	12	VINE CPT	20/03/2025	SA Level 3 Regional Age Group	
92	2:45.12 L	F	Annabel Meyer	12	BULS MAN	31/08/2024	Seals Gala	
93	2:45.14 L	F	Marizelle Vermaak	12	GHS BP	28/02/2025	NW School Championships 2025	
94	2:45.22 L	P	Kayla-Anne Walker	12	CYBE CPT	20/03/2025	SA Level 3 Regional Age Group	
95	2:45.32 L	F	Mia Van de Vyver	12	QSAW CED	08/02/2025	WCA-B Champs - 2025	
96	2:45.59 L	P	Chloe-Leigh Jurgens	12	MANT CPT	05/12/2024	Western Cape LC-A Championship 2024	
97	2:45.68 L	F	Sophia Hutchison	12	GHSK	08/02/2025	NCASA SPRINTS 2025	
98	2:45.80 L	P	Inge Shaw	12	LALE CED	20/03/2025	SA Level 3 Regional Age Group	
99	2:46.22 L	P	Lily Hoar	12	KLOO ETH	26/03/2025	SA Level 3 Regional Age Group	
100	2:46.30 L	F	Shelby Schoeman	12	CA EKU	15/12 - 12	Summer 4 Delville	
101	2:46.36 L	P	Charné De Bruin	12	TUKS TSH	20/03/2025	SA Level 3 Champs 2025-NT	
102	2:46.77 L	P	Ella Leonard	12	BLUO UGD	31/03/2025	SA Level 2 Champs 2025-KZN	
103	2:46.87 L	F	Mienke Pretorius	12	KALA	08/02/2025	NCASA SPRINTS 2025	
104	2:47.12 - 12 L	F	Gabrielle Brooks	12	INFA NMA	17/10/2024	43rd Freda Barnard Invitational Gala	
105	2:47.17 L	F	Elah-Mae Budram	12	PSCP UMD	08/03/2025	Invitational Meet 2025	
106	2:47.23 L S	F	Jessica Arenz	12	MANT CPT	02/12 - 12	CTA A & B CHAMPS 2024	
107	2:47.41 L	F	Bonaventure Makore	12	ASAC CPT	08/02/2025	WCA-B Champs - 2025	
108	2:47.47 L	P	Taylor-Rose Botes	12	CA EKU	20/03/2025	SA Level 3 Champs 2025-NT	
109	2:47.48 L	F	Hlumisa Mfabe	12	USC BUF	22/12 - 12	BCA Long Course Championships 2024	
12 -	2:47.49 L	P	Tatum Van Zijl	12	OHAN ILD	26/03/2025	SA Level 3 Regional Age Group	
12 -	2:47.70 L	P	Megan Palmer	12	AFIN JHB	20/03/2025	SA Level 3 Champs 2025-NT	
12 -	2:47.74 L	P	Gia Newkirk	12	TYGE CPT	20/03/2025	SA Level 3 Regional Age Group	
12 -	2:47.81 L	F	Lia van Heerden	12	BS LLD	04/12/2024	Free State Champs 2024	
12 -	2:47.96 L	F	Sloan Warner	12	INFA NMA	22/02/2025	Eastern Cape School Provincial Trials	
12 -*	2:48.02 L	P	Cayleigh Machill	12	BARA EKU	20/03/2025	SA Level 3 Champs 2025-NT	
12 -*	2:48.02 L	P	Mali Louw	12	WELL CED	20/03/2025	SA Level 3 Regional Age Group	
12 -	2:48.16 L	F	Amelia-Rose Schutzler	12	HARL BUF	22/02/2025	Eastern Cape School Provincial Trials	

Individual Top Times

Times since: 01-May-24
Number of Top Times: All

Times until: 30-Apr-25
Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
12 -	2:48.30 L	P	Annabella Venter	12	VRC TSH	29/12 - 12	CGA Championships 2024
12 -	2:48.41 L	P	Sarah-Kate Odendaal	12	PAC TSH	25/04/2025	SA National Junior Age Grou-WCA
120	2:48.61 L	F	Liane' Pienaar	12	TUKS TSH	12 - 12	NTS Level 1+2 October Age Group 2024
121	2:48.72 L	P	Leila Parker	12	SSISA CPT	20/03/2025	SA Level 3 Regional Age Group
122	2:48.73 L	P	Milla Christensen	12	WELL CED	20/03/2025	SA Level 3 Regional Age Group
123	2:48.93 L	P	Kara Pretorius	12	SSISA CPT	05/12/2024	Western Cape LC-A Championship 2024
124*	2:49.52 L	F	Ziane Drenth	12	AWIN TSH	13/09/2024	NTS September Age Group 2024
124*	2:49.52 L	P	Sarah Schofield	12	SEALE ETH	26/03/2025	SA Level 3 Regional Age Group
126	2:50.21 L	P	Sophie Kretzmann	12	USC BUF	20/03/2025	SA Level 3 Regional Age Group
127	2:50.27 L	F	Miané Logan	12	TUKS TSH	27/03/2025	SA Level 2 Champs 2025 EGA
128	2:50.34 L	F	Ella Kalp	12	AZON ETH	14/06/2024	AQZ Winter Warmer 2024
129	2:50.36 L S	P	Isabella Goncalves	12	SOUL ECU	05/12/2024	EGA Summer Championships
130	2:50.41 L	P	Zia Habib	12	MDOL JHB	29/12 - 12	CGA Championships 2024
131	2:50.43 L	F	Alexis De Witt	12	TUKS TSH	18/10/2024	NTS Level 3+ October Age Group 2024
132	2:50.63 L	P	Isabella Haldane	12	FISH EDD	20/03/2025	SA Level 3 Regional Age Group
133	2:50.76 L	F	Grizelda Janse van Rensburg	12	NWUC KKD	28/03/2025	SA Level 2 Regional Age Group Champs
134	2:50.84 L	F	Zingce Mfabe	12	CPRIM BUF	03/02/2025	Buffalo City Primary School Trials 2025
135	2:50.96 L	F	Mia Marais	12	TRAZ TSH	27/03/2025	SA Level 2 Champs 2025-EGA
136	2:51.03 L	F	Jenna Nieuwoudt	12	SWAR WCD	22/02/2025	Swartland Invitational Gala 2025
137	2:51.17 L	F	Xia Jacobs	12	WSTV ETH	26/03/2025	SA Level 3 Regional Age Group
138	2:51.75 L	F	Emma Ristow	12	USC BUF	01/02/2025	BCA Feb Age Group Gala 2025
139	2:51.92 L	F	Mikaela Van Heerden	12	TUKS TSH	21/02/2025	NTS Age Group Feb Tuks
140	2:52.66 L	P	Leah Du Plessis	12	PEAS NMA	20/03/2025	SA Level 3 Regional Age Group
141	2:53.03 L	P	Ava van der Mescht	12	DESA NMA	20/03/2025	SA Level 3 Regional Age Group
142	2:53.05 L	F	Rirhandzu Chauke	12	DORE JHB	25/01/2025	CGA Summer Gala #4 Level 2+ 25 Jan
143	2:53.24 L	F	Qhanyiya Sizani	12	WWOL TSH	27/03/2025	SA Level 2 Champs 2025-EGA
144	2:53.26 L	F	Oyama Tuta	12	PELIC MAN	27/09/2024	Seals Gala 2
145	2:53.40 L	P	Caitlin McDowell	12	ESP ECU	20/03/2025	SA Level 3 Champs 2025-NT
146	2:53.48 L	F	Madison Harris	12	SOUL ECU	15/12 - 12	Summer 4 Delville
147	2:53.62 L	F	Carlie van der Veen	12	VRC TSH	13/09/2024	NTS September Age Group 2024
148	2:53.98 L	P	Leane Nel	12	EXP TSH	20/03/2025	SA Level 3 Champs 2025-NT
149	2:54.05 L	P	Kiarah Beukes	12	AWIN TSH	27/03/2025	SA Level 2 Champs 2025-EGA
150	2:54.81 L S	F	Emilie Conradie	12	SAAW CPT	02/12 - 12	CTA A & B CHAMPS 2024
151	2:55.12 L	P	Lara Ainslie	12	LINR JHB	29/12 - 12	CGA Championships 2024
152	2:55.18 L	F	Machayda Titus	12	MARL CPT	28/03/2025	SA Level 2 Regional Age Group Champs
153	2:55.25 L	F	Danika Steyn	12	KSC EZD	29/12 - 12	Mpumalanga Championships 2024
154	2:55.35 L	F	Ella Voysey	12	VINE CPT	08/02/2025	WCA-B Champs - 2025
155	2:55.39 L	F	Elizabeth Vd Berg	12	TUKS TSH	21/02/2025	NTS Age Group Feb Tuks
156	2:55.41 L	F	Yvette Louw	12	TYGE CPT	25/01/2025	CTA Qualifying Meet 6 - (L2 & above)
157	2:55.52 L	F	Alyssa Coetzer	12	AZON ETH	25/01/2025	uShaka Champs 2025
158	2:55.65 L	F	Amoussou Viwassi	12	LINR JHB	15/02/2025	CGA Summer Gala #6 Level 2+ 15 Feb
159	2:55.84 L	P	Alexia Smith	12	WATR JHB	20/03/2025	SA Level 3 Champs 2025-NT
160	2:56.07 L	P	Summer Moonsamy	12	BEAV ETH	31/03/2025	SA Level 2 Champs 2025-KZN
161	2:56.31 L	F	Abigail Paice	12	SOUL ECU	15/12 - 12	Summer 4 Delville
162	2:56.43 L	P	Rebecca Osler	12	VINE CPT	28/03/2025	SA Level 2 Regional Age Group Champs
163	2:56.76 L	F	Juno Bouwer	12	TYGE CPT	08/02/2025	WCA-B Champs - 2025
164	2:56.77 L S	P	Mattae Morel	12	CA ECU	05/12/2024	EGA Summer Championships
165	2:56.94 L	P	Annabella Husselmann	12	NSFED	27/03/2025	SA Level 2 Champs 2025 EGA
166	2:57.12 L	F	Mila Barkhuysen	12	GREY CPT	08/02/2025	WCA-B Champs - 2025
167	2:57.15 L	P	Alessia Barthus	12	MANT CPT	20/03/2025	SA Level 3 Regional Age Group
168	2:57.37 L	F	Ilè Ferreira	12	VRC TSH	27/03/2025	SA Level 2 Champs 2025-EGA
169	2:57.39 L	P	Paige Schutze-Langston	12	MDOL JHB	29/12 - 12	CGA Championships 2024
170	2:57.40 L	F	Kayla Gerber	12	STAQ CED	08/02/2025	Winelands SL Final
171	2:57.62 L	F	Marni Snyman	12	ELRAS WBD	29/12 - 12	Limpopo Champs 2024
172	2:57.71 L	F	Zanli Le Roux	12	AGAQ QBD	08/02/2025	WCA-B Champs - 2025
173	2:57.89 L	F	Jenna Leppan	12	AZON ETH	25/01/2025	uShaka Champs 2025
174	2:58.14 L	F	Lua Store	12	EVO CPT	01/02/2025	CTA BRIAN BUTTON Qualifying Meet
175	2:58.15 L	P	Scarlett Garassino	12	SASE JHB	29/12 - 12	CGA Championships 2024
176	2:58.33 L	F	Lauren Kleinhans	12	AA JHB	27/03/2025	SA Level 2 Champs 2025-EGA

Individual Top Times

Times since: 01-May-24
Number of Top Times: All

Times until: 30-Apr-25
Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
177	2:58.62 L	F	Areli Muyaka	12	HARB BPD	07/12/2024	NWS Championships 2024
178	2:58.78 L	F	Clara Duvenage	12	CA ECU	27/03/2025	SA Level 2 Champs 2025 EGA
179	2:58.95 L	F	Kenna Lilley	12	TYGE CPT	28/03/2025	SA Level 2 Regional Age Group Champs
180	2:58.98 L	F	Holli Tait	12	RSA	04/10/2024	Curro AquaElite Gala
181	2:59.16 L	F	Mila Hinteregger	12	CA ECU	18/01/2025	EGA Summer 5
182	2:59.44 L	P	Annabel Van Reenen	12	ACSA ETH	02/07/2024	Prestige Tournament 2024
183	2:59.52 L	P	Liné Schoeman	12	FISH EDD	28/03/2025	SA Level 2 Regional Age Group Champs
184	2:59.71 L	F	Lara Rosenstrauch	12	HTSA CPT	08/02/2025	WCA-B Champs - 2025
185	2:59.93 L	P	Lily Sykes	12	TUKS TSH	27/03/2025	SA Level 2 Champs 2025-EGA
186	3:00.20 L	F	Emily Wilson	12	OHAN ILD	08/03/2025	Invitational Meet 2025
187	3:00.30 L	P	Elizabeth Willemse	12	VHD ZLD	31/03/2025	SA Level 2 Champs 2025-KZN
188	3:00.75 L	F	Alexis Kalapac	12	SLAQ CPT	21/09/2024	CTA INVITATIONAL LC MEET
189	3:00.78 L S	F	Mikayla Coleman	12	TCA ECU	05/12/2024	EGA Summer Championships
190	3:00.93 L	P	Emihle Mnunu	12	FRA KCD	31/03/2025	SA Level 2 Champs 2025-KZN
191	3:01.12 - 12 L	P	Khalalelo Rathogo	12	ESP ECU	20/03/2025	SA Level 3 Champs 2025-NT
192	3:01.94 L S	F	Anye Brink	12	QSAW CED	25/01/2025	CTA Qualifying Meet 6 - (L2 & above)
193	3:02.19 L	F	Elmane' de Wet	12	BLOT MAN	04/12/2024	Free State Champs 2024
194*	3:02.30 L	P	Kayleigh Brophy	12	AAS JHB	29/12 - 12	CGA Championships 2024
194*	3:02.30 L	F	Sophia Castleden	12	STAQ CED	25/01/2025	Winelands JLfin
196	3:02.73 L	F	Leah Wentzel	12	MARL CPT	08/02/2025	WCA-B Champs - 2025
197	3:02.90 L	P	Taeya Roper	12	HPS TSH	27/03/2025	SA Level 2 Champs 2025-EGA
198	3:02.92 L	F	Mijone Beyers	12	CA ECU	18/01/2025	EGA Summer 5
199	3:03.04 L	F	Zarah Matthee	12	KHAY CPT	28/03/2025	SA Level 2 Regional Age Group Champs
200	3:03.16 L	P	Wilmie Fourie	12	UPSK ZMD	28/03/2025	SA Level 2 Regional Age Group Champs
201	3:03.41 L	P	Sienna Syrett	12	QUES JHB	29/12 - 12	CGA Championships 2024
202	3:03.44 L	F	Emily Van t Slot	12	BLMA CPT	08/02/2025	WCA-B Champs - 2025
203	3:04.09 L	P	Ming-Xi Tsai	12	AA JHB	29/12 - 12	CGA Championships 2024
204	3:04.12 L S	F	Paballo Nkosi	12	FAC ECU	05/12/2024	EGA Summer Championships
205	3:04.60 L	P	Wilhandi Meyer	12	BULS MAN	28/03/2025	SA Level 2 Regional Age Group Champs
206	3:04.65 L	P	Mackenzie Dekker	12	KLOO ETH	31/03/2025	SA Level 2 Champs 2025-KZN
207*	3:04.88 L	F	Luah Theron	12	TUKS TSH	13/09/2024	NTS September Age Group 2024
207*	3:04.88 L	F	Noluthando Nkosi	12	NSAD EZD	01/03/2025	SSA LEVEL 1 REGIONAL CHAMPS
209	3:05.04 L	F	Talia Grantham	12	PSCP UMD	01/03/2025	Provincial Level 1 Age Group
210	3:05.07 L	P	Nosipho Khumalo	12	BASA	27/03/2025	SA Level 2 Champs 2025 EGA
212	3:05.42 L	F	Dominic De Jager	12	USH KCD	01/03/2025	Provincial Level 1 Age Group
212	3:05.44 L	P	Amahle Mdlalose	12	CSC TSH	27/03/2025	SA Level 2 Champs 2025 EGA
213	3:05.45 L	P	Tamika Abbey	12	PER JHB	29/12 - 12	CGA Championships 2024
214	3:05.65 L	P	Annabella Mitchell-Innes	12	PSCP UMD	31/03/2025	SA Level 2 Champs 2025-KZN
215	3:05.88 L	F	Summer Fang	12	PEAS NMA	03/08/2024	2nd A League Gala 2024
216	3:06.15 L	F	Xin Lin Shanni Liang	12	AA JHB	15/02/2025	CGA Summer Gala #6 Level 2+ 15 Feb
217	3:06.48 L	P	Madeleine de Villiers	12	EXP TSH	27/03/2025	SA Level 2 Champs 2025 EGA
218	3:06.56 L	P	Senzelwe Mwandla	12	PSCP UMD	02/07/2024	Prestige Tournament 2024
219	3:06.59 L	P	Roxanne Coetzee	12	HREF BPD	28/03/2025	SA Level 2 Regional Age Group Champs
220	3:06.68 L	F	Kristen Bell	12	LSKP WB	01/02/2025	Limpopo School Champs & Limpopo AG
221	3:06.82 L	F	Emma Grobler	12	KZNA ETH	01/03/2025	Provincial Level 1 Age Group
222	3:06.98 L	F	Micaela Fourie	12	NSAD EZD	14/02/2025	MP AGE GROUP 6 GALA 14-15
223	3:07.18 L	P	Esme Bowes	12	CPSC! TS	27/03/2025	SA Level 2 Champs 2025 EGA
224	3:07.43 L	P	Helene de Bruyn	12	BULS MAN	28/03/2025	SA Level 2 Regional Age Group Champs
225	3:07.46 L	P	Madison Wissekerke	12	FRA KCD	31/03/2025	SA Level 2 Champs 2025-KZN
226	3:07.60 L	F	Mabet Jacobs	12	AGAQ QBD	08/02/2025	WCA-B Champs - 2025
227	3:07.67 L	P	Lerina Thomas	12	SWAR WCD	28/03/2025	SA Level 2 Regional Age Group Champs
228	3:07.76 L	F	Mienke Gerber	12	FISH EDD	17/10/2024	43rd Freda Barnard Invitational Gala
229	3:07.79 L	F	Lea Kotzé	12	LSM EZD	28/02/2025	NW School Championships 2025
230	3:08.16 L	F	Chloe Timperley	12	TRAZ TSH	12 - 12	NTS Level 1+2 October Age Group 2024
231	3:08.31 L	F	Amore Breytenbach	12	QSAW CED	25/01/2025	Winelands JLfin
232	3:08.48 L	F	Sydney Howes	12	HREF BPD	28/03/2025	SA Level 2 Regional Age Group Champs
233	3:08.53 L	P	Milla Da Silva	12	CA ECU	27/03/2025	SA Level 2 Champs 2025 EGA
234	3:08.70 L	P	Karla Wolmarans	12	UPSK ZMD	28/03/2025	SA Level 2 Regional Age Group Champs
235	3:08.75 L	F	Mia Smit	12	KSC EZD	29/12 - 12	Mpumalanga Championships 2024

Individual Top Times

Times since: 01-May-24
Number of Top Times: All

Times until: 30-Apr-25
Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
236	3:09.05 L	F	Taylynn Boshoff	12	USC BUF	13/12/2024	NMBA Championships 2024
237	3:09.12 - 12 L	P	Leah-Bella Budram	12	PSCP UMD	02/07/2024	Prestige Tournament 2024
238		F	Jaimey Shaw	12	PEAS NMA	15/06/2024	PEA Winter Gala 2024
239	3:09.39 L	P	Emma Venter	12	PSCP UMD	31/03/2025	SA Level 2 Champs 2025-KZN
240	3:09.43 L	P	Nandile Shabalala	12	AQUA UTD	31/03/2025	SA Level 2 Champs 2025-KZN
241*	3:09.54 L S	F	Ella Myburgh	12	INFA NMA	17/01/2025	6th A League Gala 2025
241*	3:09.54 L	P	Cayla Cunningham	12	TRAZ TSH	27/03/2025	SA Level 2 Champs 2025-EGA
243	3:09.62 L	F	Le-May Van Zyl	12	ELRAS WBD	29/12 - 12	Limpopo Champs 2024
244	3:10.05 L	F	Destheonique Julius	12	KALA	01/12 - 12	UPINGTON PRESTIGE GALA 2024
245	3:10.12 L	F	Mia Witbooi	12	RETR CPT	21/09/2024	CTA INVITATIONAL LC MEET
246	3:12 - 12 .39 L	F	Cayla Fourie	12	CSA EZD	29/12 - 12	Mpumalanga Championships 2024
247		P	Hester Janse van Rensburg	12	NWUC KKD	07/12/2024	NWS Championships 2024
248	3:12.04 L	F	Neanè Van Zyl	12	GREY CPT	25/01/2025	CTA Qualifying Meet 6 - (L2 & above)
249	3:12.12 L	P	Zekthelo Radebe	12	PSCP UMD	02/07/2024	Prestige Tournament 2024
250	3:12.13 L	F	Morgan Graham	12	CPRIM BUF	03/02/2025	Buffalo City Primary School Trials 2025
251	3:12.47 L	P	Nellamari Fourie	12	AGAQ OBD	28/03/2025	SA Level 2 Regional Age Group Champs
252	3:12.61 L	F	Larique Pretorius	12	KTS	08/02/2025	NCASA SPRINTS 2025
253	3:12.72 L	P	Kgalalelo Makoloi	12	AZON ETH	31/03/2025	SA Level 2 Champs 2025-KZN
254	3:13.10 L	P	Elizabeth Kamara	12	NSFED	27/03/2025	SA Level 2 Champs 2025 EGA
255	3:13.54 L	P	Dikgang Mokgele	12	MAKO ECU	27/03/2025	SA Level 2 Champs 2025-EGA
256	3:13.76 L	F	Mieke Smit	12	UNI EZD	01/03/2025	SSA LEVEL 1 REGIONAL CHAMPS
257	3:13.87 L	F	Leandi Liebenberg	12	SS MPD	09/12 - 12	Limpopo Age Group 5
258	3:13.90 L	F	Liane Muller	12	INFA NMA	22/02/2025	Eastern Cape School Provincial Trials
259	3:14.62 L	F	Lene Klopper	12	QUIC CPT	22/02/2025	Swartland Invitational Gala 2025
260	3:14.79 L	F	Shyla Lutchman	12	VINE CPT	22/02/2025	Swartland Invitational Gala 2025
261	3:14.84 L	F	Elsa Massawe	12	CA ECU	01/02/2025	EGA Last Chance Gala
262	3:15.01 L	P	Alexianne Metzger	12	SWIFT ECU	27/03/2025	SA Level 2 Champs 2025 EGA
263	3:15.55 L	P	Milah Allen	12	PER JHB	29/12 - 12	CGA Championships 2024
264	3:15.79 L	P	Rachel Konigkramer	12	PSCP UMD	31/03/2025	SA Level 2 Champs 2025-KZN
265	3:15.87 L	P	Cara van Wyk	12	BARR CPT	28/03/2025	SA Level 2 Regional Age Group Champs
266	3:15.89 L	P	Mercy Theu	12	CRSC JHB	29/12 - 12	CGA Championships 2024
267	3:16.09 L	F	Lienke Van Wyk	12	BULS MAN	14/02/2025	Neptune Last Chance Gala
268	3:16.35 L	F	Zizipho Ginindza	12	WWOL TSH	13/09/2024	NTS September Age Group 2024
269	3:16.40 L	F	Livia Vancoillie	12	QUIC CPT	08/02/2025	WCA-B Champs - 2025
270*	3:16.61 L	F	Alexis Visagie	12	BEST NMA	31/01/2025	Infinity Gala 2025
270*	3:16.61 L	F	Zoe Andrews	12	CA ECU	18/01/2025	EGA Summer 5
272	3:16.68 L	F	Annika Schuch	12	RBOT BPD	23/12 - 12	NWS Age Group 3 + 4 2024
273	3:16.94 L	F	Gabriella Bengell	12	BLNE MAN	27/09/2024	Seals Gala 2
274	3:17.50 L	F	Vibha Fakir	12	HPPS BUF	03/02/2025	Buffalo City Primary School Trials 2025
275	3:17.58 L	F	Rorisang Monareng	12	BLNE MAN	04/12/2024	Free State Champs 2024
276	3:17.73 L	F	Karli Karstens	12	FISH EDD	17/10/2024	43rd Freda Barnard Invitational Gala
277	3:17.86 L	F	Lara Van Veelen	12	TASC MPD	12/10/2024	Limpopo Age Group 4
278	3:17.94 L	F	Amogelang Mamabolo	12	TPS BPD	28/02/2025	NW School Championships 2025
279	3:17.96 L	F	Izeldi Van Niekerk	12	DOLFI MPD	29/12 - 12	Limpopo Champs 2024
280	3:18.13 L	F	Anathi Qamba	12	FAC ECU	15/12 - 12	Summer 4 Delville
281	3:18.20 L	P	Manisha Warne	12	NSFED	27/03/2025	SA Level 2 Champs 2025 EGA
282	3:18.61 L S	P	Katelyn Naidoo	12	CA ECU	05/12/2024	EGA Summer Championships
283	3:19.00 L	F	Jane Sieberhagen	12	AWIN TSH	12 - 12	NTS Level 1+2 October Age Group 2024
284	3:19.21 L S	F	Abi Fourie	12	VINE CPT	25/01/2025	CTA Qualifying Meet 6 - (L2 & above)
285	3:19.66 L	F	Mia Ciampi	12	TUKS TSH	21/02/2025	NTS Age Group Feb Tuks
286	3:19.68 L	F	Keira Lin	12	CYBE CPT	01/02/2025	CTA BRIAN BUTTON Qualifying Meet
287	3:19.83 L	F	Hiranya Moodley	12	USH KCD	23/12 - 12	KCDA Age Group Gala 3
288	3:19.98 L	F	Tsakile Mahumane	12	NSAD EZD	29/12 - 12	Mpumalanga Championships 2024
289	3:20.06 L	F	Jana Booysen	12	CUHE OBD	08/02/2025	WCA-B Champs - 2025
290	3:20.77 L	F	Caitlyn Hauser	12	SASE JHB	15/02/2025	CGA Summer Gala #6 Level 2+ 15 Feb
291	3:20.91 L	P	Mienke Grobler	12	BULS MAN	28/03/2025	SA Level 2 Regional Age Group Champs
292	3:20.97 L	P	Isabellea Dhassiah	12	RETR CPT	28/03/2025	SA Level 2 Regional Age Group Champs
293	3:21.39 L	P	Alexia Dippenaar	12	BS LLD	28/03/2025	SA Level 2 Regional Age Group Champs
294	3:21.84 L	F	Shayla Quin	12	SS MPD	29/12 - 12	Limpopo Champs 2024

Individual Top Times

Times since: 01-May-24
Number of Top Times: All

Times until: 30-Apr-25
Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
295	3:22.49 L	P	Retshepile Phalafala	12	MDOL JHB	20/03/2025	SA Level 3 Champs 2025-NT
296	3:23.28 L	P	Alexa Steenkamp	12	CPSC! TS	27/03/2025	SA Level 2 Champs 2025 EGA
297	3:23.38 L	F	Dwala Magagula	12	TRAZ TSH	13/09/2024	NTS September Age Group 2024
298	3:24.34 L S	F	Micah Louw	12	MANT CPT	02/12 - 12	CTA A & B CHAMPS 2024
299	3:24.66 L	F	Lethabo Nyandeni	12	TUKS TSH	13/09/2024	NTS September Age Group 2024
300	3:24.80 L	F	Tenele Taole	12	SWIFT ECU	15/12 - 12	Summer 4 Delville
301	3:25.51 L	F	Liané Stoltz	12	UNIU EZD	01/03/2025	SSA LEVEL 1 REGIONAL CHAMPS
302	3:26.13 L	F	Mia Cyster	12	EVO CPT	09/12 - 12	Swartland Prestige Gala 2024
303	3:26.60 L	F	Tshiamo Mlangeni	12	UNI EZD	14/02/2025	MP AGE GROUP 6 GALA 14-15
304	3:26.79 L	F	Chanel Smit	12	ELEC TSH	13/09/2024	NTS September Age Group 2024
305	3:27.09 L	F	Sofia O'Leary	12	MDOL JHB	25/01/2025	CGA Summer Gala #4 Level 2+ 25 Jan
306*	3:27.79 L	F	Zoe Lambropoulos	12	TRAZ TSH	13/09/2024	NTS September Age Group 2024
306*	3:27.79 L	F	Mia Benade	12	UPSK ZMD	18/01/2025	AGE GROUP 5 UPT2025
308	3:27.84 L	F	Anika Bester	12	STGR XRD	06/12/2024	NCASA CHAMPS 2024
309	3:27.90 L	F	Sade Kenny	12	SRAY BUF	22/12 - 12	BCA Long Course Championships 2024
310	3:27.99 L	F	Maya Sissing	12	TUKS TSH	13/09/2024	NTS September Age Group 2024
312	3:28.00 L	F	Leah Struwig	12	TUKS TSH	18/10/2024	NTS Level 3+ October Age Group 2024
312	3:28.49 L	F	Imke Swanepoel	12	FISH EDD	17/10/2024	43rd Freda Barnard Invitational Gala
313	3:28.84 L	F	Linda Van Niekerk	12	VHD ZLD	07/12/2024	Stingrays Champs 2024
314	3:28.89 L	P	Hadassah Sibanda	12	BASA	27/03/2025	SA Level 2 Champs 2025 EGA
315	3:29.76 L	F	Michaela Hirst	12	HREF BP	09/12 - 12	NWS Age Group 1 & 2 2024
316	3:30.14 L	F	Olivia Gooding	12	MDOL JHB	15/02/2025	CGA Summer Gala #6 Level 2+ 15 Feb
317	3:31.25 L	F	Catharina Coetzer	12	QUIC CPT	22/02/2025	Swartland Invitational Gala 2025
318	3:31.30 L	F	Unarine Mulaudzi	12	PGAC ECU	01/02/2025	EGA Last Chance Gala
319	3:31.47 L	F	Lisasa Faltein	12	PEAS NMA	13/12/2024	NMBA Championships 2024
320	3:31.64 L	F	Suhanna White	12	AQUA UTD	12/10/2024	Uthukela District Age Group Gala
321	3:33.08 L S	P	Dominique Birkenstock	12	JAQ ECU	05/12/2024	EGA Summer Championships
322	3:33.30 L	F	Nyandano Madaba	12	FAC ECU	18/01/2025	EGA Summer 5
323	3:34.16 L	F	Menieke Rowe-Rowe	12	BULS MAN	14/02/2025	Neptune Last Chance Gala
324	3:36.01 L	F	Lize-Mari Vorster	12	WELL CED	09/12 - 12	Winelands SL4
325	3:37.19 L	F	Ziyada Tekle	12	USC BUF	01/02/2025	BCA Feb Age Group Gala 2025
326	3:37.21 L	F	Amogelang Kutu	12	ECPS MPD	01/02/2025	Limpopo School Champs & Limpopo AG
327	3:37.54 L	F	Hanaan Hendricks	12	TYGE CPT	09/12 - 12	Winelands SL4
328	3:38.14 L	F	Emma Canham	12	PELIC MAN	01/03/2025	Provincial Level 1 Age Group
329	3:38.16 L	F	Lily Lucas	12	KHAY CPT	22/02/2025	Swartland Invitational Gala 2025
330	3:39.19 L	F	Lienke Nauhaus	12	QSAW CED	25/01/2025	Winelands JLfin
331	3:40.03 L	F	Reaoboka Moloi	12	MAKO ECU	01/02/2025	EGA Last Chance Gala
332	3:41.12 L	F	Nika Smit	12	BS LLD	01/03/2025	Provincial Level 1 Age Group
333	3:41.43 L	F	Taylor Kotzee	12	GAA CPT	17/10/2024	43rd Freda Barnard Invitational Gala
334	3:42.47 L	F	Tumisho Mojapelo	12	WWOL TSH	13/09/2024	NTS September Age Group 2024
335	3:42.74 L	F	Tahlia Roelofsz	12	VHD ZLD	07/12/2024	Stingrays Champs 2024
336	3:43.39 L	P	Larissa Shaetonhodi	12	NSFED	27/03/2025	SA Level 2 Champs 2025 EGA
337	3:43.62 L	F	Madyson le Roux	12	LSM EZD	28/02/2025	NW School Championships 2025
338	3:44.61 L	F	Janelle Coertze	12	VRC TSH	12 - 12	NTS Level 1+2 October Age Group 2024
339	3:47.22 L	F	Unam Ramabulana	12	RACE JHB	15/02/2025	CGA Summer Gala #6 Level 2+ 15 Feb
340	3:48.27 L	F	Eryn Botwood	12	CA ECU	18/01/2025	EGA Summer 5
341	3:50.04 L	P	Khanya Ramone	12	MATL KKD	07/12/2024	NWS Championships 2024
342	3:50.49 L	F	Kyleigh Shelton	12	ESTR ECU	01/02/2025	EGA Last Chance Gala
343	3:51.31 L	F	Masego Monakedi	12	FISH EDD	30/12 - 12	Eden LC Champs 2024
344	3:51.75 L	F	Katia Cerone	12	HAAG UTD	01/03/2025	Provincial Level 1 Age Group
345	3:51.96 L	F	Elri de Wet	12	STGR XRD	01/03/2025	NC PROVINCIAL LEVEL 0 & 1
346	3:53.33 L	F	Basse Molai	12	BULS MAN	19/10/2024	Pelicans Gala 2
347	3:53.49 L	F	Ikageng Moloko	12	TUKS TSH	21/02/2025	NTS Age Group Feb Tuks
348	3:53.86 L	F	Isabel Erasmus	12	CPPS NMA	08/02/2025	Nelson Mandela Bay Schools Trials & 1st
349	3:54.00 L	P	Mia-Marie van Zyl	12	HREF BPD	07/12/2024	NWS Championships 2024
350	3:57.37 L	F	Mpilenhle Diadla	12	NSAD EZD	01/03/2025	SSA LEVEL 1 REGIONAL CHAMPS
351	3:57.71 L	F	Khumo Goeieman	12	KALA	06/12/2024	NCASA CHAMPS 2024
352	3:57.94 L	F	Nokubonga Buda	12	ESP ECU	18/01/2025	EGA Summer 5
353	3:58.20 L	F	Lana Coetzee	12	QUIC CPT	09/12 - 12	Swartland Prestige Gala 2024

Individual Top Times

Times since: 01-May-24
Number of Top Times: All

Times until: 30-Apr-25
Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
354	4:05.19 L	F	Noorjhan Samie	12	MANT CPT	22/02/2025	Swartland Invitational Gala 2025
355	4:18.67 L	F	Hani Salie	12	LALE CED	09/12 - 12	Winelands SL4
356	4:23.21 L	F	Leanolaona Molosi	12	UPSK ZMD	01/03/2025	NC PROVINCIAL LEVEL 0 & 1
357	4:26.59 L	F	Thembaletu Zulu	12	FRA KCD	09/12 - 12	KCDA Age Goup 2 2024
358	4:26.97 L	F	Madison Jacobs	12	XCEL CPT	09/12 - 12	Swartland Prestige Gala 2024
359	4:33.36 L	F	Anke Nel	12	QUIC CPT	09/12 - 12	Swartland Prestige Gala 2024
360	4:43.45 L	F	Miyanke Landmann	12	BETH FDD	15/12 - 12	Valsrivier Gala 2024
Women 12 - 12 -12 400 Free							
1	4:48.13 L	F	Shalea Hamilton	12	BEST NMA	31/01/2025	Infinity Gala 2025
2	4:50.05 L	F	Evie du Plessis	12	BLOT MAN	25/04/2025	SA National Junior Age Grou-WCA
3	4:52.26 L	F	Shiloh Cruywagen	12	SEAL UMD	25/04/2025	SA National Junior Age Grou-WCA
4	4:52.68 L	F	Aqeelah Williams	12	UWCA CPT	25/04/2025	SA National Junior Age Grou-WCA
5	4:57.37 L	F	Ava Bosch	12	DRGN JHB	25/04/2025	SA National Junior Age Grou-WCA
6	4:58.90 L	F	Mackenzie Raffle	12	CA ECU	25/04/2025	SA National Junior Age Grou-WCA
7	5:03.89 L	F	Amelie Billson	12	CASC CPT	05/12/2024	Western Cape LC-A Championship 2024
8	5:04.83 L	F	Mikaela Lotz	12	PAC TSH	25/04/2025	SA National Junior Age Grou-WCA
9	5:05.54 L	F	Mia Jansen van Rensburg	12	XCEL CPT	25/04/2025	SA National Junior Age Grou-WCA
10	5:07.73 L	F	Oyama Baqwa	12	SGUL ETH	13/12/2024	NMBA Championships 2024
12 -	5:10.05 L	F	Nina Pieterse	12	DESA NMA	25/04/2025	SA National Junior Age Grou-WCA
12	5:10.87 L	F	Megan Jacobs	12	WSTV ETH	25/04/2025	SA National Junior Age Grou-WCA
13	5:12.68 L	F	Zara Lockitch	12	CYBE CPT	05/12/2024	Western Cape LC-A Championship 2024
14	5:13.04 L	F	Jamie Els	12	AQDO CPT	20/03/2025	SA Level 3 Regional Age Group
15	5:14.97 L	F	Jessica Jansen van Vuuren	12	SEAL UMD	25/04/2025	SA National Junior Age Grou-WCA
16	5:17.20 L	F	Johané Burger	12	ROA EDD	25/04/2025	SA National Junior Age Grou-WCA
17	5:18.06 L	F	Emma Van Deventer	12	KZNS	05/04/2025	SA Schools Swimming Championship
18	5:18.26 L	F	Chisi Magubbwi	12	TUKS TSH	22/02/2025	Zasu 4th League Gala 24-25
19	5:18.48 L	F	Ruvarashe Chibharo	12	TYGE CPT	14/02/2025	Western Cape Elite Gala 2025
20	5:19.83 L	F	Mienke Kok	12	INFA NMA	16/12 - 12	5th A League Gala 2024
21	5:21.61 L	F	Charlotte Hofinger	12	ASAC CPT	20/03/2025	SA Level 3 Regional Age Group
22	5:22.34 L	F	Georgia Sabbagha	12	PAQU CED	05/12/2024	Western Cape LC-A Championship 2024
23	5:22.48 L	F	Jasmine Woodburn	12	MDOL JHB	20/03/2025	SA Level 3 Champs 2025-NT
24	5:22.86 L	F	Ava Grebe	12	CUHE QBD	20/03/2025	SA Level 3 Regional Age Group
25	5:24.10 L	F	Liane Van Zyl	12	UPSK ZMD	20/03/2025	SA Level 3 Regional Age Group
26	5:25.92 L	F	Jovanah McGluwa	12	CASC CPT	20/03/2025	SA Level 3 Regional Age Group
27	5:27.34 L	F	Anja Boshoff	12	TYGE CPT	01/02/2025	CTA BRIAN BUTTON Qualifying Meet
28	5:27.73 L	F	Laila Christie	12	USC BUF	20/03/2025	SA Level 3 Regional Age Group
29	5:30.57 L	F	Kara De Wit	12	RFA TSH	07/12/2024	NWS Championships 2024
30	5:30.70 L	F	Mikayla Jordaan	12	CASC CPT	05/12/2024	Western Cape LC-A Championship 2024
31	5:30.77 L	F	Alexis Visser	12	MAKO ECU	05/12/2024	EGA Summer Championships
32	5:31.12 - 12 L	F	Olivia Nel	12	CLA WCD	20/03/2025	SA Level 3 Regional Age Group
33	5:31.34 L	F	Caitlin Barnes	12	SAAW CPT	20/03/2025	SA Level 3 Regional Age Group
34	5:34.72 L	F	Brooklyn Terwin	12	USC BUF	20/03/2025	SA Level 3 Regional Age Group
35	5:35.06 L	F	Saffiya Emjedi	12	SAAW CPT	20/03/2025	SA Level 3 Regional Age Group
36	5:35.72 L	F	Mignon Swart	12	CSA EZD	29/12 - 12	Mpumalanga Championships 2024
37	5:35.80 L	F	Milani Butau	12	BEST NMA	16/12 - 12	5th A League Gala 2024
38	5:35.91 L	F	Kate Cheshire	12	MDOL JHB	20/03/2025	SA Level 3 Champs 2025-NT
39	5:36.40 L	F	Emily Koegelenberg	12	XCEL CPT	08/02/2025	WCA-B Champs - 2025
40	5:36.76 L	F	Kirsten Cupido	12	CYBE CPT	20/03/2025	SA Level 3 Regional Age Group
41	5:38.79 L	F	Carinke Wessels	12	BLOT MAN	04/12/2024	Free State Champs 2024
42	5:38.84 L	F	Wilhelmina Erasmus	12	ELRAS WBD	29/12 - 12	Limpopo Champs 2024
43	5:41.54 L	F	Paiton Van Der Merwe	12	CA ECU	20/03/2025	SA Level 3 Champs 2025-NT
44	5:42.08 L	F	Charné De Bruin	12	TUKS TSH	20/03/2025	SA Level 3 Champs 2025-NT
45	5:42.63 L	F	Nokutenda Tembo	12	KNYA EDD	20/03/2025	SA Level 3 Regional Age Group
46	5:42.87 L	F	Nina Oosthuizen	12	NSAD EZD	31/01/2025	AG 5 MP SA SCHOOLS TRIALS 31 JAN
47	5:43.07 L	F	Elizabeth Roth	12	PEAS NMA	05/10/2024	4th A League Gala 2024
48	5:43.27 L	F	Ineke Van Maarleveld	12	ACAQ CCD	20/03/2025	SA Level 3 Champs 2025-NT
49	5:44.14 L	F	Zara Jantjies	12	MANT CPT	01/02/2025	CTA BRIAN BUTTON Qualifying Meet
50	5:44.24 L	F	Lily Hoar	12	KLOO ETH	26/03/2025	SA Level 3 Regional Age Group
51	5:44.73 L	F	Alex Theron	12	CASC CPT	20/03/2025	SA Level 3 Regional Age Group

Individual Top Times

Times since: 01-May-24
Number of Top Times: All

Times until: 30-Apr-25
Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
52	5:45.50 L	F	Jazmin Anthony	12	PAQU CED	20/03/2025	SA Level 3 Regional	Age Group
53	5:45.71 L	F	Kayla-Anne Walker	12	CYBE CPT	20/03/2025	SA Level 3 Regional	Age Group
54	5:46.04 L	F	Ayvah Jacob	12	RACE JHB	29/12 - 12	CGA Championships 2024	
55	5:46.68 L	F	Jua Jonker	12	POTC KKD	07/12/2024	NWS Championships 2024	
56	5:46.84 L	F	Jada Hendricks	12	TYGE CPT	20/03/2025	SA Level 3 Regional	Age Group
57	5:47.20 L	F	Hlumisa Mfabe	12	USC BUF	20/03/2025	SA Level 3 Regional	Age Group
58	5:49.16 L	F	Chloe-Leigh Jurgens	12	MANT CPT	20/03/2025	SA Level 3 Regional	Age Group
59	5:51.13 L	F	Amelia-Rose Schutlzler	12	USC BUF	20/03/2025	SA Level 3 Regional	Age Group
60	5:51.94 L	F	Isabella Vreenegoer	12	CRSC JHB	20/03/2025	SA Level 3 Champs 2025-NT	
61	5:52.04 L	F	Shelby Schoeman	12	CA ECU	20/03/2025	SA Level 3 Champs 2025-NT	
62	5:52.69 L	F	Ava van der Mescht	12	DESA NMA	31/01/2025	Infinity Gala 2025	
63	5:53.25 L	F	Abby Mostert	12	AWIN TSH	13/09/2024	NTS September Age Group 2024	
64	5:53.52 L	F	Ella Adams	12	TYGE CPT	09/12 - 12	Winelands SL4	
65	5:53.64 L	F	Sophia Hutchison	12	GHSK	06/12/2024	NCASA CHAMPS 2024	
66	5:54.50 L	F	Holli Tait	12	KLOO ETH	26/03/2025	SA Level 3 Regional	Age Group
67	5:55.16 L	F	Lia van Heerden	12	BS LLD	26/03/2025	SA Level 3 Regional	Age Group
68	5:55.53 L	F	Cayleigh Machill	12	BARA ECU	20/03/2025	SA Level 3 Champs 2025-NT	
69	5:56.28 L	F	Mia Van de Vyver	12	QSAW CED	20/03/2025	SA Level 3 Regional	Age Group
70	5:56.89 L	F	Zia Habib	12	MDOL JHB	20/03/2025	SA Level 3 Champs 2025-NT	
71	5:58.06 L	F	Sophie Kretzmann	12	HPPS BUF	03/02/2025	Buffalo City Primary School Trials 2025	
72	5:59.04 L	F	Lumka Zamisa	12	HREF BPD	07/12/2024	NWS Championships 2024	
73	5:59.60 L	F	Nicoline Du Preez	12	LSM EZD	28/02/2025	NW School Championships 2025	
74	5:59.88 L	F	Ziane Drenth	12	AWIN TSH	12 - 12	NTS Level 1+2 October Age Group 2024	
75	6:00.70 L	F	Danica Marrier D'Unienville	12	KZNS	05/04/2025	SA Schools Swimming Championship	
76	6:01.19 L	F	Emma Ristow	12	USC BUF	13/12/2024	NMBA Championships 2024	
77	6:01.85 L	F	Sophie Kretzmann	12	USC BUF	13/12/2024	NMBA Championships 2024	
78	6:05.68 L	F	Isabella Haldane	12	FISH EDD	20/03/2025	SA Level 3 Regional	Age Group
79	6:06.44 L	F	Mali Louw	12	WELL CED	09/12 - 12	Winelands SL4	
80	6:07.95 L	F	Lara Greyling	12	TNDER FDD	27/09/2024	Seals Gala 2	
81	6:08.96 L	F	Mienke Pretorius	12	KALA	15/12 - 12	AGE GROUP 2 KATHU 2024	
82	6:10.19 L	F	Marizelle Vermaak	12	HREF BPD	07/12/2024	NWS Championships 2024	
83	6:12.86 L	F	Riley Sanders	12	HPS TSH	13/09/2024	NTS September Age Group 2024	
84	6:15.23 L	F	Oyama Tuta	12	PELIC MAN	25/10/2024	Neptunes Gala	
85	6:20.61 L	F	Gia Newkirk	12	TYGE CPT	01/02/2025	CTA BRIAN BUTTON Qualifying Meet	
86	6:21.16 L	F	Mattae Morel	12	CA ECU	26/10/2024	Summer 3 Delville	
87	6:21.91 L	F	Elizabeth Vd Berg	12	TUKS TSH	21/02/2025	NTS Age Group Feb Tuks	
88	6:22.78 L	F	Imme Wolfaardt	12	LALE CED	08/02/2025	WCA-B Champs - 2025	
89	6:23.24 L	F	Leane Nel	12	EXP TSH	20/03/2025	SA Level 3 Champs 2025-NT	
90	6:24.33 L	F	Liné Schoeman	12	FISH EDD	22/02/2025	EDEN 5th A-League Gala 2025	
91	6:26.69 L	F	Senzelwe Mwandla	12	PSCP UMD	08/03/2025	Invitational Meet 2025	
92	6:26.76 L	F	Noluthando Nkosi	12	NSAD EZD	29/12 - 12	Mpumalanga Championships 2024	
93	6:26.81 L	F	Lara Rosenstrauch	12	HTSA CPT	01/02/2025	CTA BRIAN BUTTON Qualifying Meet	
94	6:27.82 L	F	Summer Moonsamy	12	BEAV ETH	25/01/2025	uShaka Champs 2025	
95	6:28.20 L	F	Sarah-Kate Odendaal	12	QUIC CPT	17/10/2024	43rd Freda Barnard Invitational Gala	
96	6:30.92 L	F	Unathi Vuyeqaba	12	TUKS TSH	12 - 12	NTS Level 1+2 October Age Group 2024	
97	6:33.12 L	F	Mijone Beyers	12	CA ECU	01/02/2025	EGA Last Chance Gala	
98	6:34.85 L	F	Jane Sieberhagen	12	AWIN TSH	13/09/2024	NTS September Age Group 2024	
99	6:35.23 L	F	Ilê Ferreira	12	VRC TSH	21/02/2025	NTS Age Group Feb Tuks	
100	6:35.61 L	F	Caitlin McDowell	12	ESP ECU	01/02/2025	EGA Last Chance Gala	
101	6:35.96 L	F	Qhanyiya Sizani	12	WWOL TSH	13/09/2024	NTS September Age Group 2024	
102	6:37.74 L	F	Leah Wentzel	12	MARL CPT	01/02/2025	CTA BRIAN BUTTON Qualifying Meet	
103	6:38.45 L	F	Paballo Nkosi	12	FAC ECU	01/02/2025	EGA Last Chance Gala	
104	6:39.80 L	F	Mila Barkhuysen	12	GREY CPT	08/02/2025	WCA-B Champs - 2025	
105	6:40.78 L	F	Juno Bouwer	12	TYGE CPT	21/09/2024	CTA INVITATIONAL LC MEET	
106	6:44.40 L	F	Areli Muyaka	12	HARB BPD	09/12 - 12	NWS Age Group 1 & 2 2024	
107	6:46.97 L	F	Morgan Graham	12	CPRIM BUF	03/02/2025	Buffalo City Primary School Trials 2025	
108	6:47.02 L	F	Ming-Xi Tsai	12	AA JHB	01/02/2025	EGA Last Chance Gala	
109	6:51.18 L	F	Emihle Mnumu	12	FRA KCD	26/10/2024	Froggies Aquatics Championships 2024	
12 -	6:51.33 L	F	Alessia Barthus	12	MANT CPT	09/12 - 12	Swartland Prestige Gala 2024	

Individual Top Times

Times since: 01-May-24

Times until: 30-Apr-25

Number of Top Times: All

Show Long Course Only

Time		P/F/S	Name	Age/Yr	
12 -	6:52.68 L	F	Sydney Howes	12	GHS BP 28/02/2025 NW School Championships 2025
12 -	7:02.88 L	F	Roxanne Coetzee	12	HREF BPD 07/12/2024 NWS Championships 2024
12 -	7:03.13 L	F	Anathi Qamba	12	FAC EKU 26/10/2024 Summer 3 Delville
12 -	7:12 - 12 :64 L	F	Rorisang Monareng	12	BLNE MAN 25/10/2024 Neptunes Gala
12 -	7:14.75 L	F	Vibha Fakir	12	USC BUF 13/12/2024 NMBA Championships 2024
12 -	7:16.00 L	F	Amogelang Mamabolo	12	HARB BPD 09/12 - 12 NWS Age Group 1 & 2 2024
12 -	7:18.08 L	F	Izeldi Van Niekerk	12	DOLFI MPD 29/12 - 12 Limpopo Champs 2024
12 -	7:18.09 L	F	Cara van Wyk	12	BARR CPT 17/10/2024 43rd Freda Barnard Invitational Gala
12 -	7:34.31 L	F	Karla Wolmarans	12	UPSK ZMD 15/02/2025 AGE GROUP 6 UPT 2025
120	7:44.68 L	F	Tenele Taole	12	SWIFT EKU 26/10/2024 Summer 3 Delville
121	7:45.00 L	F	Wilmie Fourie	12	UPSK ZMD 06/12/2024 NCASA CHAMPS 2024
122	7:50.94 L	F	Alexia Dippenaar	12	BS LLD 06/09/2024 Bull Sharks Annual Gala
123	9:21.93 L	F	Khumo Goeieman	12	KALA 15/02/2025 AGE GROUP 6 KATHU 2025
Women 12 - 12 -12 500 Free					
1	8:59.93 L	O	Imme Wolfaardt	12	LALE CED 18/01/2025 WC OWS Champs / Aqua Azzurra
2	12 - 12 :59.25 L	O	Cara van Wyk	12	BARR CPT 18/01/2025 WC OWS Champs / Aqua Azzurra
Women 12 - 12 -12 800 Free					
1	9:56.74 L	F	Evie du Plessis	12	BLOT MAN 25/04/2025 SA National Junior Age Grou-WCA
2	10:06.90 L	F	Shiloh Cruywagen	12	SEAL UMD 25/04/2025 SA National Junior Age Grou-WCA
3	10:14.79 L	F	Aqeelah Williams	12	UWCA CPT 25/04/2025 SA National Junior Age Grou-WCA
4	10:25.22 L	F	Shalea Hamilton	12	BEST NMA 15/06/2024 PEA Winter Gala 2024
5	10:39.13 L	F	Amelie Billson	12	CASC CPT 05/12/2024 Western Cape LC-A Championship 2024
6	10:40.64 L	F	Oyama Baqwa	12	SGUL ETH 25/04/2025 SA National Junior Age Grou-WCA
7	10:41.26 L	F	Nina Pieterse	12	DESA NMA 31/01/2025 Infinity Gala 2025
8	10:47.15 L	F	Johané Burger	12	ROA EDD 31/01/2025 Infinity Gala 2025
9	10:58.42 L	F	Zara Lockitch	12	CYBE CPT 25/01/2025 CTA Qualifying Meet 6 - (L2 & above)
10	10:58.47 L	F	Chisi Magubbwi	12	TUKS TSH 22/02/2025 Zasu 4th League Gala 24-25
12 -	12 - 12 :05.40 L	F	Mienke Kok	12	INFA NMA 17/10/2024 43rd Freda Barnard Invitational Gala
12	12 - 12 :16.44 L	F	Ruvarashe Chibharo	12	TYGE CPT 09/12 - 12 Winelands SL4
13	12 - 12 :21.58 L	F	Mia Jansen van Rensburg	12	XCEL CPT 17/10/2024 43rd Freda Barnard Invitational Gala
14	12 - 12 :38.69 L	F	Kara De Wit	12	RFA TSH 18/10/2024 NTS Level 3+ October Age Group 2024
15	12 - 12 :44.87 L	F	Lara Greyling	12	TNDER FDD 25/10/2024 Neptunes Gala
16	12 - 12 :50.68 L	F	Olivia Nel	12	TGA WCD 05/12/2024 Western Cape LC-A Championship 2024
17	12 - 12 :54.14 L	F	Alexis Visser	12	MAKO EKU 26/10/2024 Summer 3 Delville
18	12:01.70 L	F	Grace Julies	12	XCEL CPT 17/10/2024 43rd Freda Barnard Invitational Gala
19	12:08.77 L	F	Ziane Drenth	12	AWIN TSH 13/09/2024 NTS September Age Group 2024
20	12:38.46 L	F	Paiton Van Der Merwe	12	CA EKU 26/10/2024 Summer 3 Delville
21	12:52.30 L	F	Kirsten Cupido	12	CYBE CPT 25/01/2025 CTA Qualifying Meet 6 - (L2 & above)
22	12:56.13 L	F	Chloe Rautenbach	12	UNIU EZD 12 - 12 MP AGE GROUP 2 (12 - 12
23	13:03.12 L	F	Nicoline Du Preez	12	NWUC KKD 09/12 - 12 NWS Age Group 1 & 2 2024
24	13:05.37 L	F	Marizelle Vermaak	12	HREF BPD 07/12/2024 NWS Championships 2024
25	13:13.23 L	F	Liné Schoeman	12	FISH EDD 31/01/2025 Infinity Gala 2025
26	14:37.37 L	F	Cara van Wyk	12	BARR CPT 17/10/2024 43rd Freda Barnard Invitational Gala
27	14:54.56 L	F	Emma Grobler	12	LAD UTD 02/12 - 12 Uthukela District Age Group Gala
28	18:20.56 L	F	Katia Cerone	12	HAAG UTD 02/12 - 12 Uthukela District Age Group Gala
Women 12 - 12 -12 1500 Free					
1	20:06.79 L	O	Shalea Hamilton	12	ECA BUF 07/03/2025 SA National OWS Championship
2	20:15.55 L	F	Evie du Plessis	12	BLOT MAN 02/12 - 12 Heidedal
3	20:18.69 L S	F	Aqeelah Williams	12	UWCA CPT 05/12/2024 Western Cape LC-A Championship 2024
4	20:35.93 L	F	Amelie Billson	12	CASC CPT 01/02/2025 CTA BRIAN BUTTON Qualifying Meet
5	21:03.77 L S	F	Jamie Els	12	AQDO CPT 05/12/2024 Western Cape LC-A Championship 2024
6	22:31.36 L	F	Mia Jansen van Rensburg	12	XCEL CPT 07/09/2024 CTA Qualifying Meet 4 (L3 & Above)
7	23:12.49 L	F	Laila Christie	12	USC BUF 22/12 - 12 BCA Long Course Championships 2024
8	24:08.12 L	F	Nicoline Du Preez	12	NWUC KKD 23/12 - 12 NWS Age Group 3 + 4 2024
9	25:26.09 L	O	Jovanah McGluwa	12	CASC CPT 23/12 - 12 Aqua Azzurra Foundation OWS - Series
10	25:57.74 L	O	Hannah Van Heerden	12	AACTA CPT 23/12 - 12 Aqua Azzurra Foundation OWS - Series
12 -	27:17.79 L	F	Liane Van Zyl	12	UPSK ZMD 23/12 - 12 AGE GROUP 3 UPINGTON 2024
12	27:58.94 L	O	Ava Grebe	12	CUHE OBD 18/01/2025 WC OWS Champs / Aqua Azzurra

Individual Top Times

Times since: 01-May-24

Times until: 30-Apr-25

Number of Top Times: All

Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
13	28:33.33 L	O	Chloe Rautenbach	12	UNIU EZD	16/02/2025	MPUMALANGA OPEN WATER 16
14	28:49.08 L	O	Juno Bouwer	12	TYGE CPT	18/01/2025	WC OWS Champs / Aqua Azzurra
15	29:00.35 L	O	Charlotte Hofinger	12	ASAC CPT	18/01/2025	WC OWS Champs / Aqua Azzurra
16	29:01.00 L	O	Paiton Van Der Merwe	12	CA ECU	20/10/2024	Manyaka OW Sprint 2024
17	29:32.57 L	O	Gia Newkirk	12	TYGE CPT	23/12 - 12	Aqua Azzurra Foundation OWS - Series
18	29:41.38 L	O	Noluthando Nkosi	12	NSAD EZD	16/02/2025	MPUMALANGA OPEN WATER 16
19	29:57.77 L	F	Areli Muyaka	12	HARB BPD	09/12 - 12	NWS Age Group 1 & 2 2024
20	31:48.88 L	O	Alessia Barthus	12	MANT CPT	18/01/2025	WC OWS Champs / Aqua Azzurra
21	31:49.65 L	O	Zara Field	12	SAAW CPT	18/01/2025	WC OWS Champs / Aqua Azzurra
22	32:04.00 L	O	Zia Habib	12	MDOL JHB	20/10/2024	Manyaka OW Sprint 2024
23	35:48.00 L	O	Alexis Visagie	12	BEST NMA	19/01/2025	NMBA OWS Championships 2025
Women 12 - 12 -12 3000 Free							
1	20:24.96 L	P	Shalea Hamilton	12	ECA BUF	07/03/2025	SA National OWS Championship
2	44:12.14 L	O	Aqeelah Williams	12	WCA CPT	07/03/2025	SA National OWS Championship
3	51:29.36 L	O	Amelie Billson	12	CASC CPT	18/01/2025	WC OWS Champs / Aqua Azzurra
4	52:10.13 L	O	Saffiya Emjedi	12	SAAW CPT	23/12 - 12	Aqua Azzurra Foundation OWS - Series
5	1:12 - 12 L	O	Ilê Ferreira	12	VRC TSH	20/10/2024	Manyaka OW Sprint 2024
Women 12 - 12 -12 50 Back							
1	33.08 L	F	Shalea Hamilton	12	BEST NMA	31/01/2025	Infinity Gala 2025
2	33.14 L	F	Ava Bosch	12	DRGN JHB	25/04/2025	SA National Junior Age Grou-WCA
3	33.92 L	F	Mia Jansen van Rensburg	12	XCEL CPT	25/04/2025	SA National Junior Age Grou-WCA
4	34.07 L	F	Elizabeth Roth	12	PEAS NMA	31/01/2025	Infinity Gala 2025
5	34.21 L	P	Isabella Goncalves	12	SOUL ECU	20/03/2025	SA Level 3 Champs 2025-NT
6	34.35 L	F	Riley Haupt	12	CA ECU	05/12/2024	EGA Summer Championships
7	34.45 L	F	Anja Boshoff	12	TYGE CPT	25/04/2025	SA National Junior Age Grou-WCA
8	34.60 L	F	Uma Pearson-Adams	12	SAAW CPT	20/03/2025	SA Level 3 Regional Age Group
9	34.77 L	F	Sarah-Kate Odendaal	12	WCS	05/04/2025	SA Schools Swimming Championship
10	34.97 L	F	Ineke Van Maarleveld	12	LPS	05/04/2025	SA Schools Swimming Championship
12 -	35.01 L	P	Sophia Gullan	12	WCS	05/04/2025	SA Schools Swimming Championship
12	35.16 L	F	Annabel Meyer	12	FSA FS	25/01/2025	4+1 INTERPROVINCIAL GALA 2025
13	35.22 L	F	Barcelona Xaba	12	SASE JHB	25/04/2025	SA National Junior Age Grou-WCA
14	35.27 L	F	Victoria Meyburgh	12	CA ECU	25/04/2025	SA National Junior Age Grou-WCA
15	35.66 L	F	Megan Palmer	12	AFIN JHB	20/03/2025	SA Level 3 Champs 2025-NT
16	35.85 L	F	Nadelija Pillay	12	VHD ZLD	26/03/2025	SA Level 3 Regional Age Group
17	36.01 L	F	Rirhandzu Chauke	12	DORE JHB	20/03/2025	SA Level 3 Champs 2025-NT
18	36.03 L	F	Alize Engelbrecht	12	CSA EZD	14/09/2024	MP SPRINT GALA 14 SEPTEMBER
19	36.08 L	F	Mienke Kok	12	INFA NMA	22/02/2025	Eastern Cape School Provincial Trials
20	36.14 L	F	Jovanah McGluwa	12	CASC CPT	22/02/2025	Swartland Invitational Gala 2025
21	36.27 L	F	Kayla Gerber	12	STAQ CED	20/03/2025	SA Level 3 Regional Age Group
22	36.43 L	P	Alexis De Witt	12	TUKS TSH	25/04/2025	SA National Junior Age Grou-WCA
23	36.52 L	F	Jenna Nieuwoudt	12	SWAR WCD	20/03/2025	SA Level 3 Regional Age Group
24	36.91 L	P	Katherine Harrop-Allin	12	CSC TSH	25/04/2025	SA National Junior Age Grou-WCA
25	36.95 L	P	Alessia Barthus	12	WCS	05/04/2025	SA Schools Swimming Championship
26	37.03 L	F	Anna Horn	12	XCEL CPT	17/10/2024	43rd Freda Barnard Invitational Gala
27	37.07 L	F	Olivia Kruger	12	PLAY CED	05/12/2024	Western Cape LC-A Championship 2024
28	37.08 L	P	Mikayla Oliver	12	PAC TSH	25/04/2025	SA National Junior Age Grou-WCA
29	37.19 L	F	Danica Marrier D'Unienville	12	KLOO ETH	26/03/2025	SA Level 3 Regional Age Group
30	37.22 L	F	Milani Butau	12	BEST NMA	17/08/2024	Madibaz Swim Meet 2024
31	37.28 L	F	Laila Christie	12	USC BUF	13/12/2024	NMBA Championships 2024
32*	37.38 L	F	Wilhelmina Erasmus	12	LSBOS WB	02/12 - 12	Limpopo LS - Top 8 skole 2024
32*	37.38 L	P	Mignon Swart	12	CSA EZD	25/04/2025	SA National Junior Age Grou-WCA
34	37.40 L	F	Carinke Wessels	12	BLOT MAN	06/09/2024	Bull Sharks Annual Gala
35	37.43 L	F	Lia van Heerden	12	BS LLD	26/03/2025	SA Level 3 Regional Age Group
36	37.48 L	P	Inge Du Plessis	12	SS MPD	20/03/2025	SA Level 3 Champs 2025-NT
37	37.55 L	P	Shiloh Cruywagen	12	SEAL UMD	02/07/2024	Prestige Tournament 2024
38*	37.64 L	P	Taylor Ten Napel	12	BEAV ETH	25/04/2025	SA National Junior Age Grou-WCA
38*	37.64 L	F	Leila Parker	12	SSISA CPT	20/03/2025	SA Level 3 Regional Age Group
40	37.73 L	P	Amelie Billson	12	CASC CPT	05/12/2024	Western Cape LC-A Championship 2024

Individual Top Times

Times since: 01-May-24
Number of Top Times: All

Times until: 30-Apr-25
Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
41	37.74 L	P	Christie Snyders	12	VALS FDD	04/12/2024	Free State Champs 2024
42	37.83 L	F	Lumka Zamisa	12	HREF BP	09/12 - 12	NWS Age Group 1 & 2 2024
43	37.95 L	F	Isabella Haldane	12	FISH EDD	30/12 - 12	Eden LC Champs 2024
44	37.96 L	P	Aqeelah Williams	12	UWCA CPT	05/12/2024	Western Cape LC-A Championship 2024
45	37.98 L	F	Samantha Wilson	12	INFA NMA	22/02/2025	Eastern Cape School Provincial Trials
46	38.07 L	P	Mia Vorster	12	WELA LLD	20/03/2025	SA Level 3 Champs 2025-NT
47*	38.34 L	P	Abby Mostert	12	AWIN TSH	20/03/2025	SA Level 3 Champs 2025-NT
47*	38.34 L	P	Georgia Sabbagha	12	PAQU CED	05/12/2024	Western Cape LC-A Championship 2024
47*	38.34 L	P	Johané Burger	12	ROA EDD	25/04/2025	SA National Junior Age Grou-WCA
47*	38.34 L	P	Caitlin Barnes	12	SAAW CPT	20/03/2025	SA Level 3 Regional Age Group
51	38.35 L	P	Laila van Antwerpen	12	PAC TSH	25/04/2025	SA National Junior Age Grou-WCA
52	38.38 L	P	Nina Oosthuizen	12	NSAD EZD	20/03/2025	SA Level 3 Champs 2025-NT
53	38.39 L	P	Danika Steyn	12	KSC EZD	20/03/2025	SA Level 3 Champs 2025-NT
54	38.42 L	F	Danica Marrier D'Unienville	12	KZNS	05/04/2025	SA Schools Swimming Championship
55*	38.50 L	F	Micah Gomes	12	TUKS TSH	13/09/2024	NTS September Age Group 2024
55*	38.50 L	F	Alyssa Coetzer	12	RSA	04/10/2024	Curro AquaElite Gala
55*	38.50 L	P	Phillipa Williams	12	SOUL ECU	20/03/2025	SA Level 3 Champs 2025-NT
58	38.55 L	F	Morgan Kaschula	12	SPS BUF	22/02/2025	Eastern Cape School Provincial Trials
59	38.60 L	P	Megan Jacobs	12	WSTV ETH	02/07/2024	Prestige Tournament 2024
60	38.61 L	F	Grace Julies	12	XCEL CPT	07/09/2024	CTA Qualifying Meet 4 (L3 & Above)
61	38.66 L	F	Nicoline Du Preez	12	NWUC KKD	23/12 - 12	NWS Age Group 3 + 4 2024
62*	38.71 L	P	Hannah Van Heerden	12	AACTA CPT	05/12/2024	Western Cape LC-A Championship 2024
62*	38.71 L	F	Holli Tait	12	RSA	04/10/2024	Curro AquaElite Gala
64	38.74 L	F	Emily Hengst	12	CASC CPT	20/03/2025	SA Level 3 Regional Age Group
65*	38.76 L	F	Jessica Jansen van Vuuren	12	SEAL UMD	02/07/2024	Prestige Tournament 2024
65*	38.76 L	F	Milah Allen	12	PER JHB	27/03/2025	SA Level 2 Champs 2025-EGA
67	39.05 L	F	Nokutenda Tembo	12	KNYA EDD	30/12 - 12	Eden LC Champs 2024
68	39.08 L	F	Shelby Schoeman	12	CA ECU	26/10/2024	Summer 3 Delville
69	39.09 L	F	Noa Sebastiao	12	TUKS TSH	21/02/2025	NTS Age Group Feb Tuks
70	39.13 L	F	Sisanda Palframan	12	SEAL UMD	26/03/2025	SA Level 3 Regional Age Group
71	39.18 L	P	Emma Van Deventer	12	SGUL ETH	02/07/2024	Prestige Tournament 2024
72	39.19 L	P	Khalalelo Ratlhogo	12	ESP ECU	20/03/2025	SA Level 3 Champs 2025-NT
73	39.26 L	F	Karlia Degenaar	12	TUKS TSH	18/10/2024	NTS Level 3+ October Age Group 2024
74	39.27 L	P	Jadine Grobler	12	LPS	05/04/2025	SA Schools Swimming Championship
75	39.41 L	F	Unathi Vuyeqaba	12	TUKS TSH	22/02/2025	EGA Lets Sprint Incorp Gauteng Schools
76	39.43 L	F	Lize De Wet	12	SS MPD	29/12 - 12	Limpopo Champs 2024
77	39.46 L	F	Evie du Plessis	12	BLOT MAN	25/10/2024	Neptunes Gala
78	39.50 L	P	Taylor-Rose Botes	12	CA ECU	20/03/2025	SA Level 3 Champs 2025-NT
79	39.53 L	F	Zethembiso Mbambo	12	PSCP UMD	31/03/2025	SA Level 2 Champs 2025-KZN
80	39.54 L	P	Mattae Morel	12	CA ECU	20/03/2025	SA Level 3 Champs 2025-NT
81	39.57 L	P	Alexis Visser	12	MAKO ECU	05/12/2024	EGA Summer Championships
82*	39.58 L	P	Ayyah Jacob	12	RACE JHB	29/12 - 12	CGA Championships 2024
82*	39.58 L	P	Jasmine Woodburn	12	MDOL JHB	29/12 - 12	CGA Championships 2024
84	39.60 L	P	Olivia Nel	12	TGA WCD	05/12/2024	Western Cape LC-A Championship 2024
85	39.70 L	P	Olivia Meyburgh	12	CA ECU	05/12/2024	EGA Summer Championships
86	39.75 L S	F	Emilie Conradie	12	SAAW CPT	02/12 - 12	CTA A & B CHAMPS 2024
87	39.77 L	P	Kate Cheshire	12	MDOL JHB	20/03/2025	SA Level 3 Champs 2025-NT
88	39.80 L	F	Ella Kalp	12	AZON ETH	14/06/2024	AQZ Winter Warmer 2024
89	39.85 L	F	Kaitlyn Haynes-Smart	12	VINE CPT	08/02/2025	WCA-B Champs - 2025
90	39.88 L	P	Nabeeha Raja	12	SPS BUF	03/02/2025	Buffalo City Primary School Trials 2025
91	39.89 L	F	Kara De Wit	12	RFA TSH	18/10/2024	NTS Level 3+ October Age Group 2024
92	39.93 L	P	Zara Jantjies	12	WCS	05/04/2025	SA Schools Swimming Championship
93	40.00 L	F	Tatum Van Zijl	12	OHAN ILD	26/03/2025	SA Level 3 Regional Age Group
94	40.02 L	F	Yvette Louw	12	TYGE CPT	21/09/2024	CTA INVITATIONAL LC MEET
95*	40.03 L	P	Mikayla Coleman	12	TCA ECU	20/03/2025	SA Level 3 Champs 2025-NT
95*	40.03 L	F	Areli Muyaka	12	HARB BPD	28/03/2025	SA Level 2 Regional Age Group Champs
97	40.13 L	P	Amber Spence	12	ELEC TSH	20/03/2025	SA Level 3 Champs 2025-NT
98	40.18 L	P	Riley Sanders	12	HPS TSH	20/03/2025	SA Level 3 Champs 2025-NT
99	40.20 L	F	Annabella Mitchell-Innes	12	PSCP UMD	31/03/2025	SA Level 2 Champs 2025-KZN

Individual Top Times

Times since: 01-May-24
Number of Top Times: All

Times until: 30-Apr-25
Show Long Course Only

	Time	P/F/S	Name	Age/Yr					
100	40.28 L	P	Sophie Kretzmann	12	USC BUF	20/03/2025	SA Level 3 Regional	Age Group	
101	40.29 L	P	Inge Shaw	12	LALE CED	20/03/2025	SA Level 3 Regional	Age Group	
102	40.30 L	F	Vanessa Jurado	12	VINE CPT	21/09/2024	CTA INVITATIONAL LC MEET		
103	40.35 L	F	Gabrielle Brooks	12	INFA NMA	15/06/2024	PEA Winter Gala 2024		
104	40.37 L	F	Emily Koegelenberg	12	XCEL CPT	01/02/2025	CTA BRIAN BUTTON Qualifying Meet		
105*	40.38 L	F	Oyama Baqwa	12	SGUL ETH	13/12/2024	NMBA Championships 2024		
105*	40.38 L	P	Ziane Drenth	12	AWIN TSH	20/03/2025	SA Level 3 Champs 2025-NT		
107	40.42 L	P	Alex Theron	12	CASC CPT	20/03/2025	SA Level 3 Regional	Age Group	
108	40.51 L	P	Jada Hendricks	12	TYGE CPT	05/12/2024	Western Cape LC-A Championship 2024		
109	40.52 L	P	Retshepile Phalafala	12	MDOL JHB	20/03/2025	SA Level 3 Champs 2025-NT		
12 -	40.53 L	P	Mikayla Jordaan	12	CASC CPT	05/12/2024	Western Cape LC-A Championship 2024		
12 -	40.57 L	F	Leah Du Plessis	12	PEAS NMA	31/01/2025	Infinity Gala 2025		
12 -*	40.60 L	F	Briah Boshoff	12	ASAC CPT	08/02/2025	WCA-B Champs - 2025		
12 -*	40.60 L	P	Gia Newkirk	12	TYGE CPT	20/03/2025	SA Level 3 Regional	Age Group	
12 -	40.61 L	F	Sydney Howes	12	HREF BPD	28/03/2025	SA Level 2 Regional Age Group Champs		
12 -	40.67 L	P	Elah-Mae Budram	12	PSCP UMD	26/03/2025	SA Level 3 Regional	Age Group	
12 -	40.68 L S	F	Jua Jonker	12	POTC KKD	07/12/2024	NWS Championships 2024		
12 -	40.73 L	F	Lara Greyling	12	TNDER FDD	04/12/2024	Free State Champs 2024		
12 -	40.75 L	P	Lily Hoar	12	KLOO ETH	02/07/2024	Prestige Tournament 2024		
12 -	40.84 L	F	Marni Snyman	12	ELRAS WBD	27/03/2025	SA Level 2 Champs 2025 EGA		
120	40.86 L	F	Chloe-Leigh Jurgens	12	MANT CPT	22/02/2025	Swartland Invitational Gala 2025		
121	40.88 L	F	Lene Klopper	12	QUIC CPT	22/02/2025	Swartland Invitational Gala 2025		
122*	40.92 L	P	Alexia Smith	12	WATR JHB	29/12 - 12	CGA Championships 2024		
122*	40.92 L	P	Paige Schutze-Langston	12	MDOL JHB	29/12 - 12	CGA Championships 2024		
124	40.94 L	P	Kirsten Cupido	12	CYBE CPT	05/12/2024	Western Cape LC-A Championship 2024		
125	40.98 L	F	Rachel Fletcher	12	CPRIM BUF	03/02/2025	Buffalo City Primary School Trials 2025		
126	41.02 L	P	Scarlett Garassino	12	SASE JHB	27/03/2025	SA Level 2 Champs 2025-EGA		
127	41.03 L	P	Sophie Kretzmann	12	HPPS BUF	03/02/2025	Buffalo City Primary School Trials 2025		
128	41.04 L	F	Kayleigh Brophy	12	AAS JHB	27/03/2025	SA Level 2 Champs 2025 EGA		
129	41.06 L	F	Kayla Kleynhans	12	ROA EDD	17/10/2024	43rd Freda Barnard Invitational Gala		
130	41.07 L	F	Cayleigh Machill	12	BARA ECU	22/02/2025	EGA Lets Sprint Incorp Gauteng Schools		
131*	41.16 L	F	Kristen Bell	12	LSKP WB	01/02/2025	Limpopo School Champs & Limpopo AG		
131*	41.16 L	F	Roxanne Coetzee	12	GHS BP	28/02/2025	NW School Championships 2025		
133	41.17 L	P	Leane Nel	12	EXP TSH	20/03/2025	SA Level 3 Champs 2025-NT		
134	41.24 L	F	Nina Koen	12	FISH EDD	17/10/2024	43rd Freda Barnard Invitational Gala		
135	41.28 L	P	Chloe Rautenbach	12	UNIU EZD	20/03/2025	SA Level 3 Champs 2025-NT		
136	41.33 L	F	Ruvarashe Chibharo	12	TYGE CPT	21/09/2024	CTA INVITATIONAL LC MEET		
137	41.37 L	F	Alexis Kalapac	12	SLAQ CPT	17/10/2024	43rd Freda Barnard Invitational Gala		
138	41.39 L	F	Kara Pretorius	12	SSISA CPT	21/09/2024	CTA INVITATIONAL LC MEET		
139	41.40 L	F	Abigail Paice	12	SOUL ECU	27/03/2025	SA Level 2 Champs 2025 EGA		
140*	41.41 L	F	Zaarah Meyer	12	HTSA CPT	28/03/2025	SA Level 2 Regional Age Group Champs		
140*	41.41 L	F	Helene de Bruyn	12	BULS MAN	28/03/2025	SA Level 2 Regional Age Group Champs		
142	41.44 L	F	Jaimey Shaw	12	PEAS NMA	15/06/2024	PEA Winter Gala 2024		
143	41.46 L	F	Jemma Lloyd	12	VINE CPT	08/02/2025	WCA-B Champs - 2025		
144	41.47 L	P	Kathryn Nolan	12	MDOL JHB	20/03/2025	SA Level 3 Champs 2025-NT		
145	41.53 L	P	Liane Van Zyl	12	UPSK ZMD	20/03/2025	SA Level 3 Regional	Age Group	
146	41.63 L	F	Jessica Arenz	12	MANT CPT	09/12 - 12	Swartland Prestige Gala 2024		
147	41.69 L S	F	Neanè Van Zyl	12	GREY CPT	02/12 - 12	CTA A & B CHAMPS 2024		
148	41.79 L	F	Sarah Schofield	12	SEALE ETH	25/01/2025	uShaka Champs 2025		
149	41.84 L	P	Lara Ainslie	12	LINR JHB	29/12 - 12	CGA Championships 2024		
150	41.86 L	F	Sophia Hutchison	12	GHSK	26/10/2024	KALAHARI CLASSIC		
151	41.93 L	F	Lea Kotzé	12	LSM EZD	28/02/2025	NW School Championships 2025		
152	41.94 L	F	Mienke Gerber	12	FISH EDD	17/10/2024	43rd Freda Barnard Invitational Gala		
153	41.95 L	P	Leah Struwig	12	TUKS TSH	20/03/2025	SA Level 3 Champs 2025-NT		
154	42.01 L	F	Livia Vancoillie	12	QUIC CPT	01/02/2025	CTA BRIAN BUTTON Qualifying Meet		
155	42.04 L	F	Qhanyiya Sizani	12	WWOL TSH	27/03/2025	SA Level 2 Champs 2025-EGA		
156	42.06 L	F	Nina Pieterse	12	DESA NMA	15/06/2024	PEA Winter Gala 2024		
157*	42.14 L	F	Lara Rosenstrauch	12	HTSA CPT	28/03/2025	SA Level 2 Regional Age Group Champs		
157*	42.14 L	F	Karla Wolmarans	12	UPSK ZMD	28/03/2025	SA Level 2 Regional Age Group Champs		

Individual Top Times

Times since: 01-May-24
Number of Top Times: All

Times until: 30-Apr-25
Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
159	42.17 L	P	Hope Churchman	12	SEALE ETH	02/07/2024	Prestige Tournament 2024
160	42.19 L	P	Zia Habib	12	MDOL JHB	29/12 - 12	CGA Championships 2024
161	42.30 L	P	Mercy Theu	12	CRSC JHB	29/12 - 12	CGA Championships 2024
162	42.31 L	P	Tamika Abbey	12	PER JHB	29/12 - 12	CGA Championships 2024
163	42.33 L	F	Esme Bowes	12	CPSC TSH	13/09/2024	NTS September Age Group 2024
164	42.34 L	P	Katelyn Naidoo	12	CA EKU	27/03/2025	SA Level 2 Champs 2025 EGA
165*	42.35 L	P	Caitlin McDowell	12	ESP EKU	20/03/2025	SA Level 3 Champs 2025-NT
165*	42.35 L	F	Summer Fang	12	PEAS NMA	16/12 - 12	5th A League Gala 2024
167	42.38 L	F	Taylynn Boshoff	12	USC BUF	28/03/2025	SA Level 2 Regional Age Group Champs
168	42.41 L	F	Chloe Timperley	12	TRAZ TSH	27/03/2025	SA Level 2 Champs 2025 EGA
169	42.43 L	F	Mienke Pretorius	12	KALA	28/03/2025	SA Level 2 Regional Age Group Champs
170	42.45 L	P	Mia Smit	12	KSC EZD	29/12 - 12	Mpumalanga Championships 2024
171	42.55 L	F	Elizabeth Vd Berg	12	TUKS TSH	12 - 12	NTS Level 1+2 October Age Group 2024
172	42.59 L	F	Rebecca Osler	12	VINE CPT	28/03/2025	SA Level 2 Regional Age Group Champs
173*	42.63 L	F	Brooklyn Terwin	12	USC BUF	13/12/2024	NMBA Championships 2024
173*	42.63 L	P	Elizabeth Kamara	12	NSFED	27/03/2025	SA Level 2 Champs 2025 EGA
175	42.64 L	P	Leah-Bella Budram	12	PSCP UMD	31/03/2025	SA Level 2 Champs 2025-KZN
176	42.67 L	P	Paiton Van Der Merwe	12	CA EKU	05/12/2024	EGA Summer Championships
177	42.68 L	F	Zoe Kruger	12	LALE CED	08/02/2025	WCA-B Champs - 2025
178	42.70 L	P	Isabella Vreenegoor	12	CRSC JHB	29/12 - 12	CGA Championships 2024
179	42.71 L	F	Charné De Bruin	12	TUKS TSH	13/09/2024	NTS September Age Group 2024
180*	42.75 L	F	Cayla Fourie	12	CSA EZD	14/09/2024	MP SPRINT GALA 14 SEPTEMBER
180*	42.75 L	P	Anastacia Coelho	12	CA EKU	05/12/2024	EGA Summer Championships
182	42.83 L	F	Oyama Tuta	12	PELIC MAN	04/12/2024	Free State Champs 2024
183*	42.85 L	F	Mila Barkhuysen	12	GREY CPT	08/02/2025	WCA-B Champs - 2025
183*	42.85 L	F	Mikaela Van Heerden	12	TUKS TSH	13/09/2024	NTS September Age Group 2024
185	42.89 L	F	Kenzy Barnard	12	FISH EDD	17/10/2024	43rd Freda Barnard Invitational Gala
186	43.04 L	F	Sienna Goedhals	12	SPS BUF	03/02/2025	Buffalo City Primary School Trials 2025
187	43.08 L	F	Ella Myburgh	12	INFA NMA	14/09/2024	3rd A League Gala 2024
188	43.13 L	P	Lauren Kleinhans	12	AA JHB	27/03/2025	SA Level 2 Champs 2025 EGA
189	43.14 L	F	Madison Harris	12	SOUL EKU	26/10/2024	Summer 3 Delville
190*	43.16 L	F	Zoe Lambropoulos	12	TRAZ TSH	12 - 12	NTS Level 1+2 October Age Group 2024
190*	43.16 L	P	Kiarah Beukes	12	AWIN TSH	27/03/2025	SA Level 2 Champs 2025 EGA
192	43.19 L	F	Lua Store	12	EVO CPT	22/02/2025	Swartland Invitational Gala 2025
193*	43.23 L S	F	Liane Muller	12	INFA NMA	17/01/2025	6th A League Gala 2025
193*	43.23 L	P	Zekhethelo Radebe	12	PSCP UMD	26/03/2025	SA Level 3 Regional Age Group
193*	43.23 L	F	Zarah Matthee	12	KHAY CPT	28/03/2025	SA Level 2 Regional Age Group Champs
196	43.27 L	F	Sloan Warner	12	INFA NMA	16/12 - 12	5th A League Gala 2024
197	43.29 L	P	Amahle Mdlalose	12	CSC TSH	27/03/2025	SA Level 2 Champs 2025 EGA
198*	43.37 L	F	Wilhandi Meyer	12	UPS NMA	18/02/2025	Inter Primary 2025
198*	43.37 L	F	Ava Grebe	12	CUHE OBD	22/02/2025	Swartland Invitational Gala 2025
200	43.43 L	F	Rebecca Joubert	12	COLJ NMA	22/02/2025	Eastern Cape School Provincial Trials
201*	43.45 L	F	Clara Duvenage	12	CA EKU	22/02/2025	EGA Lets Sprint Incorp Gauteng Schools
201*	43.45 L S	F	Micah Louw	12	MANT CPT	02/12 - 12	CTA A & B CHAMPS 2024
203*	43.56 L	F	Juno Bouwer	12	TYGE CPT	08/02/2025	WCA-B Champs - 2025
203*	43.56 L	F	Lara Van Veelen	12	LSDWK MPD	01/02/2025	Limpopo School Champs & Limpopo AG
205	43.57 L	F	Racquelle Saporta	12	INFA NMA	15/06/2024	PEA Winter Gala 2024
206*	43.63 L	F	Luah Theron	12	TUKS TSH	18/10/2024	NTS Level 3+ October Age Group 2024
206*	43.63 L	F	Karli Karstens	12	FISH EDD	30/12 - 12	Eden LC Champs 2024
208	43.64 L	P	Alexianne Metzger	12	SWIFT EKU	27/03/2025	SA Level 2 Champs 2025 EGA
209	43.66 L	F	Gabriella Bengell	12	BLNE MAN	27/09/2024	Seals Gala 2
210	43.68 L	F	Jana Booysen	12	CUHE OBD	08/02/2025	WCA-B Champs - 2025
212	43.73 L	P	Xia Jacobs	12	WSTV ETH	02/07/2024	Prestige Tournament 2024
212	43.86 L	P	Milla Da Silva	12	CA EKU	27/03/2025	SA Level 2 Champs 2025-EGA
213	43.90 L	P	Alexa Steenkamp	12	CPSC! TS	27/03/2025	SA Level 2 Champs 2025 EGA
214	43.97 L	F	Amore Breytenbach	12	QSAW CED	22/02/2025	Swartland Invitational Gala 2025
215	44.04 L	F	Emma Ristow	12	USC BUF	22/02/2025	Eastern Cape School Provincial Trials
216	44.16 L	F	Jade Sansom	12	CPRIM BUF	03/02/2025	Buffalo City Primary School Trials 2025
217	44.18 L	P	Ilê Ferreira	12	VRC TSH	27/03/2025	SA Level 2 Champs 2025 EGA

Individual Top Times

Times since: 01-May-24
Number of Top Times: All

Times until: 30-Apr-25
Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
218	44.21 L	F	Lienke Van Wyk	12	BULS MAN	06/09/2024	Bull Sharks Annual Gala
219	44.23 L	F	Bonaventure Makore	12	ASAC CPT	21/09/2024	CTA INVITATIONAL LC MEET
220	44.26 L	F	Micaela Fourie	12	NSAD EZD	29/12 - 12	Mpumalanga Championships 2024
221	44.28 L	F	Charlotte Hofinger	12	ASAC CPT	21/09/2024	CTA INVITATIONAL LC MEET
222	44.33 L	F	Leandi Liebenberg	12	SS MPD	12/10/2024	Limpopo Age Group 4
223	44.38 L	P	Jisthi Maharaj	12	ACSA ETH	02/07/2024	Prestige Tournament 2024
224	44.44 L	F	Jenna Leppan	12	AZON ETH	25/01/2025	uShaka Champs 2025
225	44.47 L S	F	Keira Lin	12	CYBE CPT	02/12 - 12	CTA A & B CHAMPS 2024
226	44.48 L	P	Marizelle Vermaak	12	HREF BPD	28/03/2025	SA Level 2 Regional Age Group Champs
227	44.52 L	F	Mackenzie Dekker	12	RSA	04/10/2024	Curro AquaElite Gala
228	44.56 L	F	Zingce Mfabe	12	CPRIM BUF	03/02/2025	Buffalo City Primary School Trials 2025
229	44.60 L	F	Zanli Le Roux	12	AGAQ OBD	08/02/2025	WCA-B Champs - 2025
230	44.61 L	P	Annabella Husselmann	12	NSFED	27/03/2025	SA Level 2 Champs 2025 EGA
231	44.66 L	F	Elmane' de Wet	12	BLOT MAN	04/12/2024	Free State Champs 2024
232	44.77 L	F	Amelia-Rose Schutzler	12	HARL BUF	22/02/2025	Eastern Cape School Provincial Trials
233	44.83 L	F	Paballo Nkosi	12	FAC ECU	12/10/2024	EGA Summer 2
234	44.90 L	F	Marjoné MacLachlan	12	STGR XRD	06/12/2024	NCASA CHAMPS 2024
235	45.00 L	F	Mia Benade	12	UPSK ZMD	18/01/2025	AGE GROUP 5 UPT2025
236	45.02 L	P	Mieke Smit	12	UNI EZD	29/12 - 12	Mpumalanga Championships 2024
237	45.16 L	F	Lathitha Dewavrin	12	PEAS NMA	14/09/2024	3rd A League Gala 2024
238	45.18 L	F	Malin Swart	12	GPS EDD	03/02/2025	Buffalo City Primary School Trials 2025
239*	45.22 L	F	Grizelda Janse van Rensburg	12	NWUC KKD	09/12 - 12	NWS Age Group 1 & 2 2024
239*	45.22 L	P	Lily Sykes	12	TUKS TSH	27/03/2025	SA Level 2 Champs 2025-EGA
241	45.37 L	F	Chanel Smit	12	ELEC TSH	13/09/2024	NTS September Age Group 2024
242	45.41 L	P	Ava van der Mescht	12	DESA NMA	20/03/2025	SA Level 3 Regional Age Group
243	45.43 L	F	Carlie van der Veen	12	VRC TSH	12 - 12	NTS Level 1+2 October Age Group 2024
244	45.55 L	F	Alexei Slabbert	12	ASAC CPT	08/02/2025	WCA-B Champs - 2025
245	45.56 L S	F	Lana Coetzee	12	QUIC CPT	02/12 - 12	CTA A & B CHAMPS 2024
246	45.65 L	F	Jazmin Anthony	12	PAQU CED	09/12 - 12	Winelands SL4
247	45.67 L	F	Michaela Hirst	12	MCS BP	28/02/2025	NW School Championships 2025
248	45.72 L	F	Izeldi Van Niekerk	12	LSPN MP	01/02/2025	Limpopo School Champs & Limpopo AG
249	45.79 L	F	Megan Wing	12	GREY CPT	08/02/2025	WCA-B Champs - 2025
250	45.82 L	P	Abijah Smith	12	NSFED	27/03/2025	SA Level 2 Champs 2025 EGA
251	45.86 L S	F	Amogelang Mamabolo	12	HARB BPD	07/12/2024	NWS Championships 2024
252	45.97 L	F	Wilmie Fourie	12	UPSK ZMD	19/10/2024	NCASA AGE GROUP 1 UPT 2024
253*	46.03 L	P	Morgan Graham	12	CPRIM BUF	03/02/2025	Buffalo City Primary School Trials 2025
253*	46.03 L	P	Maya Sissing	12	TUKS TSH	27/03/2025	SA Level 2 Champs 2025 EGA
255	46.04 L	F	Destheonique Julius	12	KALA	01/12 - 12	UPINGTON PRESTIGE GALA 2024
256	46.09 L	F	Vibha Fakir	12	USC BUF	13/12/2024	NMBA Championships 2024
257	46.12 - 12 L S	F	Emily Botha	12	ASAC CPT	02/12 - 12	CTA A & B CHAMPS 2024
258	46.13 L	F	Imke Swanepoel	12	FISH EDD	17/10/2024	43rd Freda Barnard Invitational Gala
259	46.14 L	F	Mia Cyster	12	EVO CPT	09/12 - 12	Swartland Prestige Gala 2024
260	46.16 L	F	Mia Witbooi	12	RETR CPT	28/03/2025	SA Level 2 Regional Age Group Champs
261	46.25 L	P	Zahraa Essack	12	ATLA JHB	20/03/2025	SA Level 3 Champs 2025-NT
262	46.27 L	F	Lize-Mari Vorster	12	WELL CED	22/02/2025	Swartland Invitational Gala 2025
263	46.31 L	P	Dominique Birkenstock	12	JAQ ECU	27/03/2025	SA Level 2 Champs 2025-EGA
264	46.33 L	P	Leno Mongwaketse	12	PRSC	27/03/2025	SA Level 2 Champs 2025 EGA
265	46.44 L	P	Leandi Swarts	12	PSA ZLD	31/03/2025	SA Level 2 Champs 2025-KZN
266	46.46 L	F	Dominic De Jager	12	USH KCD	28/09/2024	KCDA Age Group 1 2024
267	46.53 L	P	Maya Owen	12	SPS BUF	03/02/2025	Buffalo City Primary School Trials 2025
268	46.54 L S	F	Caroline Angius	12	STAR BPD	07/12/2024	NWS Championships 2024
269	46.58 L	F	Alexis Visagie	12	BEST NMA	28/03/2025	SA Level 2 Regional Age Group Champs
270	46.65 L	F	Liné Schoeman	12	FISH EDD	17/10/2024	43rd Freda Barnard Invitational Gala
271	46.70 L	P	Summer Moonsamy	12	BEAV ETH	31/03/2025	SA Level 2 Champs 2025-KZN
272	46.72 L	F	Emma Grobler	12	KZNA ETH	01/03/2025	Provincial Level 1 Age Group
273	46.74 L	P	Taeya Roper	12	HPS TSH	27/03/2025	SA Level 2 Champs 2025 EGA
274	46.76 L	F	Le-May Van Zyl	12	ELRAS WBD	12/10/2024	Limpopo Age Group 4
275	46.81 L	F	Madyson le Roux	12	POTC KKD	09/12 - 12	NWS Age Group 1 & 2 2024
276	46.83 L	F	Mijone Beyers	12	CA ECU	01/02/2025	EGA Last Chance Gala

Individual Top Times

Times since: 01-May-24

Times until: 30-Apr-25

Number of Top Times: All

Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
277	46.85 L	P	Amoussou Viwassi	12	LINR JHB	27/03/2025	SA Level 2 Champs 2025 EGA
278	46.95 L S	F	Hester Janse van Rensburg	12	NWUC KKD	07/12/2024	NWS Championships 2024
279	47.03 L	P	Zayra Davids	12	HPPS BUF	03/02/2025	Buffalo City Primary School Trials 2025
280	47.12 L	F	Skyla De Lange	12	HPPS BUF	22/02/2025	Eastern Cape School Provincial Trials
281	47.18 L	P	Rorisang Monareng	12	BLNE MAN	28/03/2025	SA Level 2 Regional Age Group Champs
282*	47.26 L	F	Emihle Mnunu	12	FRA KCD	09/12 - 12	KCDA Age Goup 2 2024
282*	47.26 L S	F	Cara van Wyk	12	BARR CPT	02/12 - 12	CTA A & B CHAMPS 2024
284	47.32 L	F	Talia Grantham	12	PSCP UMD	01/03/2025	Provincial Level 1 Age Group
285	47.41 L S	F	Zara Field	12	SAAW CPT	02/12 - 12	CTA A & B CHAMPS 2024
286	47.45 L	P	Kgalalelo Makoloi	12	AZON ETH	31/03/2025	SA Level 2 Champs 2025-KZN
287	47.50 L	F	Noluthando Nkosi	12	NSAD EZD	14/02/2025	MP AGE GROUP 6 GALA 14-15
288	47.63 L	F	Tenele Taole	12	SWIFT ECU	12/10/2024	EGA Summer 2
289	47.71 L	F	Isabellea Dhassiah	12	RETR CPT	21/09/2024	CTA INVITATIONAL LC MEET
290	47.82 L	F	Mila Pile	12	FISH EDD	30/12 - 12	Eden LC Champs 2024
291	47.94 L	F	Nyandano Madaba	12	FAC ECU	12/10/2024	EGA Summer 2
292	47.97 L	F	Catharina Coetzer	12	QUIC CPT	22/02/2025	Swartland Invitational Gala 2025
293	48.01 L	F	Liané Stoltz	12	UNIU EZD	01/03/2025	SSA LEVEL 1 REGIONAL CHAMPS
294	48.07 L	F	Elsa Massawe	12	CA ECU	01/02/2025	EGA Last Chance Gala
295	48.13 L	F	Suhanna White	12	AQUA UTD	12 - 12	Uthukela District Age Group Gala
296	48.15 L S	F	Shyla Lutchman	12	VINE CPT	02/12 - 12	CTA A & B CHAMPS 2024
297	48.17 L	P	Kyleigh Shelton	12	ESTR ECU	05/12/2024	EGA Summer Championships
298	48.30 L	F	Alexia Dippenaar	12	BS LLD	06/09/2024	Bull Sharks Annual Gala
299	48.38 L	F	Tionie Groenewald	12	CLA WCD	22/02/2025	Swartland Invitational Gala 2025
300	48.44 L	F	Amogelang Kutu	12	SS MPD	12/10/2024	Limpopo Age Group 4
301	48.45 L	F	Tumisho Mojapelo	12	WWOL TSH	13/09/2024	NTS September Age Group 2024
302	48.46 L	F	Larika Pretorius	12	KALA	19/10/2024	NCASA AGE GROUP 1 KATHU 2024
303	48.48 L	F	Leah Wentzel	12	MARL CPT	17/10/2024	43rd Freda Barnard Invitational Gala
304	48.56 L	F	Annika Schuch	12	RBOT BPD	09/12 - 12	NWS Age Group 1 & 2 2024
305*	48.65 L	F	Nandile Shabalala	12	AQUA UTD	12 - 12	Uthukela District Age Group Gala
305*	48.65 L	P	Manisha Warne	12	NSFED	27/03/2025	SA Level 2 Champs 2025 EGA
307	48.70 L	F	Dané Schoeman	12	FISH EDD	30/12 - 12	Eden LC Champs 2024
308	48.76 L	P	Rachel Konigkramer	12	PSCP UMD	31/03/2025	SA Level 2 Champs 2025-KZN
309	48.83 L	F	Morgan Martins	12	UNIC CCD	02/12 - 12	Limpopo LS - Top 8 skole 2024
310	48.84 L	F	Madison Neethling	12	CPPS NMA	08/02/2025	Nelson Mandela Bay Schools Trials & 1st
312	48.85 L	F	Salma Lee	12	MANT CPT	22/02/2025	Swartland Invitational Gala 2025
312	49.21 L	F	Lisasa Faltein	12	PEAS NMA	17/08/2024	Madibaz Swim Meet 2024
313	49.25 L	P	Skyler Engelbrecht	12	CAMPB BUF	03/02/2025	Buffalo City Primary School Trials 2025
314	49.31 L	P	Isablla Tesmer	12	GPS EDD	03/02/2025	Buffalo City Primary School Trials 2025
315	49.48 L	P	Tshiamo Mlangeni	12	UNI EZD	29/12 - 12	Mpumalanga Championships 2024
316	49.51 L S	F	Luniko Manise	12	WALM CPT	02/12 - 12	CTA A & B CHAMPS 2024
317	49.56 L	F	Aaminah Spruit	12	WEST CPT	09/12 - 12	Swartland Prestige Gala 2024
318	49.62 L	F	Emily Sayers	12	MANT CPT	22/02/2025	Swartland Invitational Gala 2025
319	49.65 L	P	Dikgang Mokgele	12	MAKO ECU	05/12/2024	EGA Summer Championships
320	49.69 L	P	Alexis Krouse	12	HPPS BUF	03/02/2025	Buffalo City Primary School Trials 2025
321*	49.70 L	F	Basse Molai	12	BULS MAN	04/12/2024	Free State Champs 2024
321*	49.70 L	F	Rebecca Lawlor	12	TPS BPD	22/02/2025	Eastern Cape School Provincial Trials
323	49.86 L	F	Anathi Qamba	12	FAC ECU	26/10/2024	Summer 3 Delville
324	49.90 L	P	Emma Venter	12	PSCP UMD	31/03/2025	SA Level 2 Champs 2025-KZN
325	49.96 L	F	Lerina Thomas	12	SWAR WCD	09/12 - 12	Swartland Prestige Gala 2024
326	50.09 L	F	Machayda Titus	12	MARL CPT	08/02/2025	WCA-B Champs - 2025
327	50.33 L	P	Mienke Grobler	12	BULS MAN	28/03/2025	SA Level 2 Regional Age Group Champs
328	50.46 L	F	Emma Canham	12	PELIC MAN	01/03/2025	Provincial Level 1 Age Group
329	50.56 L	P	Larissa Shaetonhodi	12	NSFED	27/03/2025	SA Level 2 Champs 2025 EGA
330	50.89 L	F	Eryn Botwood	12	CA ECU	26/10/2024	Summer 3 Delville
331	50.90 L	F	Kyla De Beer	12	SS MPD	12/10/2024	Limpopo Age Group 4
332	50.93 L	F	Daniella Gatang'i	12	CPPS NMA	08/02/2025	Nelson Mandela Bay Schools Trials & 1st
333	51.14 L	F	Rone Putter	12	ACAQ CCD	12/10/2024	Limpopo Age Group 4
334	51.17 L	F	Sade Kenny	12	SRAY BUF	22/12 - 12	BCA Long Course Championships 2024
335	51.40 L	P	Hadassah Sibanda	12	BASA	27/03/2025	SA Level 2 Champs 2025 EGA

Individual Top Times

Times since: 01-May-24

Times until: 30-Apr-25

Number of Top Times: All

Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
336	51.61 L	F	Lethabo Nyandeni	12	TUKS TSH	12 - 12	NTS Level 1+2 October Age Group 2024
337	51.96 L	F	Isabel Erasmus	12	CPPS NMA	08/02/2025	Nelson Mandela Bay Schools Trials & 1st
338	51.98 L	F	Lungile Ndaba	PR	VASA EKU	26/10/2024	Summer 3 Delville
339	52.06 L	F	Unarine Mulaudzi	12	PGAC EKU	01/02/2025	EGA Last Chance Gala
340	52.09 L	F	Marion Münch	12	RBUR BPD	09/12 - 12	NWS Age Group 1 & 2 2024
341	52.16 L	F	Mokgabo Monnana	12	TLAC BPD	09/12 - 12	NWS Age Group 1 & 2 2024
342	52.28 L	F	Madison Thiarde	12	EVO CPT	22/02/2025	Swartland Invitational Gala 2025
343	52.52 L	F	Noorjhan Samie	12	MANT CPT	22/02/2025	Swartland Invitational Gala 2025
344*	52.59 L	F	Lily Lucas	12	KHAY CPT	17/10/2024	43rd Freda Barnard Invitational Gala
344*	52.59 L	F	Ikageng Moloko	12	TUKS TSH	12 - 12	NTS Level 1+2 October Age Group 2024
346*	52.67 L	F	Nicole Jonas	12	PLAY CED	17/10/2024	43rd Freda Barnard Invitational Gala
346*	52.67 L	F	Nicolene Filo	12	EXP TSH	12 - 12	NTS Level 1+2 October Age Group 2024
348	52.76 L	F	Charlie De Wet	12	MANT CPT	22/02/2025	Swartland Invitational Gala 2025
349	52.95 L	F	Amy Moodley	12	HHPs NMA	22/02/2025	Eastern Cape School Provincial Trials
350	53.08 L	F	Meagan Lee	12	HHPs NMA	08/02/2025	Nelson Mandela Bay Schools Trials & 1st
351	53.13 L	F	Joni Mabaso	12	CBC FBD	15/02/2025	AGE GROUP 6 KBY 2025
352	x53.25 L	F	Emily Louw	12	UWCA CPT	08/02/2025	WCA-B Champs - 2025
353	53.52 L	F	Hani Salie	12	LALE CED	17/10/2024	43rd Freda Barnard Invitational Gala
354	53.65 L	P	Menieke Rowe-Rowe	12	BULS MAN	28/03/2025	SA Level 2 Regional Age Group Champs
355	53.85 L	F	Charlotte Gosling	12	LSJM SKD	02/12 - 12	Limpopo LS - Top 8 skole 2024
356	53.88 L	F	Almmz Plaatjies	12	WEST CPT	09/12 - 12	Swartland Prestige Gala 2024
357	53.99 L	F	Katia Cerone	12	HAAG UTD	01/03/2025	Provincial Level 1 Age Group
358	54.02 L	F	Nika Smit	12	BS LLD	01/03/2025	Provincial Level 1 Age Group
359	54.13 L S	F	Zaida Hendricks	12	WALM CPT	02/12 - 12	CTA A & B CHAMPS 2024
360	54.14 L S	F	Mia-Marie van Zyl	12	HREF BPD	07/12/2024	NWS Championships 2024
361	54.31 L	F	Miyanke Landmann	12	BETH FDD	01/03/2025	Provincial Level 1 Age Group
362	54.56 L	P	Lea Nel	12	OGIM BUF	03/02/2025	Buffalo City Primary School Trials 2025
363	54.82 L	P	Penelope Mullineux	12	AASC EZD	29/12 - 12	Mpumalanga Championships 2024
364	54.85 L	F	Taylor Kotzee	12	GAA CPT	22/02/2025	Swartland Invitational Gala 2025
365	54.89 L	F	Emma Marais	12	WATR JHB	25/01/2025	CGA Summer Gala #4 Level 2+ 25 Jan
366	54.95 L	F	Annemi Loots	12	SWAR WCD	09/12 - 12	Swartland Prestige Gala 2024
367	55.02 L	F	Elizabeth Gouws	12	KNYA EDD	22/02/2025	EDEN 5th A-League Gala 2025
368	55.10 L	F	Tahlia Roelofsz	12	VHD ZLD	02/12 - 12	Uthukela District Age Group Gala
369	55.44 L	P	Paige Powell	12	CPRIM BUF	03/02/2025	Buffalo City Primary School Trials 2025
370	55.49 L	F	Lisa De Vos	12	NAE EZD	12 - 12	MP AGE GROUP 2 (12 - 12)
371	55.74 L	P	Tsakile Mahumane	12	NSAD EZD	29/12 - 12	Mpumalanga Championships 2024
372	55.76 L	F	Oarona Komote	12	WWOL TSH	13/09/2024	NTS September Age Group 2024
373	55.77 L	F	Gia Zeeman	12	LPTBO CCD	02/12 - 12	Limpopo LS - Top 8 skole 2024
374	55.86 L	F	Mieke Stoltz	12	WRP EZD	01/03/2025	SSA LEVEL 1 REGIONAL CHAMPS
375	55.93 L	F	Nient Lansberg	12	PAHS NMA	08/02/2025	Nelson Mandela Bay Schools Trials & 1st
376	56.19 L	F	Mila Schutte	12	BARR CPT	22/02/2025	Swartland Invitational Gala 2025
377	56.30 L	F	Larelle Du Toit	12	LALE CED	25/01/2025	Winelands JLfin
378	56.33 L	F	Kate Riddell	12	CUHE OBD	09/12 - 12	Swartland Prestige Gala 2024
379	56.52 L	F	Mosa Lepholltse	12	MAHD NMD	23/12 - 12	NWS Age Group 3 + 4 2024
380	56.70 L	F	Masego Monakedi	12	FISH EDD	17/10/2024	43rd Freda Barnard Invitational Gala
381	56.79 L S	F	Khanya Ramone	12	MATL KKD	07/12/2024	NWS Championships 2024
382	56.97 L	F	Madison Jacobs	12	XCEL CPT	09/12 - 12	Swartland Prestige Gala 2024
383	57.83 L	F	Mosa Seboko	12	WSS LLD	15/12 - 12	Valsrivier Gala 2024
384	58.44 L	F	Reaoboka Moloi	12	MAKO EKU	12/10/2024	EGA Summer 2
385	58.49 L	F	Khanyisa Mqeke	12	WELA LLD	01/03/2025	Provincial Level 1 Age Group
386	58.52 L	F	Kago Senoamadi	12	CASC CPT	22/02/2025	Swartland Invitational Gala 2025
387	58.85 L	F	Liyla Godwin	12	CYBE CPT	21/09/2024	CTA INVITATIONAL LC MEET
388	59.64 L	F	Ashleigh Petersen	12	INFA NMA	14/09/2024	3rd A League Gala 2024
389	1:00.44 L	P	Anine Prinsloo	12	HKLIP BUF	03/02/2025	Buffalo City Primary School Trials 2025
390	1:00.59 L	F	Relebohile Maduna	12	PELIC MAN	01/03/2025	Provincial Level 1 Age Group
391	1:00.90 L	F	Elethu Maqabangqa	12	KHAY CPT	17/10/2024	43rd Freda Barnard Invitational Gala
392	1:01.04 L	F	Anke Nel	12	QUIC CPT	09/12 - 12	Swartland Prestige Gala 2024
393	1:01.20 L	F	Karli Owsley	12	PAHS NMA	22/02/2025	Eastern Cape School Provincial Trials
394	1:01.29 L	F	Nokubonga Buda	12	ESP EKU	12/10/2024	EGA Summer 2

Individual Top Times

Times since: 01-May-24

Times until: 30-Apr-25

Number of Top Times: All

Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
395	1:02.26 L	F	Khumo Goeieman	12	KALA	08/02/2025	NCASA SPRINTS 2025
396	1:02.51 L	F	Anathi Mbandlakazi	12	VIPS NMA	22/02/2025	Eastern Cape School Provincial Trials
397	1:02.57 L	F	Nalin Pillay	12	WEST CPT	09/12 - 12	Swartland Prestige Gala 2024
398	1:05.05 L	F	Hyla-Louise Pennells	12	TUKS TSH	12 - 12	NTS Level 1+2 October Age Group 2024
399	1:05.29 L	F	Kate Scott	12	UHS NMA	22/02/2025	Eastern Cape School Provincial Trials
400	1:05.87 L	F	Thembaletu Zulu	12	FRA KCD	26/10/2024	Froggies Aquatics Championships 2024
401	1:10.23 L	F	Femke Nieuwenhuizen	12	QUIC CPT	09/12 - 12	Swartland Prestige Gala 2024
402	1:10.31 L	F	Okuhle Zungu	12	USH KCD	25/01/2025	uShaka Champs 2025
403	1:10.44 L	F	Marlouné Pienaar	12	BLNE MAN	15/06/2024	PEA Winter Gala 2024
404	1:10.45 L	F	Isabel Charles	12	WWP NMA	08/02/2025	Nelson Mandela Bay Schools Trials & 1st
405	1:12 - 12 .28 L	F	Thatohatsi Masomba	12	THOK ECU	26/10/2024	Summer 3 Delville
406	1:12 - 12 .93 L	F	Gabriella Venter	12	BASS VB	09/12 - 12	Limpopo Age Group 5
407	1:12.65 L	F	Luzuko Kesiamang	12	CBC FBD	15/02/2025	AGE GROUP 6 KBY 2025
408	1:13.76 L	F	Leanolaona Molosi	12	UPSK ZMD	01/03/2025	NC PROVINCIAL LEVEL 0 & 1
409	1:14.83 L	F	Abenathi Mzimela	12	USH KCD	25/01/2025	uShaka Champs 2025
410	1:18.57 L	F	Gizelle Tyers	12	KSSS JTD	15/02/2025	AGE GROUP 6 KATHU 2025
412	1:25.77 L	F	Simiso Booi	12	TPS BPD	08/02/2025	BCSA High School Trials 2025
412	1:30.87 L	F	Venice Beukes	12	KTS	15/12 - 12	AGE GROUP 2 KATHU 2024

Women 12 - 12 -12 100 Back

1	1:10.12 L	F	Ava Bosch	12	DRGN JHB	25/04/2025	SA National Junior Age Grou-WCA
2	1:12 - 12 .40 L	F	Shalea Hamilton	12	BEST NMA	03/08/2024	2nd A League Gala 2024
3	1:12.56 L	F	Anja Boshoff	12	TYGE CPT	25/04/2025	SA National Junior Age Grou-WCA
4	1:13.00 L	P	Victoria Meyburgh	12	CA ECU	25/04/2025	SA National Junior Age Grou-WCA
5	1:14.19 L	F	Riley Haupt	12	CA ECU	25/04/2025	SA National Junior Age Grou-WCA
6	1:14.49 L	F	Ineke Van Maarleveld	12	ACAC CCD	20/03/2025	SA Level 3 Champs 2025-NT
7	1:15.00 L	P	Elizabeth Roth	12	ECSA	05/04/2025	SA Schools Swimming Championship
8	1:15.28 L	P	Annabel Meyer	12	FSS	05/04/2025	SA Schools Swimming Championship
9	1:15.69 L	F	Mia Jansen van Rensburg	12	XCEL CPT	25/04/2025	SA National Junior Age Grou-WCA
10	1:15.84 L	P	Emma Cullis	12	VINE CPT	14/02/2025	Western Cape Elite Gala 2025
12 -	1:16.22 L	F	Barcelona Xaba	12	SASE JHB	15/02/2025	CGA Summer Gala #6 Level 2+ 15 Feb
12	1:16.42 L	F	Sarah-Kate Odendaal	12	PAC TSH	25/04/2025	SA National Junior Age Grou-WCA
13	1:16.55 L	F	Isabella Goncalves	12	SOUL ECU	20/03/2025	SA Level 3 Champs 2025-NT
14	1:17.58 L	F	Uma Pearson-Adams	12	SAAW CPT	20/03/2025	SA Level 3 Regional Age Group
15	1:18.19 L	F	Sophia Gullan	12	VINE CPT	25/01/2025	CTA Qualifying Meet 6 - (L2 & above)
16	1:18.23 L	F	Laila Christie	12	USC BUF	20/03/2025	SA Level 3 Regional Age Group
17	1:18.24 L	F	Jovanah McGluwa	12	CASC CPT	20/03/2025	SA Level 3 Regional Age Group
18	1:18.68 L	P	Carinke Wessels	12	BLOT MAN	25/04/2025	SA National Junior Age Grou-WCA
19	1:19.14 L	F	Olivia Kruger	12	PLAY CED	20/03/2025	SA Level 3 Regional Age Group
20	1:19.50 L	F	Carinke Wessels	12	FSS	05/04/2025	SA Schools Swimming Championship
21*	1:19.56 L	F	Mienke Kok	12	CPPS NMA	08/02/2025	Nelson Mandela Bay Schools Trials & 1st
21*	1:19.56 L	P	Katherine Harrop-Allin	12	CSC TSH	25/04/2025	SA National Junior Age Grou-WCA
23	1:19.94 L	P	Megan Jacobs	12	WSTV ETH	25/04/2025	SA National Junior Age Grou-WCA
24	1:20.02 L	P	Amelie Billson	12	CASC CPT	25/04/2025	SA National Junior Age Grou-WCA
25	1:20.14 L	P	Mikayla Oliver	12	PAC TSH	25/04/2025	SA National Junior Age Grou-WCA
26	1:20.23 L	F	Kayla Gerber	12	STAQ CED	20/03/2025	SA Level 3 Regional Age Group
27	1:20.24 L	F	Evie du Plessis	12	BLOT MAN	04/12/2024	Free State Champs 2024
28	1:20.55 L	F	Rirhandzu Chauke	12	DORE JHB	20/03/2025	SA Level 3 Champs 2025-NT
29	1:20.68 L	P	Nina Pieterse	12	DESA NMA	25/04/2025	SA National Junior Age Grou-WCA
30	1:20.74 L	P	Alessia Barthus	12	MANT CPT	20/03/2025	SA Level 3 Regional Age Group
31	1:20.86 L	F	Jenna Nieuwoudt	12	SWAR WCD	20/03/2025	SA Level 3 Regional Age Group
32	1:20.95 L	P	Laila van Antwerpen	12	PAC TSH	25/04/2025	SA National Junior Age Grou-WCA
33	1:21.20 L	P	Johané Burger	12	ROA EDD	25/04/2025	SA National Junior Age Grou-WCA
34	1:21.23 L	F	Caitlin Barnes	12	SAAW CPT	20/03/2025	SA Level 3 Regional Age Group
35	1:21.26 L	F	Lia van Heerden	12	BS LLD	26/03/2025	SA Level 3 Regional Age Group
36	1:21.32 L	F	Zara Lockitch	12	CYBE CPT	01/02/2025	CTA BRIAN BUTTON Qualifying Meet
37	1:21.38 L	F	Wilhelmina Erasmus	12	ELRAS WBD	29/12 - 12	Limpopo Champs 2024
38	1:21.42 L	P	Lumka Zamisa	12	NWS	05/04/2025	SA Schools Swimming Championship
39	1:21.61 L	P	Abby Mostert	12	AWIN TSH	20/03/2025	SA Level 3 Champs 2025-NT
40	1:21.95 L	F	Milani Butau	12	BEST NMA	17/08/2024	Madibaz Swim Meet 2024

Individual Top Times

Times since: 01-May-24
Number of Top Times: All

Times until: 30-Apr-25
Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
41	1:22.00 L	F	Zara Jantjies	12	MANT CPT	02/12 - 12	CTA A & B CHAMPS 2024	
42	1:22.31 L	F	Samantha Wilson	12	INFA NMA	31/01/2025	Infinity Gala 2025	
43	1:22.46 L	F	Zoe Thompson	12	MDOL JHB	10/01/2025	2024 Grand Prix Invitation Swimming	
44	1:22.55 L	P	Mignon Swart	12	CSA EZD	25/04/2025	SA National Junior Age Grou-WCA	
45	1:22.67 L	F	Anna Horn	12	XCEL CPT	17/10/2024	43rd Freda Barnard Invitational Gala	
46	1:22.68 L	F	Danika Steyn	12	KSC EZD	20/03/2025	SA Level 3 Champs 2025-NT	
47	1:22.85 L	F	Nadelija Pillay	12	VHD ZLD	26/03/2025	SA Level 3 Regional Age Group	
48	1:23.03 L	F	Aqeelah Williams	12	UWCA CPT	01/02/2025	CTA BRIAN BUTTON Qualifying Meet	
49	1:23.30 L	F	Danica Marrier D'Unienville	12	KLOO ETH	26/03/2025	SA Level 3 Regional Age Group	
50	1:23.33 L	F	Georgia Sabbagha	12	PAQU CED	07/09/2024	CTA Qualifying Meet 4 (L3 & Above)	
51	1:23.36 L	F	Isabella Haldane	12	FISH EDD	22/02/2025	EDEN 5th A-League Gala 2025	
52	1:23.43 L	F	Taylor Ten Napel	12	BEAV ETH	25/01/2025	uShaka Champs 2025	
53	1:23.61 L	F	Emily Hengst	12	CASC CPT	20/03/2025	SA Level 3 Regional Age Group	
54	1:23.62 L	P	Megan Palmer	12	AFIN JHB	20/03/2025	SA Level 3 Champs 2025-NT	
55	1:23.77 L	P	Noa Sebastiao	12	TUKS TSH	20/03/2025	SA Level 3 Champs 2025-NT	
56	1:23.83 L	P	Grace Julies	12	XCEL CPT	05/12/2024	Western Cape LC-A Championship 2024	
57	1:23.92 L	F	Christie Snyders	12	VALS FDD	04/12/2024	Free State Champs 2024	
58	1:24.12 L	F	Sophie Kretzmann	12	USC BUF	20/03/2025	SA Level 3 Regional Age Group	
59	1:24.14 L	P	Leila Parker	12	SSISA CPT	20/03/2025	SA Level 3 Regional Age Group	
60	1:24.23 L	F	Jua Jonker	12	POTC KKD	07/12/2024	NWS Championships 2024	
61	1:24.24 L	P	Emily Koegelenberg	12	XCEL CPT	20/03/2025	SA Level 3 Regional Age Group	
62	1:24.33 L	P	Olivia Nel	12	CLA WCD	20/03/2025	SA Level 3 Regional Age Group	
63	1:24.37 L	F	Micah Gomes	12	TUKS TSH	18/10/2024	NTS Level 3+ October Age Group 2024	
64	1:24.38 L	P	Phillipa Williams	12	SOUL ECU	20/03/2025	SA Level 3 Champs 2025-NT	
65	1:24.56 L	P	Mikayla Coleman	12	TCA ECU	20/03/2025	SA Level 3 Champs 2025-NT	
66	1:24.66 L	F	Alyssa Coetzer	12	AZON ETH	26/03/2025	SA Level 3 Regional Age Group	
67	1:24.68 L	F	Mia Vorster	12	WELA LLD	15/12 - 12	Valsrivier Gala 2024	
68	1:24.79 L	P	Nina Oosthuizen	12	NSAD EZD	20/03/2025	SA Level 3 Champs 2025-NT	
69	1:24.97 L	P	Shiloh Cruywagen	12	SEAL UMD	02/07/2024	Prestige Tournament 2024	
70	1:25.02 L	P	Danica Marrier D'Unienville	12	KZNS	05/04/2025	SA Schools Swimming Championship	
71	1:25.15 L S	P	Alexis Visser	12	MAKO ECU	05/12/2024	EGA Summer Championships	
72*	1:25.18 L	F	Riley Sanders	12	HPS TSH	20/03/2025	SA Level 3 Champs 2025-NT	
72*	1:25.18 L	P	Mikayla Jordaan	12	CASC CPT	20/03/2025	SA Level 3 Regional Age Group	
74	1:25.23 L	F	Ella Kalp	12	AZON ETH	14/06/2024	AQZ Winter Warmer 2024	
75	1:25.28 L	P	Kate Cheshire	12	MDOL JHB	20/03/2025	SA Level 3 Champs 2025-NT	
76	1:25.37 L	F	Inge Du Plessis	12	LSTZN CCD	01/02/2025	Limpopo School Champs & Limpopo AG	
77	1:25.48 L	P	Mattae Morel	12	CA ECU	20/03/2025	SA Level 3 Champs 2025-NT	
78	1:25.55 L	P	Inge Shaw	12	LALE CED	20/03/2025	SA Level 3 Regional Age Group	
79	1:25.56 L S	F	Olivia Meyburgh	12	CA ECU	05/12/2024	EGA Summer Championships	
80	1:25.59 L	F	Kara De Wit	12	RFA TSH	01/02/2025	EGA Last Chance Gala	
81	1:25.76 L	F	Holli Tait	12	KLOO ETH	26/03/2025	SA Level 3 Regional Age Group	
82	1:25.95 L	P	Nokutenda Tembo	12	KNYA EDD	20/03/2025	SA Level 3 Regional Age Group	
83	1:25.97 L	P	Jasmine Woodburn	12	MDOL JHB	20/03/2025	SA Level 3 Champs 2025-NT	
84	1:26.00 L	F	Anke Carstens	12	TUKS TSH	18/10/2024	NTS Level 3+ October Age Group 2024	
85	1:26.17 L	F	Hope Churchman	12	SEALE ETH	08/03/2025	Invitational Meet 2025	
86	1:26.23 L	P	Jemma Lloyd	12	VINE CPT	20/03/2025	SA Level 3 Regional Age Group	
87	1:26.24 L	P	Paige Schutze-Langston	12	MDOL JHB	20/03/2025	SA Level 3 Champs 2025-NT	
88	1:26.32 L S	P	Shelby Schoeman	12	CA ECU	05/12/2024	EGA Summer Championships	
89	1:26.60 L	P	Khalalelo Ratlhogo	12	ESP ECU	20/03/2025	SA Level 3 Champs 2025-NT	
90*	1:26.62 L	F	Karla Degenaar	12	TUKS TSH	18/10/2024	NTS Level 3+ October Age Group 2024	
90*	1:26.62 L	P	Gia Heldsinger	12	SSISA CPT	05/12/2024	Western Cape LC-A Championship 2024	
92	1:26.65 L	P	Liane Van Zyl	12	NCS	05/04/2025	SA Schools Swimming Championship	
93	1:26.68 L	F	Yvette Louw	12	TYGE CPT	02/12 - 12	CTA A & B CHAMPS 2024	
94	1:26.69 L	P	Jessica Jansen van Vuuren	12	SEAL UMD	02/07/2024	Prestige Tournament 2024	
95	1:26.72 L	F	Sophie Kretzmann	12	HPPS BUF	03/02/2025	Buffalo City Primary School Trials 2025	
96	1:26.73 L	F	Tayla Scheepers	12	RFA TSH	01/02/2025	EGA Last Chance Gala	
97	1:26.81 L	F	Jadine Grobler	12	LSKP WB	01/02/2025	Limpopo School Champs & Limpopo AG	
98	1:26.90 L	P	Kathryn Nolan	12	MDOL JHB	20/03/2025	SA Level 3 Champs 2025-NT	
99	1:27.00 L	P	Milah Allen	12	PER JHB	27/03/2025	SA Level 2 Champs 2025-EGA	

Individual Top Times

Times since: 01-May-24
Number of Top Times: All

Times until: 30-Apr-25
Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
100	1:27.12 - 12 L	F	Sophia Hutchison	12	GHSK	08/02/2025	NCASA SPRINTS 2025
101	1:27.21 L	F	Jada Hendricks	12	TYGE CPT	14/02/2025	Western Cape Elite Gala 2025
102	1:27.57 L	F	Morgan Kaschula	12	SPS BUF	03/02/2025	Buffalo City Primary School Trials 2025
103	1:27.65 L	F	Emilie Conradie	12	SAAW CPT	02/12 - 12	CTA A & B CHAMPS 2024
104	1:27.68 L	F	Gabrielle Brooks	12	INFA NMA	13/12/2024	NMBA Championships 2024
105	1:27.77 L	F	Oyama Baqwa	12	SGUL ETH	08/03/2025	Invitational Meet 2025
106	1:27.81 L	F	Hannah Van Heerden	12	AACTA CPT	21/09/2024	CTA INVITATIONAL LC MEET
107*	1:28.07 L	F	Amber Spence	12	ELEC TSH	22/02/2025	EGA Lets Sprint Incorp Gauteng Schools
107*	1:28.07 L	P	Lily Hoar	12	KLOO ETH	26/03/2025	SA Level 3 Regional Age Group
109	1:28.19 L	F	Carlien Coetzee	12	OLS BP	28/02/2025	NW School Championships 2025
12 -	1:28.50 L	P	Alexia Smith	12	WATR JHB	20/03/2025	SA Level 3 Champs 2025-NT
12 -	1:28.67 L	F	Taylynn Boshoff	12	USC BUF	28/03/2025	SA Level 2 Regional Age Group Champs
12 -	1:28.68 L	P	Leane Nel	12	EXP TSH	20/03/2025	SA Level 3 Champs 2025-NT
12 -	1:28.81 L	P	Arelí Muyaka	12	HARB BPD	28/03/2025	SA Level 2 Regional Age Group Champs
12 -	1:28.82 L	P	Isabella Vreenegoer	12	CRSC JHB	20/03/2025	SA Level 3 Champs 2025-NT
12 -	1:28.97 L	F	Mikaela Lotz	12	PAC TSH	13/09/2024	NTS September Age Group 2024
12 -	1:29.00 L	P	Sisanda Palframan	12	SEAL UMD	26/03/2025	SA Level 3 Regional Age Group
12 -	1:29.01 L	P	Gia Newkirk	12	TYGE CPT	20/03/2025	SA Level 3 Regional Age Group
12 -*	1:29.14 L	F	Ruvarashe Chibharo	12	TYGE CPT	21/09/2024	CTA INVITATIONAL LC MEET
12 -*	1:29.14 L	F	Chisi Magubbwi	12	MDOL JHB	10/01/2025	2024 Grand Prix Invitation Swimming
120	1:29.16 L	F	Lara Rosenstrauch	12	HTSA CPT	28/03/2025	SA Level 2 Regional Age Group Champs
121	1:29.17 L	F	Sydney Howes	12	HREF BPD	28/03/2025	SA Level 2 Regional Age Group Champs
122	1:29.37 L	F	Mia Marais	12	TRAZ TSH	27/03/2025	SA Level 2 Champs 2025-EGA
123	1:29.40 L S	P	Paiton Van Der Merwe	12	CA ECU	05/12/2024	EGA Summer Championships
124	1:29.47 L	F	Zarah Matthee	12	KHAY CPT	28/03/2025	SA Level 2 Regional Age Group Champs
125	1:29.49 L	F	Alexis Kalapac	12	SLAQ CPT	02/12 - 12	CTA A & B CHAMPS 2024
126	1:29.51 L	F	Jessica Arenz	12	MANT CPT	25/01/2025	CTA Qualifying Meet 6 - (L2 & above)
127	1:29.68 L	P	Kenna Lilley	12	TYGE CPT	28/03/2025	SA Level 2 Regional Age Group Champs
128	1:29.76 L	P	Cayleigh Machill	12	BARA ECU	20/03/2025	SA Level 3 Champs 2025-NT
129	1:29.77 L	F	Kirsten Cupido	12	CYBE CPT	01/02/2025	CTA BRIAN BUTTON Qualifying Meet
130	1:29.78 L	F	Kaitlyn Haynes-Smart	12	VINE CPT	08/02/2025	WCA-B Champs - 2025
131	1:29.79 L	F	Brooklyn Terwin	12	USC BUF	13/12/2024	NMBA Championships 2024
132	1:29.80 L	F	Abigail Paice	12	SOUL ECU	27/03/2025	SA Level 2 Champs 2025 EGA
133	1:29.85 L	F	Charné De Bruin	12	TUKS TSH	13/09/2024	NTS September Age Group 2024
134	1:30.00 L	F	Mila Barkhuysen	12	GREY CPT	08/02/2025	WCA-B Champs - 2025
135	1:30.16 L	F	Elah-Mae Budram	12	PSCP UMD	08/03/2025	Invitational Meet 2025
136	1:30.20 L	F	Milla Christensen	12	WELL CED	08/02/2025	WCA-B Champs - 2025
137	1:30.28 L	P	Kayla Kleynhans	12	ROA EDD	20/03/2025	SA Level 3 Regional Age Group
138	1:30.31 L	F	Vanessa Jurado	12	VINE CPT	21/09/2024	CTA INVITATIONAL LC MEET
139	1:30.33 L	F	Nicoline Du Preez	12	NWUC KKD	07/12/2024	NWS Championships 2024
140	1:30.34 L	F	Livia Vancoillie	12	QUIC CPT	08/02/2025	WCA-B Champs - 2025
141	1:30.37 L	F	Lene Klopper	12	QUIC CPT	22/02/2025	Swartland Invitational Gala 2025
142	1:30.39 L	P	Leah Du Plessis	12	PEAS NMA	20/03/2025	SA Level 3 Regional Age Group
143	1:30.46 L	F	Chloe-Leigh Jurgens	12	MANT CPT	07/09/2024	CTA Qualifying Meet 4 (L3 & Above)
144	1:30.57 L	P	Ayvah Jacob	12	RACE JHB	20/03/2025	SA Level 3 Champs 2025-NT
145	1:30.66 L	P	Kiarah Beukes	12	AWIN TSH	27/03/2025	SA Level 2 Champs 2025 EGA
146	1:30.74 L	F	Unathi Vuyeqaba	12	TUKS TSH	27/03/2025	SA Level 2 Champs 2025-EGA
147	1:30.78 L	F	Lara Ainslie	12	LINR JHB	15/02/2025	CGA Summer Gala #6 Level 2+ 15 Feb
148*	1:31.25 L	F	Kristen Bell	12	LSKP WB	01/02/2025	Limpopo School Champs & Limpopo AG
148*	1:31.25 L	P	Qhanyiya Sizani	12	WWOL TSH	27/03/2025	SA Level 2 Champs 2025-EGA
150	1:31.33 L	P	Cayla Fourie	12	CSA EZD	29/12 - 12	Mpumalanga Championships 2024
151	1:31.69 L	P	Esme Bowes	12	CPSC! TS	27/03/2025	SA Level 2 Champs 2025 EGA
152	1:32.14 L S	P	Anastacia Coelho	12	CA ECU	05/12/2024	EGA Summer Championships
153	1:32.16 L	P	Retshepile Phalafala	12	MDOL JHB	20/03/2025	SA Level 3 Champs 2025-NT
154	1:32.45 L S	F	Juno Bouwer	12	TYGE CPT	25/01/2025	CTA Qualifying Meet 6 - (L2 & above)
155	1:32.52 L	F	Elizabeth Kamara	12	NSFED	27/03/2025	SA Level 2 Champs 2025 EGA
156	1:32.58 L	F	Annabella Husselmann	12	NSFED	27/03/2025	SA Level 2 Champs 2025 EGA
157	1:32.73 L	F	Nina Koen	12	FISH EDD	17/10/2024	43rd Freda Barnard Invitational Gala
158	1:32.82 L	P	Ilê Ferreira	12	VRC TSH	27/03/2025	SA Level 2 Champs 2025 EGA

Individual Top Times

Times since: 01-May-24

Times until: 30-Apr-25

Number of Top Times: All

Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
159	1:32.83 L	P	Zia Habib	12	MDOL JHB	20/03/2025	SA Level 3 Champs 2025-NT
160	1:32.92 L	F	Jaimey Shaw	12	PEAS NMA	15/06/2024	PEA Winter Gala 2024
161	1:33.00 L	F	Kayla-Anne Walker	12	CYBE CPT	01/02/2025	CTA BRIAN BUTTON Qualifying Meet
162	1:33.06 L	F	Liane' Pienaar	12	TUKS TSH	12 - 12	NTS Level 1+2 October Age Group 2024
163	1:33.21 L	F	Amore Breytenbach	12	QSAW CED	22/02/2025	Swartland Invitational Gala 2025
164	1:33.44 L	P	Kayleigh Brophy	12	AAS JHB	29/12 - 12	CGA Championships 2024
165	1:33.47 L	F	Oyama Tuta	12	PELIC MAN	04/12/2024	Free State Champs 2024
166	1:33.50 L	P	Chloe Rautenbach	12	UNIU EZD	20/03/2025	SA Level 3 Champs 2025-NT
167	1:33.66 L	P	Tamika Abbey	12	PER JHB	29/12 - 12	CGA Championships 2024
168	1:33.73 L	P	Zaarah Meyer	12	HTSA CPT	28/03/2025	SA Level 2 Regional Age Group Champs
169	1:33.84 L	P	Mackenzie Dekker	12	KLOO ETH	31/03/2025	SA Level 2 Champs 2025-KZN
170	1:33.87 L	F	Wilhandi Meyer	12	BULS MAN	28/03/2025	SA Level 2 Regional Age Group Champs
171	1:33.88 L	F	Alex Theron	12	CASC CPT	01/02/2025	CTA BRIAN BUTTON Qualifying Meet
172	1:33.94 L	F	Jamie Els	12	AQDO CPT	21/09/2024	CTA INVITATIONAL LC MEET
173	1:33.96 L	F	Tatum Van Zijl	12	OHAN ILD	08/03/2025	Invitational Meet 2025
174	1:34.12 L	F	Roxanne Coetzee	12	GHS BP	28/02/2025	NW School Championships 2025
175	1:34.20 L	F	Emily Wilson	12	OHAN ILD	08/03/2025	Invitational Meet 2025
176	1:34.33 L	P	Leah-Bella Budram	12	PSCP UMD	31/03/2025	SA Level 2 Champs 2025-KZN
177	1:34.37 L	P	Xia Jacobs	12	WSTV ETH	02/07/2024	Prestige Tournament 2024
178	1:34.43 L	F	Annabella Mitchell-Innes	12	PSCP UMD	08/03/2025	Invitational Meet 2025
179	1:34.44 L	F	Nabeeha Raja	12	SPS BUF	03/02/2025	Buffalo City Primary School Trials 2025
180	1:34.46 L	F	Mia Van de Vyver	12	QSAW CED	09/12 - 12	Winelands SL4
181	1:34.56 L	F	Neanè Van Zyl	12	GREY CPT	25/01/2025	CTA Qualifying Meet 6 - (L2 & above)
182	1:34.60 L	P	Scarlett Garassino	12	SASE JHB	27/03/2025	SA Level 2 Champs 2025-EGA
183	1:34.71 L	F	Micah Louw	12	MANT CPT	02/12 - 12	CTA A & B CHAMPS 2024
184	1:34.74 L	F	Mienke Gerber	12	FISH EDD	17/10/2024	43rd Freda Barnard Invitational Gala
185	1:34.79 L	F	Sophia Castleden	12	STAQ CED	25/01/2025	Winelands JLfin
186	1:34.86 L	F	Marni Snyman	12	ELRAS WBD	29/12 - 12	Limpopo Champs 2024
187	1:35.00 L	F	Taylor-Rose Botes	12	CA EKU	12/10/2024	EGA Summer 2
188	1:35.07 L	F	Elmane' de Wet	12	BULS MAN	12 - 12	Otters Prestige Gala 2024
189	1:35.12 L	P	Chloe Timperley	12	TRAZ TSH	27/03/2025	SA Level 2 Champs 2025-EGA
190	1:35.13 L	P	Zethembiso Mbambo	12	PSCP UMD	31/03/2025	SA Level 2 Champs 2025-KZN
191	1:35.18 L	F	Luah Theron	12	TUKS TSH	18/10/2024	NTS Level 3+ October Age Group 2024
192*	1:35.20 L	P	Annabel Van Reenen	12	ACSA ETH	02/07/2024	Prestige Tournament 2024
192*	1:35.20 L	P	Helene de Bruyn	12	BULS MAN	28/03/2025	SA Level 2 Regional Age Group Champs
194	1:35.63 L	F	Mercy Theu	12	CRSC JHB	15/02/2025	CGA Summer Gala #6 Level 2+ 15 Feb
195	1:35.65 L	F	Emily Van t Slot	12	BLMA CPT	02/12 - 12	CTA A & B CHAMPS 2024
196	1:35.71 L	F	Emma Ristow	12	USC BUF	13/12/2024	NMBA Championships 2024
197	1:35.88 L	F	Ava van der Mescht	12	DESA NMA	31/01/2025	Infinity Gala 2025
198	1:35.97 L	F	Ava Grebe	12	CUHE OBD	09/12 - 12	Swartland Prestige Gala 2024
199	1:36.08 L	F	Karli Karstens	12	FISH EDD	30/12 - 12	Eden LC Champs 2024
200	1:36.12 L	P	Cayla Cunningham	12	TRAZ TSH	27/03/2025	SA Level 2 Champs 2025 EGA
201	1:36.22 L	F	Lea Kotzé	12	LSM EZD	28/02/2025	NW School Championships 2025
202	1:36.24 L	P	Ella Adams	12	TYGE CPT	20/03/2025	SA Level 3 Regional Age Group
203	1:36.37 L	F	Imme Wolfaardt	12	LALE CED	09/12 - 12	Winelands SL4
204	1:36.52 L S	P	Caitlin McDowell	12	ESP EKU	05/12/2024	EGA Summer Championships
205	1:36.54 L	P	Clara Duvenage	12	CA EKU	27/03/2025	SA Level 2 Champs 2025 EGA
206	1:36.69 L	F	Wilmie Fourie	12	UPSK ZMD	08/02/2025	NCASA SPRINTS 2025
207	1:36.77 L	P	Lily Sykes	12	TUKS TSH	27/03/2025	SA Level 2 Champs 2025-EGA
208	1:36.95 L	P	Madison Sanan	12	PER JHB	29/12 - 12	CGA Championships 2024
209	1:36.96 L	F	Zanli Le Roux	12	AGAQ OBD	17/10/2024	43rd Freda Barnard Invitational Gala
210	1:37.10 L	F	Milla Da Silva	12	CA EKU	01/02/2025	EGA Last Chance Gala
212	1:37.27 L	F	Kenzy Barnard	12	FISH EDD	30/12 - 12	Eden LC Champs 2024
212	1:37.31 L	P	Maya Sissing	12	TUKS TSH	27/03/2025	SA Level 2 Champs 2025-EGA
213	1:37.38 L	F	Lara Greyling	12	TNDER FDD	27/09/2024	Seals Gala 2
214	1:37.55 L	P	Marizelle Vermaak	12	HREF BPD	28/03/2025	SA Level 2 Regional Age Group Champs
215*	1:37.57 L	F	Leah Struwig	12	TUKS TSH	18/10/2024	NTS Level 3+ October Age Group 2024
215*	1:37.57 L	F	Hlumisa Mfabe	12	USC BUF	13/07/2024	1st A League Gala 2024
217	1:37.65 L	P	Alexianne Metzger	12	SWIFT EKU	27/03/2025	SA Level 2 Champs 2025 EGA

Individual Top Times

Times since: 01-May-24
Number of Top Times: All

Times until: 30-Apr-25
Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
218	1:37.90 L	F	Sienna Goedhals	12	SPS BUF	03/02/2025	Buffalo City Primary School Trials 2025
219	1:38.22 L	F	Lienke Van Wyk	12	BULS MAN	28/03/2025	SA Level 2 Regional Age Group Champs
220	1:38.23 L	P	Miané Logan	12	TUKS TSH	27/03/2025	SA Level 2 Champs 2025-EGA
221	1:38.24 L	F	Amelia-Rose Schutlzler	12	USC BUF	13/12/2024	NMBA Championships 2024
222	1:38.38 L	P	Lauren Kleinhans	12	AA JHB	27/03/2025	SA Level 2 Champs 2025-EGA
223	1:38.51 L	P	Senzelwe Mwandla	12	PSCP UMD	02/07/2024	Prestige Tournament 2024
224	1:39.28 L	P	Alexis Visagie	12	BEST NMA	28/03/2025	SA Level 2 Regional Age Group Champs
225	1:39.31 L	F	Mienke Pretorius	12	KALA	06/12/2024	NCASA CHAMPS 2024
226	1:39.69 L	P	Micaela Fourie	12	NSAD! EZ	27/03/2025	SA Level 2 Champs 2025 EGA
227	1:39.78 L	F	Zahraa Essack	12	ATLA JHB	15/02/2025	CGA Summer Gala #6 Level 2+ 15 Feb
228	1:40.07 L	F	Katie Van den Heever	12	UNIU EZD	01/12 - 12	MP AGE GROUP 3 1-2 NOV 2024
229	1:40.61 L	F	Leandi Liebenberg	12	LSTZN CCD	01/02/2025	Limpopo School Champs & Limpopo AG
230	1:40.70 L	F	Jenna Leppan	12	AZON ETH	25/01/2025	uShaka Champs 2025
231	1:40.73 L	P	Alexa Steenkamp	12	CPSCI TS	27/03/2025	SA Level 2 Champs 2025 EGA
232	1:40.97 L	P	Zekhetelo Radebe	12	PSCP UMD	26/03/2025	SA Level 3 Regional Age Group
233*	1:41.12 - 12 L	P	Gabriella Bengell	12	BLNE MAN	28/03/2025	SA Level 2 Regional Age Group Champs
233*	1:41.12 - 12 L	P	Summer Moonsamy	12	BEAV ETH	31/03/2025	SA Level 2 Champs 2025-KZN
235	1:41.12 L	F	Karla Wolmarans	12	UPSK ZMD	08/02/2025	NCASA SPRINTS 2025
236	1:41.31 L	F	Leah Wentzel	12	MARL CPT	25/01/2025	CTA Qualifying Meet 6 - (L2 & above)
237	1:41.51 L	F	Mieke Smit	12	UNI EZD	01/03/2025	SSA LEVEL 1 REGIONAL CHAMPS
238	1:41.68 L	F	Grizelda Janse van Rensburg	12	NWUC KKD	07/12/2024	NWS Championships 2024
239	1:41.77 L	P	Dominique Birkenstock	12	JAQ ECU	27/03/2025	SA Level 2 Champs 2025 EGA
240*	1:41.94 L	P	Amoussou Viwassi	12	LINR JHB	29/12 - 12	CGA Championships 2024
240*	1:41.94 L	F	Nellamari Fourie	12	AGAQ OBD	28/03/2025	SA Level 2 Regional Age Group Champs
240*	1:41.94 L	P	Abijah Smith	12	NSFED	27/03/2025	SA Level 2 Champs 2025 EGA
243	1:42.00 L	F	Jana Booysen	12	CUHE OBD	09/12 - 12	Swartland Prestige Gala 2024
244	1:42.06 L	F	Emma Grobler	12	LAD UTD	12 - 12	Uthukela District Age Group Gala
245	1:42.10 L	P	Nosipho Khumalo	12	BASA	27/03/2025	SA Level 2 Champs 2025 EGA
246	1:42.20 L	F	Imke Swanepoel	12	FISH EDD	02/12 - 12	EDEN 2nd A-League Gala 2024 Schools
247*	1:42.27 L	F	Liné Schoeman	12	FISH EDD	17/10/2024	43rd Freda Barnard Invitational Gala
247*	1:42.27 L	P	Madeleine de Villiers	12	EXP TSH	27/03/2025	SA Level 2 Champs 2025-EGA
249	1:42.50 L	F	Jade Sansom	12	CPRIM BUF	03/02/2025	Buffalo City Primary School Trials 2025
250	1:42.63 L	F	Emily Botha	12	ASAC CPT	02/12 - 12	CTA A & B CHAMPS 2024
251	1:42.83 L	F	Michaela Hirst	12	HREF BP	09/12 - 12	NWS Age Group 1 & 2 2024
252	1:42.92 L	F	Mia Benade	12	UPSK ZMD	06/12/2024	NCASA CHAMPS 2024
253	1:43.09 L	F	Emily Sayers	12	MANT CPT	22/02/2025	Swartland Invitational Gala 2025
254	1:43.12 L	F	Amogelang Mamabolo	12	TPS BPD	28/02/2025	NW School Championships 2025
255	1:43.18 L	F	Le-May Van Zyl	12	ELRAS WBD	09/12 - 12	Limpopo Age Group 5
256	1:43.34 L S	P	Tenele Taole	12	SWIFT ECU	05/12/2024	EGA Summer Championships
257	1:43.37 L S	F	Keira Lin	12	CYBE CPT	25/01/2025	CTA Qualifying Meet 6 - (L2 & above)
258	1:43.54 L	F	Izeldi Van Niekerk	12	DOLFI MPD	09/12 - 12	Limpopo Age Group 5
259	1:43.57 L	P	Manisha Warne	12	NSFED	27/03/2025	SA Level 2 Champs 2025 EGA
260	1:43.73 L	F	Vibha Fakir	12	USC BUF	13/12/2024	NMBA Championships 2024
261	1:43.81 L	F	Elizabeth Willemse	12	VHD ZLD	25/01/2025	uShaka Champs 2025
262	1:44.01 L	F	Cara van Wyk	12	BARR CPT	02/12 - 12	CTA A & B CHAMPS 2024
263	1:44.74 L	P	Kgalalelo Makoloi	12	AZON ETH	31/03/2025	SA Level 2 Champs 2025-KZN
264*	1:44.76 L	F	Destheonique Julius	12	KALA	01/12 - 12	UPINGTON PRESTIGE GALA 2024
264*	1:44.76 L	F	Hiranya Moodley	12	USH KCD	25/01/2025	uShaka Champs 2025
266	1:45.10 L	F	Alexia Dippenaar	12	BS LLD	18/02/2025	Inter Primary 2025
267	1:45.12 - 12 L	F	Isabellea Dhassiah	12	RETR CPT	21/09/2024	CTA INVITATIONAL LC MEET
268	1:46.42 L S	P	Paballo Nkosi	12	FAC ECU	05/12/2024	EGA Summer Championships
269	1:46.90 L S	P	Nyandano Madaba	12	FAC ECU	05/12/2024	EGA Summer Championships
270	1:47.12 L	F	Dominic De Jager	12	USH KCD	25/01/2025	uShaka Champs 2025
271	1:47.31 L	P	Rorisang Monareng	12	BLNE MAN	28/03/2025	SA Level 2 Regional Age Group Champs
272	1:47.65 L	F	Elsa Massawe	12	CA ECU	01/02/2025	EGA Last Chance Gala
273	1:47.80 L	F	Lana Coetzee	12	QUIC CPT	02/12 - 12	CTA A & B CHAMPS 2024
274	1:47.90 L	F	Skyler Engelbrecht	12	CAMPB BUF	03/02/2025	Buffalo City Primary School Trials 2025
275	1:48.31 L	F	Lonela Mpikeleli	12	PAC TSH	13/09/2024	NTS September Age Group 2024
276	1:48.76 L	F	Lize-Mari Vorster	12	WELL CED	09/12 - 12	Winelands SL4

Individual Top Times

Times since: 01-May-24
Number of Top Times: All

Times until: 30-Apr-25
Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
277	1:48.79 L	F	Lungile Ndaba	PR	VASA ECU	12/10/2024	EGA Summer 2
278	1:49.32 L	F	Larique Pretorius	12	KTS	08/02/2025	NCASA SPRINTS 2025
279	1:49.61 L	F	Noluthando Nkosi	12	NSAD EZD	14/02/2025	MP AGE GROUP 6 GALA 14-15
280	1:49.88 L	F	Machayda Titus	12	MARL CPT	17/10/2024	43rd Freda Barnard Invitational Gala
281	1:49.91 L	F	Tshiamo Mlangeni	12	UNI EZD	01/03/2025	SSA LEVEL 1 REGIONAL CHAMPS
282	1:51.53 L	F	Madysen le Roux	12	LSM EZD	28/02/2025	NW School Championships 2025
283	1:51.99 L	P	Larissa Shaetonhodi	12	NSFED	27/03/2025	SA Level 2 Champs 2025 EGA
284	1:52.54 L S	P	Anathi Qamba	12	FAC ECU	05/12/2024	EGA Summer Championships
285	1:52.73 L	F	Dané Schoeman	12	FISH EDD	02/12 - 12	EDEN 2nd A-League Gala 2024 Schools
286	1:53.83 L	P	Mienke Grobler	12	BULS MAN	28/03/2025	SA Level 2 Regional Age Group Champs
287	1:53.87 L	F	Kyleigh Shelton	12	ESTR ECU	01/02/2025	EGA Last Chance Gala
288	1:54.06 L S	F	Abi Fourie	12	VINE CPT	25/01/2025	CTA Qualifying Meet 6 - (L2 & above)
289	1:54.26 L	F	Stacy McGurk	12	TYGE CPT	22/02/2025	Swartland Invitational Gala 2025
290	1:55.26 L	F	Nika Smit	12	BS LLD	01/03/2025	Provincial Level 1 Age Group
291	1:55.28 L	F	Mia-Marie van Zyl	12	GHS BP	28/02/2025	NW School Championships 2025
292	1:55.53 L	F	Lethabo Nyandeni	12	TUKS TSH	21/02/2025	NTS Age Group Feb Tuks
293	1:55.81 L	F	Catharina Coetzer	12	QUIC CPT	02/12 - 12	CTA A & B CHAMPS 2024
294	1:56.23 L	F	Aaminah Spruit	12	WEST CPT	09/12 - 12	Swartland Prestige Gala 2024
295	1:57.53 L	P	Hadassah Sibanda	12	BASA	27/03/2025	SA Level 2 Champs 2025 EGA
296	1:57.56 L	F	Marion Münch	12	RBUR BPD	09/12 - 12	NWS Age Group 1 & 2 2024
297	1:59.67 L	F	Emma Canham	12	PELIC MAN	01/02/2025	Heidedal & Sentraal Galal
298	2:00.15 L	F	Annemi Loots	12	SWAR WCD	09/12 - 12	Swartland Prestige Gala 2024
299	2:00.51 L	F	Sade Kenny	12	SRAY BUF	22/12 - 12	BCA Long Course Championships 2024
300	2:01.83 L	P	Khanya Ramone	12	MATL KKD	07/12/2024	NWS Championships 2024
301	2:01.98 L	F	Basse Molai	12	BULS MAN	14/02/2025	Neptune Last Chance Gala
302	2:02.36 L	F	Hani Salie	12	LALE CED	17/10/2024	43rd Freda Barnard Invitational Gala
303	2:03.09 L	F	Mokgabo Monnana	12	LEBII BP	28/02/2025	NW School Championships 2025
304	2:03.13 L	F	Reaoboka Moloi	12	MAKO ECU	01/02/2025	EGA Last Chance Gala
305	2:05.12 - 12 L	F	Isabel Erasmus	12	CPPS NMA	08/02/2025	Nelson Mandela Bay Schools Trials & 1st
306	2:06.35 L	F	Rebecca Lawlor	12	TPS BPD	08/02/2025	BCSA High School Trials 2025
307	2:07.77 L	F	Lisa De Vos	12	NAE EZD	12 - 12	MP AGE GROUP 2 (12 - 12)
308	2:10.85 L	F	Nokubonga Buda	12	ESP ECU	01/02/2025	EGA Last Chance Gala
309	2:12 - 12 .18 L	F	Katia Cerone	12	HAAG UTD	07/12/2024	Uthukela District Age Group Gala
310	2:12.62 L	F	Liyla Godwin	12	CYBE CPT	21/09/2024	CTA INVITATIONAL LC MEET
312	2:12.71 L	F	Khanyisa Mqeke	12	WELA LLD	25/10/2024	Neptunes Gala
312	2:14.08 L	F	Tsakile Mahumane	12	NSAD EZD	12 - 12	MP AGE GROUP 2 (12 - 12)
313	2:21.88 L	F	Marloune' Pienaar	12	BLNE MAN	15/06/2024	PEA Winter Gala 2024
314	2:24.30 L	F	Nalin Pillay	12	WEST CPT	09/12 - 12	Swartland Prestige Gala 2024
315	2:25.51 L	F	Relebohile Maduna	12	PELIC MAN	01/03/2025	Provincial Level 1 Age Group
316	2:28.52 L	F	Khumo Goeieman	12	KALA	08/02/2025	NCASA SPRINTS 2025
317	2:37.33 L	F	Leanolaona Molosi	12	UPSK ZMD	01/03/2025	NC PROVINCIAL LEVEL 0 & 1
Women 12 - 12 -12 200 Back							
1	2:34.64 L S	F	Ava Bosch	12	DRGN JHB	25/04/2025	SA National Junior Age Grou-WCA
2	2:36.03 L S	F	Anja Boshoff	12	TYGE CPT	25/04/2025	SA National Junior Age Grou-WCA
3	2:37.56 L	F	Shalea Hamilton	12	BEST NMA	17/08/2024	Madibaz Swim Meet 2024
4	2:39.27 L S	F	Victoria Meyburgh	12	CA ECU	25/04/2025	SA National Junior Age Grou-WCA
5	2:42.76 L S	P	Mia Jansen van Rensburg	12	XCEL CPT	25/04/2025	SA National Junior Age Grou-WCA
6	2:44.93 L	F	Elizabeth Roth	12	ECSA	05/04/2025	SA Schools Swimming Championship
7	2:45.24 L	F	Ineke Van Maarleveld	12	ACAA CCD	20/03/2025	SA Level 3 Champs 2025-NT
8	2:46.50 L S	F	Sarah-Kate Odendaal	12	PAC TSH	25/04/2025	SA National Junior Age Grou-WCA
9	2:46.52 L S	P	Mikayla Oliver	12	PAC TSH	25/04/2025	SA National Junior Age Grou-WCA
10	2:47.68 L S	P	Johané Burger	12	ROA EDD	25/04/2025	SA National Junior Age Grou-WCA
12 -	2:47.85 L	F	Laila Christie	12	USC BUF	02/12 - 12	BCA November Age Group Gala SC
12	2:48.23 L	F	Riley Haupt	12	CA ECU	01/02/2025	EGA Last Chance Gala
13	2:48.43 L	P	Annabel Meyer	12	FSS	05/04/2025	SA Schools Swimming Championship
14	2:50.38 L	F	Olivia Kruger	12	PLAY CED	20/03/2025	SA Level 3 Regional Age Group
15	2:51.18 L	P	Amelie Billson	12	CASC CPT	05/12/2024	Western Cape LC-A Championship 2024
16	2:51.24 L S	P	Evie du Plessis	12	BLOT MAN	25/04/2025	SA National Junior Age Grou-WCA
17	2:52.12 - 12 L	P	Sophia Gullan	12	VINE CPT	20/03/2025	SA Level 3 Regional Age Group

Individual Top Times

Times since: 01-May-24
Number of Top Times: All

Times until: 30-Apr-25
Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
18	2:52.52 L	P	Zara Lockitch	12	CYBE CPT	05/12/2024	Western Cape LC-A Championship 2024
19	2:52.76 L	P	Isabella Goncalves	12	SOUL EKU	05/12/2024	EGA Summer Championships
20	2:53.16 L	F	Jovanah McGluwa	12	CASC CPT	20/03/2025	SA Level 3 Regional Age Group
21	2:53.26 L	F	Aqeelah Williams	12	UWCA CPT	01/02/2025	CTA BRIAN BUTTON Qualifying Meet
22	2:53.48 L	F	Olivia Nel	12	CLA WCD	20/03/2025	SA Level 3 Regional Age Group
23	2:54.05 L	F	Abby Mostert	12	AWIN TSH	20/03/2025	SA Level 3 Champs 2025-NT
24	2:54.12 - 12 L	P	Georgia Sabbagha	12	PAQU CED	05/12/2024	Western Cape LC-A Championship 2024
25	2:54.91 L S	P	Arya De Sousa	12	TRAZ TSH	25/04/2025	SA National Junior Age Grou-WCA
26	2:54.97 L	F	Nina Pieterse	12	DESA NMA	13/12/2024	NMBA Championships 2024
27	2:55.32 L	P	Saffiya Emjedi	12	SAAW CPT	20/03/2025	SA Level 3 Regional Age Group
28	2:55.72 L	P	Danika Steyn	12	KSC EZD	20/03/2025	SA Level 3 Champs 2025-NT
29	2:55.91 L	P	Emily Koegelenberg	12	XCEL CPT	20/03/2025	SA Level 3 Regional Age Group
30	2:56.40 L S	P	Barcelona Xaba	12	SASE JHB	25/04/2025	SA National Junior Age Grou-WCA
31	2:56.57 L	F	Danica Marrier D'Unienville	12	KLOO ETH	26/03/2025	SA Level 3 Regional Age Group
32	2:56.65 L	F	Oyama Baqwa	12	SGUL ETH	13/12/2024	NMBA Championships 2024
33	2:57.15 L	F	Anna Horn	12	XCEL CPT	17/10/2024	43rd Freda Barnard Invitational Gala
34	2:57.16 L	P	Caitlin Barnes	12	SAAW CPT	20/03/2025	SA Level 3 Regional Age Group
35	2:57.25 L	P	Rirhandzu Chauke	12	DORE JHB	20/03/2025	SA Level 3 Champs 2025-NT
36	2:57.26 L	F	Mattae Morel	12	CA EKU	20/03/2025	SA Level 3 Champs 2025-NT
37	2:57.53 L S	F	Zara Jantjies	12	MANT CPT	21/09/2024	CTA INVITATIONAL LC MEET
38	2:57.67 L	P	Isabella Haldane	12	FISH EDD	20/03/2025	SA Level 3 Regional Age Group
39	2:58.16 L	F	Alexis De Witt	12	TUKS TSH	18/10/2024	NTS Level 3+ October Age Group 2024
40	2:58.71 L	F	Grace Julies	12	XCEL CPT	05/12/2024	Western Cape LC-A Championship 2024
41	2:58.75 L	F	Sophie Kretzmann	12	USC BUF	20/03/2025	SA Level 3 Regional Age Group
42	2:59.44 L	P	Mikayla Coleman	12	TCA EKU	20/03/2025	SA Level 3 Champs 2025-NT
43	2:59.47 L S	F	Carinke Wessels	12	BLOT MAN	04/12/2024	Free State Champs 2024
44	2:59.69 L	P	Mikayla Jordaan	12	CASC CPT	20/03/2025	SA Level 3 Regional Age Group
45	2:59.92 L	P	Alessia Barthus	12	MANT CPT	20/03/2025	SA Level 3 Regional Age Group
46	3:00.50 L	P	Uma Pearson-Adams	12	SAAW CPT	05/12/2024	Western Cape LC-A Championship 2024
47	3:00.65 L	F	Lia van Heerden	12	BS LLD	26/03/2025	SA Level 3 Regional Age Group
48	3:00.93 L	P	Noa Sebastiao	12	TUKS TSH	20/03/2025	SA Level 3 Champs 2025-NT
49	3:00.94 L	P	Nina Oosthuizen	12	MPS NGD	05/04/2025	SA Schools Swimming Championship
50	3:01.05 L	P	Leila Parker	12	SSISA CPT	20/03/2025	SA Level 3 Regional Age Group
51	3:01.28 L	F	Lumka Zamisa	12	HREF BPD	07/12/2024	NWS Championships 2024
52	3:01.64 L	P	Alexis Visser	12	MAKO EKU	05/12/2024	EGA Summer Championships
53	3:02.17 L	F	Mignon Swart	12	CNA EZD	31/01/2025	AG 5 MP SA SCHOOLS TRIALS 31 JAN
54	3:02.24 L	P	Nokutenda Tembo	12	KNYA EDD	20/03/2025	SA Level 3 Regional Age Group
55	3:02.44 L	P	Liane Van Zyl	12	UPSK ZMD	20/03/2025	SA Level 3 Regional Age Group
56	3:02.45 L	F	Karlia Degenaar	12	TUKS TSH	13/09/2024	NTS September Age Group 2024
57	3:02.55 L	P	Kathryn Nolan	12	MDOL JHB	20/03/2025	SA Level 3 Champs 2025-NT
58	3:03.14 L	P	Emily Hengst	12	CASC CPT	20/03/2025	SA Level 3 Regional Age Group
59	3:03.29 L	P	Jasmine Woodburn	12	MDOL JHB	20/03/2025	SA Level 3 Champs 2025-NT
60	3:03.49 L S	F	Milani Butau	12	BEST NMA	17/01/2025	6th A League Gala 2025
61	3:03.73 L	P	Emilie Conradie	12	SAAW CPT	05/12/2024	Western Cape LC-A Championship 2024
62	3:04.10 L	P	Kate Cheshire	12	MDOL JHB	20/03/2025	SA Level 3 Champs 2025-NT
63	3:04.26 L	F	Wilhelmina Erasmus	12	LSBOS WB	01/02/2025	Limpopo School Champs & Limpopo AG
64	3:04.56 L	P	Shelby Schoeman	12	CA EKU	20/03/2025	SA Level 3 Champs 2025-NT
65	3:04.59 L	P	Jemma Lloyd	12	VINE CPT	20/03/2025	SA Level 3 Regional Age Group
66	3:04.64 L	F	Sophie Kretzmann	12	HPPS BUF	03/02/2025	Buffalo City Primary School Trials 2025
67	3:04.80 L	F	Alyssa Coetzer	12	AZON ETH	26/03/2025	SA Level 3 Regional Age Group
68	3:04.84 L	P	Danica Marrier D'Unienville	12	KZNS	05/04/2025	SA Schools Swimming Championship
69	3:05.02 L	P	Phillipa Williams	12	SOUL EKU	20/03/2025	SA Level 3 Champs 2025-NT
70	3:05.10 L	F	Gabrielle Brooks	12	INFA NMA	13/12/2024	NMBA Championships 2024
71	3:05.25 L	P	Paiton Van Der Merwe	12	CA EKU	20/03/2025	SA Level 3 Champs 2025-NT
72	3:06.07 L	F	Holli Tait	12	KLOO ETH	26/03/2025	SA Level 3 Regional Age Group
73	3:06.58 L	P	Nicoline Du Preez	12	NWUC KKD	20/03/2025	SA Level 3 Champs 2025-NT
74	3:06.89 L	F	Paige Schutze-Langston	12	MDOL JHB	25/01/2025	CGA Summer Gala #4 Level 2+ 25 Jan
75	3:07.18 L	P	Riley Sanders	12	HPS TSH	20/03/2025	SA Level 3 Champs 2025-NT
76*	3:07.64 L	F	Olivia Meyburgh	12	CA EKU	18/01/2025	EGA Summer 5

Individual Top Times

Times since: 01-May-24

Times until: 30-Apr-25

Number of Top Times: All

Show Long Course Only

	Time	P/F/S	Name	Age/Yr					
76*	3:07.64 L	P	Lily Hoar	12	KLOO ETH	26/03/2025	SA Level 3 Regional	Age Group	
78	3:07.74 L	F	Jadine Grobler	12	TKS WBD	12/10/2024	Limpopo Age Group 4		
79	3:07.78 L	P	Charmé De Bruin	12	TUKS TSH	20/03/2025	SA Level 3 Champs 2025-NT		
80	3:08.37 L	P	Amber Spence	12	ELEC TSH	20/03/2025	SA Level 3 Champs 2025-NT		
81	3:08.66 L	P	Leane Nel	12	EXP TSH	20/03/2025	SA Level 3 Champs 2025-NT		
82	3:08.67 L	P	Megan Palmer	12	AFIN JHB	20/03/2025	SA Level 3 Champs 2025-NT		
83	3:09.77 L	P	Ziane Drenth	12	AWIN TSH	20/03/2025	SA Level 3 Champs 2025-NT		
84	3:10.09 L	P	Jada Hendricks	12	TYGE CPT	05/12/2024	Western Cape LC-A Championship 2024		
85	3:10.96 L	F	Kaitlyn Haynes-Smart	12	VINE CPT	01/02/2025	CTA BRIAN BUTTON Qualifying Meet		
86	3:12 - 12.12 L	P	Cayleigh Machill	12	BARA ECU	20/03/2025	SA Level 3 Champs 2025-NT		
87	3:12 - 12.31 L	F	Ruvarashe Chibharo	12	TYGE CPT	05/10/2024	CTA Qualifying Meet 5 - (L2 & above)		
88	3:12 - 12.33 L	F	Mia Marais	12	TRAZ TSH	27/03/2025	SA Level 2 Champs 2025 EGA		
89	3:12 - 12.45 L	F	Kenna Lilley	12	TYGE CPT	28/03/2025	SA Level 2 Regional Age Group Champs		
90	3:12.05 L	F	Laila van Antwerpen	12	PAC TSH	13/09/2024	NTS September Age Group 2024		
91	3:12.42 L	F	Milah Allen	12	PER JHB	27/03/2025	SA Level 2 Champs 2025 EGA		
92	3:12.67 L	F	Chloe-Leigh Jurgens	12	MANT CPT	22/02/2025	Swartland Invitational Gala 2025		
93	3:12.73 L	P	Taylor Ten Napel	12	BEAV ETH	02/07/2024	Prestige Tournament 2024		
94	3:12.77 L	F	Mikaela Lotz	12	PAC TSH	13/09/2024	NTS September Age Group 2024		
95	3:13.23 L	F	Ella Kalp	12	AZON ETH	26/03/2025	SA Level 3 Regional Age Group		
96	3:13.47 L	P	Kayla Kleynhans	12	ROA EDD	20/03/2025	SA Level 3 Regional Age Group		
97	3:13.90 L	P	Khalalelo Ratlhogo	12	ESP ECU	20/03/2025	SA Level 3 Champs 2025-NT		
98	3:13.95 L	F	Annabella Husselmann	12	NSFED	27/03/2025	SA Level 2 Champs 2025 EGA		
99	3:14.04 L	F	Kayleigh Brophy	12	AAS JHB	27/03/2025	SA Level 2 Champs 2025 EGA		
100	3:15.59 L	F	Alexia Smith	12	WATR JHB	25/01/2025	CGA Summer Gala #4 Level 2+ 25 Jan		
101	3:15.80 L	F	Mila Barkhuysen	12	GREY CPT	08/02/2025	WCA-B Champs - 2025		
102	3:15.91 L	F	Tayla Scheepers	12	RFA TSH	13/09/2024	NTS September Age Group 2024		
103	3:16.25 L	F	Luah Theron	12	TUKS TSH	21/02/2025	NTS Age Group Feb Tuks		
104	3:16.28 L	F	Ilê Ferreira	12	VRC TSH	27/03/2025	SA Level 2 Champs 2025-EGA		
105	3:16.81 L S	F	Kirsten Cupido	12	CYBE CPT	21/09/2024	CTA INVITATIONAL LC MEET		
106	3:16.85 L	F	Sydney Howes	12	HREF BPD	28/03/2025	SA Level 2 Regional Age Group Champs		
107	3:17.14 L	F	Liane' Pienaar	12	TUKS TSH	12 - 12	NTS Level 1+2 October Age Group 2024		
108	3:17.17 L	F	Esme Bowes	12	CPSC TSH	27/03/2025	SA Level 2 Champs 2025 EGA		
109	3:17.18 L	F	Annabella Mitchell-Innes	12	PSCP UMD	08/03/2025	Invitational Meet 2025		
12 -	3:17.29 L	F	Livia Vancoillie	12	QUIC CPT	22/02/2025	Swartland Invitational Gala 2025		
12 -	3:17.51 L	P	Ava van der Mescht	12	DESA NMA	20/03/2025	SA Level 3 Regional Age Group		
12 -	3:17.60 L	F	Lua Store	12	EVO CPT	22/02/2025	Swartland Invitational Gala 2025		
12 -	3:17.74 L S	F	Gia Newkirk	12	TYGE CPT	21/09/2024	CTA INVITATIONAL LC MEET		
12 -	3:18.04 L	F	Jenna Nieuwoudt	12	SWAR WCD	08/02/2025	WCA-B Champs - 2025		
12 -	3:18.06 L	F	Mercy Theu	12	CRSC JHB	25/01/2025	CGA Summer Gala #4 Level 2+ 25 Jan		
12 -	3:18.23 L	F	Qhanyiya Sizani	12	WWOL TSH	27/03/2025	SA Level 2 Champs 2025 EGA		
12 -	3:18.24 L	P	Jessica Arenz	12	MANT CPT	05/12/2024	Western Cape LC-A Championship 2024		
12 -	3:18.69 L	P	Tatum Van Zijl	12	OHAN ILD	26/03/2025	SA Level 3 Regional Age Group		
12 -	3:18.86 L S	F	Oyama Tuta	12	PELIC MAN	04/12/2024	Free State Champs 2024		
120	3:19.00 L	F	Elizabeth Kamara	12	NSFED	27/03/2025	SA Level 2 Champs 2025 EGA		
121	3:19.10 L	F	Ming-Xi Tsai	12	AA JHB	27/03/2025	SA Level 2 Champs 2025 EGA		
122	3:19.20 L	F	Mia Van de Vyver	12	QSAW CED	08/02/2025	WCA-B Champs - 2025		
123	3:19.28 L	F	Chloe Timperley	12	TRAZ TSH	27/03/2025	SA Level 2 Champs 2025-EGA		
124	3:19.79 L	F	Kristen Bell	12	LSKP WB	01/02/2025	Limpopo School Champs & Limpopo AG		
125	3:19.88 L	F	Arelí Muyaka	12	HARB BPD	09/12 - 12	NWS Age Group 1 & 2 2024		
126	3:19.97 L	F	Marni Snyman	12	ELRAS WBD	27/03/2025	SA Level 2 Champs 2025-EGA		
127	3:19.98 L	F	Zaarah Meyer	12	HTSA CPT	28/03/2025	SA Level 2 Regional Age Group Champs		
128	3:20.00 L	F	Alex Theron	12	CASC CPT	01/02/2025	CTA BRIAN BUTTON Qualifying Meet		
129	3:20.14 L	P	Ella Adams	12	TYGE CPT	20/03/2025	SA Level 3 Regional Age Group		
130	3:20.22 L S	F	Juno Bouwer	12	TYGE CPT	02/12 - 12	CTA A & B CHAMPS 2024		
131	3:20.28 L	F	Marizelle Vermaak	12	GHS BP	28/02/2025	NW School Championships 2025		
132	3:21.00 L	P	Zia Habib	12	MDOL JHB	20/03/2025	SA Level 3 Champs 2025-NT		
133	3:21.43 L	F	Unathi Vuyeqaba	12	TUKS TSH	27/03/2025	SA Level 2 Champs 2025 EGA		
134	3:22.50 L	P	Caitlin McDowell	12	ESP ECU	05/12/2024	EGA Summer Championships		
135	3:22.56 L	F	Milla Da Silva	12	CA ECU	27/03/2025	SA Level 2 Champs 2025-EGA		

Individual Top Times

Times since: 01-May-24
Number of Top Times: All

Times until: 30-Apr-25
Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
136	3:23.27 L	P	Tamika Abbey	12	PER JHB	29/12 - 12	CGA Championships 2024
137	3:24.08 L	F	Imme Wolfaardt	12	LALE CED	09/12 - 12	Winelands SL4
138	3:25.28 L	P	Retshepile Phalafala	12	MDOL JHB	20/03/2025	SA Level 3 Champs 2025-NT
139	3:25.78 L	F	Roxanne Coetzee	12	HREF BPD	28/03/2025	SA Level 2 Regional Age Group Champs
140	3:26.13 L	F	Lara Greyling	12	TNDER FDD	25/10/2024	Neptunes Gala
141	3:26.41 L	F	Anastacia Coelho	12	CA ECU	18/01/2025	EGA Summer 5
142	3:26.84 L	P	Sienna Syrett	12	QUES JHB	29/12 - 12	CGA Championships 2024
143	3:27.04 L	P	Scarlett Garassino	12	SASE JHB	29/12 - 12	CGA Championships 2024
144	3:27.29 L S	F	Lara Rosenstrauch	12	HTSA CPT	02/12 - 12	CTA A & B CHAMPS 2024
145	3:28.35 L	F	Maya Sissing	12	TUKS TSH	27/03/2025	SA Level 2 Champs 2025 EGA
146	3:29.96 L	F	Summer Fang	12	PEAS NMA	17/08/2024	Madibaz Swim Meet 2024
147	3:30.23 L	F	Alexianne Metzger	12	SWIFT ECU	27/03/2025	SA Level 2 Champs 2025 EGA
148	3:30.47 L	F	Lea Kotzé	12	LSM EZD	28/02/2025	NW School Championships 2025
149	3:30.73 L	F	Karla Wolmarans	12	UPSK ZMD	28/03/2025	SA Level 2 Regional Age Group Champs
150	3:31.19 L	F	Leah Struwig	12	TUKS TSH	18/10/2024	NTS Level 3+ October Age Group 2024
151	3:31.42 L	F	Alexis Visagie	12	BEST NMA	31/01/2025	Infinity Gala 2025
152	3:34.64 L	F	Jana Booysen	12	CUHE OBD	08/02/2025	WCA-B Champs - 2025
153	3:35.51 L	F	Jenna Leppan	12	AZON ETH	31/03/2025	SA Level 2 Champs 2025-KZN
154	3:35.74 L S	F	Elmane' de Wet	12	BLOT MAN	04/12/2024	Free State Champs 2024
155	3:36.15 L	F	Manisha Warne	12	NSFED	27/03/2025	SA Level 2 Champs 2025 EGA
156	3:36.77 L	F	Lily Sykes	12	TUKS TSH	12 - 12	NTS Level 1+2 October Age Group 2024
157	3:36.83 L	F	Karli Karstens	12	FISH EDD	17/10/2024	43rd Freda Barnard Invitational Gala
158	3:37.04 L	F	Micah Louw	12	MANT CPT	09/12 - 12	Swartland Prestige Gala 2024
159	3:37.56 L S	F	Cara van Wyk	12	BARR CPT	02/12 - 12	CTA A & B CHAMPS 2024
160	3:37.84 L	F	Emily Botha	12	ASAC CPT	01/02/2025	CTA BRIAN BUTTON Qualifying Meet
161	3:38.28 L	F	Liné Schoeman	12	FISH EDD	31/01/2025	Infinity Gala 2025
162	3:38.68 L S	F	Emily Van t Slot	12	BLMA CPT	25/01/2025	CTA Qualifying Meet 6 - (L2 & above)
163	3:38.82 L	F	Kgalalelo Makoloi	12	AZON ETH	31/03/2025	SA Level 2 Champs 2025-KZN
164	3:39.20 L	F	Machayda Titus	12	MARL CPT	08/02/2025	WCA-B Champs - 2025
165	3:39.89 L	F	Mia Witbooi	12	RETR CPT	28/03/2025	SA Level 2 Regional Age Group Champs
166	3:39.95 L	F	Izeldi Van Niekerk	12	LSPN MP	01/02/2025	Limpopo School Champs & Limpopo AG
167	3:43.07 L	F	Alexia Dippenaar	12	BS LLD	14/02/2025	Neptune Last Chance Gala
168	3:43.63 L	F	Zoe Lambropoulos	12	TRAZ TSH	12 - 12	NTS Level 1+2 October Age Group 2024
169	3:44.03 L	F	Mia Benade	12	UPSK ZMD	15/02/2025	AGE GROUP 6 UPT 2025
170	3:46.70 L	F	Leah Wentzel	12	MARL CPT	09/12 - 12	Swartland Prestige Gala 2024
171	3:46.99 L	P	Amogelang Mamabolo	12	HARB BPD	07/12/2024	NWS Championships 2024
172	3:49.56 L	P	Isabelle Dhassiah	12	RETR CPT	28/03/2025	SA Level 2 Regional Age Group Champs
173	3:50.27 L	F	Paballo Nkosi	12	FAC ECU	12/10/2024	EGA Summer 2
174	3:50.34 L	F	Larissa Shaetonhodi	12	NSFED	27/03/2025	SA Level 2 Champs 2025 EGA
175	3:52.60 L	F	Dané Schoeman	12	FISH EDD	17/10/2024	43rd Freda Barnard Invitational Gala
176	3:54.06 L	F	Dominic De Jager	12	USH KCD	26/10/2024	Froggies Aquatics Championships 2024
177	3:57.99 L	F	Rorisang Monareng	12	BLNE MAN	14/02/2025	Neptune Last Chance Gala
178	3:58.48 L	F	Larique Pretorius	12	KALA	01/12 - 12	UPINGTON PRESTIGE GALA 2024
179	4:01.93 L	P	Dominique Birkenstock	12	JAQ ECU	05/12/2024	EGA Summer Championships
180	4:04.37 L	F	Nyandano Madaba	12	FAC ECU	18/01/2025	EGA Summer 5
181	4:08.52 L	P	Tenele Taole	12	SWIFT ECU	05/12/2024	EGA Summer Championships
182	4:10.50 L	F	Kyleigh Shelton	12	ESTR ECU	01/02/2025	EGA Last Chance Gala
183	4:10.93 L	F	Anathi Qamba	12	FAC ECU	18/01/2025	EGA Summer 5
184	4:12.30 L	F	Mia-Marie van Zyl	12	GHS BP	28/02/2025	NW School Championships 2025
185	4:12.45 L	F	Madison Thiardt	12	EVO CPT	22/02/2025	Swartland Invitational Gala 2025
186	4:14.77 L	F	Lana Coetzee	12	QUIC CPT	09/12 - 12	Swartland Prestige Gala 2024
187	4:17.04 L	F	Wilmie Fourie	12	UPSK ZMD	06/12/2024	NCASA CHAMPS 2024
188	4:17.60 L	P	Khanya Ramone	12	MATL KKD	07/12/2024	NWS Championships 2024
189	4:39.37 L	F	Madison Jacobs	12	XCEL CPT	09/12 - 12	Swartland Prestige Gala 2024
190	4:47.50 L	F	Katia Cerone	12	HAAG UTD	07/12/2024	Uthukela District Age Group Gala
191	4:48.13 L	F	Nokubonga Buda	12	ESP ECU	01/02/2025	EGA Last Chance Gala
192	4:54.84 L	F	Hanaan Hendricks	12	TYGE CPT	09/12 - 12	Winelands SL4
193	5:08.89 L	F	Khumo Goeieman	12	KALA	01/12 - 12	UPINGTON PRESTIGE GALA 2024
194	5:28.67 L	F	Anke Nel	12	QUIC CPT	09/12 - 12	Swartland Prestige Gala 2024

Individual Top Times

Times since: 01-May-24 **Times until: 30-Apr-25**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
Women 12 - 12 -12 50 Breast							
1	34.43 L	P	Anna Horn	12	WCS	05/04/2025	SA Schools Swimming Championship
2	36.20 L	F	Megan Jacobs	12	WSTV ETH	25/04/2025	SA National Junior Age Grou-WCA
3	37.23 L	F	Mackenzie Raffle	12	CA ECU	25/04/2025	SA National Junior Age Grou-WCA
4	37.61 L S	F	Isabella Goncalves	12	SOUL ECU	05/12/2024	EGA Summer Championships
5	37.84 L	F	Kara Pretorius	12	SSISA CPT	20/03/2025	SA Level 3 Regional Age Group
6	37.88 L	F	Mignon Swart	12	CSA EZD	25/04/2025	SA National Junior Age Grou-WCA
7	38.15 L	P	Laila van Antwerpen	12	PAC TSH	25/04/2025	SA National Junior Age Grou-WCA
8	38.20 L	F	Sophia Hutchison	12	NCS	05/04/2025	SA Schools Swimming Championship
9	38.26 L	P	Chenique Kooi	12	TUKS TSH	25/04/2025	SA National Junior Age Grou-WCA
10	38.52 L	F	Shalea Hamilton	12	BEST NMA	31/01/2025	Infinity Gala 2025
12 -	38.60 L S	F	Grace Julies	12	XCEL CPT	21/09/2024	CTA INVITATIONAL LC MEET
12	38.74 L	P	Carinke Wessels	12	BLOT MAN	25/04/2025	SA National Junior Age Grou-WCA
13	38.83 L	P	Alexis De Witt	12	TUKS TSH	25/04/2025	SA National Junior Age Grou-WCA
14	39.12 L	P	Jessica Jansen van Vuuren	12	SEAL UMD	25/04/2025	SA National Junior Age Grou-WCA
15	39.28 L	F	Lize De Wet	12	LPS	05/04/2025	SA Schools Swimming Championship
16	39.29 L	F	Carinke Wessels	12	FSS	05/04/2025	SA Schools Swimming Championship
17	39.46 L	P	Taylor Ten Napel	12	BEAV ETH	25/04/2025	SA National Junior Age Grou-WCA
18	39.56 L	P	Mali Louw	12	WELL CED	20/03/2025	SA Level 3 Regional Age Group
19	39.60 L	F	Lara Van Veelen	12	TASC MPD	20/03/2025	SA Level 3 Champs 2025-NT
20	39.70 L	F	Tatum Van Zijl	12	OHAN ILD	25/01/2025	uShaka Champs 2025
21	39.72 L	F	Gia Newkirk	12	TYGE CPT	20/03/2025	SA Level 3 Regional Age Group
22	39.89 L	P	Emma Ristow	12	USC BUF	20/03/2025	SA Level 3 Regional Age Group
23	40.05 L	P	Barcelona Xaba	12	SASE JHB	25/04/2025	SA National Junior Age Grou-WCA
24	40.31 L	P	Paige Schutze-Langston	12	MDOL JHB	20/03/2025	SA Level 3 Champs 2025-NT
25	40.44 L	P	Aqeelah Williams	12	UWCA CPT	25/04/2025	SA National Junior Age Grou-WCA
26	40.50 L	P	Mila Hinteregger	12	CA ECU	20/03/2025	SA Level 3 Champs 2025-NT
27	40.55 L	F	Alexis Kalapac	12	SLAQ CPT	05/12/2024	Western Cape LC-A Championship 2024
28	40.61 L	P	Isabella Vreenegoor	12	CRSC JHB	20/03/2025	SA Level 3 Champs 2025-NT
29	40.90 L	F	Ineke Van Maarleveld	12	ACAQ CCD	29/12 - 12	Limpopo Champs 2024
30	40.92 L	F	Gia Stedall	12	WWOL TSH	20/03/2025	SA Level 3 Champs 2025-NT
31	40.99 L	F	Evie du Plessis	12	BLOT MAN	09/12 - 12	Bull Sharks Gala
32	41.05 L	P	Ruvarashe Chibharo	12	TYGE CPT	14/02/2025	Western Cape Elite Gala 2025
33	41.14 L	F	Nina Pieterse	12	NMBA NM	12 - 12	EDEN INTER DISTRICT PRESTIGE
34	41.16 L	F	Annabel Meyer	12	BULS MAN	25/10/2024	Neptunes Gala
35	41.17 L	P	Madison Sanan	12	PER JHB	20/03/2025	SA Level 3 Champs 2025-NT
36	41.36 L	P	Chloe-Leigh Jurgens	12	MANT CPT	20/03/2025	SA Level 3 Regional Age Group
37	41.43 L	F	Xia Jacobs	12	WSTV ETH	26/03/2025	SA Level 3 Regional Age Group
38	41.45 L	F	Kayla Gerber	12	STAQ CED	05/12/2024	Western Cape LC-A Championship 2024
39*	41.51 L	P	Katherine Harrop-Allin	12	CSC TSH	25/04/2025	SA National Junior Age Grou-WCA
39*	41.51 L	P	Christie Snijders	12	FSS	05/04/2025	SA Schools Swimming Championship
41	41.53 L	P	Mattae Morel	12	CA ECU	20/03/2025	SA Level 3 Champs 2025-NT
42	41.57 L	F	Chisi Magubbwi	12	TUKS TSH	22/02/2025	Zasu 4th League Gala 24-25
43	41.64 L	F	Micah Gomes	12	TUKS TSH	18/10/2024	NTS Level 3+ October Age Group 2024
44	41.93 L	F	Morgan Graham	12	CPRIM BUF	03/02/2025	Buffalo City Primary School Trials 2025
45	41.96 L	F	Milla Christensen	12	WELL CED	08/02/2025	WCA-B Champs - 2025
46	42.02 L	F	Zekhetelo Radebe	12	PSCP UMD	26/03/2025	SA Level 3 Regional Age Group
47	42.05 L	F	Kathryn Nolan	12	MDOL JHB	22/02/2025	EGA Lets Sprint Incorp Gauteng Schools
48	42.10 L	P	Ava Grebe	12	CUHE OBD	05/12/2024	Western Cape LC-A Championship 2024
49	42.15 L	P	Milah Allen	12	PER JHB	29/12 - 12	CGA Championships 2024
50	42.27 L	P	Sisanda Palframan	12	KZNS	05/04/2025	SA Schools Swimming Championship
51	42.37 L	F	Suhanna White	12	AQUA BUF	20/03/2025	SA Level 3 Champs 2025-NT
52*	42.40 L	P	Lumka Zamisa	12	HREF BP	20/03/2025	SA Level 3 Champs 2025-NT
52*	42.40 L	F	Jua Jonker	12	LSM EZD	28/02/2025	NW School Championships 2025
54	42.62 L	F	Zethembiso Mbambo	12	PSCP UMD	31/03/2025	SA Level 2 Champs 2025-KZN
55	x42.74 L	F	Isabella Kent	12	SCHO CP	08/02/2025	WCA-B Champs - 2025
56	42.85 L	P	Emma Cullis	12	VINE CPT	25/04/2025	SA National Junior Age Grou-WCA
57	43.01 L	F	Madison Harris	12	SOUL ECU	27/03/2025	SA Level 2 Champs 2025-EGA
58	43.03 L	F	Nadelija Pillay	12	VHD ZLD	25/01/2025	uShaka Champs 2025

Individual Top Times

Times since: 01-May-24

Times until: 30-Apr-25

Number of Top Times: All

Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
59	43.06 L	F	Mikaela Van Heerden	12	TUKS TSH	27/03/2025	SA Level 2	Champs 2025-EGA
60	43.10 L	F	Noa Sebastiao	12	TUKS TSH	18/10/2024	NTS Level 3+	October Age Group 2024
61	43.17 L	P	Wilhandi Meyer	12	BULS MAN	04/12/2024	Free State Champs	2024
62	43.19 L	F	Lara Greyling	12	TNDER FDD	04/12/2024	Free State Champs	2024
63	43.21 L	F	Unathi Vuyeqaba	12	TUKS TSH	27/03/2025	SA Level 2	Champs 2025-EGA
64	43.33 L S	P	Alexis Visser	12	MAKO EKU	05/12/2024	EGA Summer Championships	
65	43.36 L	P	Isabella Haldane	12	FISH EDD	20/03/2025	SA Level 3 Regional	Age Group
66	43.47 L	P	Amelie Billson	12	CASC CPT	05/12/2024	Western Cape LC-A Championship	2024
67*	43.55 L	F	Neanè Van Zyl	12	GREY CPT	02/12 - 12	CTA A & B CHAMPS	2024
67*	43.55 L	P	Leah Struwig	12	TUKS TSH	20/03/2025	SA Level 3 Champs	2025-NT
69	43.59 L	F	Elah-Mae Budram	12	PSCP UMD	26/03/2025	SA Level 3 Regional	Age Group
70	43.62 L	P	Jasmine Woodburn	12	MDOL JHB	20/03/2025	SA Level 3 Champs	2025-NT
71	43.69 L	F	Mawande Makumbe	12	TUKS TSH	13/09/2024	NTS September Age Group	2024
72	43.70 L	F	Mia Jansen van Rensburg	12	XCEL CPT	17/10/2024	43rd Freda Barnard Invitational Gala	
73*	43.72 L	F	Ankin Van Niekerk	12	LSJM SKD	02/12 - 12	Limpopo LS - Top 8 skole	2024
73*	43.72 L	P	Milani Butau	12	BEST NMA	20/03/2025	SA Level 3 Regional	Age Group
75*	43.74 L	P	Leandi Liebenberg	12	SS MPD	20/03/2025	SA Level 3 Champs	2025-NT
75*	43.74 L	F	Lara Rosenstrauch	12	HTSA CPT	28/03/2025	SA Level 2 Regional Age Group Champs	
77	43.78 L S	F	Emilie Conradie	12	SAAW CPT	21/09/2024	CTA INVITATIONAL LC MEET	
78	43.86 L	P	Caitlin McDowell	12	ESP EKU	20/03/2025	SA Level 3 Champs	2025-NT
79	43.88 L	F	Ella Kalp	12	AZON ETH	14/06/2024	AQZ Winter Warmer	2024
80	43.92 L	F	Leandi Swarts	12	PSA ZLD	31/03/2025	SA Level 2 Champs	2025-KZN
81	44.06 L	P	Kate Cheshire	12	MDOL JHB	20/03/2025	SA Level 3 Champs	2025-NT
82	44.10 L	F	Zoe Kruger	12	LALE CED	08/02/2025	WCA-B Champs - 2025	
83	44.24 L	F	Leah Du Plessis	12	PEAS NMA	31/01/2025	Infinity Gala	2025
84	44.30 L	P	Khalalelo Ratlhogo	12	ESP EKU	20/03/2025	SA Level 3 Champs	2025-NT
85*	44.38 L	P	Laila Christie	12	CPRIM BUF	03/02/2025	Buffalo City Primary School Trials	2025
85*	44.38 L	P	Senzelwe Mwandla	12	PSCP UMD	26/03/2025	SA Level 3 Regional	Age Group
87	44.47 L	P	Maya Owen	12	SPS BUF	03/02/2025	Buffalo City Primary School Trials	2025
88	44.53 L	F	Vanessa Jurado	12	VINE CPT	02/12 - 12	CTA A & B CHAMPS	2024
89	44.63 L	P	Mia Vorster	12	WELA LLD	20/03/2025	SA Level 3 Champs	2025-NT
90	44.64 L	F	Sophia Boustred	12	STAQ CED	08/02/2025	WCA-B Champs - 2025	
91*	44.66 L	P	Taylor-Rose Botes	12	CA EKU	20/03/2025	SA Level 3 Champs	2025-NT
91*	44.66 L	P	Chloe Rautenbach	12	UNIU EZD	20/03/2025	SA Level 3 Champs	2025-NT
93*	44.73 L	F	Liane' Pienaar	12	TUKS TSH	21/02/2025	NTS Age Group Feb Tuks	
93*	44.73 L	F	Zingce Mfabe	12	CPRIM BUF	03/02/2025	Buffalo City Primary School Trials	2025
95*	44.75 L	F	Kara De Wit	12	RFA TSH	01/02/2025	EGA Last Chance Gala	
95*	44.75 L	F	Morgan Kaschula	12	SPS BUF	03/02/2025	Buffalo City Primary School Trials	2025
97	44.80 L	F	Ella Voysey	12	VINE CPT	25/01/2025	CTA Qualifying Meet 6 - (L2 & above)	
98	44.87 L	F	Jazmin Anthony	12	PAQU CED	08/02/2025	WCA-B Champs - 2025	
99	44.88 L	F	Imme Wolfaardt	12	LALE CED	08/02/2025	WCA-B Champs - 2025	
100	44.91 L	F	Micaela Fourie	12	NSAD EZD	29/12 - 12	Mpumalanga Championships	2024
101	44.96 L	F	Lienke Van Wyk	12	BULS MAN	02/12 - 12	Heidedal	
102	45.01 L	F	Jadine Grobler	12	LSKP WB	02/12 - 12	Limpopo LS - Top 8 skole	2024
103	45.04 L	P	Ayvah Jacob	12	RACE JHB	29/12 - 12	CGA Championships	2024
104	45.14 L	F	Kaitlyn Haynes-Smart	12	VINE CPT	08/02/2025	WCA-B Champs - 2025	
105*	45.15 L	P	Saffiya Emjedi	12	SAAW CPT	20/03/2025	SA Level 3 Regional	Age Group
105*	45.15 L	P	Rachel Fletcher	12	CPRIM BUF	03/02/2025	Buffalo City Primary School Trials	2025
107	45.17 L	F	Holli Tait	12	KLOO ETH	26/03/2025	SA Level 3 Regional	Age Group
108	45.18 L	F	Hester Janse van Rensburg	12	NWUC KKD	07/12/2024	NWS Championships	2024
109	45.24 L	F	Chanel Smit	12	ELEC TSH	12 - 12	NTS Level 1+2 October Age Group	2024
12 -	45.27 L	F	Wilhelmina Erasmus	12	ELRAS WBD	29/12 - 12	Limpopo Champs	2024
12 -	45.30 L	F	Summer Moonsamy	12	BEAV ETH	31/03/2025	SA Level 2 Champs	2025-KZN
12 -	45.31 L	P	Zia Habib	12	MDOL JHB	20/03/2025	SA Level 3 Champs	2025-NT
12 -	45.34 L	P	Alize Engelbrecht	12	CSA EZD	29/12 - 12	Mpumalanga Championships	2024
12 -*	45.41 L	F	Mabet Jacobs	12	AGAQ QBD	28/03/2025	SA Level 2 Regional Age Group Champs	
12 -*	45.41 L	F	Taylynn Boshoff	12	USC BUF	28/03/2025	SA Level 2 Regional Age Group Champs	
12 -	45.44 L	F	Racquelle Saporta	12	INFA NMA	31/01/2025	Infinity Gala	2025
12 -	45.45 L	F	Ziyada Tekle	12	USC BUF	22/12 - 12	BCA Long Course Championships	2024

Individual Top Times

Times since: 01-May-24

Times until: 30-Apr-25

Number of Top Times: All

Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
12 -	45.49 L	F	Elmane' de Wet	12	BLOT MAN	04/12/2024	Free State Champs 2024
12 -	45.64 L	F	Cayleigh Machill	12	BARA ECU	01/02/2025	EGA Last Chance Gala
120	45.75 L	F	Amelia-Rose Schutzler	12	HARL BUF	22/02/2025	Eastern Cape School Provincial Trials
121*	45.77 L	P	Rirhandzu Chauke	12	DORE JHB	20/03/2025	SA Level 3 Champs 2025-NT
121*	45.77 L	F	Mienke Pretorius	12	KALA	28/03/2025	SA Level 2 Regional Age Group Champs
123	45.80 L	F	Inge Du Plessis	12	SS MPD	29/12 - 12	Limpopo Champs 2024
124	45.84 L	F	Katelyn Naidoo	12	CA ECU	27/03/2025	SA Level 2 Champs 2025-EGA
125	45.85 L	F	Areli Muyaka	12	HARB BPD	07/12/2024	NWS Championships 2024
126*	45.89 L	F	Nina Koen	12	FISH EDD	17/10/2024	43rd Freda Barnard Invitational Gala
126*	45.89 L	P	Scarlett Garassino	12	SASE JHB	27/03/2025	SA Level 2 Champs 2025 EGA
128	45.93 L	P	Paige Jansen van Vuuren	12	SEAL UMD	02/07/2024	Prestige Tournament 2024
129	45.96 L	P	Olivia Kruger	12	PLAY CED	05/12/2024	Western Cape LC-A Championship 2024
130	45.97 L	P	Sienna Syrett	12	QUES JHB	27/03/2025	SA Level 2 Champs 2025 EGA
131*	46.00 L	P	Jada Hendricks	12	TYGE CPT	20/03/2025	SA Level 3 Regional Age Group
131*	46.00 L	F	Rorisang Monareng	12	BLNE MAN	28/03/2025	SA Level 2 Regional Age Group Champs
133	46.06 L	F	Briah Boshoff	12	ASAC CPT	08/02/2025	WCA-B Champs - 2025
134	46.13 L	F	Oyama Baqwa	12	SGUL ETH	13/12/2024	NMBA Championships 2024
135	46.17 L	F	Ella Leonard	12	BLUO UGD	31/03/2025	SA Level 2 Champs 2025-KZN
136	46.29 L	F	Abby Mostert	12	AWIN TSH	18/10/2024	NTS Level 3+ October Age Group 2024
137	46.32 L	F	Milla Da Silva	12	CA ECU	01/02/2025	EGA Last Chance Gala
138	46.33 L	P	Alexia Smith	12	WATR JHB	20/03/2025	SA Level 3 Champs 2025-NT
139	46.34 L S	F	Yvette Louw	12	TYGE CPT	21/09/2024	CTA INVITATIONAL LC MEET
140	46.44 L	F	Madison Wissekerke	12	FRA KCD	31/03/2025	SA Level 2 Champs 2025-KZN
141	46.45 L	F	Samantha Wilson	12	INFA NMA	17/10/2024	43rd Freda Barnard Invitational Gala
142	46.46 L	F	Gabrielle Brooks	12	INFA NMA	17/10/2024	43rd Freda Barnard Invitational Gala
143	46.47 L	F	Zara Lockitch	12	CYBE CPT	07/09/2024	CTA Qualifying Meet 4 (L3 & Above)
144*	46.54 L	F	Katie Van den Heever	12	UNIU EZD	12 - 12	MP AGE GROUP 2 (12 - 12)
144*	46.54 L	P	Elizabeth Kamara	12	NSFED	27/03/2025	SA Level 2 Champs 2025 EGA
146	46.56 L	F	Elizabeth Roth	12	PEAS NMA	13/12/2024	NMBA Championships 2024
147	46.67 L	F	Leah-Bella Budram	12	PSCP UMD	31/03/2025	SA Level 2 Champs 2025-KZN
148	46.68 L	F	Nandile Shabalala	12	AQUA UTD	31/03/2025	SA Level 2 Champs 2025-KZN
149	46.71 L	F	Anye Brink	12	QSAW CED	28/03/2025	SA Level 2 Regional Age Group Champs
150	46.72 L	P	Tamika Abbey	12	PER JHB	29/12 - 12	CGA Championships 2024
151	46.80 L	F	Zaarah Meyer	12	HTSA CPT	28/03/2025	SA Level 2 Regional Age Group Champs
152	46.84 L	F	Mijone Beyers	12	CA ECU	01/02/2025	EGA Last Chance Gala
153	46.88 L	P	Ming-Xi Tsai	12	AA JHB	29/12 - 12	CGA Championships 2024
154	47.01 L	F	Sloan Warner	12	INFA NMA	28/03/2025	SA Level 2 Regional Age Group Champs
155	47.21 L	F	Liné Schoeman	12	FISH EDD	28/03/2025	SA Level 2 Regional Age Group Champs
156	47.23 L	F	Zanli Le Roux	12	AGAQ OBD	17/10/2024	43rd Freda Barnard Invitational Gala
157	47.27 L	F	Jemma Lloyd	12	VINE CPT	08/02/2025	WCA-B Champs - 2025
158	47.30 L	P	Lauren Kleinhans	12	AA JHB	27/03/2025	SA Level 2 Champs 2025-EGA
159	47.31 L	F	Rachel Konigkramer	12	PSCP UMD	31/03/2025	SA Level 2 Champs 2025-KZN
160	47.40 L	F	Mienke Kok	12	INFA NMA	31/01/2025	Infinity Gala 2025
161	47.41 L	P	Jaimey Shaw	12	MDOL JHB	27/03/2025	SA Level 2 Champs 2025-EGA
162*	47.44 L	F	Mikayla Coleman	12	TCA ECU	12/10/2024	EGA Summer 2
162*	47.44 L	F	Mienke Gerber	12	FISH EDD	08/02/2025	WCA-B Champs - 2025
164*	47.47 L	F	Nicoline Du Preez	12	NWUC KKD	23/12 - 12	NWS Age Group 3 + 4 2024
164*	47.47 L	P	Annabella Husselmann	12	NSFED	27/03/2025	SA Level 2 Champs 2025 EGA
166	47.48 L	P	Leno Mongwaketse	12	PRSC	27/03/2025	SA Level 2 Champs 2025 EGA
167	47.50 L	P	Alexis Lombard	12	GPS EDD	03/02/2025	Buffalo City Primary School Trials 2025
168	47.57 L	F	Lua Store	12	EVO CPT	09/12 - 12	Swartland Prestige Gala 2024
169	47.60 L	F	Stephné Swanepoel	12	SUMW NMA	22/02/2025	Eastern Cape School Provincial Trials
170	47.63 L	P	Jisthi Maharaj	12	ACSA ETH	02/07/2024	Prestige Tournament 2024
171	47.66 L	P	Cayla Cunningham	12	TRAZ TSH	27/03/2025	SA Level 2 Champs 2025-EGA
172	47.73 L	F	Sarah-Kate Odendaal	12	QUIC CPT	09/12 - 12	Swartland Prestige Gala 2024
173	47.74 L	P	Lily Sykes	12	TUKS TSH	27/03/2025	SA Level 2 Champs 2025 EGA
174	47.76 L	F	Nina Oosthuizen	12	NSAD EZD	14/09/2024	MP SPRINT GALA 14 SEPTEMBER
175	47.78 L	P	Oyama Tuta	12	PELIC MAN	28/03/2025	SA Level 2 Regional Age Group Champs
176*	47.79 L	F	Lia van Heerden	12	BS LLD	04/12/2024	Free State Champs 2024

Individual Top Times

Times since: 01-May-24
Number of Top Times: All

Times until: 30-Apr-25
Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
176*	47.79 L	F	Caelyn Kempgem	12	HERO JHB	20/12 - 12	Crusaders Night Gala 1
178*	47.89 L	P	Jessica Arenz	12	MANT CPT	05/12/2024	Western Cape LC-A Championship 2024
178*	47.89 L	F	Leila Parker	12	SSISA CPT	25/01/2025	CTA Qualifying Meet 6 - (L2 & above)
180	47.91 L	F	Kayla Kleynhans	12	ROA EDD	30/12 - 12	Eden LC Champs 2024
181	48.02 L	F	Mienke Grobler	12	BULS MAN	14/02/2025	Neptune Last Chance Gala
182	48.08 L	F	Charné De Bruin	12	TUKS TSH	21/02/2025	NTS Age Group Feb Tuks
183	48.10 L	F	Zara Jantjies	12	MANT CPT	09/12 - 12	Swartland Prestige Gala 2024
184	48.16 L	F	Sarah Schofield	12	SEALE ETH	25/01/2025	uShaka Champs 2025
185	48.23 L	F	Dominique Birkenstock	12	UPS NMA	18/02/2025	Inter Primary 2025
186	48.24 L	P	Hope Churchman	12	SEALE ETH	02/07/2024	Prestige Tournament 2024
187	48.30 L	F	Riley Sanders	12	HPS TSH	18/10/2024	NTS Level 3+ October Age Group 2024
188	48.34 L	F	Luah Theron	12	TUKS TSH	18/10/2024	NTS Level 3+ October Age Group 2024
189*	48.44 L	P	Wilmie Fourie	12	UPSK ZMD	28/03/2025	SA Level 2 Regional Age Group Champs
189*	48.44 L	P	Ella Stegmann	12	HPPS BUF	03/02/2025	Buffalo City Primary School Trials 2025
191*	48.45 L	P	Gabriella Bengell	12	BLNE MAN	04/12/2024	Free State Champs 2024
191*	48.45 L	P	Le-May Van Zyl	12	ELRAS WBD	27/03/2025	SA Level 2 Champs 2025-EGA
193	48.51 L	F	Carlien Coetzee	12	OLS BP	28/02/2025	NW School Championships 2025
194	48.56 L	F	Mila Pile	12	FISH EDD	30/12 - 12	Eden LC Champs 2024
195	48.57 L	P	Amoussou Viwassi	12	LINR JHB	29/12 - 12	CGA Championships 2024
196	48.66 L	F	Emily Koegelenberg	12	XCEL CPT	17/10/2024	43rd Freda Barnard Invitational Gala
197	48.68 L	P	Alyssa Coetzer	12	AZON ETH	26/03/2025	SA Level 3 Regional Age Group
198	48.79 L S	F	Lisasa Faltein	12	PEAS NMA	17/01/2025	6th A League Gala 2025
199*	48.81 L	P	Zahraa Essack	12	ATLA JHB	20/03/2025	SA Level 3 Champs 2025-NT
199*	48.81 L	P	Ashlee Gericke	12	SPS BUF	03/02/2025	Buffalo City Primary School Trials 2025
199*	48.81 L	P	Brooklyn Terwin	12	CPRIM BUF	03/02/2025	Buffalo City Primary School Trials 2025
202	48.83 L	F	Tayla Scheepers	12	RFA TSH	01/02/2025	EGA Last Chance Gala
203	48.85 L	F	Juno Bouwer	12	TYGE CPT	08/02/2025	WCA-B Champs - 2025
204	48.99 L S	F	Jamie Els	12	AQDO CPT	21/09/2024	CTA INVITATIONAL LC MEET
205	49.05 L S	F	Charlotte Jones	12	SLAQ CPT	21/09/2024	CTA INVITATIONAL LC MEET
206	49.13 L	F	Marjoné MacLachlan	12	NC FB	25/01/2025	4+1 INTERPROVINCIAL GALA 2025
207	49.17 L	F	Olwenelo Ngema	12	FRA KCD	25/01/2025	uShaka Champs 2025
208	49.22 L	F	Jane Sieberhagen	12	AWIN TSH	13/09/2024	NTS September Age Group 2024
209	49.26 L	F	Amber Spence	12	ELEC TSH	13/09/2024	NTS September Age Group 2024
210	49.32 L	P	Annabella Venter	12	VRC TSH	29/12 - 12	CGA Championships 2024
212	49.34 L	P	Amahle Mdlalose	12	CSC TSH	27/03/2025	SA Level 2 Champs 2025 EGA
212	49.41 L	P	Kgalalelo Makoloi	12	AZON ETH	31/03/2025	SA Level 2 Champs 2025-KZN
213	49.45 L	F	Phillipa Williams	12	SOUL ECU	12/10/2024	EGA Summer 2
214	49.46 L	F	Sophie Kretzmann	12	USC BUF	13/12/2024	NMBA Championships 2024
215	49.54 L	P	Menieke Rowe-Rowe	12	BULS MAN	28/03/2025	SA Level 2 Regional Age Group Champs
216	49.58 L	P	Mackenzie Dekker	12	KLOO ETH	31/03/2025	SA Level 2 Champs 2025-KZN
217	49.65 L	F	Lerina Thomas	12	SWAR WCD	28/03/2025	SA Level 2 Regional Age Group Champs
218	49.68 L S	P	Dikgang Mokgele	12	MAKO ECU	05/12/2024	EGA Summer Championships
219	49.72 L	F	Tahlia Roelofsz	12	VHD ZLD	25/01/2025	uShaka Champs 2025
220*	49.82 L	F	Kirsten Cupido	12	CYBE CPT	05/10/2024	CTA Qualifying Meet 5 - (L2 & above)
220*	49.82 L	F	Helena Calitz	12	LALE CED	09/12 - 12	Winelands SL4
220*	49.82 L	P	Alexianne Metzger	12	SWIFT ECU	27/03/2025	SA Level 2 Champs 2025-EGA
223	49.88 L	F	Zené Gouws	12	TASC MPD	29/12 - 12	Limpopo Champs 2024
224	49.91 L	P	Nabeeha Raja	12	SPS BUF	03/02/2025	Buffalo City Primary School Trials 2025
225	49.92 L	P	Mercy Theu	12	CRSC JHB	29/12 - 12	CGA Championships 2024
226	49.94 L	P	Malin Swart	12	GPS EDD	03/02/2025	Buffalo City Primary School Trials 2025
227*	50.02 L	F	Lungile Ndaba	PR	VASA ECU	22/02/2025	EGA Lets Sprint Incorp Gauteng Schools
227*	50.02 L	P	Clara Duvenage	12	CA ECU	27/03/2025	SA Level 2 Champs 2025-EGA
229	50.09 L	F	Hiranya Moodley	12	USH KCD	25/01/2025	uShaka Champs 2025
230	50.14 L	F	Shayla Quin	12	SS MPD	29/12 - 12	Limpopo Champs 2024
231*	50.18 L S	P	Kyleigh Shelton	12	ESTR ECU	05/12/2024	EGA Summer Championships
231*	50.18 L	F	Anastacia Coelho	12	CA ECU	01/02/2025	EGA Last Chance Gala
233*	50.19 L	P	Sienna Goedhals	12	SPS BUF	03/02/2025	Buffalo City Primary School Trials 2025
233*	50.19 L	P	Manisha Warne	12	NSFED	27/03/2025	SA Level 2 Champs 2025 EGA
235	50.26 L	P	Mia Ciampi	12	TUKS TSH	27/03/2025	SA Level 2 Champs 2025 EGA

Individual Top Times

Times since: 01-May-24

Times until: 30-Apr-25

Number of Top Times: All

Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
236	50.32 L	F	Liane Van Zyl	12	UPSK ZMD	08/02/2025	NCASA SPRINTS 2025	
237	50.46 L	F	Rebecca Joubert	12	COLJ NMA	22/02/2025	Eastern Cape School Provincial Trials	
238	50.52 L	P	Ilê Ferreira	12	VRC TSH	27/03/2025	SA Level 2 Champs 2025 EGA	
239*	50.53 L	P	Helene de Bruyn	12	BULS MAN	04/12/2024	Free State Champs 2024	
239*	50.53 L	F	Karlia Degenaar	12	TUKS TSH	13/09/2024	NTS September Age Group 2024	
241	50.54 L	F	Marni Snyman	12	ELRAS WBD	29/12 - 12	Limpopo Champs 2024	
242	50.63 L	P	Sophie Kretzmann	12	HPPS BUF	03/02/2025	Buffalo City Primary School Trials 2025	
243	50.66 L	F	Zoe De Monk	12	HHPS NMA	22/02/2025	Eastern Cape School Provincial Trials	
244	50.70 L	P	Emihle Mnuu	12	FRA KCD	31/03/2025	SA Level 2 Champs 2025-KZN	
245	50.71 L	F	Madyson le Roux	12	LSM EZD	28/02/2025	NW School Championships 2025	
246	50.85 L	P	Skyla De Lange	12	HPPS BUF	03/02/2025	Buffalo City Primary School Trials 2025	
247	50.90 L	F	Izabella Botha	12	BLMA CPT	22/02/2025	Swartland Invitational Gala 2025	
248	50.91 L S	F	Ashleigh Petersen	12	INFA NMA	17/01/2025	6th A League Gala 2025	
249	51.03 L	P	Jade Sansom	12	CPRIM BUF	03/02/2025	Buffalo City Primary School Trials 2025	
250	51.07 L	F	Jenna Nieuwoudt	12	SWAR WCD	09/12 - 12	Swartland Prestige Gala 2024	
251	51.09 L	P	Larissa Shaetonhodi	12	NSFED	27/03/2025	SA Level 2 Champs 2025 EGA	
252	51.19 L	P	Emma Venter	12	PSCP UMD	31/03/2025	SA Level 2 Champs 2025-KZN	
253	51.36 L	F	Danika Steyn	12	KSC EZD	14/09/2024	MP SPRINT GALA 14 SEPTEMBER	
254	51.56 L	F	Olivia Nel	12	CLA WCD	01/02/2025	CTA BRIAN BUTTON Qualifying Meet	
255	51.57 L	F	Mia Witbooi	12	RETR CPT	28/03/2025	SA Level 2 Regional Age Group Champs	
256	51.65 L	F	Hani Salie	12	LAL CED	09/12 - 12	Winelands SL4	
257	51.67 L	F	Alessia Barthus	12	MANT CPT	02/12 - 12	CTA A & B CHAMPS 2024	
258	51.78 L	F	Hanaan Hendricks	12	TYGE CPT	09/12 - 12	Winelands SL4	
259	51.85 L	F	Lume Fourie	12	TINC TSH	12 - 12	NTS Level 1+2 October Age Group 2024	
260	51.86 L	F	Dwala Magagula	12	TRAZ TSH	13/09/2024	NTS September Age Group 2024	
261	51.87 L	F	Anathi Qamba	12	FAC EKU	01/02/2025	EGA Last Chance Gala	
262	51.90 L	F	Michaela Hirst	12	MCS BP	28/02/2025	NW School Championships 2025	
263	51.95 L	F	Luniko Manise	12	WALM CPT	02/12 - 12	CTA A & B CHAMPS 2024	
264	51.97 L	F	Alexia Dippenaar	12	BS LLD	06/09/2024	Bull Sharks Annual Gala	
265*	52.25 L	F	Leane Nel	12	EXP TSH	13/09/2024	NTS September Age Group 2024	
265*	52.25 L	F	Mieke Smit	12	UNI EZD	01/03/2025	SSA LEVEL 1 REGIONAL CHAMPS	
267	52.27 L	F	Nellamari Fourie	12	AGAQ QBD	28/03/2025	SA Level 2 Regional Age Group Champs	
268	52.41 L	F	Amogelang Kutu	12	ECPS MPD	01/02/2025	Limpopo School Champs & Limpopo AG	
269	52.43 L	F	Mikayla Jordaan	12	CASC CPT	25/01/2025	CTA Qualifying Meet 6 - (L2 & above)	
270	52.45 L	F	Kenzy Barnard	12	FISH EDD	30/12 - 12	Eden LC Champs 2024	
271	52.50 L	P	Kayleigh Brophy	12	AAS JHB	29/12 - 12	CGA Championships 2024	
272	52.56 L	F	Talia Grantham	12	PSCP UMD	01/03/2025	Provincial Level 1 Age Group	
273	52.66 L	P	Lea Nel	12	OGIM BUF	03/02/2025	Buffalo City Primary School Trials 2025	
274	52.79 L	F	Mosa Seboko	12	WSS LLD	01/03/2025	Provincial Level 1 Age Group	
275	52.85 L	F	Karla Wolmarans	12	UPSK ZMD	15/02/2025	AGE GROUP 6 UPT 2025	
276	52.86 L	F	Gia Collen	12	CPSC TSH	12 - 12	NTS Level 1+2 October Age Group 2024	
277	52.98 L S	F	Shyla Lutchman	12	VINE CPT	21/09/2024	CTA INVITATIONAL LC MEET	
278	53.03 L	F	Emily Botha	12	ASAC CPT	02/12 - 12	CTA A & B CHAMPS 2024	
279	53.13 L	F	Emily Van t Slot	12	BLMA CPT	08/02/2025	WCA-B Champs - 2025	
280	53.14 L	F	Cayla Fourie	12	CSA EZD	12 - 12	MP AGE GROUP 2 (12 - 12	
281	53.20 L	P	Marizelle Vermaak	12	HREF BPD	28/03/2025	SA Level 2 Regional Age Group Champs	
282*	53.28 L	F	Lana Coetzee	12	QUIC CPT	09/12 - 12	Swartland Prestige Gala 2024	
282*	53.28 L	F	Destheonique Julius	12	KALA	01/12 - 12	UPINGTON PRESTIGE GALA 2024	
282*	53.28 L	F	Anika Bester	12	STGR XRD	05/10/2024	FLAMINGO GALA OCT 2024	
285	53.31 L	F	Ella Myburgh	12	INFA NMA	14/09/2024	3rd A League Gala 2024	
286	53.32 L	F	Dominic De Jager	12	USH KCD	01/03/2025	Provincial Level 1 Age Group	
287	53.33 L	F	Summer Fang	12	PEAS NMA	14/09/2024	3rd A League Gala 2024	
288	53.36 L	P	Tsakile Mahumane	12	NSAD EZD	29/12 - 12	Mpumalanga Championships 2024	
289	53.37 L	F	Stella Van Staden	12	CENP BUF	22/02/2025	Eastern Cape School Provincial Trials	
290	53.38 L	F	Annika Schuch	12	RBOT BPD	07/12/2024	NWS Championships 2024	
291	53.43 L	F	Emma Grobler	12	LAD UTD	07/12/2024	Uthukela District Age Group Gala	
292	53.59 L	P	Lethabo Nyandeni	12	TUKS TSH	27/03/2025	SA Level 2 Champs 2025-EGA	
293	53.61 L	F	Karli Karstens	12	FISH EDD	30/12 - 12	Eden LC Champs 2024	
294	53.63 L	F	Chloe Timperley	12	TRAZ TSH	13/09/2024	NTS September Age Group 2024	

Individual Top Times

Times since: 01-May-24
Number of Top Times: All

Times until: 30-Apr-25
Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
295	53.64 L	F	Mia-Marie van Zyl	12	GHS BP	28/02/2025	NW School Championships 2025
296*	53.81 L	P	Grizelda Janse van Rensburg	12	NWUC KKD	28/03/2025	SA Level 2 Regional Age Group Champs
296*	53.81 L	P	Hadassah Sibanda	12	BASA	27/03/2025	SA Level 2 Champs 2025 EGA
298	53.89 L	F	Keira Lin	12	CYBE CPT	02/12 - 12	CTA A & B CHAMPS 2024
299	53.98 L	F	Cayla van Zyl	12	AWIN TSH	12 - 12	NTS Level 1+2 October Age Group 2024
300	54.05 L	P	Khanya Ramone	12	MATL KKD	07/12/2024	NWS Championships 2024
301	54.14 L	F	Kayla-Anne Walker	12	CYBE CPT	02/12 - 12	CTA A & B CHAMPS 2024
302	54.37 L	F	Kate Riddell	12	CUHE QBD	09/12 - 12	Swartland Prestige Gala 2024
303	54.43 L	F	Ava van der Mescht	12	DESA NMA	31/01/2025	Infinity Gala 2025
304	54.53 L	F	Zarah Matthee	12	KHAY CPT	22/02/2025	Swartland Invitational Gala 2025
305	54.84 L	P	Sydney Howes	12	HREF BPD	28/03/2025	SA Level 2 Regional Age Group Champs
306	x54.86 L	F	Emily Louw	12	UWCA CPT	08/02/2025	WCA-B Champs - 2025
307	54.94 L S	P	Tenele Taole	12	SWIFT ECU	05/12/2024	EGA Summer Championships
308*	55.04 L	F	Taeya Roper	12	HPS TSH	13/09/2024	NTS September Age Group 2024
308*	55.04 L	F	Zara Field	12	SAAW CPT	02/12 - 12	CTA A & B CHAMPS 2024
308*	55.04 L	F	Amogelang Mamabolo	12	TPS BPD	28/02/2025	NW School Championships 2025
312	55.67 L	F	Leah Wentzel	12	MARL CPT	09/12 - 12	Swartland Prestige Gala 2024
312	55.95 L	F	Mieke Stoltz	12	WRP EZD	01/03/2025	SSA LEVEL 1 REGIONAL CHAMPS
313	56.24 L	F	Mia Cyster	12	EVO CPT	09/12 - 12	Swartland Prestige Gala 2024
314	56.32 L	F	Amy Moodley	12	HHPS NMA	08/02/2025	Nelson Mandela Bay Schools Trials & 1st
315	56.43 L	F	Marion Münch	12	RBUR BPD	09/12 - 12	NWS Age Group 1 & 2 2024
316	56.44 L	F	Zaida Hendricks	12	WALM CPT	02/12 - 12	CTA A & B CHAMPS 2024
317	56.49 L	F	Nyandano Madaba	12	FAC ECU	01/02/2025	EGA Last Chance Gala
318	56.74 L	F	Liané Stoltz	12	UNIU EZD	01/03/2025	SSA LEVEL 1 REGIONAL CHAMPS
319	56.81 L	F	Larelle Du Toit	12	LALE CED	25/01/2025	Winelands JLfin
320	56.88 L	F	Elsa Massawe	12	CA ECU	01/02/2025	EGA Last Chance Gala
321	56.99 L	F	Unarine Mulaudzi	12	PGAC ECU	01/02/2025	EGA Last Chance Gala
322	57.02 L	F	Janli Bester	12	LSBOS WB	02/12 - 12	Limpopo LS - Top 8 skole 2024
323	57.05 L	F	Nicolene Filo	12	EXP TSH	12 - 12	NTS Level 1+2 October Age Group 2024
324	57.26 L	F	Sade Kenny	12	SRAY BUF	22/12 - 12	BCA Long Course Championships 2024
325	57.32 L	F	Rone Putter	12	ACAA CCD	12/10/2024	Limpopo Age Group 4
326*	57.35 L	F	Machayda Titus	12	MARL CPT	09/12 - 12	Swartland Prestige Gala 2024
326*	57.35 L	F	Janelle Coertze	12	VRC TSH	12 - 12	NTS Level 1+2 October Age Group 2024
328	57.40 L	F	Nicole Jonas	12	PLAY CED	09/12 - 12	Swartland Prestige Gala 2024
329	57.44 L	F	Isabellea Dhassiah	12	RETR CPT	28/03/2025	SA Level 2 Regional Age Group Champs
330	57.70 L	F	Milan Booysen	12	BLOT MAN	14/02/2025	Neptune Last Chance Gala
331	57.72 L	F	Kyla De Beer	12	SS MPD	29/12 - 12	Limpopo Champs 2024
332	57.89 L	F	Rebecca Osler	12	VINE CPT	02/12 - 12	CTA A & B CHAMPS 2024
333	58.00 L	P	Retshepile Phalafala	12	MDOL JHB	29/12 - 12	CGA Championships 2024
334	58.09 L	F	Vibha Fakir	12	USC BUF	01/02/2025	BCA Feb Age Group Gala 2025
335*	58.25 L	F	Basse Molai	12	BULS MAN	06/09/2024	Bull Sharks Annual Gala
335*	58.25 L	F	Penelope Mullineux	12	AASC EZD	14/02/2025	MP AGE GROUP 6 GALA 14-15
337	58.39 L	F	Taylor Kotzee	12	GAA CPT	17/10/2024	43rd Freda Barnard Invitational Gala
338	58.45 L	F	Jenna Leppan	12	AZON ETH	25/01/2025	uShaka Champs 2025
339*	58.55 L	F	Isabel Charles	12	WWP NMA	08/02/2025	Nelson Mandela Bay Schools Trials & 1st
339*	58.55 L	P	Paballo Nkosi	12	FAC ECU	27/03/2025	SA Level 2 Champs 2025 EGA
341	58.60 L	F	Alexis Visagie	12	BEST NMA	22/02/2025	Eastern Cape School Provincial Trials
342	58.70 L	F	Dané Schoeman	12	FISH EDD	02/12 - 12	EDEN 2nd A-League Gala 2024 Schools
343	58.84 L	F	Noorjhan Samie	12	MANT CPT	09/12 - 12	Swartland Prestige Gala 2024
344	58.88 L	F	Miyanke Landmann	12	BETH FDD	01/03/2025	Provincial Level 1 Age Group
345	58.95 L	F	Mia Benade	12	UPSK ZMD	15/02/2025	AGE GROUP 6 UPT 2025
346	59.14 L	F	Elri de Wet	12	STGR XRD	08/02/2025	NCASA SPRINTS 2025
347	59.16 L	F	Annemi Loots	12	SWAR WCD	09/12 - 12	Swartland Prestige Gala 2024
348	59.28 L	F	Lea Kotzé	12	NWUC KKD	23/12 - 12	NWS Age Group 3 + 4 2024
349	59.35 L	F	Catharina Coetzer	12	QUIC CPT	22/02/2025	Swartland Invitational Gala 2025
350	59.48 L	F	Izeldi Van Niekerk	12	DOLFI MPD	29/12 - 12	Limpopo Champs 2024
351	59.60 L	F	Nokutenda Tembo	12	KNYA EDD	02/12 - 12	EDEN 2nd A-League Gala 2024 Schools
352	59.68 L	F	Kristen Bell	12	LSKP WB	01/02/2025	Limpopo School Champs & Limpopo AG
353	59.71 L	F	Thatohatsi Masomba	12	THOK ECU	01/02/2025	EGA Last Chance Gala

Individual Top Times

Times since: 01-May-24

Times until: 30-Apr-25

Number of Top Times: All

Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
354	59.81 L	F	Alexei Slabbert	12	ASAC CPT	08/02/2025	WCA-B Champs - 2025
355	59.90 L	F	Mokgabo Monnana	12	LEBII BP	28/02/2025	NW School Championships 2025
356	59.91 L	F	Nika Smit	12	BS LLD	01/02/2025	Heidedal & Sentraal Galal
357	1:00.16 L S	F	Mila Schutte	12	BARR CPT	21/09/2024	CTA INVITATIONAL LC MEET
358	1:00.21 L	F	Elizabeth Gouws	12	KNYA EDD	22/02/2025	EDEN 5th A-League Gala 2025
359	1:00.41 L	F	Roxanne Coetzee	12	HREF BP	09/12 - 12	NWS Age Group 1 & 2 2024
360	1:00.72 L	F	Tionie Groenewald	12	TGA WCD	09/12 - 12	Swartland Prestige Gala 2024
361	1:01.00 L	F	Dhakiya Peters	12	WALM CPT	02/12 - 12	CTA A & B CHAMPS 2024
362	1:01.52 L	F	Heidi Jarvis	12	PAHS NMA	08/02/2025	Nelson Mandela Bay Schools Trials & 1st
363	1:02.15 L	F	Larike Pretorius	12	KTS	15/12 - 12	AGE GROUP 2 KATHU 2024
364	1:02.28 L	F	Stacy McGurk	12	TYGE CPT	22/02/2025	Swartland Invitational Gala 2025
365	1:02.49 L S	P	Reaoboka Moloi	12	MAKO EKU	05/12/2024	EGA Summer Championships
366*	1:02.66 L	F	Nient Lansberg	12	PAHS NMA	22/02/2025	Eastern Cape School Provincial Trials
366*	1:02.66 L	F	Katia Cerone	12	HAAG UTD	01/03/2025	Provincial Level 1 Age Group
368	1:03.98 L S	F	Lilya Godwin	12	CYBE CPT	21/09/2024	CTA INVITATIONAL LC MEET
369	1:04.02 L	F	Emma Canham	12	PELIC MAN	01/03/2025	Provincial Level 1 Age Group
370	1:04.54 L	F	Daniella Gatang'i	12	CPPS NMA	08/02/2025	Nelson Mandela Bay Schools Trials & 1st
371	1:04.96 L	F	Madison Jacobs	12	XCEL CPT	09/12 - 12	Swartland Prestige Gala 2024
372	1:05.01 L	F	Hadassah Daniels	12	RETR CPT	22/02/2025	Swartland Invitational Gala 2025
373	1:05.05 L	F	Lily Lucas	12	KHAY CPT	17/10/2024	43rd Freda Barnard Invitational Gala
374	1:05.06 L	F	Noluthando Nkosi	12	NSAD EZD	01/12 - 12	MP AGE GROUP 3 1-2 NOV 2024
375	1:05.37 L	F	Relebohile Maduna	12	PELIC MAN	01/03/2025	Provincial Level 1 Age Group
376	1:05.57 L	F	Masego Monakedi	12	FISH EDD	30/12 - 12	Eden LC Champs 2024
377	1:05.58 L	F	Cara van Wyk	12	BARR CPT	17/10/2024	43rd Freda Barnard Invitational Gala
378	1:05.66 L	F	Tiana Govender	12	SUMW NMA	08/02/2025	Nelson Mandela Bay Schools Trials & 1st
379	1:05.68 L	F	Tshiamo Mlangeni	12	UNI EZD	31/01/2025	AG 5 MP SA SCHOOLS TRIALS 31 JAN
380	1:05.71 L	F	Khumo Goeieman	12	KALA	15/02/2025	AGE GROUP 6 KATHU 2025
381	1:05.72 L	F	Madison Neethling	12	CPPS NMA	08/02/2025	Nelson Mandela Bay Schools Trials & 1st
382	1:06.16 L	P	Anoeck Stapelberg	12	HKLIP BUF	03/02/2025	Buffalo City Primary School Trials 2025
383	1:06.68 L	F	Lanah Munro	12	TPS BPD	22/02/2025	Eastern Cape School Provincial Trials
384	1:07.93 L	F	Anathi Mbandlakazi	12	VIPS NMA	22/02/2025	Eastern Cape School Provincial Trials
385	1:07.98 L	F	Emily Muller	12	BLS KK	28/02/2025	NW School Championships 2025
386	1:08.89 L	F	Khanyisa Mqeke	12	WELA LLD	25/10/2024	Neptunes Gala
387	1:08.94 L	F	Joni Mabaso	12	CBC FBD	15/02/2025	AGE GROUP 6 KBY 2025
388	1:09.12 L	F	Mpilenhle Dladla	12	NSAD EZD	01/03/2025	SSA LEVEL 1 REGIONAL CHAMPS
389	1:09.95 L	F	Karli Owsley	12	PAHS NMA	08/02/2025	Nelson Mandela Bay Schools Trials & 1st
390	1:10.60 L	F	Ikageng Moloko	12	TUKS TSH	12 - 12	NTS Level 1+2 October Age Group 2024
391	1:12.50 L	F	Anke Nel	12	QUIC CPT	09/12 - 12	Swartland Prestige Gala 2024
392	1:12.82 L	F	Kate Scott	12	UHS NMA	22/02/2025	Eastern Cape School Provincial Trials
393	1:13.12 - 12 L	F	Nalin Pillay	12	WEST CPT	09/12 - 12	Swartland Prestige Gala 2024
394	1:13.22 L	F	Lisa De Vos	12	NAE EZD	12 - 12	MP AGE GROUP 2 (12 - 12
395	1:13.63 L	F	Okuhle Zungu	12	USH KCD	01/03/2025	Provincial Level 1 Age Group
396	1:16.12 L	F	Hyla-Louise Pennells	12	TUKS TSH	12 - 12	NTS Level 1+2 October Age Group 2024
397	1:17.80 L	F	Elethu Maqabangqa	12	KHAY CPT	17/10/2024	43rd Freda Barnard Invitational Gala
398	1:18.19 L	F	Almmz Plaatjies	12	WEST CPT	09/12 - 12	Swartland Prestige Gala 2024
399	1:18.74 L	F	Gabriella Venter	12	BASS VB	09/12 - 12	Limpopo Age Group 5
400	1:19.42 L	F	Lipata Mohale	12	MNTP NMA	08/02/2025	Nelson Mandela Bay Schools Trials & 1st
401	1:19.84 L	F	Nokubonga Buda	12	ESP EKU	12/10/2024	EGA Summer 2
402	1:19.90 L S	F	Aaminah Spruit	12	WEST CPT	21/09/2024	CTA INVITATIONAL LC MEET
403	1:23.27 L	F	Thembaethu Zulu	12	FRA KCD	26/10/2024	Froggies Aquatics Championships 2024
404	1:25.03 L	F	Nsika Thomo	12	STA NGD	01/03/2025	SSA LEVEL 1 REGIONAL CHAMPS
405	1:31.23 L	F	Marloune' Pienaar	12	BLNE MAN	15/06/2024	PEA Winter Gala 2024
406	1:50.99 L	F	Leanolaona Molosi	12	UPSK ZMD	01/03/2025	NC PROVINCIAL LEVEL 0 & 1
407	2:09.70 L	F	Simiso Booï	12	TPS BPD	08/02/2025	BCSA High School Trials 2025

Women 12 - 12 -12 100 Breast

1	1:18.74 L	F	Anna Horn	12	XCEL CPT	25/04/2025	SA National Junior Age Grou-WCA
2	1:21.12 - 12 L	F	Megan Jacobs	12	WSTV ETH	25/04/2025	SA National Junior Age Grou-WCA
3	1:22.29 L	F	Mignon Swart	12	CSA EZD	25/04/2025	SA National Junior Age Grou-WCA
4	1:22.94 L	F	Mackenzie Raffle	12	CA EKU	25/04/2025	SA National Junior Age Grou-WCA

Individual Top Times

Times since: 01-May-24
Number of Top Times: All

Times until: 30-Apr-25
Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
5	1:23.31 L	F	Laila van Antwerpen	12	PAC TSH	25/04/2025	SA National Junior Age Grou-WCA
6	1:23.90 L	F	Alexis De Witt	12	TUKS TSH	25/04/2025	SA National Junior Age Grou-WCA
7	1:24.16 L	F	Shalea Hamilton	12	BEST NMA	31/01/2025	Infinity Gala 2025
8	1:24.80 L	F	Kara Pretorius	12	SSISA CPT	20/03/2025	SA Level 3 Regional Age Group
9	1:25.73 L	F	Taylor Ten Napel	12	BEAV ETH	25/01/2025	uShaka Champs 2025
10	1:25.86 L	F	Carinke Wessels	12	FSS	05/04/2025	SA Schools Swimming Championship
12 -	1:26.18 L	F	Carinke Wessels	12	BLOT MAN	25/04/2025	SA National Junior Age Grou-WCA
12	1:26.39 L S	F	Grace Julies	12	XCEL CPT	21/09/2024	CTA INVITATIONAL LC MEET
13	1:26.74 L	F	Chenique Kooi	12	TUKS TSH	25/04/2025	SA National Junior Age Grou-WCA
14	1:27.23 L	F	Barcelona Xaba	12	SASE JHB	25/04/2025	SA National Junior Age Grou-WCA
15	1:27.90 L	F	Paige Schutze-Langston	12	MDOL JHB	20/03/2025	SA Level 3 Champs 2025-NT
16	1:28.32 L	F	Mali Louw	12	WELL CED	20/03/2025	SA Level 3 Regional Age Group
17	1:28.49 L	F	Tatum Van Zijl	12	OHAN ILD	26/03/2025	SA Level 3 Regional Age Group
18	1:28.70 L	F	Lara Van Veelen	12	TASC MPD	20/03/2025	SA Level 3 Champs 2025-NT
19	1:28.75 L	F	Evie du Plessis	12	BLOT MAN	06/09/2024	Bull Sharks Annual Gala
20	1:28.76 L	F	Chloe-Leigh Jurgens	12	MANT CPT	01/02/2025	CTA BRIAN BUTTON Qualifying Meet
21	1:28.81 L	F	Sophia Hutchison	12	NCS	05/04/2025	SA Schools Swimming Championship
22	1:29.13 L	P	Jessica Jansen van Vuuren	12	SEAL UMD	25/04/2025	SA National Junior Age Grou-WCA
23	1:29.50 L	F	Mila Hinteregger	12	CA EKU	20/03/2025	SA Level 3 Champs 2025-NT
24	1:29.65 L	F	Isabella Vreenegoor	12	CRSC JHB	20/03/2025	SA Level 3 Champs 2025-NT
25	1:29.71 L	F	Zoe Thompson	12	MDOL JHB	10/01/2025	2024 Grand Prix Invitation Swimming
26	1:29.77 L	P	Katherine Harrop-Allin	12	CSC TSH	25/04/2025	SA National Junior Age Grou-WCA
27	1:29.96 L	F	Christie Snyders	12	BS LLD	18/02/2025	Inter Primary 2025
28	1:29.98 L	F	Nina Pieterse	12	DESA NMA	31/01/2025	Infinity Gala 2025
29	1:30.06 L	F	Ineke Van Maarleveld	12	LPTBO CDD	01/02/2025	Limpopo School Champs & Limpopo AG
30	1:30.23 L	F	Gia Newkirk	12	TYGE CPT	20/03/2025	SA Level 3 Regional Age Group
31*	1:30.31 L	P	Isabella Goncalves	12	SOUL EKU	20/03/2025	SA Level 3 Champs 2025-NT
31*	1:30.31 L	F	Kathryn Nolan	12	MDOL JHB	20/03/2025	SA Level 3 Champs 2025-NT
33	1:30.36 L	F	Ava Grebe	12	CUHE OBD	20/03/2025	SA Level 3 Regional Age Group
34	1:30.54 L	P	Alexis Kalapac	12	SLAQ CPT	20/03/2025	SA Level 3 Regional Age Group
35	1:30.88 L	F	Annabel Meyer	12	BULS MAN	09/12 - 12	Bull Sharks Gala
36	1:30.95 L	F	Gia Stedall	12	WWOL TSH	20/03/2025	SA Level 3 Champs 2025-NT
37	1:31.00 L	F	Emma Ristow	12	USC BUF	20/03/2025	SA Level 3 Regional Age Group
38	1:31.05 L	P	Jasmine Woodburn	12	MDOL JHB	20/03/2025	SA Level 3 Champs 2025-NT
39	1:31.50 L	P	Ruvarashe Chibharo	12	TYGE CPT	25/04/2025	SA National Junior Age Grou-WCA
40	1:32.53 L	P	Aqeelah Williams	12	UWCA CPT	05/12/2024	Western Cape LC-A Championship 2024
41	1:32.61 L	P	Ayvah Jacob	12	RACE JHB	20/03/2025	SA Level 3 Champs 2025-NT
42	1:32.78 L	P	Lize De Wet	12	LPS	05/04/2025	SA Schools Swimming Championship
43	1:33.02 L	F	Jazmin Anthony	12	PAQU CED	20/03/2025	SA Level 3 Regional Age Group
44	1:33.05 L	F	Jua Jonker	12	LSM EZD	28/02/2025	NW School Championships 2025
45	1:33.18 L	F	Emma Van Deventer	12	SGUL ETH	02/07/2024	Prestige Tournament 2024
46	1:33.43 L	F	Hope Churchman	12	SEALE ETH	08/03/2025	Invitational Meet 2025
47	1:33.46 L	P	Lumka Zamisa	12	HREF BP	20/03/2025	SA Level 3 Champs 2025-NT
48	1:33.83 L	P	Ava Bosch	12	DRGN EKU	29/12 - 12	CGA Championships 2024
49	1:34.19 L	P	Madison Sanan	12	PER JHB	20/03/2025	SA Level 3 Champs 2025-NT
50	1:34.50 L	F	Chisi Magubbwi	12	MDOL JHB	10/01/2025	2024 Grand Prix Invitation Swimming
51	1:34.56 L	P	Isabella Haldane	12	FISH EDD	20/03/2025	SA Level 3 Regional Age Group
52	1:34.58 L	P	Mikaela Van Heerden	12	TUKS TSH	27/03/2025	SA Level 2 Champs 2025-EGA
53	1:34.65 L	P	Mattae Morel	12	CA EKU	20/03/2025	SA Level 3 Champs 2025-NT
54	1:34.72 L	F	Emma Cullis	12	VINE CPT	05/12/2024	Western Cape LC-A Championship 2024
55	1:34.73 L	P	Nadelija Pillay	12	VHD ZLD	26/03/2025	SA Level 3 Regional Age Group
56	1:34.94 L	P	Gia Heldsinger	12	SSISA CPT	05/12/2024	Western Cape LC-A Championship 2024
57	1:35.00 L	P	Ella Voysey	12	VINE CPT	20/03/2025	SA Level 3 Regional Age Group
58	1:35.24 L	F	Milla Christensen	12	WELL CED	08/02/2025	WCA-B Champs - 2025
59	1:35.66 L	P	Emilie Conradie	12	SAAW CPT	05/12/2024	Western Cape LC-A Championship 2024
60	1:35.75 L	P	Alexis Visser	12	MAKO EKU	05/12/2024	EGA Summer Championships
61	1:35.89 L	F	Sophia Boustred	12	STAQ CED	08/02/2025	WCA-B Champs - 2025
62	1:36.13 L	F	Sisanda Palframan	12	SEAL UMD	26/03/2025	SA Level 3 Regional Age Group
63	1:36.16 L	F	Xia Jacobs	12	WSTV ETH	02/07/2024	Prestige Tournament 2024

Individual Top Times

Times since: 01-May-24

Times until: 30-Apr-25

Number of Top Times: All

Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
64	1:36.23 L	F	Taylor-Rose Botes	12	CA EKU	18/01/2025	EGA Summer 5	
65	1:36.33 L	F	Zekhethelo Radebe	12	PSCP UMD	26/03/2025	SA Level 3 Regional Age Group	
66	1:36.37 L	F	Imme Wolfaardt	12	LALE CED	08/02/2025	WCA-B Champs - 2025	
67	1:36.55 L	F	Leah Struwig	12	TUKS TSH	21/02/2025	NTS Age Group Feb Tuks	
68	1:36.62 L	F	Kara De Wit	12	RFA TSH	18/10/2024	NTS Level 3+ October Age Group 2024	
69	1:36.65 L	F	Mia Jansen van Rensburg	12	XCEL CPT	01/02/2025	CTA BRIAN BUTTON Qualifying Meet	
70	1:36.81 L	F	Arya De Sousa	12	TRAZ TSH	13/09/2024	NTS September Age Group 2024	
71	1:36.82 L	F	Taylynn Boshoff	12	USC BUF	28/03/2025	SA Level 2 Regional Age Group Champs	
72	1:36.91 L	P	Caitlin McDowell	12	ESP EKU	20/03/2025	SA Level 3 Champs 2025-NT	
73	1:36.98 L	F	Jada Hendricks	12	TYGE CPT	09/12 - 12	Winelands SL4	
74	x1:36.98 L	F	Isabella Kent	12	SCHO CP	08/02/2025	WCA-B Champs - 2025	
75	1:37.04 L	F	Ella Kalp	12	RSA	04/10/2024	Curro AquaElite Gala	
76	1:37.19 L	F	Mabet Jacobs	12	AGAQ OBD	28/03/2025	SA Level 2 Regional Age Group Champs	
77	1:37.22 L	P	Sophia Castleden	12	STAQ CED	20/03/2025	SA Level 3 Regional Age Group	
78	1:37.44 L	P	Saffiya Emjedi	12	SAAW CPT	20/03/2025	SA Level 3 Regional Age Group	
79	1:37.56 L	P	Manisha Warne	12	NSFED	27/03/2025	SA Level 2 Champs 2025 EGA	
80	1:37.66 L S	F	Neanè Van Zyl	12	GREY CPT	02/12 - 12	CTA A & B CHAMPS 2024	
81	1:37.96 L	P	Khalalelo Ratlhogo	12	ESP EKU	20/03/2025	SA Level 3 Champs 2025-NT	
82*	1:38.03 L	F	Elah-Mae Budram	12	PSCP UMD	08/03/2025	Invitational Meet 2025	
82*	1:38.03 L	P	Milani Butau	12	BEST NMA	20/03/2025	SA Level 3 Regional Age Group	
84	1:38.10 L	P	Leandi Liebenberg	12	SS MPD	20/03/2025	SA Level 3 Champs 2025-NT	
85	1:38.20 L	F	Milah Allen	12	PER JHB	27/03/2025	SA Level 2 Champs 2025-EGA	
86	1:38.28 L	F	Lara Rosenstrauch	12	HTSA CPT	28/03/2025	SA Level 2 Regional Age Group Champs	
87	1:38.33 L	P	Kayla Gerber	12	STAQ CED	05/12/2024	Western Cape LC-A Championship 2024	
88	1:38.43 L	P	Kaitlyn Haynes-Smart	12	VINE CPT	20/03/2025	SA Level 3 Regional Age Group	
89	1:38.51 L	F	Suhanna White	12	AQUA BUF	01/02/2025	Uthukela District Age Group Gala	
90	1:38.55 L	P	Hlumisa Mfabe	12	USC BUF	20/03/2025	SA Level 3 Regional Age Group	
91	1:38.56 L	F	Morgan Kaschula	12	SPS BUF	03/02/2025	Buffalo City Primary School Trials 2025	
92	1:38.58 L	F	Amelia-Rose Schutlzler	12	HARL BUF	22/02/2025	Eastern Cape School Provincial Trials	
93	1:38.65 L	F	Noa Sebastiao	12	TUKS TSH	18/10/2024	NTS Level 3+ October Age Group 2024	
94	1:38.68 L	F	Zia Habib	12	MDOL JHB	25/01/2025	CGA Summer Gala #4 Level 2+ 25 Jan	
95	1:38.70 L	F	Rirhandzu Chauke	12	DORE JHB	25/01/2025	CGA Summer Gala #4 Level 2+ 25 Jan	
96*	1:38.90 L	F	Leah Du Plessis	12	PEAS NMA	13/12/2024	NMBA Championships 2024	
96*	1:38.90 L	P	Jemma Lloyd	12	VINE CPT	20/03/2025	SA Level 3 Regional Age Group	
98	1:38.97 L	F	Chanel Smit	12	ELEC TSH	13/09/2024	NTS September Age Group 2024	
99	1:39.09 L	F	Morgan Graham	12	CPRIM BUF	03/02/2025	Buffalo City Primary School Trials 2025	
100	1:39.18 L	P	Madison Harris	12	SOUL EKU	27/03/2025	SA Level 2 Champs 2025 EGA	
101	1:39.46 L	F	Mienke Pretorius	12	NC FB	25/01/2025	4+1 INTERPROVINCIAL GALA 2025	
102	1:39.53 L	F	Zoe Kruger	12	LALE CED	08/02/2025	WCA-B Champs - 2025	
103	1:39.63 L	F	Zara Lockitch	12	CYBE CPT	05/10/2024	CTA Qualifying Meet 5 - (L2 & above)	
104	1:39.95 L	P	Miané Logan	12	TUKS TSH	27/03/2025	SA Level 2 Champs 2025 EGA	
105	1:39.97 L	F	Chloe Rautenbach	12	UNIU EZD	12 - 12	MP AGE GROUP 2 (12 - 12)	
106	1:40.00 L	P	Cayla Cunningham	12	TRAZ TSH	27/03/2025	SA Level 2 Champs 2025 EGA	
107	1:40.05 L	P	Chamé De Bruin	12	TUKS TSH	20/03/2025	SA Level 3 Champs 2025-NT	
108	1:40.06 L	P	Leandi Swarts	12	PSA ZLD	31/03/2025	SA Level 2 Champs 2025-KZN	
109	1:40.12 L	P	Paiton Van Der Merwe	12	CA EKU	05/12/2024	EGA Summer Championships	
12 -	1:40.23 L	F	Mawande Makumbe	12	TUKS TSH	12 - 12	NTS Level 1+2 October Age Group 2024	
12 -	1:40.39 L	P	Unathi Vuyeqaba	12	TUKS TSH	27/03/2025	SA Level 2 Champs 2025-EGA	
12 -	1:40.40 L	F	Micaela Fourie	12	NSAD EZD	29/12 - 12	Mpumalanga Championships 2024	
12 -	1:40.43 L	P	Scarlett Garassino	12	SASE JHB	27/03/2025	SA Level 2 Champs 2025-EGA	
12 -	1:40.68 L	F	Jessica Arenz	12	MANT CPT	25/01/2025	CTA Qualifying Meet 6 - (L2 & above)	
12 -	1:40.70 L S	F	Caitlin Barnes	12	SAAW CPT	02/12 - 12	CTA A & B CHAMPS 2024	
12 -	1:41.08 L	P	Cayleigh Machill	12	BARA EKU	05/12/2024	EGA Summer Championships	
12 -	1:41.18 L	F	Anja Boshoff	12	TYGE CPT	09/12 - 12	Winelands SL4	
12 -	1:41.21 L	P	Yvette Louw	12	TYGE CPT	20/03/2025	SA Level 3 Regional Age Group	
12 -	1:41.34 L	P	Kate Cheshire	12	MDOL JHB	20/03/2025	SA Level 3 Champs 2025-NT	
120	1:41.41 L	F	Senzelwe Mwandla	12	PSCP UMD	26/03/2025	SA Level 3 Regional Age Group	
121	1:41.56 L	P	Holli Tait	12	KLOO ETH	26/03/2025	SA Level 3 Regional Age Group	
122	1:41.62 L	P	Anye Brink	12	QSAW CED	28/03/2025	SA Level 2 Regional Age Group Champs	

Individual Top Times

Times since: 01-May-24

Times until: 30-Apr-25

Number of Top Times: All

Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
123	1:41.71 L	F	Emily Wilson	12	OHAN ILD	08/03/2025	Invitational Meet 2025
124	1:41.73 L	F	Leah-Bella Budram	12	PSCP UMD	08/03/2025	Invitational Meet 2025
125	1:41.93 L	F	Jadine Grobler	12	LSKP WB	01/02/2025	Limpopo School Champs & Limpopo AG
126	1:41.97 L	F	Emily Koegelenberg	12	XCEL CPT	01/02/2025	CTA BRIAN BUTTON Qualifying Meet
127	1:42.03 L	F	Amber Spence	12	ELEC TSH	22/02/2025	EGA Lets Sprint Incorp Gauteng Schools
128	1:42.24 L	F	Wilhelmina Erasmus	12	ELRAS WBD	29/12 - 12	Limpopo Champs 2024
129	1:42.29 L	F	Uma Pearson-Adams	12	SAAW CPT	25/01/2025	CTA Qualifying Meet 6 - (L2 & above)
130	1:42.30 L	F	Elmane' de Wet	12	BLOT MAN	04/12/2024	Free State Champs 2024
131	1:42.38 L	F	Brooklyn Terwin	12	USC BUF	13/12/2024	NMBA Championships 2024
132	1:42.44 L	P	Alexia Smith	12	WATR JHB	29/12 - 12	CGA Championships 2024
133	1:42.52 L	F	Wilhandi Meyer	12	UPS NMA	18/02/2025	Inter Primary 2025
134	1:42.57 L	P	Paige Jansen van Vuuren	12	SEAL UMD	02/07/2024	Prestige Tournament 2024
135	1:42.78 L	P	Sienna Syrett	12	QUES JHB	29/12 - 12	CGA Championships 2024
136	1:42.82 L	P	Ilê Ferreira	12	VRC TSH	27/03/2025	SA Level 2 Champs 2025 EGA
137	1:42.89 L	F	Samantha Wilson	12	INFA NMA	17/10/2024	43rd Freda Barnard Invitational Gala
138	1:42.91 L	F	Rorisang Monareng	12	FSS	05/04/2025	SA Schools Swimming Championship
139	1:42.95 L	P	Lara Greyling	12	TNDER FDD	04/12/2024	Free State Champs 2024
140	1:43.00 L	F	Zanli Le Roux	12	AGAQ OBD	09/12 - 12	Swartland Prestige Gala 2024
141	1:43.07 L	P	Hester Janse van Rensburg	12	NWUC KKD	20/03/2025	SA Level 3 Champs 2025-NT
142	1:43.13 L	F	Lua Store	12	EVO CPT	22/02/2025	Swartland Invitational Gala 2025
143	1:43.24 L	P	Leno Mongwaketse	12	PRSC	27/03/2025	SA Level 2 Champs 2025 EGA
144	1:43.32 L	P	Mikayla Coleman	12	TCA ECU	20/03/2025	SA Level 3 Champs 2025-NT
145	1:43.48 L	F	Sloan Warner	12	INFA NMA	22/02/2025	Eastern Cape School Provincial Trials
146	1:43.55 L	F	Kenna Lilley	12	TYGE CPT	22/02/2025	Swartland Invitational Gala 2025
147	1:43.63 L	P	Rorisang Monareng	12	BLNE MAN	28/03/2025	SA Level 2 Regional Age Group Champs
148	1:43.65 L	F	Luah Theron	12	TUKS TSH	13/09/2024	NTS September Age Group 2024
149	1:43.75 L	P	Liné Schoeman	12	FISH EDD	28/03/2025	SA Level 2 Regional Age Group Champs
150	1:43.81 L	P	Arelí Muyaka	12	HARB BPD	28/03/2025	SA Level 2 Regional Age Group Champs
151	1:43.89 L	P	Milla Da Silva	12	CA ECU	27/03/2025	SA Level 2 Champs 2025 EGA
152	1:43.90 L	F	Nina Koen	12	FISH EDD	17/10/2024	43rd Freda Barnard Invitational Gala
153	1:43.96 L	F	Gabrielle Brooks	12	INFA NMA	13/12/2024	NMBA Championships 2024
154	1:43.99 L	P	Bonaventure Makore	12	ASAC CPT	20/03/2025	SA Level 3 Regional Age Group
155	1:44.04 L	F	Amoussou Viwassi	12	LINR JHB	15/02/2025	CGA Summer Gala #6 Level 2+ 15 Feb
156	1:44.12 - 12 L S	F	Charlotte Jones	12	SLAQ CPT	21/09/2024	CTA INVITATIONAL LC MEET
157	1:44.26 L	F	Ziyada Tekle	12	USC BUF	22/12 - 12	BCA Long Course Championships 2024
158	1:44.38 L	F	Rachel Fletcher	12	CPRIM BUF	03/02/2025	Buffalo City Primary School Trials 2025
159	1:44.47 L	P	Oyama Baqwa	12	SGUL ETH	02/07/2024	Prestige Tournament 2024
160	1:44.51 L	F	Tayla Scheepers	12	RFA TSH	13/09/2024	NTS September Age Group 2024
161*	1:44.52 L	P	Ming-Xi Tsai	12	AA JHB	27/03/2025	SA Level 2 Champs 2025 EGA
161*	1:44.52 L	P	Lauren Kleinhans	12	AA JHB	27/03/2025	SA Level 2 Champs 2025-EGA
163	1:44.54 L	P	Jaimey Shaw	12	MDOL JHB	29/12 - 12	CGA Championships 2024
164	1:44.64 L	F	Racquelle Saporta	12	INFA NMA	14/09/2024	3rd A League Gala 2024
165	1:44.78 L	F	Lia van Heerden	12	BS LLD	19/10/2024	Pelicans Gala 2
166	1:44.93 L	F	Zara Jantjies	12	MANT CPT	09/12 - 12	Swartland Prestige Gala 2024
167	1:44.98 L S	F	Juno Bouwer	12	TYGE CPT	25/01/2025	CTA Qualifying Meet 6 - (L2 & above)
168	1:45.03 L	F	Mijone Beyers	12	CA ECU	01/02/2025	EGA Last Chance Gala
169	1:45.08 L	P	Elizabeth Kamara	12	NSFED	27/03/2025	SA Level 2 Champs 2025 EGA
170	1:45.20 L	P	Phillipa Williams	12	SOUL ECU	05/12/2024	EGA Summer Championships
171	1:45.23 L	F	Katelyn Naidoo	12	CA ECU	26/10/2024	Summer 3 Delville
172	1:45.26 L	P	Annabella Husselmann	12	NSFED	27/03/2025	SA Level 2 Champs 2025 EGA
173	1:45.27 L	F	Oyama Tuta	12	PELIC MAN	28/03/2025	SA Level 2 Regional Age Group Champs
174	1:45.57 L	P	Lienke Van Wyk	12	BULS MAN	04/12/2024	Free State Champs 2024
175	1:45.84 L	F	Jane Sieberhagen	12	AWIN TSH	12 - 12	NTS Level 1+2 October Age Group 2024
176	1:45.87 L	F	Elizabeth Roth	12	PEAS NMA	17/08/2024	Madibaz Swim Meet 2024
177	1:45.94 L	F	Helena Calitz	12	LALÉ CED	09/12 - 12	Winelands SL4
178	1:45.98 L	F	Nicoline Du Preez	12	NWUC KKD	07/12/2024	NWS Championships 2024
179	1:46.00 L	F	Ella Stegmann	12	HPPS BUF	03/02/2025	Buffalo City Primary School Trials 2025
180	1:46.07 L S	F	Jamie Els	12	AQDO CPT	21/09/2024	CTA INVITATIONAL LC MEET
181	1:46.10 L	F	Liane Van Zyl	12	UPSK ZMD	08/02/2025	NCASA SPRINTS 2025

Individual Top Times

Times since: 01-May-24
Number of Top Times: All

Times until: 30-Apr-25
Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
182	1:46.24 L	F	Lungile Ndaba	PR	VASA EKU	22/02/2025	EGA Lets Sprint Incorp Gauteng Schools	
183	1:46.69 L	F	Kirsten Cupido	12	CYBE CPT	05/10/2024	CTA Qualifying Meet 5 - (L2 & above)	
184	1:46.74 L	P	Taeya Roper	12	HPS TSH	27/03/2025	SA Level 2 Champs 2025-EGA	
185	1:46.79 L	P	Madison Wissekerke	12	FRA KCD	31/03/2025	SA Level 2 Champs 2025-KZN	
186	1:46.83 L S	F	Sarah-Kate Odendaal	12	QUIC CPT	02/12 - 12	CTA A & B CHAMPS 2024	
187	1:46.87 L	P	Amahle Mdlalose	12	CSC TSH	27/03/2025	SA Level 2 Champs 2025-EGA	
188	1:46.94 L	P	Zethembiso Mbambo	12	PSCP UMD	31/03/2025	SA Level 2 Champs 2025-KZN	
189	1:47.06 L	F	Marizelle Vermaak	12	GHS BP	28/02/2025	NW School Championships 2025	
190	1:47.12 L	F	Anastacia Coelho	12	CA EKU	01/02/2025	EGA Last Chance Gala	
191	1:47.27 L	P	Jisthi Maharaj	12	ACSA ETH	02/07/2024	Prestige Tournament 2024	
192	1:47.33 L	P	Mia Ciampi	12	TUKS TSH	27/03/2025	SA Level 2 Champs 2025 EGA	
193	1:47.61 L	P	Mackenzie Dekker	12	KLOO ETH	31/03/2025	SA Level 2 Champs 2025-KZN	
194	1:47.62 L	P	Dominique Birkenstock	12	JAQ EKU	27/03/2025	SA Level 2 Champs 2025-EGA	
195	1:47.79 L	F	Lily Sykes	12	TUKS TSH	12 - 12	NTS Level 1+2 October Age Group 2024	
196	1:47.94 L	P	Rachel Konigkramer	12	PSCP UMD	31/03/2025	SA Level 2 Champs 2025-KZN	
197	1:47.99 L	F	Mienke Grobler	12	BS LLD	18/02/2025	Inter Primary 2025	
198	1:48.08 L	F	Alyssa Coetzer	12	AZON ETH	25/01/2025	uShaka Champs 2025	
199	1:48.18 L	P	Alessia Barthus	12	MANT CPT	20/03/2025	SA Level 3 Regional Age Group	
200	1:48.24 L	F	Lize-Mari Vorster	12	WELL CED	22/02/2025	Swartland Invitational Gala 2025	
201	1:48.53 L	P	Nandile Shabalala	12	AQUA UTD	31/03/2025	SA Level 2 Champs 2025-KZN	
202	1:48.74 L	P	Ella Leonard	12	BLUO UGD	31/03/2025	SA Level 2 Champs 2025-KZN	
203	1:48.78 L	F	Alexia Dippenaar	12	BS LLD	18/02/2025	Inter Primary 2025	
204	1:49.22 L	F	Malin Swart	12	GPS EDD	03/02/2025	Buffalo City Primary School Trials 2025	
205	1:49.32 L	F	Wilmie Fourie	12	UPSK ZMD	06/12/2024	NCASA CHAMPS 2024	
206	1:49.37 L S	F	Zaarah Meyer	12	HTSA CPT	02/12 - 12	CTA A & B CHAMPS 2024	
207*	1:49.46 L	F	Sophie Kretzmann	12	USC BUF	13/12/2024	NMBA Championships 2024	
207*	1:49.46 L	F	Danika Steyn	12	KSC EZD	14/09/2024	MP SPRINT GALA 14 SEPTEMBER	
207*	1:49.46 L	F	Marjoné MacLachlan	12	STGR XRD	06/12/2024	NCASA CHAMPS 2024	
210	1:49.47 L	P	Shelby Schoeman	12	CA EKU	05/12/2024	EGA Summer Championships	
212	1:49.67 L	F	Zené Gouws	12	TASC MPD	29/12 - 12	Limpopo Champs 2024	
212	1:49.86 L	F	Le-May Van Zyl	12	ELRAS WBD	01/02/2025	Limpopo School Champs & Limpopo AG	
213	1:49.93 L	F	Lienke Nauhaus	12	QSAW CED	22/02/2025	Swartland Invitational Gala 2025	
214	1:49.97 L	P	Annabella Venter	12	VRC TSH	29/12 - 12	CGA Championships 2024	
215*	1:50.38 L	F	Hiranya Moodley	12	USH KCD	07/12/2024	Stingrays Champs 2024	
215*	1:50.38 L	F	Marni Snyman	12	ELRAS WBD	29/12 - 12	Limpopo Champs 2024	
217	1:50.49 L	F	Ella Myburgh	12	INFA NMA	31/01/2025	Infinity Gala 2025	
218	1:50.62 L S	F	Lisasa Faltein	12	PEAS NMA	17/01/2025	6th A League Gala 2025	
219	1:50.64 L	P	Alexianne Metzger	12	SWIFT EKU	27/03/2025	SA Level 2 Champs 2025 EGA	
220	1:50.65 L	F	Caroline Angius	12	STAR BPD	07/12/2024	NWS Championships 2024	
221	1:50.79 L	F	Shayla Quin	12	SS MPD	29/12 - 12	Limpopo Champs 2024	
222	1:51.12 L	F	Lerina Thomas	12	SWAR WCD	22/02/2025	Swartland Invitational Gala 2025	
223	1:51.25 L	F	Nabeeha Raja	12	SPS BUF	03/02/2025	Buffalo City Primary School Trials 2025	
224	1:51.38 L	F	Mieke Smit	12	UNI EZD	31/01/2025	AG 5 MP SA SCHOOLS TRIALS 31 JAN	
225	1:51.45 L	F	Amore Breytenbach	12	QSAW CED	22/02/2025	Swartland Invitational Gala 2025	
226	1:51.86 L	F	Madison Thiaridt	12	EVO CPT	22/02/2025	Swartland Invitational Gala 2025	
227	1:51.97 L	P	Nellamari Fourie	12	AGAQ OBD	28/03/2025	SA Level 2 Regional Age Group Champs	
228	1:52.38 L	P	Nosipho Khumalo	12	BASA	27/03/2025	SA Level 2 Champs 2025 EGA	
229	1:52.47 L	P	Helene de Bruyn	12	BULS MAN	28/03/2025	SA Level 2 Regional Age Group Champs	
230	1:52.56 L	F	Menieke Rowe-Rowe	12	BULS MAN	14/02/2025	Neptune Last Chance Gala	
231	1:52.79 L	F	Zahraa Essack	12	ATLA JHB	15/02/2025	CGA Summer Gala #6 Level 2+ 15 Feb	
232	1:52.80 L	F	Livia Vancoillie	12	QUIC CPT	08/02/2025	WCA-B Champs - 2025	
233	1:52.85 L	F	Sydney Howes	12	GHS BP	28/02/2025	NW School Championships 2025	
234	1:52.86 L	P	Madeleine de Villiers	12	EXP TSH	27/03/2025	SA Level 2 Champs 2025-EGA	
235	1:52.99 L S	F	Emily Hengst	12	CASC CPT	21/09/2024	CTA INVITATIONAL LC MEET	
236	1:53.07 L	P	Dikgang Mokgele	12	MAKO EKU	05/12/2024	EGA Summer Championships	
237	1:53.20 L	P	Clara Duvenage	12	CA EKU	27/03/2025	SA Level 2 Champs 2025 EGA	
238	1:53.21 L	F	Karla Wolmarans	12	UPSK ZMD	15/02/2025	AGE GROUP 6 UPT 2025	
239*	1:53.31 L	F	Noorjhan Samie	12	MANT CPT	22/02/2025	Swartland Invitational Gala 2025	
239*	1:53.31 L	F	Sienna Goedhals	12	SPS BUF	03/02/2025	Buffalo City Primary School Trials 2025	

Individual Top Times

Times since: 01-May-24

Times until: 30-Apr-25

Number of Top Times: All

Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
241	1:53.34 L	F	Kate Riddell	12	CUHE OBD	22/02/2025	Swartland Invitational Gala 2025
242	1:53.40 L	F	Bailey Beckett	12	STAQ CED	25/01/2025	Winelands JLfin
243	1:53.65 L	F	Caitlyn Hauser	12	SASE JHB	15/02/2025	CGA Summer Gala #6 Level 2+ 15 Feb
244	1:53.72 L	F	Kayla-Anne Walker	12	CYBE CPT	01/02/2025	CTA BRIAN BUTTON Qualifying Meet
245	1:53.98 L S	F	Mia Witbooi	12	RETR CPT	21/09/2024	CTA INVITATIONAL LC MEET
246	1:53.99 L	P	Tsakile Mahumane	12	NSAD! EZ	27/03/2025	SA Level 2 Champs 2025 EGA
247	1:54.01 L	F	Talia Grantham	12	PSCP UMD	01/03/2025	Provincial Level 1 Age Group
248	1:54.10 L	F	Alex Theron	12	CASC CPT	01/02/2025	CTA BRIAN BUTTON Qualifying Meet
249	1:54.27 L	P	Mia Smit	12	KSC EZD	29/12 - 12	Mpumalanga Championships 2024
250	1:54.41 L	P	Larissa Shaetonhodi	12	NSFED	27/03/2025	SA Level 2 Champs 2025 EGA
251	1:54.53 L	F	Gabriella Bengell	12	BLNE MAN	14/02/2025	Neptune Last Chance Gala
252	1:54.60 L	F	Maya Sissing	12	TUKS TSH	12 - 12	NTS Level 1+2 October Age Group 2024
253	1:54.65 L	F	Leane Nel	12	EXP TSH	18/10/2024	NTS Level 3+ October Age Group 2024
254	1:54.75 L	F	Katie Van den Heever	12	UNIU EZD	01/12 - 12	MP AGE GROUP 3 1-2 NOV 2024
255	1:54.86 L	F	Madyson le Roux	12	LSM EZD	28/02/2025	NW School Championships 2025
256	1:54.94 L	F	Mila Pile	12	FISH EDD	02/12 - 12	EDEN 2nd A-League Gala 2024 Schools
257	1:55.12 L	P	Mercy Theu	12	CRSC JHB	29/12 - 12	CGA Championships 2024
258	1:55.24 L	F	Kenzy Barnard	12	FISH EDD	22/02/2025	EDEN 5th A-League Gala 2025
259	1:55.34 L	P	Dwala Magagula	12	TRAZ TSH	27/03/2025	SA Level 2 Champs 2025-EGA
260	1:55.84 L	F	Zarah Matthee	12	KHAY CPT	10/01/2025	2024 Grand Prix Invitation Swimming
261*	1:55.89 L	F	Ashleigh Petersen	12	INFA NMA	31/01/2025	Infinity Gala 2025
261*	1:55.89 L	P	Tenele Taole	12	SWIFT ECU	05/12/2024	EGA Summer Championships
263	1:55.96 L S	F	Emily Botha	12	ASAC CPT	02/12 - 12	CTA A & B CHAMPS 2024
264	1:56.06 L	F	Karli Karstens	12	FISH EDD	30/12 - 12	Eden LC Champs 2024
265	1:56.12 L	P	Kyleigh Shelton	12	ESTR ECU	05/12/2024	EGA Summer Championships
266	1:56.31 L	P	Hadassah Sibanda	12	BASA	27/03/2025	SA Level 2 Champs 2025 EGA
267	1:56.37 L	F	Olivia Gooding	12	MDOL JHB	15/02/2025	CGA Summer Gala #6 Level 2+ 15 Feb
268	1:56.47 L	F	Michaela Hirst	12	MCS BP	28/02/2025	NW School Championships 2025
269	1:56.62 L	F	Hani Salie	12	LALE CED	09/12 - 12	Winelands SL4
270	1:56.70 L	P	Kayleigh Brophy	12	AAS JHB	29/12 - 12	CGA Championships 2024
271	1:56.88 L S	F	Shyla Lutchman	12	VINE CPT	02/12 - 12	CTA A & B CHAMPS 2024
272	1:56.98 L	F	Leah Wentzel	12	MARL CPT	25/01/2025	CTA Qualifying Meet 6 - (L2 & above)
273	1:57.13 L	F	Izabella Botha	12	BLMA CPT	22/02/2025	Swartland Invitational Gala 2025
274	1:57.26 L	F	Kgalalelo Makoloi	12	AZON ETH	25/01/2025	uShaka Champs 2025
275	1:57.31 L	P	Emma Venter	12	PSCP UMD	31/03/2025	SA Level 2 Champs 2025-KZN
276	1:57.39 L	F	Anathi Qamba	12	FAC ECU	01/02/2025	EGA Last Chance Gala
277	1:57.85 L	F	Annika Schuch	12	RBOT BPD	09/12 - 12	NWS Age Group 1 & 2 2024
278	1:57.92 L	F	Emihle Mnumu	12	FRA KCD	25/01/2025	uShaka Champs 2025
279	1:58.19 L	F	Mosa Seboko	12	WSS LLD	15/12 - 12	Valsrivier Gala 2024
280	1:58.28 L S	F	Lana Coetzee	12	QUIC CPT	02/12 - 12	CTA A & B CHAMPS 2024
281	1:58.46 L	F	Dominic De Jager	12	USH KCD	23/12 - 12	KCDA Age Group Gala 3
282	1:58.63 L	P	Cayla Fourie	12	CSA EZD	29/12 - 12	Mpumalanga Championships 2024
283	1:59.00 L	F	Ava van der Mescht	12	DESA NMA	31/01/2025	Infinity Gala 2025
284	1:59.54 L S	F	Keira Lin	12	CYBE CPT	25/01/2025	CTA Qualifying Meet 6 - (L2 & above)
285	1:59.61 L	F	Zoe Andrews	12	CA ECU	18/01/2025	EGA Summer 5
286	1:59.76 L	F	Salma Lee	12	MANT CPT	22/02/2025	Swartland Invitational Gala 2025
287	1:59.88 L	F	Dané Schoeman	12	FISH EDD	30/12 - 12	Eden LC Champs 2024
288	1:59.89 L	F	Anika Bester	12	STGR XRD	06/12/2024	NCASA CHAMPS 2024
289	1:59.95 L	P	Lethabo Nyandeni	12	TUKS TSH	27/03/2025	SA Level 2 Champs 2025-EGA
290	1:59.99 L	F	Summer Fang	12	PEAS NMA	17/08/2024	Madibaz Swim Meet 2024
291	2:00.07 L	F	Sade Kenny	12	SRAY BUF	22/12 - 12	BCA Long Course Championships 2024
292	2:00.60 L	F	Mienke Gerber	12	FISH EDD	17/10/2024	43rd Freda Barnard Invitational Gala
293	2:00.75 L	F	Emma Grobler	12	LAD UTD	01/02/2025	Uthukela District Age Group Gala
294	2:01.02 L	F	Mia-Marie van Zyl	12	GHS BP	28/02/2025	NW School Championships 2025
295	2:01.12 L	F	Rone Putter	12	ACAA CCD	12/10/2024	Limpopo Age Group 4
296	2:01.15 L	F	Mia Cyster	12	EVO CPT	22/02/2025	Swartland Invitational Gala 2025
297	2:01.26 L	F	Destheonique Julius	12	KALA	26/10/2024	KALAHARI CLASSIC
298	2:01.91 L	F	Mieke Stoltz	12	WRP EZD	01/03/2025	SSA LEVEL 1 REGIONAL CHAMPS
299	2:02.44 L	F	Liané Stoltz	12	UNIU EZD	14/02/2025	MP AGE GROUP 6 GALA 14-15

Individual Top Times

Times since: 01-May-24 **Times until: 30-Apr-25**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
300	2:02.59 L	F	Abigail Paice	12	SOUL EKU	12/10/2024	EGA Summer 2
301	2:02.91 L	F	Miyanke Landmann	12	BETH FDD	01/03/2025	Provincial Level 1 Age Group
302	2:03.10 L	F	Nicole Jonas	12	PLAY CED	09/12 - 12	Swartland Prestige Gala 2024
303	2:03.38 L	F	Amogelang Kutu	12	SS MPD	09/12 - 12	Limpopo Age Group 5
304	2:03.59 L	F	Khanya Ramone	12	MATL KKD	09/12 - 12	NWS Age Group 1 & 2 2024
305	2:04.39 L	F	Machayda Titus	12	MARL CPT	25/01/2025	CTA Qualifying Meet 6 - (L2 & above)
306	2:04.49 L	F	Paballo Nkosi	12	FAC EKU	26/10/2024	Summer 3 Delville
307	2:04.81 L	F	Imke Swanepoel	12	FISH EDD	17/10/2024	43rd Freda Barnard Invitational Gala
308	2:05.02 L	F	Annemi Loots	12	SWAR WCD	09/12 - 12	Swartland Prestige Gala 2024
309	2:06.81 L	F	Vibha Fakir	12	HPPS BUF	03/02/2025	Buffalo City Primary School Trials 2025
310	2:07.29 L	F	Milan Booysen	12	BLOT MAN	14/02/2025	Neptune Last Chance Gala
312	2:07.73 L	F	Marion Münch	12	RBUR BPD	09/12 - 12	NWS Age Group 1 & 2 2024
312	2:07.91 L	F	Emily Sayers	12	MANT CPT	22/02/2025	Swartland Invitational Gala 2025
313	2:08.23 L	F	Basse Molai	12	BULS MAN	06/09/2024	Bull Sharks Annual Gala
314	2:08.77 L	F	Eryn Botwood	12	CA EKU	18/01/2025	EGA Summer 5
315	2:08.79 L	F	Penelope Mullineux	12	AASC EZD	14/02/2025	MP AGE GROUP 6 GALA 14-15
316	2:08.93 L	F	Larelle Du Toit	12	LALE CED	25/01/2025	Winelands JLfin
317	2:10.09 L	P	Nyandano Madaba	12	FAC EKU	05/12/2024	EGA Summer Championships
318	2:10.35 L	F	Mila Schutte	12	BARR CPT	22/02/2025	Swartland Invitational Gala 2025
319	2:12 - 12 .37 L	F	Thatoatsi Masomba	12	THOK EKU	12/10/2024	EGA Summer 2
320	2:12 - 12 .58 L	F	Tionie Groenewald	12	CLA WCD	22/02/2025	Swartland Invitational Gala 2025
321	2:12.38 L	F	Roxanne Coetzee	12	HREF BP	09/12 - 12	NWS Age Group 1 & 2 2024
322	2:12.52 L	P	Amogelang Mamabolo	12	HARB BPD	07/12/2024	NWS Championships 2024
323	2:12.83 L	F	Mia Benade	12	UPSK ZMD	01/03/2025	NC PROVINCIAL LEVEL 0 & 1
324	2:13.00 L	F	Unarine Mulaudzi	12	PGAC EKU	18/01/2025	EGA Summer 5
325	2:13.27 L	F	Jana Booysen	12	CUHE OBD	22/02/2025	Swartland Invitational Gala 2025
326	2:13.67 L	F	Cara van Wyk	12	BARR CPT	22/02/2025	Swartland Invitational Gala 2025
327	2:14.70 L	F	Taylor Kotzee	12	GAA CPT	17/10/2024	43rd Freda Barnard Invitational Gala
328	2:14.97 L	F	Nika Smit	12	BS LLD	14/02/2025	Neptune Last Chance Gala
329	2:16.38 L	P	Reaoboka Moloi	12	MAKO EKU	05/12/2024	EGA Summer Championships
330	2:17.25 L	F	Larique Pretorius	12	KTS	18/01/2025	AGE GROUP 5 KATHU 2025
331	2:18.47 L	F	Madison Neethling	12	CPPS NMA	08/02/2025	Nelson Mandela Bay Schools Trials & 1st
332	2:18.63 L	F	Alexis Visagie	12	BEST NMA	31/01/2025	Infinity Gala 2025
333	2:18.94 L	F	Katia Cerone	12	HAAG JTD	07/12/2024	Uthukela District Age Group Gala
334	2:20.68 L	F	Madison Jacobs	12	XCEL CPT	09/12 - 12	Swartland Prestige Gala 2024
335	2:20.82 L	F	Emma Canham	12	PELIC MAN	01/03/2025	Provincial Level 1 Age Group
336	2:21.07 L	F	Mokgabo Monnana	12	LEBII BP	28/02/2025	NW School Championships 2025
337	2:22.04 L	F	Heidi Jarvis	12	PAHS NMA	08/02/2025	Nelson Mandela Bay Schools Trials & 1st
338	2:23.48 L S	F	Lilya Godwin	12	CYBE CPT	21/09/2024	CTA INVITATIONAL LC MEET
339	2:26.23 L	F	Lily Lucas	12	KHAY CPT	17/10/2024	43rd Freda Barnard Invitational Gala
340	2:26.24 L	F	Relebohile Maduna	12	PELIC MAN	01/03/2025	Provincial Level 1 Age Group
341	2:29.82 L	F	Femke Nieuwenhuizen	12	QUIC CPT	09/12 - 12	Swartland Prestige Gala 2024
342	2:30.75 L	F	Tshiamo Mlangeni	12	UNI EZD	31/01/2025	AG 5 MP SA SCHOOLS TRIALS 31 JAN
343	2:30.89 L	F	Nokubonga Buda	12	ESP EKU	01/02/2025	EGA Last Chance Gala
344	2:31.47 L	F	Masego Monakedi	12	FISH EDD	30/12 - 12	Eden LC Champs 2024
345	2:31.76 L	F	Khumo Goeieman	12	KALA	01/03/2025	NC PROVINCIAL LEVEL 0 & 1
346	2:39.42 L	F	Elethu Maqabangqa	12	KHAY CPT	17/10/2024	43rd Freda Barnard Invitational Gala
347	2:45.89 L	F	Khanyisa Mqeke	12	WELA LLD	12 - 12	Otters Prestige Gala 2024
Women 12 - 12 -12 200 Breast							
1	2:51.62 L	F	Anna Horn	12	XCEL CPT	05/12/2024	Western Cape LC-A Championship 2024
2	2:52.97 L S	F	Megan Jacobs	12	WSTV ETH	25/04/2025	SA National Junior Age Grou-WCA
3	2:56.73 L S	F	Mignon Swart	12	CSA EZD	25/04/2025	SA National Junior Age Grou-WCA
4	3:00.79 L	F	Shalea Hamilton	12	BEST NMA	31/01/2025	Infinity Gala 2025
5	3:00.97 L S	F	Alexis De Witt	12	TUKS TSH	25/04/2025	SA National Junior Age Grou-WCA
6	3:01.30 L S	F	Laila van Antwerpen	12	PAC TSH	25/04/2025	SA National Junior Age Grou-WCA
7	3:05.21 L S	F	Katherine Harrop-Allin	12	CSC TSH	25/04/2025	SA National Junior Age Grou-WCA
8	3:06.50 L	F	Chenique Kooi	12	TUKS TSH	05/12/2024	EGA Summer Championships
9	3:06.63 L	F	Evie du Plessis	12	BLOT MAN	31/08/2024	Seals Gala
10	3:06.65 L	F	Mackenzie Raffle	12	CA EKU	05/12/2024	EGA Summer Championships

Individual Top Times

Times since: 01-May-24

Times until: 30-Apr-25

Number of Top Times: All

Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
12 -	3:07.21 L S	P	Sophia Hutchison	12	GHSK	25/04/2025	SA National Junior Age Grou-WCA
12	3:07.48 L S	F	Carinke Wessels	12	BLOT MAN	25/04/2025	SA National Junior Age Grou-WCA
13	3:08.77 L	F	Nina Pieterse	12	DESA NMA	31/01/2025	Infinity Gala 2025
14	3:09.54 L	F	Grace Julies	12	XCEL CPT	05/12/2024	Western Cape LC-A Championship 2024
15	3:09.63 L	F	Kara Pretorius	12	SSISA CPT	20/03/2025	SA Level 3 Regional Age Group
16	3:10.05 L	F	Lara Van Veelen	12	TASC MPD	20/03/2025	SA Level 3 Champs 2025-NT
17	3:12 - 12 .01 L	F	Tatum Van Zijl	12	OHAN ILD	26/03/2025	SA Level 3 Regional Age Group
18	3:12 - 12 .04 L	F	Aqeelah Williams	12	UWCA CPT	05/12/2024	Western Cape LC-A Championship 2024
19	3:12 - 12 .54 L S	P	Jessica Jansen van Vuuren	12	SEAL UMD	25/04/2025	SA National Junior Age Grou-WCA
20	3:12 - 12 .94 L	F	Isabella Vreenegoor	12	CRSC JHB	20/03/2025	SA Level 3 Champs 2025-NT
21	3:12.35 L S	P	Taylor Ten Napel	12	BEAV ETH	25/04/2025	SA National Junior Age Grou-WCA
22	3:12.44 L	F	Ava Bosch	12	DRGN EKU	22/02/2025	EGA Lets Sprint Incorp Gauteng Schools
23	3:13.38 L	F	Mila Hinteregger	12	CA EKU	20/03/2025	SA Level 3 Champs 2025-NT
24	3:13.73 L	F	Chloe-Leigh Jurgens	12	MANT CPT	22/02/2025	Swartland Invitational Gala 2025
25	3:13.97 L	F	Ava Grebe	12	CUHE QBD	20/03/2025	SA Level 3 Regional Age Group
26	3:14.56 L	F	Mali Louw	12	WELL CED	08/02/2025	Winelands SL Final
27	3:14.60 L	F	Gia Newkirk	12	TYGE CPT	20/03/2025	SA Level 3 Regional Age Group
28	3:15.02 L	F	Kathryn Nolan	12	MDOL JHB	20/03/2025	SA Level 3 Champs 2025-NT
29	3:15.66 L	P	Paige Schutze-Langston	12	MDOL JHB	20/03/2025	SA Level 3 Champs 2025-NT
30	3:16.51 L	P	Emma Ristow	12	USC BUF	20/03/2025	SA Level 3 Regional Age Group
31	3:16.89 L	F	Ruvarashe Chibharo	12	TYGE CPT	02/12 - 12	CTA A & B CHAMPS 2024
32	3:17.67 L	F	Ineke Van Maarleveld	12	LPTBO CCD	01/02/2025	Limpopo School Champs & Limpopo AG
33	3:18.88 L	F	Alexis Kalapac	12	SLAQ CPT	20/03/2025	SA Level 3 Regional Age Group
34	3:20.08 L	F	Sophia Boustred	12	STAQ CED	08/02/2025	WCA-B Champs - 2025
35	3:21.40 L	P	Jasmine Woodburn	12	MDOL JHB	20/03/2025	SA Level 3 Champs 2025-NT
36	3:21.80 L	F	Xia Jacobs	12	WSTV ETH	26/03/2025	SA Level 3 Regional Age Group
37	3:22.69 L S	P	Barcelona Xaba	12	SASE JHB	25/04/2025	SA National Junior Age Grou-WCA
38	3:22.81 L	P	Jazmin Anthony	12	PAQU CED	20/03/2025	SA Level 3 Regional Age Group
39	3:23.45 L	F	Annabel Meyer	12	BULS MAN	31/08/2024	Seals Gala
40	3:24.21 L	F	Lize De Wet	12	SS MPD	29/12 - 12	Limpopo Champs 2024
41	3:24.58 L	F	Noa Sebastiao	12	TUKS TSH	18/10/2024	NTS Level 3+ October Age Group 2024
42	3:25.39 L	P	Alexis Visser	12	MAKO EKU	20/03/2025	SA Level 3 Champs 2025-NT
43	3:25.73 L	P	Mattae Morel	12	CA EKU	20/03/2025	SA Level 3 Champs 2025-NT
44	3:25.85 L	F	Leah Struwig	12	TUKS TSH	21/02/2025	NTS Age Group Feb Tuks
45	3:26.20 L	F	Emilie Conradie	12	SAAW CPT	02/12 - 12	CTA A & B CHAMPS 2024
46	3:26.99 L	P	Ayyah Jacob	12	RACE JHB	20/03/2025	SA Level 3 Champs 2025-NT
47	3:27.18 L	P	Suhanna White	12	AQUA BUF	20/03/2025	SA Level 3 Champs 2025-NT
48	3:27.85 L	F	Imme Wolfaardt	12	LALE CED	08/02/2025	WCA-B Champs - 2025
49	3:27.94 L	P	Isabella Goncalves	12	SOUL EKU	20/03/2025	SA Level 3 Champs 2025-NT
50	3:28.01 L	F	Amelia-Rose Schutlzler	12	USC BUF	01/02/2025	BCA Feb Age Group Gala 2025
51	3:28.04 L	P	Kaitlyn Haynes-Smart	12	VINE CPT	20/03/2025	SA Level 3 Regional Age Group
52	3:28.05 L	P	Gia Stedall	12	WWOL TSH	20/03/2025	SA Level 3 Champs 2025-NT
53	3:28.51 L	F	Jua Jonker	12	LSM EZD	28/02/2025	NW School Championships 2025
54	3:28.57 L	P	Jada Hendricks	12	TYGE CPT	20/03/2025	SA Level 3 Regional Age Group
55	3:28.62 L	F	Jemma Lloyd	12	VINE CPT	08/02/2025	WCA-B Champs - 2025
56	3:29.09 L	P	Hester Janse van Rensburg	12	NWUC KKD	20/03/2025	SA Level 3 Champs 2025-NT
57	3:29.70 L	F	Ella Voysey	12	VINE CPT	08/02/2025	WCA-B Champs - 2025
58	3:29.89 L	P	Zia Habib	12	MDOL JHB	20/03/2025	SA Level 3 Champs 2025-NT
59	3:30.59 L	F	Lara Rosenstrauch	12	HTSA CPT	28/03/2025	SA Level 2 Regional Age Group Champs
60	3:30.70 L	F	Saffiya Emjedi	12	SAAW CPT	02/12 - 12	CTA A & B CHAMPS 2024
61	3:30.99 L	P	Emily Koegelenberg	12	XCEL CPT	20/03/2025	SA Level 3 Regional Age Group
62	3:31.12 L	F	Mikaela Van Heerden	12	TUKS TSH	27/03/2025	SA Level 2 Champs 2025 EGA
63	3:31.14 L	P	Caitlin McDowell	12	ESP EKU	20/03/2025	SA Level 3 Champs 2025-NT
64	3:31.51 L	P	Lumka Zamisa	12	NWS	05/04/2025	SA Schools Swimming Championship
65	3:31.99 L	P	Olivia Nel	12	CLA WCD	20/03/2025	SA Level 3 Regional Age Group
66	3:32.00 L	F	Leah Du Plessis	12	PEAS NMA	13/12/2024	NMBA Championships 2024
67	3:32.34 L	P	Milani Butau	12	BEST NMA	20/03/2025	SA Level 3 Regional Age Group
68*	3:32.71 L	P	Madison Sanan	12	PER JHB	20/03/2025	SA Level 3 Champs 2025-NT
68*	3:32.71 L	P	Taylor-Rose Botes	12	CA EKU	20/03/2025	SA Level 3 Champs 2025-NT

Individual Top Times

Times since: 01-May-24

Times until: 30-Apr-25

Number of Top Times: All

Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
70	3:32.75 L	F	Neanè Van Zyl	12	GREY CPT	02/12 - 12	CTA A & B CHAMPS 2024
71	3:33.05 L	F	Chanel Smit	12	ELEC TSH	12 - 12	NTS Level 1+2 October Age Group 2024
72	3:33.52 L	P	Charné De Bruin	12	TUKS TSH	20/03/2025	SA Level 3 Champs 2025-NT
73	3:33.58 L	P	Kate Cheshire	12	MDOL JHB	20/03/2025	SA Level 3 Champs 2025-NT
74	3:33.66 L	F	Jadine Grobler	12	TKS WBD	29/12 - 12	Limpopo Champs 2024
75	3:33.95 L	F	Laila Christie	12	USC BUF	02/12 - 12	BCA November Age Group Gala 2024
76	3:34.53 L	P	Sienna Syrett	12	QUES JHB	29/12 - 12	CGA Championships 2024
77	3:34.56 L	F	Sophia Castleden	12	STAQ CED	09/12 - 12	Winelands SL4
78	3:34.73 L	P	Leandi Liebenberg	12	SS MPD	20/03/2025	SA Level 3 Champs 2025-NT
79	3:34.81 L	F	Morgan Graham	12	CPRIM BUF	03/02/2025	Buffalo City Primary School Trials 2025
80	3:35.09 L	F	Milah Allen	12	PER JHB	27/03/2025	SA Level 2 Champs 2025-EGA
81	3:35.34 L	P	Khalalelo Ratlhogo	12	ESP ECU	05/12/2024	EGA Summer Championships
82	3:35.94 L	P	Rirhandzu Chauke	12	DORE JHB	20/03/2025	SA Level 3 Champs 2025-NT
83*	3:36.33 L	F	Zanli Le Roux	12	AGAQ OBD	08/02/2025	WCA-B Champs - 2025
83*	3:36.33 L	F	Nadelija Pillay	12	VHD ZLD	25/01/2025	uShaka Champs 2025
85	3:36.38 L	F	Luah Theron	12	TUKS TSH	13/09/2024	NTS September Age Group 2024
86	3:36.63 L	F	Liné Schoeman	12	FISH EDD	28/03/2025	SA Level 2 Regional Age Group Champs
87	3:36.99 L S	F	Paige Jansen van Vuuren	12	SEAL UMD	02/07/2024	Prestige Tournament 2024
88	3:37.09 L	F	Scarlett Garassino	12	SASE JHB	27/03/2025	SA Level 2 Champs 2025 EGA
89	3:37.54 L	F	Mienke Pretorius	12	KALA	06/12/2024	NCASA CHAMPS 2024
90	3:37.91 L	F	Sophie Kretzmann	12	USC BUF	02/12 - 12	BCA November Age Group Gala SC
91	3:37.93 L	P	Leandi Swarts	12	PSA ZLD	31/03/2025	SA Level 2 Champs 2025-KZN
92	3:38.30 L	F	Madison Harris	12	SOUL ECU	27/03/2025	SA Level 2 Champs 2025 EGA
93	3:38.78 L	F	Jessica Arenz	12	MANT CPT	22/02/2025	Swartland Invitational Gala 2025
94	3:39.17 L	P	Cayleigh Machill	12	BARA ECU	20/03/2025	SA Level 3 Champs 2025-NT
95	3:39.43 L	P	Leah-Bella Budram	12	PSCP UMD	31/03/2025	SA Level 2 Champs 2025-KZN
96	3:39.91 L S	F	Elmane' de Wet	12	BLOT MAN	04/12/2024	Free State Champs 2024
97	3:40.42 L	F	Milla Da Silva	12	CA ECU	27/03/2025	SA Level 2 Champs 2025 EGA
98	3:40.92 L	F	Amber Spence	12	ELEC TSH	18/10/2024	NTS Level 3+ October Age Group 2024
99	3:41.31 L	F	Mia Jansen van Rensburg	12	XCEL CPT	17/10/2024	43rd Freda Barnard Invitational Gala
100	3:41.44 L	F	Annabella Husselmann	12	NSFED	27/03/2025	SA Level 2 Champs 2025 EGA
101	3:41.63 L S	P	Hope Churchman	12	SEALE ETH	02/07/2024	Prestige Tournament 2024
102	3:42.09 L	F	Briah Boshoff	12	ASAC CPT	08/02/2025	WCA-B Champs - 2025
103	3:42.27 L	F	Ilè Ferreira	12	VRC TSH	27/03/2025	SA Level 2 Champs 2025 EGA
104	3:42.43 L	F	Kenna Lilley	12	TYGE CPT	22/02/2025	Swartland Invitational Gala 2025
105	3:42.45 L	P	Anye Brink	12	QSAW CED	28/03/2025	SA Level 2 Regional Age Group Champs
106	3:42.46 L	F	Mijone Beyers	12	CA ECU	27/03/2025	SA Level 2 Champs 2025 EGA
107	3:42.71 L	F	Manisha Warne	12	NSFED	27/03/2025	SA Level 2 Champs 2025 EGA
108	3:42.72 L	F	Amoussou Viwassi	12	LINR JHB	27/03/2025	SA Level 2 Champs 2025 EGA
109	3:44.28 L	P	Alexia Smith	12	WATR JHB	29/12 - 12	CGA Championships 2024
12 -	3:44.56 L	P	Ming-Xi Tsai	12	AA JHB	29/12 - 12	CGA Championships 2024
12 -	3:45.80 L	F	Lara Greyling	12	TNDER FDD	25/10/2024	Neptunes Gala
12 -	3:46.35 L	F	Senzelwe Mwandla	12	PSCP UMD	26/03/2025	SA Level 3 Regional Age Group
12 -	3:46.48 L	F	Jane Sieberhagen	12	AWIN TSH	13/09/2024	NTS September Age Group 2024
12 -	3:46.51 L	F	Juno Bouwer	12	TYGE CPT	08/02/2025	WCA-B Champs - 2025
12 -	3:47.49 L S	F	Nicoline Du Preez	12	NWUC KKD	07/12/2024	NWS Championships 2024
12 -	3:47.70 L	F	Zethembiso Mbambo	12	PSCP UMD	31/03/2025	SA Level 2 Champs 2025-KZN
12 -	3:47.79 L	F	Anastacia Coelho	12	CA ECU	01/02/2025	EGA Last Chance Gala
12 -	3:47.93 L	F	Madison Wissekerke	12	FRA KCD	31/03/2025	SA Level 2 Champs 2025-KZN
12 -	3:48.48 L	F	Racquelle Saporta	12	INFA NMA	14/09/2024	3rd A League Gala 2024
120	3:48.92 L	F	Liane Van Zyl	12	UPSK ZMD	06/12/2024	NCASA CHAMPS 2024
121	3:48.99 L	P	Rachel Konigkramer	12	PSCP UMD	31/03/2025	SA Level 2 Champs 2025-KZN
122	3:49.36 L	F	Katelyn Naidoo	12	CA ECU	27/03/2025	SA Level 2 Champs 2025 EGA
123	3:49.70 L	F	Wilmie Fourie	12	UPSK ZMD	28/03/2025	SA Level 2 Regional Age Group Champs
124	3:49.80 L	F	Nina Oosthuizen	12	NSAD EZD	12 - 12	MP AGE GROUP 2 (12 - 12)
125	3:49.97 L	F	Wilhandi Meyer	12	BULS MAN	28/03/2025	SA Level 2 Regional Age Group Champs
126	3:50.20 L	F	Taeya Roper	12	HPS TSH	27/03/2025	SA Level 2 Champs 2025 EGA
127	3:50.78 L	F	Micaela Fourie	12	MDOL JHB	27/03/2025	SA Level 2 Champs 2025-EGA
128	3:51.24 L	F	Marizelle Vermaak	12	GHS BP	28/02/2025	NW School Championships 2025

Individual Top Times

Times since: 01-May-24

Times until: 30-Apr-25

Number of Top Times: All

Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
129	3:51.47 L	F	Kayla-Anne Walker	12	CYBE CPT	02/12 - 12	CTA A & B CHAMPS 2024
130	3:51.69 L	F	Marjoné Maclachlan	12	STGR XRD	06/12/2024	NCASA CHAMPS 2024
131	3:52.09 L	F	Alessia Barthus	12	MANT CPT	22/02/2025	Swartland Invitational Gala 2025
132	3:52.39 L	F	Leno Mongwaketse	12	PRSC	27/03/2025	SA Level 2 Champs 2025 EGA
133	3:52.43 L	F	Rorisang Monareng	12	BLNE MAN	28/03/2025	SA Level 2 Regional Age Group Champs
134	3:52.44 L S	F	Lia van Heerden	12	BS LLD	04/12/2024	Free State Champs 2024
135	3:52.49 L	F	Le-May Van Zyl	12	ELRAS WBD	27/03/2025	SA Level 2 Champs 2025-EGA
136	3:52.73 L	F	Alexia Dippenaar	12	BS LLD	18/02/2025	Inter Primary 2025
137	3:52.84 L	F	Sarah-Kate Odendaal	12	QUIC CPT	17/10/2024	43rd Freda Barnard Invitational Gala
138	3:52.89 L	F	Ziyada Tekle	12	USC BUF	22/12 - 12	BCA Long Course Championships 2024
139	3:53.01 L	F	Jaimey Shaw	12	PEAS NMA	15/06/2024	PEA Winter Gala 2024
140	3:53.12 - 12 L	F	Mienke Grobler	12	BS LLD	18/02/2025	Inter Primary 2025
141	3:53.17 L	F	Zaarah Meyer	12	HTSA CPT	28/03/2025	SA Level 2 Regional Age Group Champs
142	3:53.36 L	F	Dominique Birkenstock	12	JAQ ECU	27/03/2025	SA Level 2 Champs 2025-EGA
143	3:53.38 L	F	Clara Duvenage	12	CA ECU	27/03/2025	SA Level 2 Champs 2025-EGA
144	3:53.75 L	F	Nina Koen	12	FISH EDD	17/10/2024	43rd Freda Barnard Invitational Gala
145	3:54.91 L	P	Tamika Abbey	12	PER JHB	29/12 - 12	CGA Championships 2024
146	3:54.96 L	F	Alexianne Metzger	12	SWIFT ECU	27/03/2025	SA Level 2 Champs 2025 EGA
147	3:55.12 L	F	Nellamari Fourie	12	AGAQ OBD	28/03/2025	SA Level 2 Regional Age Group Champs
148	3:55.22 L	F	Yvette Louw	12	TYGE CPT	21/09/2024	CTA INVITATIONAL LC MEET
149	3:55.60 L	F	Ella Myburgh	12	INFA NMA	31/01/2025	Infinity Gala 2025
150	3:55.76 L	F	Lily Sykes	12	TUKS TSH	12 - 12	NTS Level 1+2 October Age Group 2024
151	3:56.39 L	F	Ziane Drenth	12	AWIN TSH	13/09/2024	NTS September Age Group 2024
152	3:56.59 L	F	Mia Smit	12	KSC EZD	29/12 - 12	Mpumalanga Championships 2024
153	3:56.89 L	P	Lerina Thomas	12	SWAR WCD	28/03/2025	SA Level 2 Regional Age Group Champs
154	3:56.92 L	F	Mila Pile	12	FISH EDD	30/12 - 12	Eden LC Champs 2024
155	3:57.00 L	F	Lize-Mari Vorster	12	WELL CED	22/02/2025	Swartland Invitational Gala 2025
156	3:58.27 L	F	Shyla Lutchman	12	VINE CPT	02/12 - 12	CTA A & B CHAMPS 2024
157	3:58.34 L	F	Sydney Howes	12	GHS BP	28/02/2025	NW School Championships 2025
158	3:58.84 L	F	Kate Riddell	12	CUHE OBD	09/12 - 12	Swartland Prestige Gala 2024
159	3:58.88 L	F	Hadassah Sibanda	12	BASA	27/03/2025	SA Level 2 Champs 2025 EGA
160	3:59.02 L	F	Nandile Shabalala	12	AQUA UTD	31/03/2025	SA Level 2 Champs 2025-KZN
161	3:59.05 L	F	Shelby Schoeman	12	CA ECU	15/12 - 12	Summer 4 Delville
162	4:00.46 L	F	Madeleine de Villiers	12	EXP TSH	27/03/2025	SA Level 2 Champs 2025-EGA
163	4:02.13 L	F	Megan Wing	12	GREY CPT	08/02/2025	WCA-B Champs - 2025
164	4:02.31 L	F	Anika Bester	12	STGR XRD	06/12/2024	NCASA CHAMPS 2024
165	4:02.85 L	F	Menieke Rowe-Rowe	12	BULS MAN	28/03/2025	SA Level 2 Regional Age Group Champs
166	4:02.99 L	F	Larissa Shaetonhodi	12	NSFED	27/03/2025	SA Level 2 Champs 2025 EGA
167	4:03.93 L	F	Emily Botha	12	ASAC CPT	25/01/2025	CTA Qualifying Meet 6 - (L2 & above)
168	4:04.45 L	F	Dikgang Mokgele	12	MAKO ECU	15/12 - 12	Summer 4 Delville
169	4:06.02 L	F	Tsakile Mahumane	12	MDOL JHB	27/03/2025	SA Level 2 Champs 2025-EGA
170	4:06.34 L	F	Bonaventure Makore	12	ASAC CPT	21/09/2024	CTA INVITATIONAL LC MEET
171	4:06.89 L S	F	Caroline Angius	12	STAR BPD	07/12/2024	NWS Championships 2024
172	4:07.12 L S	F	Abi Fourie	12	VINE CPT	25/01/2025	CTA Qualifying Meet 6 - (L2 & above)
173	4:07.17 L	F	Kyleigh Shelton	12	ESTR ECU	01/02/2025	EGA Last Chance Gala
174	4:07.40 L	F	Destheonique Julius	12	KALA	01/12 - 12	UPINGTON PRESTIGE GALA 2024
175	4:08.33 L	F	Nosipho Khumalo	12	BASA	27/03/2025	SA Level 2 Champs 2025 EGA
176	4:09.16 L	P	Anathi Qamba	12	FAC ECU	05/12/2024	EGA Summer Championships
177	4:09.65 L	F	Maya Sissing	12	TUKS TSH	13/09/2024	NTS September Age Group 2024
178	4:10.45 L	F	Zarah Matthee	12	KHAY CPT	28/03/2025	SA Level 2 Regional Age Group Champs
179	4:10.46 L	F	Dominic De Jager	12	USH KCD	25/01/2025	uShaka Champs 2025
180	4:10.60 L	P	Emma Venter	12	PSCP UMD	31/03/2025	SA Level 2 Champs 2025-KZN
181	4:10.84 L S	F	Annika Schuch	12	RBOT BPD	07/12/2024	NWS Championships 2024
182	4:12 - 12 .46 L	F	Livia Vancoillie	12	QUIC CPT	02/12 - 12	CTA A & B CHAMPS 2024
183	4:12.85 L S	F	Gabriella Bengell	12	BLNE MAN	04/12/2024	Free State Champs 2024
184	4:13.36 L	F	Leah Wentzel	12	MARL CPT	08/02/2025	WCA-B Champs - 2025
185	4:14.12 - 12 L	F	Karla Wolmarans	12	UPSK ZMD	06/12/2024	NCASA CHAMPS 2024
186	4:15.16 L	F	Cayla Fourie	12	CSA EZD	12 - 12	MP AGE GROUP 2 (12 - 12
187	4:15.26 L	F	Hani Salie	12	LALE CED	17/10/2024	43rd Freda Barnard Invitational Gala

Individual Top Times

Times since: 01-May-24
Number of Top Times: All

Times until: 30-Apr-25
Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
188	4:15.63 L	P	Mia Witbooi	12	RETR CPT	28/03/2025	SA Level 2 Regional Age Group Champs
189	4:15.74 L	P	Tenele Taole	12	SWIFT ECU	05/12/2024	EGA Summer Championships
190	4:18.50 L	F	Lana Coetzee	12	QUIC CPT	09/12 - 12	Swartland Prestige Gala 2024
191	4:20.19 L	F	Michaela Hirst	12	MCS BP	28/02/2025	NW School Championships 2025
192	4:21.45 L	F	Izeldi Van Niekerk	12	DOLFI MPD	12/10/2024	Limpopo Age Group 4
193	4:21.54 L	F	Vibha Fakir	12	USC BUF	13/12/2024	NMBA Championships 2024
194	4:22.18 L	F	Dané Schoeman	12	FISH EDD	30/12 - 12	Eden LC Champs 2024
195	4:22.21 L	F	Machayda Titus	12	MARL CPT	25/01/2025	CTA Qualifying Meet 6 - (L2 & above)
196	4:25.20 L	F	Amogelang Kutu	12	SS MPD	29/12 - 12	Limpopo Champs 2024
197	4:25.59 L S	F	Khanya Ramone	12	MATL KKD	07/12/2024	NWS Championships 2024
198	4:26.00 L	F	Sade Kenny	12	SRAY BUF	01/02/2025	BCA Feb Age Group Gala 2025
199	4:28.60 L	F	Keira Lin	12	CYBE CPT	02/12 - 12	CTA A & B CHAMPS 2024
200	4:30.44 L	F	Eryn Botwood	12	CA ECU	01/02/2025	EGA Last Chance Gala
201	4:30.54 L	F	Mia Benade	12	UPSK ZMD	15/02/2025	AGE GROUP 6 UPT 2025
202	4:33.85 L	F	Mia-Marie van Zyl	12	HREF BP	09/12 - 12	NWS Age Group 1 & 2 2024
203	4:34.12 L	P	Paballo Nkosi	12	FAC ECU	05/12/2024	EGA Summer Championships
204	4:41.04 L	P	Nyandano Madaba	12	FAC ECU	05/12/2024	EGA Summer Championships
205	4:41.61 L	F	Larique Pretorius	12	KTS	06/12/2024	NCASA CHAMPS 2024
206	4:42.89 L	F	Marion Münch	12	RUSTL BP	28/02/2025	NW School Championships 2025
207	4:43.12 - 12 L	P	Cara van Wyk	12	BARR CPT	28/03/2025	SA Level 2 Regional Age Group Champs
208	4:44.51 L	F	Elri de Wet	12	STGR XRD	15/02/2025	AGE GROUP 6 KBY 2025
209	4:45.70 L	F	Mila Schutte	12	BARR CPT	09/12 - 12	Swartland Prestige Gala 2024
210	4:50.28 L	F	Nika Smit	12	BS LLD	18/02/2025	Inter Primary 2025
212	5:02.46 L	F	Hadassah Daniels	12	RETR CPT	22/02/2025	Swartland Invitational Gala 2025
212	5:13.12 L	F	Katia Cerone	12	HAAG UTD	12 - 12	Uthukela District Age Group Gala
213	5:42.90 L	F	Khumo Goeieman	12	KALA	06/12/2024	NCASA CHAMPS 2024
Women 12 - 12 -12 50 Fly							
1	30.55 L	F	Shalea Hamilton	12	BEST NMA	31/01/2025	Infinity Gala 2025
2	30.73 L	F	Emma Van Deventer	12	WSTV ETH	25/04/2025	SA National Junior Age Grou-WCA
3	31.01 L	F	Riley Haupt	12	CA ECU	25/04/2025	SA National Junior Age Grou-WCA
4	31.47 L	F	Mia Jansen van Rensburg	12	XCEL CPT	25/04/2025	SA National Junior Age Grou-WCA
5	31.93 L	F	Ava Bosch	12	DRGN JHB	25/04/2025	SA National Junior Age Grou-WCA
6	32.06 L	P	Shiloh Cruywagen	12	KZNS	05/04/2025	SA Schools Swimming Championship
7	32.40 L	F	Anna Horn	12	XCEL CPT	25/04/2025	SA National Junior Age Grou-WCA
8	32.59 L	F	Arya De Sousa	12	TRAZ TSH	22/02/2025	EGA Lets Sprint Incorp Gauteng Schools
9	32.71 L	P	Wilhelmina Erasmus	12	LPS	05/04/2025	SA Schools Swimming Championship
10	33.04 L	F	Liane Van Zyl	12	UPSK ZMD	20/03/2025	SA Level 3 Regional Age Group
12 -	33.13 L	F	Isabella Goncalves	12	SOUL ECU	20/03/2025	SA Level 3 Champs 2025-NT
12	33.14 L	F	Samantha Wilson	12	INFA NMA	20/03/2025	SA Level 3 Regional Age Group
13	33.53 L	P	Aqeelah Williams	12	UWCA CPT	25/04/2025	SA National Junior Age Grou-WCA
14	33.62 L	F	Chisi Magubbwi	12	RSA	04/12/2024	XX AA Zone IV LC Championships 4-7
15	33.71 L	P	Mikayla Oliver	12	PAC TSH	25/04/2025	SA National Junior Age Grou-WCA
16	33.90 L	F	Jadine Grobler	12	TKS WBD	20/03/2025	SA Level 3 Champs 2025-NT
17	33.94 L	P	Mienke Kok	12	INFA NMA	25/04/2025	SA National Junior Age Grou-WCA
18	33.95 L S	F	Grace Julies	12	XCEL CPT	21/09/2024	CTA INVITATIONAL LC MEET
19	33.97 L	F	Mikaela Lotz	12	PAC TSH	22/02/2025	EGA Lets Sprint Incorp Gauteng Schools
20	34.04 L	F	Mali Louw	12	WELL CED	20/03/2025	SA Level 3 Regional Age Group
21*	34.13 L	P	Alexis Visser	12	MAKO ECU	05/12/2024	EGA Summer Championships
21*	34.13 L	F	Christie Snyders	12	BS LLD	18/02/2025	Inter Primary 2025
23	34.33 L	F	Kara De Wit	12	RFA TSH	07/12/2024	NWS Championships 2024
24	34.54 L	F	Kirsten Cupido	12	CYBE CPT	20/03/2025	SA Level 3 Regional Age Group
25*	34.55 L	P	Alexis De Witt	12	TUKS TSH	25/04/2025	SA National Junior Age Grou-WCA
25*	34.55 L	P	Johané Burger	12	ROA EDD	25/04/2025	SA National Junior Age Grou-WCA
27	34.64 L	P	Barcelona Xaba	12	SASE JHB	25/04/2025	SA National Junior Age Grou-WCA
28*	34.65 L	F	Oyama Baqwa	12	SGUL ETH	13/12/2024	NMBA Championships 2024
28*	34.65 L	F	Brooklyn Terwin	12	USC BUF	20/03/2025	SA Level 3 Regional Age Group
30	34.70 L	F	Sophia Castleden	12	STAQ CED	20/03/2025	SA Level 3 Regional Age Group
31	34.71 L	F	Elizabeth Roth	12	PEAS NMA	31/01/2025	Infinity Gala 2025
32	34.76 L	P	Annabel Meyer	12	BULS MAN	25/04/2025	SA National Junior Age Grou-WCA

Individual Top Times

Times since: 01-May-24
Number of Top Times: All

Times until: 30-Apr-25
Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
33	34.80 L	P	Amelie Billson	12	CASC CPT	25/04/2025	SA National Junior Age Grou-WCA
34	34.81 L	P	Sophia Gullan	12	VINE CPT	20/03/2025	SA Level 3 Regional Age Group
35	34.91 L	F	Senzelwe Mwandla	12	PSCP UMD	26/03/2025	SA Level 3 Regional Age Group
36	34.92 L	F	Kayla Gerber	12	STAQ CED	20/03/2025	SA Level 3 Regional Age Group
37	34.98 L	P	Zara Jantjies	12	MANT CPT	05/12/2024	Western Cape LC-A Championship 2024
38	35.03 L	F	Alize Engelbrecht	12	CSA EZD	12 - 12	MP AGE GROUP 2 (12 - 12
39	35.05 L	F	Micah Gomes	12	TUKS TSH	13/09/2024	NTS September Age Group 2024
40	35.19 L	F	Lumka Zamisa	12	HREF BPD	07/12/2024	NWS Championships 2024
41*	35.25 L	F	Olivia Meyburgh	12	CA ECU	05/12/2024	EGA Summer Championships
41*	35.25 L	F	Sisanda Palframan	12	SEAL UMD	02/07/2024	Prestige Tournament 2024
41*	35.25 L	F	Anja Boshoff	12	TYGE CPT	08/02/2025	Winelands SL Final
44	35.27 L	F	Jada Hendricks	12	TYGE CPT	05/12/2024	Western Cape LC-A Championship 2024
45	35.28 L	F	Carinke Wessels	12	BLOT MAN	04/12/2024	Free State Champs 2024
46	35.30 L	P	Hannah Van Heerden	12	AACTA CPT	05/12/2024	Western Cape LC-A Championship 2024
47	35.34 L	F	Mia Vorster	12	WELA LLD	04/12/2024	Free State Champs 2024
48	35.50 L	F	Sarah Schofield	12	SEALE ETH	26/03/2025	SA Level 3 Regional Age Group
49	35.56 L	P	Mignon Swart	12	CSA EZD	25/04/2025	SA National Junior Age Grou-WCA
50	35.64 L	F	Milani Butau	12	BEST NMA	31/01/2025	Infinity Gala 2025
51	35.65 L	P	Nadelija Pillay	12	KZNS	05/04/2025	SA Schools Swimming Championship
52	35.66 L	F	Zoe Lambropoulos	12	TRAZ TSH	27/03/2025	SA Level 2 Champs 2025 EGA
53	35.67 L	F	Jovanah McGluwa	12	CASC CPT	02/12 - 12	CTA A & B CHAMPS 2024
54	35.68 L	P	Lize De Wet	12	LPS	05/04/2025	SA Schools Swimming Championship
55	35.79 L	F	Mackenzie Raffle	12	CA ECU	05/12/2024	EGA Summer Championships
56	35.88 L	F	Morgan Kaschula	12	SPS BUF	03/02/2025	Buffalo City Primary School Trials 2025
57	35.90 L	P	Mikayla Jordaan	12	CASC CPT	05/12/2024	Western Cape LC-A Championship 2024
58	35.95 L	F	Victoria Meyburgh	12	CA ECU	05/12/2024	EGA Summer Championships
59	36.01 L	P	Paige Schutze-Langston	12	MDOL JHB	20/03/2025	SA Level 3 Champs 2025-NT
60	36.08 L	P	Gia Heldsinger	12	SSISA CPT	05/12/2024	Western Cape LC-A Championship 2024
61*	36.21 L	P	Ruvarashe Chibharo	12	TYGE CPT	25/04/2025	SA National Junior Age Grou-WCA
61*	36.21 L	P	Kara Pretorius	12	SSISA CPT	20/03/2025	SA Level 3 Regional Age Group
63	36.27 L	P	Chenique Kooi	12	TUKS TSH	25/04/2025	SA National Junior Age Grou-WCA
64	36.29 L	F	Olivia Kruger	12	PLAY CED	05/12/2024	Western Cape LC-A Championship 2024
65	36.35 L	P	Inge Du Plessis	12	LPS	05/04/2025	SA Schools Swimming Championship
66	36.47 L	P	Zingce Mfabe	12	CPRIM BUF	03/02/2025	Buffalo City Primary School Trials 2025
67	36.51 L	F	Alessia Barthus	12	WCS	05/04/2025	SA Schools Swimming Championship
68	36.61 L	F	Yvette Louw	12	TYGE CPT	08/02/2025	WCA-B Champs - 2025
69	36.62 L	P	Saffiya Emjedi	12	SAAW CPT	20/03/2025	SA Level 3 Regional Age Group
70	36.64 L	P	Nina Oosthuizen	12	NSAD EZD	20/03/2025	SA Level 3 Champs 2025-NT
71	36.69 L	F	Noa Sebastiao	12	TUKS TSH	21/02/2025	NTS Age Group Feb Tuks
72	36.72 L	P	Zara Lockitch	12	CYBE CPT	25/04/2025	SA National Junior Age Grou-WCA
73*	36.75 L	F	Ayvah Jacob	12	RACE JHB	29/12 - 12	CGA Championships 2024
73*	36.75 L	P	Nabeeha Raja	12	SPS BUF	03/02/2025	Buffalo City Primary School Trials 2025
75	36.89 L	F	Hlumisa Mfabe	12	BCA BUF	12 - 12	EDEN INTER DISTRICT PRESTIGE
76	36.91 L	P	Taylor Ten Napel	12	BEAV ETH	25/04/2025	SA National Junior Age Grou-WCA
77	36.96 L	P	Helene de Bruyn	12	BULS MAN	28/03/2025	SA Level 2 Regional Age Group Champs
78	37.04 L	F	Lily Hoar	12	KLOO ETH	26/03/2025	SA Level 3 Regional Age Group
79	37.15 L	P	Khalalelo Ratlhogo	12	ESP ECU	20/03/2025	SA Level 3 Champs 2025-NT
80	37.16 L	F	Scarlett Garassino	12	SASE JHB	27/03/2025	SA Level 2 Champs 2025 EGA
81	37.21 L	P	Sarah-Kate Odendaal	12	PAC TSH	25/04/2025	SA National Junior Age Grou-WCA
82	37.24 L	F	Gabrielle Brooks	12	INFA NMA	13/12/2024	NMBA Championships 2024
83	37.31 L	P	Jessica Jansen van Vuuren	12	SEAL UMD	25/04/2025	SA National Junior Age Grou-WCA
84	37.37 L	F	Mienke Gerber	12	FISH EDD	08/02/2025	WCA-B Champs - 2025
85	37.41 L	P	Jasmine Woodburn	12	MDOL JHB	20/03/2025	SA Level 3 Champs 2025-NT
86	37.51 L	F	Mawande Makumbe	12	TUKS TSH	13/09/2024	NTS September Age Group 2024
87	37.55 L	P	Emma Cullis	12	VINE CPT	05/12/2024	Western Cape LC-A Championship 2024
88	37.61 L	F	Taylynn Boshoff	12	USC BUF	28/03/2025	SA Level 2 Regional Age Group Champs
89	37.64 L	P	Kate Cheshire	12	MDOL JHB	20/03/2025	SA Level 3 Champs 2025-NT
90	37.72 L	F	Emily Koegelenberg	12	XCEL CPT	08/02/2025	WCA-B Champs - 2025
91	37.92 L	F	Leah Du Plessis	12	PEAS NMA	31/01/2025	Infinity Gala 2025

Individual Top Times

Times since: 01-May-24

Times until: 30-Apr-25

Number of Top Times: All

Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
92	37.93 L	F	Nina Pieterse	12	DESA NMA	31/01/2025	Infinity Gala 2025
93	37.95 L	P	Chloe-Leigh Jurgens	12	MANT CPT	20/03/2025	SA Level 3 Regional Age Group
94	37.98 L	P	Caitlin Barnes	12	SAAW CPT	20/03/2025	SA Level 3 Regional Age Group
95	38.01 L	P	Ella Leonard	12	BLUO UGD	31/03/2025	SA Level 2 Champs 2025-KZN
96	38.05 L	F	Kathryn Nolan	12	MDOL JHB	22/02/2025	EGA Lets Sprint Incorp Gauteng Schools
97*	38.09 L	F	Gia Newkirk	12	TYGE CPT	01/02/2025	CTA BRIAN BUTTON Qualifying Meet
97*	38.09 L	F	Lara Rosenstrauch	12	HTSA CPT	28/03/2025	SA Level 2 Regional Age Group Champs
99	38.14 L	P	Evie du Plessis	12	BLOT MAN	04/12/2024	Free State Champs 2024
100	38.26 L	F	Danika Steyn	12	KSC EZD	14/09/2024	MP SPRINT GALA 14 SEPTEMBER
101	38.34 L	P	Mia Van de Vyver	12	QSAW CED	20/03/2025	SA Level 3 Regional Age Group
102	38.35 L	P	Bonaventure Makore	12	ASAC CPT	20/03/2025	SA Level 3 Regional Age Group
103	38.36 L	F	Emma Ristow	12	USC BUF	13/12/2024	NMBA Championships 2024
104	38.44 L	P	Elah-Mae Budram	12	PSCP UMD	02/07/2024	Prestige Tournament 2024
105	38.49 L	F	Nicoline Du Preez	12	NWUC KKD	09/12 - 12	NWS Age Group 1 & 2 2024
106	38.53 L	F	Jazmin Anthony	12	PAQU CED	08/02/2025	WCA-B Champs - 2025
107	38.56 L	F	Mattae Morel	12	CA EKU	05/12/2024	EGA Summer Championships
108	38.57 L	P	Charlotte Hofinger	12	ASAC CPT	20/03/2025	SA Level 3 Regional Age Group
109	38.60 L	F	Vanessa Jurado	12	VINE CPT	02/12 - 12	CTA A & B CHAMPS 2024
12 -	38.63 L	P	Cayleigh Machill	12	BARA EKU	05/12/2024	EGA Summer Championships
12 -	38.70 L	F	Uma Pearson-Adams	12	SAAW CPT	25/01/2025	CTA Qualifying Meet 6 - (L2 & above)
12 -	38.74 L	P	Alexis Kalapac	12	SLAQ CPT	20/03/2025	SA Level 3 Regional Age Group
12 -	38.78 L	P	Alyssa Coetzer	12	AZON ETH	26/03/2025	SA Level 3 Regional Age Group
12 -	38.84 L	P	Rebecca Joubert	12	ECSA	05/04/2025	SA Schools Swimming Championship
12 -	38.99 L	P	Jenna Nieuwoudt	12	SWAR WCD	20/03/2025	SA Level 3 Regional Age Group
12 -	39.02 L	F	Georgia Sabbagha	12	PAQU CED	17/10/2024	43rd Freda Barnard Invitational Gala
12 -	39.07 L	F	Kristen Bell	12	LSKP WB	01/02/2025	Limpopo School Champs & Limpopo AG
12 -	39.12 L	P	Abby Mostert	12	AWIN TSH	20/03/2025	SA Level 3 Champs 2025-NT
12 -	39.16 L	P	Chloe Rautenbach	12	UNIU EZD	20/03/2025	SA Level 3 Champs 2025-NT
120	39.21 L	F	Imme Wolfaardt	12	LALE CED	08/02/2025	WCA-B Champs - 2025
121	39.29 L	F	Laila Christie	12	USC BUF	13/12/2024	NMBA Championships 2024
122	39.33 L	P	Summer Moonsamy	12	BEAV ETH	31/03/2025	SA Level 2 Champs 2025-KZN
123	39.38 L	P	Rirhandzu Chauke	12	DORE JHB	20/03/2025	SA Level 3 Champs 2025-NT
124	39.44 L	F	Cayla Cunningham	12	TRAZ TSH	27/03/2025	SA Level 2 Champs 2025 EGA
125	39.55 L	F	Lia van Heerden	12	BS LLD	04/12/2024	Free State Champs 2024
126	39.56 L	P	Zahraa Essack	12	ATLA JHB	20/03/2025	SA Level 3 Champs 2025-NT
127	39.73 L	F	Taylor-Rose Botes	12	CA EKU	12/10/2024	EGA Summer 2
128	39.75 L	P	Isabella Vreenegoor	12	CRSC JHB	29/12 - 12	CGA Championships 2024
129	39.80 L	P	Areli Muyaka	12	HARB BPD	28/03/2025	SA Level 2 Regional Age Group Champs
130	39.86 L	F	Sloan Warner	12	INFA NMA	28/03/2025	SA Level 2 Regional Age Group Champs
131	39.87 L	P	Sienna Goedhals	12	SPS BUF	03/02/2025	Buffalo City Primary School Trials 2025
132	39.96 L	P	Caitlin McDowell	12	ESP EKU	20/03/2025	SA Level 3 Champs 2025-NT
133	40.04 L	F	Ella Kalp	12	AZON ETH	14/06/2024	AQZ Winter Warmer 2024
134*	40.07 L	P	Jisthi Maharaj	12	ACSA ETH	02/07/2024	Prestige Tournament 2024
134*	40.07 L	F	Amelia-Rose Schutlzler	12	HARL BUF	22/02/2025	Eastern Cape School Provincial Trials
136	40.09 L	P	Karla Wolmarans	12	UPSK ZMD	28/03/2025	SA Level 2 Regional Age Group Champs
137	40.12 L	F	Wilhandi Meyer	12	BULS MAN	28/03/2025	SA Level 2 Regional Age Group Champs
138	40.13 L	F	Briah Boshoff	12	ASAC CPT	08/02/2025	WCA-B Champs - 2025
139*	40.19 L	P	Leandi Liebenberg	12	SS MPD	20/03/2025	SA Level 3 Champs 2025-NT
139*	40.19 L	P	Emily Hengst	12	CASC CPT	20/03/2025	SA Level 3 Regional Age Group
141	40.29 L	P	Shelby Schoeman	12	CA EKU	20/03/2025	SA Level 3 Champs 2025-NT
142	40.30 L	F	Zoe Kruger	12	LALE CED	08/02/2025	WCA-B Champs - 2025
143	40.34 L	P	Megan Palmer	12	AFIN JHB	20/03/2025	SA Level 3 Champs 2025-NT
144	40.38 L	F	Katelyn Naidoo	12	CA EKU	27/03/2025	SA Level 2 Champs 2025 EGA
145	40.46 L	F	Zaarah Meyer	12	HTSA CPT	28/03/2025	SA Level 2 Regional Age Group Champs
146	40.54 L	F	Isabellea Dhassiah	12	RETR CPT	28/03/2025	SA Level 2 Regional Age Group Champs
147	40.57 L	P	Zethembiso Mbambo	12	PSCP UMD	02/07/2024	Prestige Tournament 2024
148	40.66 L	F	Karlia Degenaar	12	TUKS TSH	13/09/2024	NTS September Age Group 2024
149*	40.68 L	P	Zekhethelo Radebe	12	PSCP UMD	26/03/2025	SA Level 3 Regional Age Group
149*	40.68 L	F	Rorisang Monareng	12	BLNE MAN	28/03/2025	SA Level 2 Regional Age Group Champs

Individual Top Times

Times since: 01-May-24

Times until: 30-Apr-25

Number of Top Times: All

Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
151	41.06 L	F	Sophia Hutchison	12	GHSK	06/12/2024	NCASA CHAMPS 2024
152	41.13 L	F	Gabriella Bengell	12	BLNE MAN	28/03/2025	SA Level 2 Regional Age Group Champs
153	41.15 L	P	Hope Churchman	12	SEALE ETH	02/07/2024	Prestige Tournament 2024
154*	41.17 L	F	Alexia Smith	12	WATR JHB	25/01/2025	CGA Summer Gala #4 Level 2+ 25 Jan
154*	41.17 L	F	Annabella Husselmann	12	NSFED	27/03/2025	SA Level 2 Champs 2025 EGA
156	41.22 L	P	Ziane Drenth	12	AWIN TSH	20/03/2025	SA Level 3 Champs 2025-NT
157	41.29 L	F	Elizabeth Kamara	12	NSFED	27/03/2025	SA Level 2 Champs 2025 EGA
158	41.32 L	P	Anye Brink	12	QSAW CED	28/03/2025	SA Level 2 Regional Age Group Champs
159	41.34 L	F	Oyama Tuta	12	PELIC MAN	13/09/2024	Pelicans Age Group Gala
160	41.37 L	F	Mercy Theu	12	CRSC JHB	25/01/2025	CGA Summer Gala #4 Level 2+ 25 Jan
161	41.38 L	P	Oyama Tutu	12	FSS	05/04/2025	SA Schools Swimming Championship
162	41.43 L	P	Kayla-Anne Walker	12	CYBE CPT	20/03/2025	SA Level 3 Regional Age Group
163	41.58 L	F	Mikaela Van Heerden	12	TUKS TSH	12 - 12	NTS Level 1+2 October Age Group 2024
164	41.64 L	F	Lerina Thomas	12	SWAR WCD	28/03/2025	SA Level 2 Regional Age Group Champs
165	41.85 L	F	Mia Smit	12	KSC EZD	29/12 - 12	Mpumalanga Championships 2024
166	41.87 L	P	Ella Adams	12	TYGE CPT	20/03/2025	SA Level 3 Regional Age Group
167	41.97 L	F	Olivia Nel	12	CLA WCD	01/02/2025	CTA BRIAN BUTTON Qualifying Meet
168	41.98 L	F	Jua Jonker	12	POTC KKD	07/12/2024	NWS Championships 2024
169	42.04 L	P	Kiarah Beukes	12	AWIN TSH	27/03/2025	SA Level 2 Champs 2025-EGA
170	42.08 L	P	Annabel Van Reenen	12	ACSA ETH	02/07/2024	Prestige Tournament 2024
171	42.23 L	F	Anastacia Coelho	12	CA ECU	18/01/2025	EGA Summer 5
172	42.25 L	P	Sienna Syrett	12	QUES JHB	27/03/2025	SA Level 2 Champs 2025 EGA
173	42.27 L	P	Ineke Van Maarleveld	12	ACAQ CCD	20/03/2025	SA Level 3 Champs 2025-NT
174	42.38 L	F	Amber Spence	12	ELEC TSH	13/09/2024	NTS September Age Group 2024
175	42.58 L	P	Kaitlyn Haynes-Smart	12	VINE CPT	20/03/2025	SA Level 3 Regional Age Group
176	42.69 L	P	Zia Habib	12	MDOL JHB	20/03/2025	SA Level 3 Champs 2025-NT
177	42.70 L	P	Micaela Fourie	12	NSAD EZD	29/12 - 12	Mpumalanga Championships 2024
178	42.71 L	F	Kayla Kleynhans	12	ROA EDD	17/10/2024	43rd Freda Barnard Invitational Gala
179	42.74 L	F	Olwenelo Ngema	12	FRA KCD	28/09/2024	KCDA Age Group 1 2024
180	42.75 L	F	Riley Sanders	12	HPS TSH	18/10/2024	NTS Level 3+ October Age Group 2024
181	42.76 L	P	Kayleigh Brophy	12	AAS JHB	29/12 - 12	CGA Championships 2024
182	42.78 L	P	Morgan Graham	12	CPRIM BUF	03/02/2025	Buffalo City Primary School Trials 2025
183	42.85 L	P	Wilmie Fourie	12	UPSK ZMD	28/03/2025	SA Level 2 Regional Age Group Champs
184	42.87 L	F	Amahle Mdlalose	12	CSC TSH	25/01/2025	CGA Summer Gala #4 Level 2+ 25 Jan
185	43.04 L	F	Jessica Arenz	12	MANT CPT	07/09/2024	CTA Qualifying Meet 4 (L3 & Above)
186	43.09 L	P	Abigail Paice	12	SOUL ECU	27/03/2025	SA Level 2 Champs 2025-EGA
187	43.15 L	P	Jade Sansom	12	CPRIM BUF	03/02/2025	Buffalo City Primary School Trials 2025
188	43.17 L	F	Nokutenda Tembo	12	KNYA EDD	30/12 - 12	Eden LC Champs 2024
189	43.28 L	F	Alexei Slabbert	12	ASAC CPT	08/02/2025	WCA-B Champs - 2025
190	43.47 L	P	Lauren Kleinhans	12	AA JHB	29/12 - 12	CGA Championships 2024
191	43.52 L	P	Tamika Abbey	12	PER JHB	29/12 - 12	CGA Championships 2024
192	43.56 L	P	Jaimey Shaw	12	MDOL JHB	27/03/2025	SA Level 2 Champs 2025-EGA
193	43.72 L	F	Suhanna White	12	AQUA UTD	07/12/2024	Uthukela District Age Group Gala
194	43.75 L	P	Maya Owen	12	SPS BUF	03/02/2025	Buffalo City Primary School Trials 2025
195	43.86 L	P	Clara Duvenage	12	CA ECU	05/12/2024	EGA Summer Championships
196	43.88 L	P	Unathi Vuyeqaba	12	TUKS TSH	27/03/2025	SA Level 2 Champs 2025 EGA
197	43.92 L	P	Elizabeth Willemse	12	VHD ZLD	31/03/2025	SA Level 2 Champs 2025-KZN
198	44.03 L	P	Lethabo Nyandeni	12	TUKS TSH	27/03/2025	SA Level 2 Champs 2025 EGA
199	44.05 L	F	Mia Witbooi	12	RETR CPT	02/12 - 12	CTA A & B CHAMPS 2024
200	44.13 L	F	Ava Grebe	12	CUHE QBD	09/12 - 12	Swartland Prestige Gala 2024
201	44.25 L	P	Milla Da Silva	12	CA ECU	27/03/2025	SA Level 2 Champs 2025-EGA
202	44.39 L	F	Cayla Fourie	12	CSA EZD	12 - 12	MP AGE GROUP 2 (12 - 12
203	44.41 L	P	Mia Marais	12	TRAZ TSH	27/03/2025	SA Level 2 Champs 2025 EGA
204	44.43 L	P	Jenna Leppan	12	AZON ETH	31/03/2025	SA Level 2 Champs 2025-KZN
205	44.47 L	F	Emma Grobler	12	LAD UTD	01/02/2025	Uthukela District Age Group Gala
206	44.50 L	P	Hester Janse van Rensburg	12	NWUC KKD	20/03/2025	SA Level 3 Champs 2025-NT
207	44.52 L	F	Kenna Lilley	12	TYGE CPT	28/03/2025	SA Level 2 Regional Age Group Champs
208*	44.63 L	F	Madison Harris	12	SOUL ECU	26/10/2024	Summer 3 Delville
208*	44.63 L	F	Linda Van Niekerk	12	VHD ZLD	07/12/2024	Stingrays Champs 2024

Individual Top Times

Times since: 01-May-24
Number of Top Times: All

Times until: 30-Apr-25
Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
210	44.70 L	F	Jana Booysen	12	CUHE QBD	09/12 - 12	Swartland Prestige Gala 2024
212	44.79 L	F	Leah Wentzel	12	MARL CPT	09/12 - 12	Swartland Prestige Gala 2024
212	44.98 L	P	Chloe Timperley	12	TRAZ TSH	27/03/2025	SA Level 2 Champs 2025-EGA
213	45.03 L	P	Le-May Van Zyl	12	ELRAS WBD	27/03/2025	SA Level 2 Champs 2025 EGA
214	45.22 L	F	Destheonique Julius	12	KALA	01/12 - 12	UPINGTON PRESTIGE GALA 2024
215	45.23 L	P	Hadassah Sibanda	12	BASA	27/03/2025	SA Level 2 Champs 2025 EGA
216	45.37 L	F	Ankin Van Niekerk	12	LSJM SKD	02/12 - 12	Limpopo LS - Top 8 skole 2024
217	45.40 L	F	Keira Lin	12	CYBE CPT	01/02/2025	CTA BRIAN BUTTON Qualifying Meet
218	45.46 L	P	Lily Sykes	12	TUKS TSH	27/03/2025	SA Level 2 Champs 2025-EGA
219	45.47 L	P	Mijone Beyers	12	CA ECU	27/03/2025	SA Level 2 Champs 2025-EGA
220	45.49 L	P	Tenele Taole	12	SWIFT ECU	05/12/2024	EGA Summer Championships
221	45.55 L	F	Sydney Howes	12	HREF BPD	28/03/2025	SA Level 2 Regional Age Group Champs
222	45.60 L	F	Lara Van Veelen	12	LSDWK MPD	01/02/2025	Limpopo School Champs & Limpopo AG
223*	45.64 L	F	Taylor Kotzee	12	GAA CPT	22/02/2025	Swartland Invitational Gala 2025
223*	45.64 L	P	Abijah Smith	12	NSFED	27/03/2025	SA Level 2 Champs 2025 EGA
225	46.18 L	F	Grizelda Janse van Rensburg	12	NWUC KKD	09/12 - 12	NWS Age Group 1 & 2 2024
226	46.19 L	F	Marni Snyman	12	ELRAS WBD	29/12 - 12	Limpopo Champs 2024
227	46.20 L S	F	Charlotte Jones	12	SLAQ CPT	21/09/2024	CTA INVITATIONAL LC MEET
228	46.28 L	P	Noluthando Nkosi	12	NSAD EZD	29/12 - 12	Mpumalanga Championships 2024
229	46.40 L	P	Lienke Van Wyk	12	BULS MAN	04/12/2024	Free State Champs 2024
230	46.66 L	P	Xia Jacobs	12	WSTV ETH	02/07/2024	Prestige Tournament 2024
231	46.84 L	P	Zayra Davids	12	HPPS BUF	03/02/2025	Buffalo City Primary School Trials 2025
232	46.93 L	P	Sophie Kretzmann	12	HPPS BUF	03/02/2025	Buffalo City Primary School Trials 2025
233	47.18 L	F	Cara van Wyk	12	BARR CPT	02/12 - 12	CTA A & B CHAMPS 2024
234	47.23 L	F	Nina Koen	12	FISH EDD	17/10/2024	43rd Freda Barnard Invitational Gala
235	47.39 L	F	Menieke Rowe-Rowe	12	BULS MAN	14/02/2025	Neptune Last Chance Gala
236	47.43 L	F	Mia Benade	12	UPSK ZMD	01/03/2025	NC PROVINCIAL LEVEL 0 & 1
237	47.48 L	P	Paballo Nkosi	12	FAC ECU	05/12/2024	EGA Summer Championships
238	47.50 L	P	Zarah Matthee	12	KHAY CPT	28/03/2025	SA Level 2 Regional Age Group Champs
239*	47.57 L	F	Lara Greyling	12	TNDER FDD	27/09/2024	Seals Gala 2
239*	47.57 L	F	Elmane' de Wet	12	BLOT MAN	04/12/2024	Free State Champs 2024
241*	47.72 L	F	Liane Muller	12	INFA NMA	22/02/2025	Eastern Cape School Provincial Trials
241*	47.72 L	F	Zanli Le Roux	12	AGAQ QBD	17/10/2024	43rd Freda Barnard Invitational Gala
243	47.78 L	F	Hiranya Moodley	12	USH KCD	07/12/2024	Stingrays Champs 2024
244	48.16 L	F	Basse Molai	12	BULS MAN	02/12 - 12	Heidedal
245	48.24 L	P	Marizelle Vermaak	12	HREF BPD	28/03/2025	SA Level 2 Regional Age Group Champs
246	48.26 L	P	Alexa Steenkamp	12	COMS TSH	27/03/2025	SA Level 2 Champs 2025-EGA
247	48.41 L	F	Carlie van der Veen	12	VRC TSH	13/09/2024	NTS September Age Group 2024
248	48.49 L	F	Dikgang Mokgele	12	MAKO ECU	18/01/2025	EGA Summer 5
249	48.63 L	P	Machayda Titus	12	MARL CPT	28/03/2025	SA Level 2 Regional Age Group Champs
250	48.68 L	F	Elsa Massawe	12	CA ECU	01/02/2025	EGA Last Chance Gala
251	48.85 L	F	Ziyada Tekle	12	USC BUF	22/12 - 12	BCA Long Course Championships 2024
252	48.94 L	P	Mieke Smit	12	UNI EZD	29/12 - 12	Mpumalanga Championships 2024
253	48.99 L	F	Catharina Coetzer	12	QUIC CPT	22/02/2025	Swartland Invitational Gala 2025
254	49.08 L	F	Annika Schuch	12	RBOT BPD	07/12/2024	NWS Championships 2024
255	49.21 L	F	Lily Lucas	12	KHAY CPT	22/02/2025	Swartland Invitational Gala 2025
256	49.22 L	F	Zizipho Ginindza	12	WWOL TSH	13/09/2024	NTS September Age Group 2024
257	49.26 L	P	Milah Allen	12	PER JHB	29/12 - 12	CGA Championships 2024
258	49.37 L	F	Amogelang Mamabolo	12	HARB BPD	09/12 - 12	NWS Age Group 1 & 2 2024
259	49.79 L	P	Malin Swart	12	GPS EDD	03/02/2025	Buffalo City Primary School Trials 2025
260	49.84 L	P	Ilê Ferreira	12	VRC TSH	27/03/2025	SA Level 2 Champs 2025 EGA
261	49.90 L	F	Vibha Fakir	12	USC BUF	13/12/2024	NMBA Championships 2024
262	50.45 L	P	Ava van der Mescht	12	DESA NMA	20/03/2025	SA Level 3 Regional Age Group
263	50.62 L	F	Lonela Mpikeli	12	PAC TSH	13/09/2024	NTS September Age Group 2024
264	50.71 L	F	Lienke Nauhaus	12	QSAW CED	25/01/2025	Winelands JLfin
265	x51.06 L	F	Emily Louw	12	UWCA CPT	08/02/2025	WCA-B Champs - 2025
266	51.10 L	F	Lea Kotzé	12	LSM EZD	28/02/2025	NW School Championships 2025
267	51.12 L	F	Amogelang Kutu	12	SS MPD	29/12 - 12	Limpopo Champs 2024
268	51.19 L	F	Karli Karstens	12	FISH EDD	17/10/2024	43rd Freda Barnard Invitational Gala

Individual Top Times

Times since: 01-May-24
Number of Top Times: All

Times until: 30-Apr-25
Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
269	51.26 L	F	Lana Coetzee	12	QUIC CPT	02/12 - 12	CTA A & B CHAMPS 2024
270	51.27 L	F	Sofia O'Leary	12	MDOL JHB	25/01/2025	CGA Summer Gala #4 Level 2+ 25 Jan
271	51.35 L	F	Izeldi Van Niekerk	12	LSPN MP	01/02/2025	Limpopo School Champs & Limpopo AG
272	51.39 L	F	Alexia Dippenaar	12	BS LLD	15/12 - 12	Valsrivier Gala 2024
273	51.46 L	P	Dominique Birkenstock	12	JAQ ECU	05/12/2024	EGA Summer Championships
274	51.59 L	F	Salma Lee	12	MANT CPT	22/02/2025	Swartland Invitational Gala 2025
275	51.60 L	F	Zoe Andrews	12	CA ECU	01/02/2025	EGA Last Chance Gala
276	51.80 L	F	Talia Grantham	12	PSCP UMD	01/03/2025	Provincial Level 1 Age Group
277	51.87 L	F	Liané Stoltz	12	UNIU EZD	29/12 - 12	Mpumalanga Championships 2024
278	52.06 L	P	Amoussou Viwassi	12	LINR JHB	29/12 - 12	CGA Championships 2024
279	52.14 L	F	Relebohile Maduna	12	PELIC MAN	25/10/2024	Neptunes Gala
280	52.17 L	F	Masego Monakedi	12	FISH EDD	30/12 - 12	Eden LC Champs 2024
281	52.28 L	F	Larique Pretorius	12	KTS	15/12 - 12	AGE GROUP 2 KATHU 2024
282	52.33 L	F	Liné Schoeman	12	FISH EDD	17/10/2024	43rd Freda Barnard Invitational Gala
283	52.46 L	F	Nika Smit	12	BS LLD	02/12 - 12	Heidedal
284	53.03 L	F	Mienke Pretorius	12	KALA	06/12/2024	NCASA CHAMPS 2024
285	53.06 L	P	Mienke Grobler	12	BULS MAN	28/03/2025	SA Level 2 Regional Age Group Champs
286	53.28 L	F	Ashleigh Petersen	12	INFA NMA	31/01/2025	Infinity Gala 2025
287	53.42 L	F	Anathi Qamba	12	FAC ECU	18/01/2025	EGA Summer 5
288	53.49 L	P	Reaoboka Moloi	12	MAKO ECU	05/12/2024	EGA Summer Championships
289	53.54 L	F	Dominic De Jager	12	USH KCD	25/01/2025	uShaka Champs 2025
290	53.91 L	F	Unarine Mulaudzi	12	PGAC ECU	18/01/2025	EGA Summer 5
291	53.99 L	P	Alexis Visagie	12	BEST NMA	28/03/2025	SA Level 2 Regional Age Group Champs
292	54.61 L	F	Mila Pile	12	FISH EDD	02/12 - 12	EDEN 2nd A-League Gala 2024 Schools
293	54.72 L	F	Emma Canham	12	PELIC MAN	01/03/2025	Provincial Level 1 Age Group
294	55.49 L	P	Larissa Shaetonhodi	12	NSFED	27/03/2025	SA Level 2 Champs 2025 EGA
295	55.65 L	F	Nicolene Filo	12	EXP TSH	12 - 12	NTS Level 1+2 October Age Group 2024
296	55.76 L	F	Roxanne Coetzee	12	GHS BP	28/02/2025	NW School Championships 2025
297	56.07 L	F	Mosa Seboko	12	WSS LLD	15/12 - 12	Valsrivier Gala 2024
298	56.38 L	P	Manisha Warne	12	NSFED	27/03/2025	SA Level 2 Champs 2025 EGA
299	56.62 L	P	Retshepile Phalafala	12	MDOL JHB	29/12 - 12	CGA Championships 2024
300	56.98 L	F	Marion Münch	12	RUSTL BP	28/02/2025	NW School Championships 2025
301	57.12 - 12 L	F	Mila Schutte	12	BARR CPT	02/12 - 12	CTA A & B CHAMPS 2024
302	57.38 L	P	Skyler Engelbrecht	12	CAMPB BUF	03/02/2025	Buffalo City Primary School Trials 2025
303	58.31 L	F	Nyandano Madaba	12	FAC ECU	01/02/2025	EGA Last Chance Gala
304	59.14 L	F	Kyleigh Shelton	12	ESTR ECU	12/10/2024	EGA Summer 2
305	59.37 L	F	Isabel Charles	12	WWP NMA	08/02/2025	Nelson Mandela Bay Schools Trials & 1st
306	59.82 L	F	Nokubonga Buda	12	ESP ECU	12/10/2024	EGA Summer 2
307*	1:00.40 L	F	Khanya Ramone	12	MATL KKD	09/12 - 12	NWS Age Group 1 & 2 2024
307*	1:00.40 L	F	Okuhle Zungu	12	USH KCD	01/03/2025	Provincial Level 1 Age Group
309	1:00.57 L	F	Janelle Coertze	12	VRC TSH	12 - 12	NTS Level 1+2 October Age Group 2024
310	1:01.15 L	F	Shayla Quin	12	LSPHA MP	02/12 - 12	Limpopo LS - Top 8 skole 2024
312	1:01.37 L	F	Hani Salie	12	LALE CED	17/10/2024	43rd Freda Barnard Invitational Gala
312	1:01.48 L	F	Tshiamo Mlangeni	12	UNI EZD	31/01/2025	AG 5 MP SA SCHOOLS TRIALS 31 JAN
313	1:01.84 L	F	Mpilenhle Dladla	12	NSAD EZD	01/03/2025	SSA LEVEL 1 REGIONAL CHAMPS
314	1:02.24 L	F	Khanyisa Mqeke	12	WELA LLD	01/03/2025	Provincial Level 1 Age Group
315	1:02.40 L	F	Rebecca Lawlor	12	TPS BPD	08/02/2025	BCSA High School Trials 2025
316	1:03.78 L	P	Tsakile Mahumane	12	NSAD EZD	29/12 - 12	Mpumalanga Championships 2024
317	1:03.95 L	F	Katia Cerone	12	HAAG UTD	01/03/2025	Provincial Level 1 Age Group
318	1:05.12 L	F	Ikageng Moloko	12	TUKS TSH	12 - 12	NTS Level 1+2 October Age Group 2024
319	1:07.25 L	F	Lungile Ndaba	PR	VASA ECU	12/10/2024	EGA Summer 2
320	1:08.52 L	F	Mia-Marie van Zyl	12	HREF BPD	07/12/2024	NWS Championships 2024
321	1:09.04 L	F	Thembaletu Zulu	12	FRA KCD	23/12 - 12	KCDA Age Group Gala 3
322	1:34.26 L	F	Elethu Maqabangqa	12	KHAY CPT	17/10/2024	43rd Freda Barnard Invitational Gala
Women 12 - 12 -12 100 Fly							
1	1:08.44 L	F	Shalea Hamilton	12	BEST NMA	31/01/2025	Infinity Gala 2025
2	1:10.17 L S	F	Ava Bosch	12	DRGN JHB	25/04/2025	SA National Junior Age Grou-WCA
3	1:10.21 L S	F	Emma Van Deventer	12	WSTV ETH	25/04/2025	SA National Junior Age Grou-WCA
4	1:12.03 L S	F	Aqeelah Williams	12	UWCA CPT	25/04/2025	SA National Junior Age Grou-WCA

Individual Top Times

Times since: 01-May-24
Number of Top Times: All

Times until: 30-Apr-25
Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
5	1:12.52 L S	F	Riley Haupt	12	CA ECU	25/04/2025	SA National Junior Age Grou-WCA
6	1:13.45 L S	F	Shiloh Cruywagen	12	SEAL UMD	25/04/2025	SA National Junior Age Grou-WCA
7	1:13.74 L	F	Arya De Sousa	12	GAUS	05/04/2025	SA Schools Swimming Championship
8	1:14.10 L S	P	Mia Jansen van Rensburg	12	XCEL CPT	25/04/2025	SA National Junior Age Grou-WCA
9	1:15.04 L	P	Wilhelmina Erasmus	12	LPS	05/04/2025	SA Schools Swimming Championship
10	1:15.33 L	F	Jadine Grobler	12	TKS WBD	20/03/2025	SA Level 3 Champs 2025-NT
12 -	1:17.07 L	F	Mienke Kok	12	INFA NMA	31/01/2025	Infinity Gala 2025
12	1:17.59 L S	P	Kara De Wit	12	RFA TSH	25/04/2025	SA National Junior Age Grou-WCA
13	1:17.70 L	F	Samantha Wilson	12	INFA NMA	20/03/2025	SA Level 3 Regional Age Group
14	1:18.00 L	F	Anna Horn	12	XCEL CPT	14/02/2025	Western Cape Elite Gala 2025
15	1:18.45 L	F	Alexis Visser	12	MAKO ECU	20/03/2025	SA Level 3 Champs 2025-NT
16	1:18.66 L S	P	Oyama Baqwa	12	SGUL ETH	25/04/2025	SA National Junior Age Grou-WCA
17	1:19.47 L	P	Christie Snyders	12	FSS	05/04/2025	SA Schools Swimming Championship
18	1:19.76 L	F	Mikayla Oliver	12	PAC TSH	22/02/2025	EGA Lets Sprint Incorp Gauteng Schools
19	1:20.79 L S	P	Mikaela Lotz	12	PAC TSH	25/04/2025	SA National Junior Age Grou-WCA
20	1:20.84 L S	P	Amelie Billson	12	CASC CPT	25/04/2025	SA National Junior Age Grou-WCA
21	1:20.93 L S	P	Zara Jantjies	12	MANT CPT	05/12/2024	Western Cape LC-A Championship 2024
22	1:20.95 L S	P	Mikayla Jordaan	12	CASC CPT	05/12/2024	Western Cape LC-A Championship 2024
23	1:21.23 L	P	Jasmine Woodburn	12	MDOL JHB	20/03/2025	SA Level 3 Champs 2025-NT
24	1:23.00 L	F	Brooklyn Terwin	12	USC BUF	20/03/2025	SA Level 3 Regional Age Group
25	1:23.20 L S	P	Zara Lockitch	12	CYBE CPT	05/12/2024	Western Cape LC-A Championship 2024
26	1:23.40 L	F	Emily Koegelenberg	12	XCEL CPT	20/03/2025	SA Level 3 Regional Age Group
27	1:23.52 L	F	Jazmin Anthony	12	PAQU CED	20/03/2025	SA Level 3 Regional Age Group
28	1:23.98 L S	F	Carinke Wessels	12	BLOT MAN	04/12/2024	Free State Champs 2024
29*	1:24.31 L	F	Alexis De Witt	12	TUKS TSH	21/02/2025	NTS Age Group Feb Tuks
29*	1:24.31 L	F	Mali Louw	12	WELL CED	20/03/2025	SA Level 3 Regional Age Group
31	1:24.60 L	F	Chisi Magubbwi	12	MDOL JHB	10/01/2025	2024 Grand Prix Invitation Swimming
32	1:24.64 L	P	Sisanda Palframan	12	SEAL UMD	26/03/2025	SA Level 3 Regional Age Group
33	1:24.89 L	F	Mignon Swart	12	CSA EZD	31/01/2025	AG 5 MP SA SCHOOLS TRIALS 31 JAN
34	1:25.03 L	F	Morgan Kaschula	12	SPS BUF	03/02/2025	Buffalo City Primary School Trials 2025
35	1:25.10 L	P	Jovanah McGluwa	12	CASC CPT	20/03/2025	SA Level 3 Regional Age Group
36*	1:25.12 L S	P	Ruvarashe Chibharo	12	TYGE CPT	05/12/2024	Western Cape LC-A Championship 2024
36*	1:25.12 L	P	Liane Van Zyl	12	UPSK ZMD	20/03/2025	SA Level 3 Regional Age Group
38	1:26.02 L	F	Ayvah Jacob	12	RACE JHB	29/12 - 12	CGA Championships 2024
39	1:26.05 L	F	Lumka Zamisa	12	NWS	25/01/2025	4+1 INTERPROVINCIAL GALA 2025
40	1:26.51 L	F	Carinke Wessels	12	FSS	05/04/2025	SA Schools Swimming Championship
41	1:26.85 L	F	Taylor Ten Napel	12	BEAV ETH	25/01/2025	uShaka Champs 2025
42	1:27.63 L	F	Senzelwe Mwandla	12	PSCP UMD	26/03/2025	SA Level 3 Regional Age Group
43	1:27.69 L S	P	Barcelona Xaba	12	SASE JHB	25/04/2025	SA National Junior Age Grou-WCA
44	1:27.80 L	F	Olivia Meyburgh	12	CA ECU	05/12/2024	EGA Summer Championships
45	1:28.20 L	P	Kate Cheshire	12	MDOL JHB	20/03/2025	SA Level 3 Champs 2025-NT
46	1:28.29 L	F	Sarah Schofield	12	SEALE ETH	26/03/2025	SA Level 3 Regional Age Group
47	1:28.74 L	P	Kirsten Cupido	12	CYBE CPT	20/03/2025	SA Level 3 Regional Age Group
48	1:28.75 L	F	Johané Burger	12	EDA ED	12 - 12	EDEN INTER DISTRICT PRESTIGE
49	1:29.04 L	F	Gabrielle Brooks	12	INFA NMA	17/08/2024	Madibaz Swim Meet 2024
50	1:29.10 L	P	Oyama Tutu	12	FSS	05/04/2025	SA Schools Swimming Championship
51	1:29.28 L	F	Zingce Mfabe	12	CPRIM BUF	03/02/2025	Buffalo City Primary School Trials 2025
52	1:29.43 L	F	Georgia Sabbagha	12	PAQU CED	17/10/2024	43rd Freda Barnard Invitational Gala
53	1:29.56 L	F	Hlumisa Mfabe	12	BCA BUF	12 - 12	EDEN INTER DISTRICT PRESTIGE
54	1:29.62 L	P	Milani Butau	12	BEST NMA	20/03/2025	SA Level 3 Regional Age Group
55	1:30.19 L	F	Khalalelo Ratlhogo	12	ESP ECU	05/12/2024	EGA Summer Championships
56	1:30.25 L	P	Kathryn Nolan	12	MDOL JHB	29/12 - 12	CGA Championships 2024
57	1:30.31 L	F	Chenique Kooi	12	TUKS TSH	22/02/2025	EGA Lets Sprint Incorp Gauteng Schools
58	1:30.46 L	P	Inge Du Plessis	12	SS MPD	20/03/2025	SA Level 3 Champs 2025-NT
59	1:30.93 L	F	Mia Van de Vyver	12	QSAW CED	08/02/2025	WCA-B Champs - 2025
60	1:31.03 L	P	Zahraa Essack	12	ATLA JHB	20/03/2025	SA Level 3 Champs 2025-NT
61	1:31.59 L	P	Rorisang Monareng	12	FSS	05/04/2025	SA Schools Swimming Championship
62	1:31.79 L	F	Annabel Meyer	12	BULS MAN	06/09/2024	Bull Sharks Annual Gala
63	1:31.85 L	F	Grace Julies	12	XCEL CPT	07/09/2024	CTA Qualifying Meet 4 (L3 & Above)

Individual Top Times

Times since: 01-May-24
Number of Top Times: All

Times until: 30-Apr-25
Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
64	1:32.06 L	F	Cayleigh Machill	12	BARA EKU	22/02/2025	EGA Lets Sprint Incorp Gauteng Schools
65	1:32.07 L	F	Danika Steyn	12	KSC EZD	29/12 - 12	Mpumalanga Championships 2024
66	1:32.72 L	F	Emma Ristow	12	USC BUF	13/12/2024	NMBA Championships 2024
67	1:32.97 L	P	Summer Moonsamy	12	BEAV ETH	31/03/2025	SA Level 2 Champs 2025-KZN
68	1:33.67 L	F	Oyama Tuta	12	PELIC MAN	25/10/2024	Neptunes Gala
69	1:34.33 L	F	Hope Churchman	12	SEALE ETH	02/07/2024	Prestige Tournament 2024
70	1:34.42 L	P	Leandi Liebenberg	12	SS MPD	20/03/2025	SA Level 3 Champs 2025-NT
71	1:34.50 L	F	Lene Klopper	12	QUIC CPT	22/02/2025	Swartland Invitational Gala 2025
72	1:34.61 L	F	Marni Snyman	12	ELRAS WBD	27/03/2025	SA Level 2 Champs 2025 EGA
73	1:34.63 L	F	Esme Bowes	12	CPSC! TS	27/03/2025	SA Level 2 Champs 2025 EGA
74	1:34.94 L	F	Annabel Van Reenen	12	ACSA ETH	02/07/2024	Prestige Tournament 2024
75	1:35.47 L	F	Nabeeha Raja	12	SPS BUF	03/02/2025	Buffalo City Primary School Trials 2025
76	1:35.48 L	F	Zoe Thompson	12	MDOL JHB	10/01/2025	2024 Grand Prix Invitation Swimming
77	1:35.54 L	P	Kayla-Anne Walker	12	CYBE CPT	20/03/2025	SA Level 3 Regional Age Group
78	1:36.13 L	F	Micah Gomes	12	TUKS TSH	18/10/2024	NTS Level 3+ October Age Group 2024
79	1:36.18 L	P	Caitlin McDowell	12	ESP EKU	20/03/2025	SA Level 3 Champs 2025-NT
80	1:36.65 L	F	Helene de Bruyn	12	BULS MAN	28/03/2025	SA Level 2 Regional Age Group Champs
81	1:36.95 L	P	Gia Newkirk	12	TYGE CPT	20/03/2025	SA Level 3 Regional Age Group
82	1:37.61 L S	F	Rorisang Monareng	12	BLNE MAN	04/12/2024	Free State Champs 2024
83	1:37.88 L	P	Ziane Drenth	12	AWIN TSH	20/03/2025	SA Level 3 Champs 2025-NT
84	1:38.14 L	F	Nina Oosthuizen	12	NSAD EZD	14/09/2024	MP SPRINT GALA 14 SEPTEMBER
85	1:38.16 L	F	Annabella Husselmann	12	NSFED	27/03/2025	SA Level 2 Champs 2025 EGA
86	1:38.28 L	F	Nina Pieterse	12	DESA NMA	16/12 - 12	5th A League Gala 2024
87	1:39.50 L	P	Lily Hoar	12	KLOO ETH	02/07/2024	Prestige Tournament 2024
88	1:39.57 L	F	Nicoline Du Preez	12	NWUC KKD	09/12 - 12	NWS Age Group 1 & 2 2024
89	1:39.91 L	P	Nokutenda Tembo	12	KNYA EDD	20/03/2025	SA Level 3 Regional Age Group
90	1:40.38 L	F	Zarah Matthee	12	KHAY CPT	28/03/2025	SA Level 2 Regional Age Group Champs
91	1:41.00 L	F	Areli Muyaka	12	HARB BPD	28/03/2025	SA Level 2 Regional Age Group Champs
92	1:41.77 L	F	Jada Hendricks	12	TYGE CPT	15/06/2024	PEA Winter Gala 2024
93	1:41.81 L	P	Hester Janse van Rensburg	12	NWUC KKD	20/03/2025	SA Level 3 Champs 2025-NT
94	1:42.61 L	F	Jana Booysen	12	CUHE OBD	22/02/2025	Swartland Invitational Gala 2025
95	1:43.32 L	F	Amelia-Rose Schutler	12	USC BUF	13/12/2024	NMBA Championships 2024
96	1:44.50 L	F	Isabellea Dhassiah	12	RETR CPT	28/03/2025	SA Level 2 Regional Age Group Champs
97	1:44.71 L S	F	Lia van Heerden	12	BS LLD	04/12/2024	Free State Champs 2024
98	1:44.77 L	F	Alessia Barthus	12	MANT CPT	22/02/2025	Swartland Invitational Gala 2025
99	1:45.82 L	F	Grizelda Janse van Rensburg	12	NWUC KKD	28/03/2025	SA Level 2 Regional Age Group Champs
100	1:45.88 L	F	Gabriella Bengell	12	BLNE MAN	28/03/2025	SA Level 2 Regional Age Group Champs
101	1:47.36 L	F	Le-May Van Zyl	12	ELRAS WBD	27/03/2025	SA Level 2 Champs 2025-EGA
102	1:47.45 L	F	Karla Wolmarans	12	UPSK ZMD	28/03/2025	SA Level 2 Regional Age Group Champs
103*	1:48.20 L	F	Cara van Wyk	12	BARR CPT	28/03/2025	SA Level 2 Regional Age Group Champs
103*	1:48.20 L	F	Lethabo Nyandeni	12	TUKS TSH	27/03/2025	SA Level 2 Champs 2025 EGA
105	1:49.51 L	P	Anastacia Coelho	12	CA EKU	05/12/2024	EGA Summer Championships
106	1:49.71 L	F	Alexia Smith	12	WATR JHB	25/01/2025	CGA Summer Gala #4 Level 2+ 25 Jan
107	1:50.47 L	F	Alexia Dippenaar	12	BS LLD	28/03/2025	SA Level 2 Regional Age Group Champs
108	1:51.01 L S	F	Mia Witbooi	12	RETR CPT	02/12 - 12	CTA A & B CHAMPS 2024
109	1:53.79 L	F	Sydney Howes	12	GHS BP	28/02/2025	NW School Championships 2025
12 -	1:54.40 L	F	Paballo Nkosi	12	FAC EKU	05/12/2024	EGA Summer Championships
12 -	1:57.75 L	F	Hiranya Moodley	12	USH KCD	07/12/2024	Stingrays Champs 2024
12 -	1:58.40 L	P	Katelyn Naidoo	12	CA EKU	05/12/2024	EGA Summer Championships
12 -	1:59.38 L	F	Noluthando Nkosi	12	NSAD EZD	01/03/2025	SSA LEVEL 1 REGIONAL CHAMPS
12 -	2:02.51 L S	F	Amogelang Mamabolo	12	HARB BPD	07/12/2024	NWS Championships 2024
12 -	2:05.12 - 12 L	F	Manisha Warne	12	NSFED	27/03/2025	SA Level 2 Champs 2025 EGA
12 -	2:05.17 L	F	Dikgang Mokgele	12	MAKO EKU	01/02/2025	EGA Last Chance Gala
12 -	2:05.48 L	P	Reaoboka Moloi	12	MAKO EKU	05/12/2024	EGA Summer Championships
12 -	2:09.40 L	F	Anathi Qamba	12	FAC EKU	12/10/2024	EGA Summer 2
12 -	2:09.63 L	F	Elri de Wet	12	STGR XRD	08/02/2025	NCASA SPRINTS 2025
120	2:10.61 L	F	Izeldi Van Niekerk	12	LSPN MP	01/02/2025	Limpopo School Champs & Limpopo AG
121	2:16.38 L	F	Masego Monakedi	12	FISH EDD	17/10/2024	43rd Freda Barnard Invitational Gala
122	2:42.71 L	F	Katia Cerone	12	HAAG UTD	01/02/2025	Uthukela District Age Group Gala

Individual Top Times

Times since: 01-May-24
Number of Top Times: All

Times until: 30-Apr-25
Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
Women 12 - 12 -12 200 Fly								
1	2:47.31 L	F	Aqeelah Williams	12	UWCA CPT	05/12/2024	Western Cape LC-A Championship 2024	
2	2:50.21 L	F	Shalea Hamilton	12	BEST NMA	13/12/2024	NMBA Championships 2024	
3	2:52.36 L	F	Oyama Baqwa	12	SGUL ETH	13/12/2024	NMBA Championships 2024	
4	2:58.54 L	F	Zara Lockitch	12	CYBE CPT	25/04/2025	SA National Junior Age Grou-WCA	
5	3:00.52 L	F	Mia Jansen van Rensburg	12	XCEL CPT	05/12/2024	Western Cape LC-A Championship 2024	
6	3:08.81 L	F	Mienke Kok	12	INFA NMA	13/12/2024	NMBA Championships 2024	
7	3:10.16 L	F	Wilhelmina Erasmus	12	LSBOS WB	01/02/2025	Limpopo School Champs & Limpopo AG	
8	3:19.43 L	F	Liane Van Zyl	12	NC FB	25/01/2025	4+1 INTERPROVINCIAL GALA 2025	
9	3:30.95 L	F	Ayyah Jacob	12	RACE JHB	29/12 - 12	CGA Championships 2024	
10	4:20.42 L	F	Cara van Wyk	12	BARR CPT	09/12 - 12	Swartland Prestige Gala 2024	
12 -	4:36.48 L	F	Katelyn Naidoo	12	CA ECU	01/02/2025	EGA Last Chance Gala	
Women 12 - 12 -12 200 IM								
1	2:33.09 L	F	Shalea Hamilton	12	BEST NMA	31/01/2025	Infinity Gala 2025	
2	2:37.71 L	F	Ava Bosch	12	DRGN JHB	25/04/2025	SA National Junior Age Grou-WCA	
3	2:38.91 L	F	Aqeelah Williams	12	UWCA CPT	25/04/2025	SA National Junior Age Grou-WCA	
4	2:40.62 L	F	Anna Horn	12	XCEL CPT	25/04/2025	SA National Junior Age Grou-WCA	
5	2:42.38 L	F	Megan Jacobs	12	WSTV ETH	25/04/2025	SA National Junior Age Grou-WCA	
6	2:43.30 L	F	Evie du Plessis	12	BLOT MAN	25/04/2025	SA National Junior Age Grou-WCA	
7	2:46.46 L	P	Anja Boshoff	12	TYGE CPT	25/04/2025	SA National Junior Age Grou-WCA	
8	2:46.64 L	F	Nina Pieterse	12	DESA NMA	25/04/2025	SA National Junior Age Grou-WCA	
9	2:46.86 L	P	Annabel Meyer	12	BULS MAN	25/04/2025	SA National Junior Age Grou-WCA	
10	2:48.37 L	P	Katherine Harrop-Allin	12	CSC TSH	25/04/2025	SA National Junior Age Grou-WCA	
12 -	2:48.48 L	P	Emma Van Deventer	12	WSTV ETH	25/04/2025	SA National Junior Age Grou-WCA	
12	2:48.65 L	P	Mia Jansen van Rensburg	12	XCEL CPT	25/04/2025	SA National Junior Age Grou-WCA	
13	2:49.17 L	F	Shiloh Cruywagen	12	SEAL UMD	08/03/2025	Invitational Meet 2025	
14	2:49.43 L	P	Mikaela Lotz	12	PAC TSH	25/04/2025	SA National Junior Age Grou-WCA	
15	2:49.45 L S	F	Grace Julies	12	XCEL CPT	21/09/2024	CTA INVITATIONAL LC MEET	
16	2:50.23 L	F	Jessica Jansen van Vuuren	12	SEAL UMD	08/03/2025	Invitational Meet 2025	
17	2:50.43 L	P	Alexis De Witt	12	TUKS TSH	25/04/2025	SA National Junior Age Grou-WCA	
18	2:50.82 L	F	Gia Heldsinger	12	SSISA CPT	20/03/2025	SA Level 3 Regional Age Group	
19	2:50.87 L	F	Mackenzie Raffle	12	CA ECU	05/12/2024	EGA Summer Championships	
20	2:51.50 L	F	Mignon Swart	12	CSA EZD	31/01/2025	AG 5 MP SA SCHOOLS TRIALS 31 JAN	
21	2:51.62 L	P	Arya De Sousa	12	TRAZ TSH	25/04/2025	SA National Junior Age Grou-WCA	
22	2:51.68 L	P	Oyama Baqwa	12	SGUL ETH	25/04/2025	SA National Junior Age Grou-WCA	
23	2:52.09 L	F	Carinke Wessels	12	FSS	05/04/2025	SA Schools Swimming Championship	
24	2:52.28 L	F	Ineke Van Maarleveld	12	ACAA CCD	20/03/2025	SA Level 3 Champs 2025-NT	
25	2:52.32 L	F	Emma Cullis	12	VINE CPT	05/12/2024	Western Cape LC-A Championship 2024	
26	2:52.59 L	P	Amelie Billson	12	CASC CPT	05/12/2024	Western Cape LC-A Championship 2024	
27	2:53.09 L	F	Mattae Morel	12	CA ECU	20/03/2025	SA Level 3 Champs 2025-NT	
28	2:53.54 L	F	Laila Christie	12	USC BUF	13/12/2024	NMBA Championships 2024	
29	2:53.98 L	P	Ruvarashe Chibharo	12	TYGE CPT	25/04/2025	SA National Junior Age Grou-WCA	
30	2:54.01 L	F	Wilhelmina Erasmus	12	ELRAS WBD	29/12 - 12	Limpopo Champs 2024	
31	2:54.21 L	P	Carinke Wessels	12	BLOT MAN	25/04/2025	SA National Junior Age Grou-WCA	
32	2:54.40 L	F	Barcelona Xaba	12	SASE JHB	29/12 - 12	CGA Championships 2024	
33	2:54.41 L	F	Alexis Visser	12	MAKO ECU	05/12/2024	EGA Summer Championships	
34	2:54.44 L	F	Caitlin Barnes	12	SAAW CPT	20/03/2025	SA Level 3 Regional Age Group	
35	2:54.92 L	F	Elizabeth Roth	12	PEAS NMA	22/02/2025	Eastern Cape School Provincial Trials	
36	2:55.84 L	P	Jadine Grobler	12	TKS WBD	20/03/2025	SA Level 3 Champs 2025-NT	
37	2:55.95 L	F	Kirsten Cupido	12	CYBE CPT	20/03/2025	SA Level 3 Regional Age Group	
38	2:56.09 L	P	Zara Lockitch	12	CYBE CPT	25/04/2025	SA National Junior Age Grou-WCA	
39	2:56.24 L	P	Samantha Wilson	12	INFA NMA	20/03/2025	SA Level 3 Regional Age Group	
40	2:56.33 L	P	Christie Snyders	12	FSS	05/04/2025	SA Schools Swimming Championship	
41	2:56.40 L	P	Kathryn Nolan	12	MDOL JHB	20/03/2025	SA Level 3 Champs 2025-NT	
42	2:56.57 L	P	Kara De Wit	12	RFA TSH	25/04/2025	SA National Junior Age Grou-WCA	
43	2:56.70 L	F	Taylor Ten Napel	12	BEAV ETH	25/01/2025	uShaka Champs 2025	
44	2:57.15 L	F	Zoe Thompson	12	MDOL JHB	10/01/2025	2024 Grand Prix Invitation Swimming	
45	2:57.41 L	P	Jasmine Woodburn	12	MDOL JHB	20/03/2025	SA Level 3 Champs 2025-NT	

Individual Top Times

Times since: 01-May-24
Number of Top Times: All

Times until: 30-Apr-25
Show Long Course Only

	Time	P/F/S	Name	Age/Yr					
46	2:58.15 L	F	Emily Koegelenberg	12	XCEL CPT	20/03/2025	SA Level 3 Regional	Age Group	
47	2:58.24 L	F	Brooklyn Terwin	12	USC BUF	20/03/2025	SA Level 3 Regional	Age Group	
48	2:58.61 L	F	Chisi Magubbwi	12	MDOL JHB	10/01/2025	2024 Grand Prix Invitation Swimming		
49	2:58.66 L	P	Chenique Kooi	12	TUKS TSH	25/04/2025	SA National Junior Age Grou-WCA		
50	2:59.21 L	P	Georgia Sabbagha	12	PAQU CED	05/12/2024	Western Cape LC-A Championship 2024		
51	2:59.80 L	P	Lumka Zamisa	12	HREF BP	20/03/2025	SA Level 3 Champs 2025-NT		
52	2:59.82 L	P	Zara Jantjies	12	MANT CPT	05/12/2024	Western Cape LC-A Championship 2024		
53	2:59.89 L	F	Mienke Kok	12	INFA NMA	31/01/2025	Infinity Gala 2025		
54	3:00.27 L	F	Chloe-Leigh Jurgens	12	MANT CPT	20/03/2025	SA Level 3 Regional	Age Group	
55	3:00.61 L	P	Noa Sebastiao	12	TUKS TSH	20/03/2025	SA Level 3 Champs 2025-NT		
56	3:01.00 L	F	Taylor-Rose Botes	12	CA ECU	20/03/2025	SA Level 3 Champs 2025-NT		
57	3:01.23 L	F	Milani Butau	12	BEST NMA	14/09/2024	3rd A League Gala 2024		
58	3:01.35 L	P	Kate Cheshire	12	MDOL JHB	20/03/2025	SA Level 3 Champs 2025-NT		
59	3:01.43 L	P	Isabella Goncalves	12	SOUL ECU	20/03/2025	SA Level 3 Champs 2025-NT		
60	3:02.16 L	F	Jua Jonker	12	POTC KKD	07/12/2024	NWS Championships 2024		
61	3:02.52 L	P	Isabella Vreenegoor	12	CRSC JHB	20/03/2025	SA Level 3 Champs 2025-NT		
62	3:02.66 L	F	Johané Burger	12	ROA EDD	17/10/2024	43rd Freda Barnard Invitational Gala		
63	3:02.75 L	F	Morgan Kaschula	12	SPS BUF	03/02/2025	Buffalo City Primary School Trials 2025		
64	3:03.31 L	F	Danica Marrier D'Unienville	12	KLOO ETH	26/03/2025	SA Level 3 Regional	Age Group	
65	3:03.48 L	F	Mia Vorster	12	WELA LLD	04/12/2024	Free State Champs 2024		
66	3:03.51 L	P	Olivia Nel	12	CLA WCD	20/03/2025	SA Level 3 Regional	Age Group	
67	3:03.59 L	P	Hannah Van Heerden	12	AACTA CPT	05/12/2024	Western Cape LC-A Championship 2024		
68	3:04.06 L	P	Amber Spence	12	ELEC TSH	20/03/2025	SA Level 3 Champs 2025-NT		
69	3:04.14 L	P	Kara Pretorius	12	SSISA CPT	20/03/2025	SA Level 3 Regional	Age Group	
70	3:04.22 L	P	Inge Du Plessis	12	SS MPD	20/03/2025	SA Level 3 Champs 2025-NT		
71	3:04.23 L	P	Olivia Kruger	12	PLAY CED	05/12/2024	Western Cape LC-A Championship 2024		
72	3:04.71 L	P	Liane Van Zyl	12	UPSK ZMD	20/03/2025	SA Level 3 Regional	Age Group	
73	3:05.10 L	F	Alize Engelbrecht	12	CSA EZD	29/12 - 12	Mpumalanga Championships 2024		
74	3:05.65 L	F	Ayvah Jacob	12	RACE JHB	29/12 - 12	CGA Championships 2024		
75	3:05.67 L	P	Alexis Kalapac	12	SLAQ CPT	20/03/2025	SA Level 3 Regional	Age Group	
76	3:06.78 L	P	Jazmin Anthony	12	PAQU CED	20/03/2025	SA Level 3 Regional	Age Group	
77	3:06.85 L	F	Sophia Hutchison	12	GHSK	23/12 - 12	AGE GROUP 3 KBY 2024		
78	3:06.86 L	F	Jada Hendricks	12	TYGE CPT	25/01/2025	CTA Qualifying Meet 6 - (L2 & above)		
79	3:06.96 L	F	Nina Oosthuizen	12	NSAD EZD	10/01/2025	2024 Grand Prix Invitation Swimming		
80	3:07.82 L	F	Jovanah McGluwa	12	CASC CPT	05/10/2024	CTA Qualifying Meet 5 - (L2 & above)		
81	3:07.86 L S	F	Mikayla Jordaan	12	CASC CPT	25/01/2025	CTA Qualifying Meet 6 - (L2 & above)		
82	3:08.01 L	F	Ava Grebe	12	CUHE OBD	22/02/2025	Swartland Invitational Gala 2025		
83	3:08.10 L	F	Tatum Van Zijl	12	OHAN ILD	26/03/2025	SA Level 3 Regional	Age Group	
84	3:08.31 L	P	Cayleigh Machill	12	BARA ECU	20/03/2025	SA Level 3 Champs 2025-NT		
85	3:08.34 L	P	Nicoline Du Preez	12	NWUC KKD	20/03/2025	SA Level 3 Champs 2025-NT		
86	3:08.41 L	P	Danica Marrier D'Unienville	12	KZNS	05/04/2025	SA Schools Swimming Championship		
87	3:08.62 L	P	Alex Theron	12	CASC CPT	20/03/2025	SA Level 3 Regional	Age Group	
88	3:08.68 L	F	Emma Ristow	12	USC BUF	13/12/2024	NMBA Championships 2024		
89	3:08.90 L	F	Jamie Els	12	AQDO CPT	02/12 - 12	CTA A & B CHAMPS 2024		
90	3:09.04 L	P	Elah-Mae Budram	12	PSCP UMD	02/07/2024	Prestige Tournament 2024		
91	3:09.13 L	F	Gabrielle Brooks	12	INFA NMA	13/12/2024	NMBA Championships 2024		
92	3:09.15 L	F	Sisanda Palframan	12	SEAL UMD	26/03/2025	SA Level 3 Regional	Age Group	
93	3:09.26 L	P	Gia Newkirk	12	TYGE CPT	20/03/2025	SA Level 3 Regional	Age Group	
94	3:09.60 L	P	Mikaela Van Heerden	12	TUKS TSH	27/03/2025	SA Level 2 Champs 2025 EGA		
95	3:09.74 L	P	Mila Hinteregger	12	CA ECU	20/03/2025	SA Level 3 Champs 2025-NT		
96	3:09.76 L	F	Marizelle Vermaak	12	GHS BP	28/02/2025	NW School Championships 2025		
97	3:09.97 L	P	Emily Hengst	12	CASC CPT	20/03/2025	SA Level 3 Regional	Age Group	
98	3:10.17 L	F	Imme Wolfaardt	12	LALE CED	08/02/2025	WCA-B Champs - 2025		
99	3:10.27 L	P	Phillipa Williams	12	SOUL ECU	05/12/2024	EGA Summer Championships		
100	3:10.29 L	F	Abby Mostert	12	AWIN TSH	18/10/2024	NTS Level 3+ October Age Group 2024		
101	3:10.64 L	P	Charné De Bruin	12	TUKS TSH	20/03/2025	SA Level 3 Champs 2025-NT		
102	3:10.66 L S	F	Emilie Conradie	12	SAAW CPT	21/09/2024	CTA INVITATIONAL LC MEET		
103	3:10.86 L	P	Alessia Barthus	12	MANT CPT	20/03/2025	SA Level 3 Regional	Age Group	
104	3:10.87 L	P	Mikayla Coleman	12	TCA ECU	20/03/2025	SA Level 3 Champs 2025-NT		

Individual Top Times

Times since: 01-May-24
Number of Top Times: All

Times until: 30-Apr-25
Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
105	3:12 - 12 .38 L	P	Victoria Meyburgh	12	CA EKU	05/12/2024	EGA Summer Championships
106	3:12 - 12 .45 L	P	Rirhandzu Chauke	12	DORE JHB	20/03/2025	SA Level 3 Champs 2025-NT
107*	3:12 - 12 .64 L	P	Paiton Van Der Merwe	12	CA EKU	20/03/2025	SA Level 3 Champs 2025-NT
107*	3:12 - 12 .64 L	P	Bonaventure Makore	12	ASAC CPT	20/03/2025	SA Level 3 Regional Age Group
109	3:12 - 12 .66 L	P	Kaitlyn Haynes-Smart	12	VINE CPT	20/03/2025	SA Level 3 Regional Age Group
12 -	3:12 - 12 .72 L	F	Lia van Heerden	12	BS LLD	18/02/2025	Inter Primary 2025
12 -	3:12 - 12 .83 L	P	Danika Steyn	12	KSC EZD	20/03/2025	SA Level 3 Champs 2025-NT
12 -	3:12.02 L	F	Sloan Warner	12	INFA NMA	13/12/2024	NMBA Championships 2024
12 -	3:12.04 L	F	Uma Pearson-Adams	12	SAAW CPT	25/01/2025	CTA Qualifying Meet 6 - (L2 & above)
12 -	3:12.08 L	F	Annabella Husselmann	12	NSFED	27/03/2025	SA Level 2 Champs 2025 EGA
12 -	3:12.23 L	F	Kayla Gerber	12	STAQ CED	08/02/2025	Winelands SL Final
12 -	3:12.37 L	P	Khalalelo Rathhogo	12	ESP EKU	20/03/2025	SA Level 3 Champs 2025-NT
12 -	3:12.43 L	P	Hlumisa Mfabe	12	USC BUF	20/03/2025	SA Level 3 Regional Age Group
12 -	3:12.51 L	P	Scarlett Garassino	12	SASE JHB	27/03/2025	SA Level 2 Champs 2025-EGA
12 -	3:12.77 L	F	Mia Van de Vyver	12	QSAW CED	08/02/2025	WCA-B Champs - 2025
120	3:12.89 L	P	Shelby Schoeman	12	CA EKU	20/03/2025	SA Level 3 Champs 2025-NT
121	3:12.97 L	P	Kayla-Anne Walker	12	CYBE CPT	20/03/2025	SA Level 3 Regional Age Group
122	3:13.33 L	F	Juno Bouwer	12	TYGE CPT	08/02/2025	WCA-B Champs - 2025
123	3:13.40 L	F	Sarah-Kate Odendaal	12	QUIC CPT	02/12 - 12	CTA A & B CHAMPS 2024
124	3:13.50 L	F	Cayla Cunningham	12	TRAZ TSH	27/03/2025	SA Level 2 Champs 2025-EGA
125	3:13.57 L	P	Sophie Kretzmann	12	USC BUF	20/03/2025	SA Level 3 Regional Age Group
126	3:13.86 L	P	Zia Habib	12	MDOL JHB	29/12 - 12	CGA Championships 2024
127	3:13.93 L	F	Lize De Wet	12	SS MPD	29/12 - 12	Limpopo Champs 2024
128	3:14.35 L	F	Senzelwe Mwandla	12	PSCP UMD	08/03/2025	Invitational Meet 2025
129	3:14.41 L	F	Morgan Graham	12	CPRIM BUF	03/02/2025	Buffalo City Primary School Trials 2025
130	3:15.02 L	P	Riley Sanders	12	HPS TSH	20/03/2025	SA Level 3 Champs 2025-NT
131	3:15.73 L	F	Kenna Lilley	12	TYGE CPT	28/03/2025	SA Level 2 Regional Age Group Champs
132	3:15.89 L	F	Leah Du Plessis	12	PEAS NMA	13/12/2024	NMBA Championships 2024
133	3:16.01 L	F	Jemma Lloyd	12	VINE CPT	02/12 - 12	CTA A & B CHAMPS 2024
134	3:16.12 - 12 L	P	Nokutenda Tembo	12	KNYA EDD	20/03/2025	SA Level 3 Regional Age Group
135	3:16.45 L	P	Xia Jacobs	12	WSTV ETH	26/03/2025	SA Level 3 Regional Age Group
136	3:16.56 L	F	Chloe Rautenbach	12	UNIU EZD	29/12 - 12	Mpumalanga Championships 2024
137	3:16.66 L	F	Amelia-Rose Schutlzler	12	HARL BUF	22/02/2025	Eastern Cape School Provincial Trials
138	3:17.05 L	P	Caitlin McDowell	12	ESP EKU	20/03/2025	SA Level 3 Champs 2025-NT
139	3:17.16 L	F	Zingce Mfabe	12	CPRIM BUF	03/02/2025	Buffalo City Primary School Trials 2025
140	3:17.54 L	F	Sophia Boustred	12	STAQ CED	08/02/2025	WCA-B Champs - 2025
141	3:18.10 L	P	Leandi Liebenberg	12	SS MPD	20/03/2025	SA Level 3 Champs 2025-NT
142	3:18.33 L	F	Holli Tait	12	RSA	04/10/2024	Curro AquaElite Gala
143	3:18.38 L	F	Lily Sykes	12	TUKS TSH	27/03/2025	SA Level 2 Champs 2025-EGA
144	3:18.51 L	P	Marni Snyman	12	ELRAS WBD	27/03/2025	SA Level 2 Champs 2025 EGA
145	3:18.86 L	F	Summer Moonsamy	12	BEAV ETH	31/03/2025	SA Level 2 Champs 2025-KZN
146	3:19.04 L	F	Kayla Kleynhans	12	ROA EDD	22/02/2025	EDEN 5th A-League Gala 2025
147	3:19.12 L	F	Zanli Le Roux	12	AGAQ QBD	08/02/2025	WCA-B Champs - 2025
148	3:19.21 L	F	Karlia Degenaar	12	TUKS TSH	18/10/2024	NTS Level 3+ October Age Group 2024
149	3:19.23 L	F	Ziane Drenth	12	AWIN TSH	13/09/2024	NTS September Age Group 2024
150	3:19.34 L	F	Nabeeha Raja	12	SPS BUF	03/02/2025	Buffalo City Primary School Trials 2025
151	3:19.40 L	P	Milla Da Silva	12	CA EKU	27/03/2025	SA Level 2 Champs 2025-EGA
152	3:19.60 L	F	Olivia Meyburgh	12	CA EKU	05/12/2024	EGA Summer Championships
153	3:19.62 L	F	Mawande Makumbe	12	TUKS TSH	12 - 12	NTS Level 1+2 October Age Group 2024
154	3:19.81 L	F	Mienke Gerber	12	FISH EDD	08/02/2025	WCA-B Champs - 2025
155	3:19.86 L	F	Charlotte Hofinger	12	ASAC CPT	07/09/2024	CTA Qualifying Meet 4 (L3 & Above)
156	3:20.04 L	F	Esme Bowes	12	COMS TSH	27/03/2025	SA Level 2 Champs 2025-EGA
157	3:20.21 L	P	Lara Van Veelen	12	TASC MPD	20/03/2025	SA Level 3 Champs 2025-NT
158	3:20.38 L	F	Sophie Kretzmann	12	HPPS BUF	03/02/2025	Buffalo City Primary School Trials 2025
159	3:20.39 L	F	Jenna Nieuwoudt	12	SWAR WCD	22/02/2025	Swartland Invitational Gala 2025
160	3:20.55 L	P	Sarah Schofield	12	SEALE ETH	26/03/2025	SA Level 3 Regional Age Group
161	3:20.74 L	F	Clara Duvenage	12	CA EKU	27/03/2025	SA Level 2 Champs 2025-EGA
162	3:21.01 L	P	Sienna Syrett	12	QUES JHB	27/03/2025	SA Level 2 Champs 2025 EGA
163	3:21.12 - 12 L	P	Olwenelo Ngema	12	FRA KCD	26/03/2025	SA Level 3 Regional Age Group

Individual Top Times

Times since: 01-May-24
Number of Top Times: All

Times until: 30-Apr-25
Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
164	3:21.34 L	F	Wilhandi Meyer	12	BULS MAN	28/03/2025	SA Level 2 Regional Age Group Champs
165	3:21.79 L	F	Oyama Tuta	12	PELIC MAN	28/03/2025	SA Level 2 Regional Age Group Champs
166	3:22.05 L	F	Isabella Haldane	12	FISH EDD	22/02/2025	EDEN 5th A-League Gala 2025
167	3:22.37 L	P	Ella Leonard	12	BLUO UGD	31/03/2025	SA Level 2 Champs 2025-KZN
168	3:22.41 L	F	Racquelle Saporta	12	INFA NMA	14/09/2024	3rd A League Gala 2024
169	3:22.66 L	F	Lara Greyling	12	TNDER FDD	27/09/2024	Seals Gala 2
170	3:22.70 L	F	Nadelija Pillay	12	VHD ZLD	02/12 - 12	Uthukela District Age Group Gala
171	3:22.77 L	P	Hope Churchman	12	SEALE ETH	02/07/2024	Prestige Tournament 2024
172	3:23.08 L	F	Lara Rosenstrauch	12	HTSA CPT	28/03/2025	SA Level 2 Regional Age Group Champs
173	3:23.18 L	F	Taylynn Boshoff	12	USC BUF	28/03/2025	SA Level 2 Regional Age Group Champs
174	3:23.24 L	F	Lua Store	12	EVO CPT	09/12 - 12	Swartland Prestige Gala 2024
175	3:23.37 L	P	Annabel Van Reenen	12	ACSA ETH	02/07/2024	Prestige Tournament 2024
176	3:23.54 L	F	Alyssa Coetzer	12	RSA	04/10/2024	Curro AquaElite Gala
177	3:24.01 L	P	Ella Kalp	12	AZON ETH	26/03/2025	SA Level 3 Regional Age Group
178	3:24.05 L	P	Alexia Smith	12	WATR JHB	20/03/2025	SA Level 3 Champs 2025-NT
179	3:24.63 L	F	Mia Smit	12	KSC EZD	29/12 - 12	Mpumalanga Championships 2024
180	3:25.48 L	P	Ilè Ferreira	12	VRC TSH	27/03/2025	SA Level 2 Champs 2025 EGA
181	3:25.75 L	P	Kiarah Beukes	12	AWIN TSH	27/03/2025	SA Level 2 Champs 2025-EGA
182	3:25.90 L	F	Sienna Goedhals	12	SPS BUF	03/02/2025	Buffalo City Primary School Trials 2025
183	3:26.23 L	P	Lara Ainslie	12	LINR JHB	29/12 - 12	CGA Championships 2024
184	3:26.28 L	F	Jessica Arenz	12	MANT CPT	07/09/2024	CTA Qualifying Meet 4 (L3 & Above)
185	3:26.54 L	F	Mienke Pretorius	12	NC FB	25/01/2025	4+1 INTERPROVINCIAL GALA 2025
186	3:26.57 L	P	Jisthi Maharaj	12	ACSA ETH	02/07/2024	Prestige Tournament 2024
187	3:26.86 L	P	Areli Muyaka	12	HARB BPD	07/12/2024	NWS Championships 2024
188	3:26.98 L	P	Elizabeth Willemse	12	VHD ZLD	31/03/2025	SA Level 2 Champs 2025-KZN
189	3:27.17 L	F	Zarah Matthee	12	KHAY CPT	22/02/2025	Swartland Invitational Gala 2025
190	3:27.21 L	F	Rebecca Osler	12	VINE CPT	28/03/2025	SA Level 2 Regional Age Group Champs
191	3:27.34 L	P	Ella Adams	12	TYGE CPT	20/03/2025	SA Level 3 Regional Age Group
192	3:27.51 L S	F	Anye Brink	12	QSAW CED	25/01/2025	CTA Qualifying Meet 6 - (L2 & above)
193*	3:27.54 L	F	Xin Lin Shanni Liang	12	AA JHB	15/02/2025	CGA Summer Gala #6 Level 2+ 15 Feb
193*	3:27.54 L	F	Karla Wolmarans	12	UPSK ZMD	28/03/2025	SA Level 2 Regional Age Group Champs
195	3:27.71 L	P	Hester Janse van Rensburg	12	NWUC KKD	20/03/2025	SA Level 3 Champs 2025-NT
196	3:27.90 L	F	Lerina Thomas	12	SWAR WCD	28/03/2025	SA Level 2 Regional Age Group Champs
197	3:28.41 L	F	Milah Allen	12	PER JHB	15/02/2025	CGA Summer Gala #6 Level 2+ 15 Feb
198	3:28.57 L	F	Neanè Van Zyl	12	GREY CPT	25/01/2025	CTA Qualifying Meet 6 - (L2 & above)
199	3:28.61 L	P	Amahle Mdlalose	12	CSC TSH	27/03/2025	SA Level 2 Champs 2025-EGA
200	3:28.88 L	P	Mijone Beyers	12	CA EKU	27/03/2025	SA Level 2 Champs 2025-EGA
201	3:29.16 L	P	Kayleigh Brophy	12	AAS JHB	29/12 - 12	CGA Championships 2024
202	3:29.17 L	F	Alexia Dippenaar	12	BS LLD	28/03/2025	SA Level 2 Regional Age Group Champs
203	3:29.19 L	F	Elmane' de Wet	12	BLOT MAN	04/12/2024	Free State Champs 2024
204	3:29.33 L	F	Destheonique Julius	12	KALA	01/12 - 12	UPINGTON PRESTIGE GALA 2024
205	3:29.73 L S	F	Charlotte Jones	12	SLAQ CPT	21/09/2024	CTA INVITATIONAL LC MEET
206	3:30.14 L	P	Zahraa Essack	12	ATLA JHB	20/03/2025	SA Level 3 Champs 2025-NT
207	3:30.66 L	F	Elizabeth Vd Berg	12	TUKS TSH	12 - 12	NTS Level 1+2 October Age Group 2024
208	3:31.31 L	P	Micaela Fourie	12	MDOL JHB	27/03/2025	SA Level 2 Champs 2025-EGA
209	3:31.50 L	P	Nosipho Khumalo	12	BASA	27/03/2025	SA Level 2 Champs 2025 EGA
210	3:31.52 L	F	Carlie van der Veen	12	VRC TSH	12 - 12	NTS Level 1+2 October Age Group 2024
212	3:32.23 L	F	Lene Klopper	12	QUIC CPT	22/02/2025	Swartland Invitational Gala 2025
212	3:32.26 L	P	Ava van der Mescht	12	DESA NMA	20/03/2025	SA Level 3 Regional Age Group
213	3:32.39 L	F	Gabriella Bengell	12	BLNE MAN	28/03/2025	SA Level 2 Regional Age Group Champs
214	3:32.61 L	P	Katelyn Naidoo	12	CA EKU	27/03/2025	SA Level 2 Champs 2025 EGA
215	3:32.85 L	P	Zethembiso Mbambo	12	PSCP UMD	02/07/2024	Prestige Tournament 2024
216	3:32.94 L	F	Leah Wentzel	12	MARL CPT	17/10/2024	43rd Freda Barnard Invitational Gala
217	3:33.25 L	F	Sydney Howes	12	HREF BPD	28/03/2025	SA Level 2 Regional Age Group Champs
218	3:33.49 L	F	Emily Van t Slot	12	BLMA CPT	08/02/2025	WCA-B Champs - 2025
219	3:33.70 L	F	Annabella Venter	12	VRC TSH	12 - 12	NTS Level 1+2 October Age Group 2024
220	3:33.88 L	P	Leah-Bella Budram	12	PSCP UMD	02/07/2024	Prestige Tournament 2024
221	3:34.21 L	F	Nina Koen	12	FISH EDD	17/10/2024	43rd Freda Barnard Invitational Gala
222	3:34.34 L	P	Tamika Abbey	12	PER JHB	29/12 - 12	CGA Championships 2024

Individual Top Times

Times since: 01-May-24

Times until: 30-Apr-25

Number of Top Times: All

Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
223	3:34.46 L	P	Leno Mongwaketse	12	PRSC	27/03/2025	SA Level 2 Champs 2025 EGA
224	3:36.21 L	F	Liane Muller	12	INFA NMA	31/01/2025	Infinity Gala 2025
225	3:36.43 L	F	Machayda Titus	12	MARL CPT	28/03/2025	SA Level 2 Regional Age Group Champs
226	3:36.60 L	F	Lienke Van Wyk	12	BULS MAN	06/09/2024	Bull Sharks Annual Gala
227	3:36.70 L	F	Helene de Bruyn	12	BULS MAN	02/12 - 12	Heidedal
228	3:36.82 L	F	Chloe Timperley	12	TRAZ TSH	13/09/2024	NTS September Age Group 2024
229	3:37.51 L	P	Le-May Van Zyl	12	ELRAS WBD	27/03/2025	SA Level 2 Champs 2025 EGA
230	3:37.53 L	F	Ella Myburgh	12	INFA NMA	31/01/2025	Infinity Gala 2025
231	3:37.63 L	F	Madison Harris	12	SOUL ECU	26/10/2024	Summer 3 Delville
232	3:37.77 L	F	Talia Grantham	12	PSCP UMD	08/03/2025	Invitational Meet 2025
233	3:37.90 L	P	Mercy Theu	12	CRSC JHB	29/12 - 12	CGA Championships 2024
234	3:38.38 L	F	Amore Breytenbach	12	QSAW CED	25/01/2025	Winelands JLfIn
235	3:38.62 L	F	Vibha Fakir	12	USC BUF	13/12/2024	NMBA Championships 2024
236	3:39.06 L	P	Jaimey Shaw	12	MDOL JHB	27/03/2025	SA Level 2 Champs 2025 EGA
237*	3:39.41 L	F	Unathi Vuyeqaba	12	TUKS TSH	13/09/2024	NTS September Age Group 2024
237*	3:39.41 L	F	Livia Vancoillie	12	QUIC CPT	02/12 - 12	CTA A & B CHAMPS 2024
239	3:39.47 L	P	Manisha Warne	12	NSFED	27/03/2025	SA Level 2 Champs 2025 EGA
240	3:39.56 L	F	Liné Schoeman	12	FISH EDD	17/10/2024	43rd Freda Barnard Invitational Gala
241	3:39.67 L	F	Miané Logan	12	TUKS TSH	21/02/2025	NTS Age Group Feb Tuks
242	3:40.02 L	P	Annika Schuch	12	RBOT BPD	07/12/2024	NWS Championships 2024
243	3:40.21 L	F	Emihle Mnunu	12	FRA KCD	01/02/2025	KCDA Age Group 4 2024
244	3:40.51 L	P	Dikgang Mokgele	12	MAKO ECU	27/03/2025	SA Level 2 Champs 2025-EGA
245	3:40.52 L	F	Kenzy Barnard	12	FISH EDD	22/02/2025	EDEN 5th A-League Gala 2025
246	3:40.55 L	F	Jane Sieberhagen	12	AWIN TSH	12 - 12	NTS Level 1+2 October Age Group 2024
247	3:40.70 L	F	Rorisang Monareng	12	BLNE MAN	04/12/2024	Free State Champs 2024
248	3:40.82 L	F	Mia Witbooi	12	RETR CPT	02/12 - 12	CTA A & B CHAMPS 2024
249	3:40.85 L	F	Jenna Leppan	12	AZON ETH	25/01/2025	uShaka Champs 2025
250	3:40.99 L	F	Emma Grobler	12	KZNA ETH	01/03/2025	Provincial Level 1 Age Group
251	3:41.10 L	F	Mila Pile	12	FISH EDD	30/12 - 12	Eden LC Champs 2024
252	3:41.68 L	F	Zoe Lambropoulos	12	TRAZ TSH	13/09/2024	NTS September Age Group 2024
253	3:42.18 L	F	Katie Van den Heever	12	UNIU EZD	01/12 - 12	MP AGE GROUP 3 1-2 NOV 2024
254	3:42.34 L	P	Alexa Steenkamp	12	COMS TSH	27/03/2025	SA Level 2 Champs 2025-EGA
255	3:42.38 L	F	Summer Fang	12	PEAS NMA	14/09/2024	3rd A League Gala 2024
256	3:42.44 L	P	Wilmie Fourie	12	UPSK ZMD	28/03/2025	SA Level 2 Regional Age Group Champs
257	3:44.49 L	F	Izeldi Van Niekerk	12	LSPN MP	01/02/2025	Limpopo School Champs & Limpopo AG
258	3:44.62 L	F	Leah Struwig	12	TUKS TSH	13/09/2024	NTS September Age Group 2024
259	3:44.69 L S	F	Zaarah Meyer	12	HTSA CPT	21/09/2024	CTA INVITATIONAL LC MEET
260	3:45.31 L	F	Jana Booysen	12	CUHE QBD	22/02/2025	Swartland Invitational Gala 2025
261	3:45.56 L	F	Zoe Andrews	12	CA ECU	18/01/2025	EGA Summer 5
262	3:46.91 L	F	Cara van Wyk	12	BARR CPT	28/03/2025	SA Level 2 Regional Age Group Champs
263	3:47.52 L	F	Grizelda Janse van Rensburg	12	NWUC KKD	09/12 - 12	NWS Age Group 1 & 2 2024
264	3:47.53 L	F	Roxanne Coetzee	12	GHS BP	28/02/2025	NW School Championships 2025
265	3:47.56 L	F	Kgalalelo Makoloi	12	AZON ETH	25/01/2025	uShaka Champs 2025
266	3:48.17 L	P	Dwala Magagula	12	TRAZ TSH	27/03/2025	SA Level 2 Champs 2025 EGA
267	3:48.63 L	F	Paballo Nkosi	12	FAC ECU	26/10/2024	Summer 3 Delville
268	3:48.76 L	F	Mieke Smit	12	UNI EZD	31/01/2025	AG 5 MP SA SCHOOLS TRIALS 31 JAN
269	3:48.84 L	P	Hadassah Sibanda	12	BASA	27/03/2025	SA Level 2 Champs 2025 EGA
270	3:49.13 L	P	Tenele Taole	12	SWIFT ECU	05/12/2024	EGA Summer Championships
271	3:49.28 L	F	Maya Sissing	12	TUKS TSH	13/09/2024	NTS September Age Group 2024
272	3:49.47 L	F	Elsa Massawe	12	CA ECU	26/10/2024	Summer 3 Delville
273	3:49.82 L	F	Lethabo Nyandeni	12	TUKS TSH	12 - 12	NTS Level 1+2 October Age Group 2024
274	3:50.05 L	F	Olivia Gooding	12	MDOL JHB	15/02/2025	CGA Summer Gala #6 Level 2+ 15 Feb
275	3:51.38 L	F	Isabellea Dhassiah	12	RETR CPT	28/03/2025	SA Level 2 Regional Age Group Champs
276	3:52.22 L	F	Madeleine de Villiers	12	EXP TSH	01/02/2025	EGA Last Chance Gala
277	3:52.75 L	F	Caitlyn Hauser	12	SASE JHB	15/02/2025	CGA Summer Gala #6 Level 2+ 15 Feb
278	3:53.57 L	F	Karli Karstens	12	FISH EDD	17/10/2024	43rd Freda Barnard Invitational Gala
279	3:53.79 L	F	Linda Van Niekerk	12	VHD ZLD	07/12/2024	Stingrays Champs 2024
280	3:53.87 L	F	Mia Ciampi	12	TUKS TSH	21/02/2025	NTS Age Group Feb Tuks
281	3:54.12 - 12 L	P	Dominique Birkenstock	12	JAQ ECU	05/12/2024	EGA Summer Championships

Individual Top Times

Times since: 01-May-24 Times until: 30-Apr-25
Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
282	3:54.64 L	P	Anathi Qamba	12	FAC ECU	05/12/2024	EGA Summer Championships
283	3:54.72 L	F	Leandi Swarts	12	PSA ZLD	26/10/2024	Froggies Aquatics Championships 2024
284	3:55.47 L	F	Dominic De Jager	12	USH KCD	28/09/2024	KCDA Age Group 1 2024
285	3:55.63 L	P	Larissa Shaetonhodi	12	NSFED	27/03/2025	SA Level 2 Champs 2025 EGA
286	3:55.95 L	F	Mienke Grobler	12	BS LLD	18/02/2025	Inter Primary 2025
287	3:56.01 L	F	Larique Pretorius	12	KALA	01/12 - 12	UPINGTON PRESTIGE GALA 2024
288	3:57.42 L	F	Noluthando Nkosi	12	NSAD EZD	29/12 - 12	Mpumalanga Championships 2024
289	3:58.13 L	F	Madison Wissekerke	12	FRA KCD	26/10/2024	Froggies Aquatics Championships 2024
290	3:59.59 L	P	Kyleigh Shelton	12	ESTR ECU	05/12/2024	EGA Summer Championships
291	4:00.07 L	P	Amogelang Mamabolo	12	HARB BPD	07/12/2024	NWS Championships 2024
292	4:00.36 L	F	Mia Benade	12	UPSK ZMD	06/12/2024	NCASA CHAMPS 2024
293	4:00.83 L	F	Caroline Angius	12	STAR BPD	09/12 - 12	NWS Age Group 1 & 2 2024
294	4:01.15 L	F	Lienke Nauhaus	12	QSAW CED	22/02/2025	Swartland Invitational Gala 2025
295	4:01.82 L	F	Hiranya Moodley	12	USH KCD	28/09/2024	KCDA Age Group 1 2024
296	4:02.78 L	P	Lauren Kleinhans	12	AA JHB	29/12 - 12	CGA Championships 2024
297	4:04.12 L	F	Lisasa Faltein	12	PEAS NMA	17/08/2024	Madibaz Swim Meet 2024
298	4:04.35 L	F	Alexis Visagie	12	BEST NMA	31/01/2025	Infinity Gala 2025
299	4:04.80 L	F	Liané Stoltz	12	UNI U EZD	14/02/2025	MP AGE GROUP 6 GALA 14-15
300	4:06.39 L	F	Lana Coetzee	12	QUIC CPT	09/12 - 12	Swartland Prestige Gala 2024
301	4:06.95 L	F	Bailey Beckett	12	STAQ CED	25/01/2025	Winelands JLfin
302	4:07.33 L	F	Lonela Mpikeleli	12	PAC TSH	13/09/2024	NTS September Age Group 2024
303	4:09.13 L	P	Nyandano Madaba	12	FAC ECU	05/12/2024	EGA Summer Championships
304	4:09.96 L	F	Imke Swanepoel	12	FISH EDD	02/12 - 12	EDEN 2nd A-League Gala 2024 Schools
305	4:09.97 L	F	Shayla Quin	12	SS MPD	29/12 - 12	Limpopo Champs 2024
306	4:10.62 L	F	Tahlia Roelofs	12	VHD ZLD	02/12 - 12	Uthukela District Age Group Gala
307	4:12 - 12 .09 L	F	Tsakile Mahumane	12	NSAD EZD	14/02/2025	MP AGE GROUP 6 GALA 14-15
308	4:12 - 12 .13 L	F	Catharina Coetzer	12	QUIC CPT	02/12 - 12	CTA A & B CHAMPS 2024
309	4:13.40 L	F	Reaoboka Moloi	12	MAKO ECU	01/02/2025	EGA Last Chance Gala
310	4:15.58 L	F	Taylor Kotzee	12	GAA CPT	22/02/2025	Swartland Invitational Gala 2025
312	4:16.05 L	F	Unarine Mulaudzi	12	PGAC ECU	01/02/2025	EGA Last Chance Gala
312	4:16.79 L	P	Retshepile Phalafala	12	MDOL JHB	29/12 - 12	CGA Championships 2024
313	4:17.32 L	P	Khanya Ramone	12	MATL KKD	07/12/2024	NWS Championships 2024
314	4:18.91 L	F	Menieke Rowe-Rowe	12	BULS MAN	25/10/2024	Neptunes Gala
315	4:18.99 L	F	Nika Smit	12	BS LLD	18/02/2025	Inter Primary 2025
316	4:19.50 L	F	Tshiamo Mlangeni	12	UNI EZD	14/02/2025	MP AGE GROUP 6 GALA 14-15
317	4:20.25 L	F	Suhanna White	12	AQUA UTD	12/10/2024	Uthukela District Age Group Gala
318	4:20.94 L	F	Madyson le Roux	12	LSM EZD	28/02/2025	NW School Championships 2025
319	4:24.25 L	F	Nandile Shabalala	12	AQUA UTD	02/12 - 12	Uthukela District Age Group Gala
320	4:24.60 L	F	Milan Booysen	12	BLOT MAN	02/12 - 12	Heidedal
321	4:25.28 L	F	Larelle Du Toit	12	LALE CED	25/01/2025	Winelands JLfin
322	4:26.14 L	F	Basse Molai	12	BULS MAN	12 - 12	Otters Prestige Gala 2024
323	4:27.09 L	F	Elri de Wet	12	STGR XRD	01/03/2025	NC PROVINCIAL LEVEL 0 & 1
324	4:31.42 L	F	Kate Riddell	12	CUHE OBD	22/02/2025	Swartland Invitational Gala 2025
325	4:32.12 - 12 L	F	Sade Kenny	12	SRAY BUF	25/01/2025	BCA January Age Group Gala 2025
326	4:38.96 L	P	Mia-Marie van Zyl	12	HREF BPD	07/12/2024	NWS Championships 2024
327	4:39.27 L	F	Hani Salie	12	LALE CED	17/10/2024	43rd Freda Barnard Invitational Gala
328	4:40.36 L	F	Nokubonga Buda	12	ESP ECU	18/01/2025	EGA Summer 5
329	4:43.38 L	F	Anika Bester	12	STGR XRD	05/10/2024	FLAMINGO GALA OCT 2024
330	4:44.87 L	F	Mpilehile Diadla	12	NSAD EZD	01/03/2025	SSA LEVEL 1 REGIONAL CHAMPS
331	4:51.28 L	F	Eryn Botwood	12	CA ECU	18/01/2025	EGA Summer 5
332	5:06.70 L	F	Katia Cerone	12	HAAG UTD	07/12/2024	Uthukela District Age Group Gala
Women 12 - 12 -12 400 IM							
1	5:43.88 L	F	Aqeelah Williams	12	UWCA CPT	25/04/2025	SA National Junior Age Grou-WCA
2	5:44.14 L	F	Shalea Hamilton	12	BEST NMA	16/12 - 12	5th A League Gala 2024
3	5:54.15 L	F	Oyama Baqwa	12	SGUL ETH	25/04/2025	SA National Junior Age Grou-WCA
4	6:07.74 L	F	Zara Lockitch	12	CYBE CPT	05/12/2024	Western Cape LC-A Championship 2024
5	6:18.26 L	F	Ruvarashe Chibharo	12	TYGE CPT	21/09/2024	CTA INVITATIONAL LC MEET
6	6:31.01 L	F	Milani Butau	12	BEST NMA	05/10/2024	4th A League Gala 2024
7	7:02.87 L	F	Nicoline Du Preez	12	LSM EZD	28/02/2025	NW School Championships 2025

Individual Top Times

Times since: 01-May-24

Times until: 30-Apr-25

Number of Top Times: All

Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
8	7:04.12 L	F	Caitlin McDowell	12	ESP EKU	05/12/2024	EGA Summer Championships	
9	7:06.64 L	F	Kirsten Cupido	12	CYBE CPT	25/01/2025	CTA Qualifying Meet 6 - (L2 & above)	
10	7:15.67 L	F	Christie Snyders	12	VALS FDD	15/12 - 12	Valsrivier Gala 2024	
12 -	7:20.03 L	F	Khalalelo Ratlhogo	12	ESP EKU	05/12/2024	EGA Summer Championships	
12	7:46.67 L	F	Areli Muyaka	12	HARB BPD	07/12/2024	NWS Championships 2024	
13	8:22.92 L	F	Dikgang Mokgele	12	MAKO EKU	15/12 - 12	Summer 4 Delville	
14	8:26.04 L	F	Cara van Wyk	12	BARR CPT	09/12 - 12	Swartland Prestige Gala 2024	